

Coastal News

email: coastalnews@mapua.gen.nz

covering Mapua & Ruby Bay
run by volunteers

Hall- “Counting Down to B-Day...!”

Progress on some major prerequisites for the Mapua Hall rebuild was made last month. These all bring the vision of so many nearer to becoming a reality!

Resource Consent granted

This has been granted and Graeme Stradling (the acting chair) noted that “we got what we wanted”, including a parking agreement.

Funding from Tasman District Council confirmed

While it is officially confirmed, actual receipt of this TDC grant of \$875,000 (80% of the rebuild cost) is dependant upon the community raising the other 20% (\$200,000)

The Hall Committee, on behalf of the wider community, is most appreciative of the local councillors’ advocacy on our behalf at a time of budget retrenchment and many competing projects.

This is a major step forward as confirmation of this funding provides a firm financial basis for seeking further grants from other sources.

Further funding projects – How you can help?

Applications are being made to funding sources such as the Lottery Grants Board. Thanks to all those involved in this often time-consuming process which will continue..

The hope is that major funding support will also be received from the community with contributions ranging from \$100 to \$5000+

A leaflet drop is under way encouraging businesses, families and individuals to become Mapua Hall Donors. The plan is for the whole community to be canvassed in the next few weeks. Thanks to Margaret Cotter for her time and commitment in this important task of community involvement.

To acknowledge contributions, an apple tree designed by a local artist will be placed on an inside wall of the

hall foyer. Those who wish will have their contributions acknowledged by :

A leaf	\$100
A green apple	\$500
A red apple	\$1,000
A silver apple	\$2,000
A gold apple	\$3,000
A branch	\$5,000+

Contributions can also be

- gifts in kind (equipment, materials)
- pledges to pay a specified sum each month over a year
- pledges to pay for a particular piece of equipment to a specified value:

Gifting forms can be obtained from Video-Ezy, the Mapua Library or from the noticeboard in the hall foyer by the bookings calendar.

Update on building processes

Project and Construction Manager appointment

As noted in last month’s *Coastal News*, Colin Anderson is newly appointed to this position and the committee is delighted to have access to his expertise and experience. He commented that the main focus of the rebuild is “preserving the old and working around it to integrate the new”

Timelines

The next necessary steps, according to Colin, are “nailing down the design, gaining building consent and organising a seismic assessment of the existing structure”

It was confirmed that these processes, which do not incur high costs, can continue while fund-raising is still in process



Colin believes “it is best to do the whole build at once rather than in bits and pieces” .

Although it is not possible to set any definite time-frames as yet, Colin notes that “when we push the go button, it will all go quickly”

Hall users and supporters

Our real hope is that most of the rebuild can occur over the 2012/2013 summer break, incurring the least possible disruption to hall user groups and usage.

A commitment has been made that hall users will be kept fully informed of building timelines well in advance in case they need to make any temporary alternative arrangements.

The committee is well aware of the importance of supporting the ongoing needs of current users and also of actively seeking new user groups.

We welcome:

- the Kip McGrath programme – noted in last month’s issue for its computer competence programmes for children.
- A Tae Kwon-do group now using the facility regularly on a Monday and Wednesday evening.

We want to acknowledge the ongoing and significant support from

- Video Ezy in recording Hall Bookings and holding the access key and gifting forms
- Mapua Auto Centre for their major assistance in providing free photocopying (often in large quantities)

Information: The committee is hopeful that we will shortly have our own domain name and functioning website to allow easy access to; information about hall plans and development, available booking times and future events. Again we appreciate the gifting of time and expertise from others in this area.

Planned fund-raising events:

- A Fashion Parade – now to be a Spring event
- October/November- Long Lunch

Any offers of support and/or ideas for other possibilities please contact Margaret Cotter at mcotter@ts.net

Elena Meredith, Information and Liaison Sub-Committee

Coastal Garden Group

In June about 20 members visited Neudorf Mushrooms. Most of us expected to see mushrooms growing in tunnel houses in carefully controlled conditions. Nothing could be further from the truth. The Swiss owners have planted their farmling in trees that have had their roots inoculated with a variety of different fungi. We were given a guided tour around the farm to view their successes.

After an informative talk about their operation we had a chance to see and taste their interesting products. They even provided us with some lovely mulled juice. Our grateful thanks to Hannes and Theres at Neudorf Mushrooms. Members’ thanks must go to Owen who organised this enjoyable and informative trip (and then couldn’t go himself).

The Coastal Garden Group had a soup and finger-food lunch before the AGM on 5 July. A committee of eight members was nominated and accepted. The positions of chairperson, secretary and treasurer to be decided “in committee”.

A musical item followed by an alphabetical garden quiz conducted by Joyce, Helen and Dianne was fun. Pots of flowering cyclamen were awarded to the winning team (Yes we did have some creative answers) ending a more light-hearted garden club meeting.

The next meeting will be on Thursday 2 August at 1.30pm in the Mapua Hall Supper Room. New members welcome.

Rachael Stringer

Mahana School

Term 3 at Mahana School will be busy, but that is nothing new and we love being busy. Our investigations this term are based on the London Olympics and on learning to use Te Reo Maori in everyday situations. We are also involved in cross-country (we have a great track around the Woollaston vineyard, it is beautiful), speeches, Rock-da-House (a brilliant combined choir event), Suter Art Gallery visits, NelsoMathix (a problem-solving interschool maths competition), winter sports tournaments, and mask-making (ready for the Mask Parade in term 4)

But it is not just about being busy. Busy is good, but it has to be for a reason. We make sure that the 'busyness' is all part of providing students with learning and experiences that will make them better people.

Cross-country is a great example. Some kids love it, some kids don't. The kids who love it and who do well need encouragement to run faster and to push themselves. Competition for these kids is important. But the kids who find it hard can also be successful. They need encouragement to keep improving, and to value self-improvement and personal goal setting no matter what place they might get. We need to realise and reinforce the fact that everyone can be successful.

The same can be said about any area of school. Everyone has their strengths and their improvements. The best thing about school is that it is perhaps the one time in life where you get tailored, often one-to-one

support to improve. Imagine if we had that now as adults! But it only works when everyone is on board.

At Mahana we try hard to encourage the philosophy of self-improvement whether it involves maths, reading, or any other area of learning. Encouraging the kids to see the value in this is really rewarding and it is a value that they will take with them when they leave school.

So being busy is good, but being busy for a reason is what schools are all about.

For all those parents with pre-schoolers, we are running a fantastic new music programme at Mahana School. You and your child will get to play, sing, dance, and giggle together. Our trained Kindermusik educator, Kath Munn, will guide the class as well as help you understand what your child is learning. There will be one more free introductory class this term. If you would like to learn more or are interested in taking part, contact Kath Munn, 03 528-9685 or ring Justin at Mahana School, 03 543-2887.

Please remember that families are welcome to visit us anytime, or check out our new website at www.mahana.school.nz, check out our class blogs, or follow us on Facebook and Twitter. We have an excellent school that is not far away. We have a student – teacher ratio that allows us to put kids learning first. We have a special place and we are proud of it. Come and take a look!

Justin Neal, Principal, Mahana School

CHILDREN'S BOOK REVIEW

This is a new item for the Coastal News. Any school-age child interested in writing a review along the lines of the one below should contact Sue England on 540-2934, or email s1ad2as3@xtra.co.nz. The review can be up to 250 words long and preferably emailed.

Because of Winn-Dixie can be found in the Children's Fiction section of Mapua Library. Reviewed by Emily Polak (age 10).

B*ecause of Winn-Dixie* is a great book about a young girl called India who finds a dog in a shop. The dog may be smelly and scruffy but changes India's life for ever.

I absolutely loved *Because of Winn-Dixie* and am sure any other child would too. I would rate it nine out of ten and these things are some of the reasons why

1. A great, funny and thrilling tale
2. Even the bits that are sad make you want to read on
3. There are heaps of twists but you never know when one's going to turn up
4. Funny, realistic characters
5. It feels like a real story

Out and About with Hugh

Overheard outside the 4 Square, “It’s really quiet around Mapua.” Or, “Didn’t you know?” “Nothing much happens around here in the winter.” “Is that a fact?” Nobody bothered to tell me that or I would have stayed in my cave for the winter. Read on and just consider.

Dominion Flats: At long last the TDC and the NZ Transport Agency are successfully negotiating a settlement over Dominion Flats. The NZTA took ownership initially as a part of the purchase of land for the Ruby Bay by-pass. Dominion Flats came about as land excess to the State Highway requirements which by law must be returned to private ownership. This process, as in most things involving government processes, is not a simple one. The great and good thing about the settlement is that it will open up land that has been neglected and allowed to revert to rubbish overgrowth and a stream that is no longer free-flowing and to be reclaimed and properly replanted as was originally planned as a part of the post by-pass conservation programme. And, there will be a useable connection to the Dominion Road pedestrian/cycle underpass. Thanks to David Mitchell and Elspeth Collier and the TDC counsellors and all others who have been involved over the past five years.

Mapua Sewage Pump Station: July 22nd update from the TDC—”The pump station is now operational and in a commissioning phase. The site will be progressively tidied up as individual chambers are completed. The walkway along the estuary will be opened July 21st. The present work area will be tidied up but remain fenced until the contract for the Mapua Waterfront Park is completed.” Tenders for completion of the park have been called with work to begin late August. Work includes a shelter attached to the existing water boost pump shed, an amenities building with two public toilets near the new generator and completion of park access and gardens

overlaying the new pump station. The finish date for the above to be before Christmas.

Do you have any issues with any of this? Yes? Well, I do. For a start, only two toilets? Who is kidding who here? Even considering the normal summer use of the wharf and park areas, only two toilets is inadequate. And no changing rooms? Then factor in the influx of cycle/walkway visitors and “hello!” Have your say about this issue and attend the Mapua & Districts Community Association meeting on Monday, 13 August, 7pm at the Mapua Hall.

The Mapua Wharf & Park Precinct Group met on 18 July to continue discussions regarding the ongoing issue of how to manage use of the wharf area. There was good input by those attending who reached a unanimous decision to address the problems of traffic management, managing wharf access times for commercial deliveries, and periods of no vehicular access and times of use for the boat ramp. Draft plans for these issues are to be presented at the next meeting of the group on 12 September. Let’s talk about these issues at the August Community Association meeting.

Flashback: *Out and About* has now been a feature of the *Coastal News* for several months. Looking back to the February edition I see that I agreed to my change in status as a “letter to the editor contributor” to a “regular contributor,” and facetiously referred to myself in the new role as a columnist. While noting I had agreed to my change in status with tongue in cheek, I further admitted to a bit of “self-puffing in this new role” but I also noted “that this could be scary stuff.”

Well, it isn’t nearly as scary as it is an “on-going brain cell stimulant.” That’s good stuff at any age. A recent *New York Times* article on “Finishing With No Regrets,” sums up an approach to life pretty well. So, having been granted plenty of literary license by the editors to continue to praise, chivvy, exhort and extol the readers of this publication, I’m doing just that. After all, they did say they had decided to “run him” so I am doing what I said I would, “running with it,” and so far, so good.

Hugh Gordon

Tasman School



The terms seem to get busier as the year revolves. It's already well past mid-winter and the short indoor wet winter hibernation seems over, and with the extra light comes the extra curricula activities; the school cross-country, the area cross-country, the volleyball workshops, Rock Da House mass choir practises, speech-writing/contest, and the preparation towards the Nelson Masked parade. Then there is all the routine classroom work, plus the topics and the music and art strands. Education, teaching and learning is a balancing act, juggling the right amount of inner and outer activities to deliver, whether it's daily, termly, or yearly.

Even within a topic, you have to accommodate for all aspects, the physical the mental the emotional, to make sure the learning is equal or proportioned, and so no boredom or chaos is created.

In terms of balance, we would also like to welcome Jaime Howell to the teaching staff making our ratio of male to female teachers 2:2, which is better than the national percentage of 17%.

Our overall topic for the school this term is "Managing Self" or this can translate into "Can-Do Olympians", or "The Hero Inside", looking at the qualities that we can cultivate to reach our potential, like resilience, resourcefulness, and self-belief. Practically this can be seen when the students set a goal to learn to juggle, play chess, skip 100 times, make an animated movie or create other personal challenges, cultivating the 'can do attitude' which New Zealanders are well known for.

I am always amazed at the enthusiasm of our students, their willingness to try anything, their acceptance, their generation of ideas and their positive social interaction.

Fred Robertson

MAPUA Bowling Club

The Write Bias

May to the middle of September is the closed season for lawn bowls but closed doesn't mean complete hibernation. Winter is a time for maintenance and socialising and the members at Mapua have been busy doing both.

The green needs as much, if not more, attention in the winter as the summer and the greenkeeper has been busy nurturing our prime asset. It is looking good and promises a grand bowling season ahead.

Likewise the grounds and clubhouse are being tidied and spruced under the watchful eye of our property manager. If you have never visited Mapua Bowling Club you would be made very welcome on a Friday evening (first and third each month) to have a

look around and see the great facilities that we have to offer.

On Sunday 1 July we held our second mid-winter lunch. This was just as successful as the first with 35 people enjoying soup, roast lamb and very dangerous desserts. I'm not sure if 'enjoyed' is the right word for the quiz as there was plenty of audible groaning but four lucky people came out on top to claim their chocolate fish! It was good to see new friends along with existing club members and we look forward to seeing everyone out on the green in September.

For information about bowling please call the secretary, Jean Daubney (543-2765) or president, Dave England (540-2934).

Sue England

Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329

Bones versus Teeth

Every August we offer free dental checks for pets and one of the common questions we are asked at these check-ups is, "Do we recommend feeding bones?". It's a tricky question and one that there is no real right or wrong answer to.

As vets we do spend a bit of time fixing problems caused by bones. It is not uncommon for fragments of bone to get lodged in places that they shouldn't. We often have to sedate dogs to remove bits of bone wedged between teeth. Bone fragments can also get stuck on their way through the gastrointestinal tract, causing constipation.

The other problem with bones is the damage they can cause to teeth. Dogs live a lot longer now days than their wild predecessors and over a lifetime of excessive bone-chewing a lot of damage can be done to teeth. Most commonly teeth get worn down, exposing the pulp cavity and causing pain, infection and eventual tooth loss. Tooth fractures can also occur. Surprisingly it is usually the large canines or carnassial teeth that seem to fracture the most often. These teeth are difficult, time-consuming and therefore costly to remove.

Of course chewing bones is not all bad, it can help to keep teeth in good condition by reducing the amount of tartar build-up that leads to tooth decay and tooth loss. Pets fed a lot of wet tinned food or dog rolls are particularly prone to tartar build-up as food accumulates in the crevices of the teeth.

A good compromise is to feed bones that your dog can chew on but not chew up. So big shin bones are ideal. Buy bones that have a bit of meat on them and

let your dog clean the meat off but take the bone away before he starts to really try to

chew it up. Avoid bones that have been cut in half as the dog will chew hard against the cut edge and risk fracturing a tooth. Also avoid smaller funny shaped bones such as T-bones (great for getting stuck in the intestines) and ribs (great for shearing off and getting stuck between teeth).

If you don't want to feed bones then there are a variety of dental chews available which are effective plaque-reducing agents and can be given to your pet as a treat that promotes chewing. Some, such as Greenies chews, freshen the breath and as well helps reduce tartar build-up. Royal Canin now make a great dental chew which has proven teeth-cleaning benefits. Then there are the old favourite—pig's ears. We source ours locally from Pestells and they are cheaper and fresher than the imported ones in the supermarkets. For dogs and cats with particularly bad teeth specific dental foods have now been formulated which help reduce the speed of tartar build-up.

For the month of August we are offering free dental checks for all cats and dogs. So if you are worried about your pet's teeth and particularly if you are noticing any bad breath, drooling or tartar build-up, then book in for a free check-up. Every pet who comes in for a free dental check up will receive a free sample of Dental Food and go in the draw for a free bag of Dental Food.



BOOK REVIEW

THE SNOW CHILD by Eowyn Ivey reviewed by Barbara Mercer is available at Mapua Library

Set in the 1920s this is the intriguing story of a middle aged couple, Jack and Mabel who have moved to a homestead in the wilderness of Alaska to try to make a new start.

Mabel has found it impossible to come to terms with the loss of her baby some years previously and felt a desperate need to escape from civilization.

However her grief has not subsided, their relationship is strained and the cruel environment has overwhelmed them. The crushing burden of work preparing the fields before the weather closes in has defeated Jack and there is insufficient food to see them through. Their ability to survive another winter in Alaska is in doubt.

As the first winter snow begins to fall, Mabel is reminded of a book from her childhood – a Russian fairy tale of an old couple who built a snow child which came to life, and as Jack returns from the fields, in a rare moment of tenderness, they together build a snowman, or

rather a snowgirl. Mabel even dresses it with a red scarf and hat.

The following morning, all trace of the snow child has gone, but strangely, Jack has a fleeting image of a child like figure wearing a red scarf disappearing into the forest. Then Mabel discovers small human footprints leading away from the property towards the woods.

As the story unfolds, it cleverly treads the boundary between reality and fantasy – you are never quite sure how it will develop. However, there is no escaping the reality of the harshness of their existence in such a brutal environment. The tantalizing presence of the snow child in their lives gives them the optimism to persevere and together with the warmth and friendship of neighbours, they eventually come to terms with the environment and find contentment.

If I were to find any criticism, it would be that I found the ending a little weak but nevertheless a charming and beautifully written book, well worth a read.

Police Report

Great to see that the days are getting a little bit longer (very slowly). The recent heavy rain and storms have caused several accidents on the roads and the publicised stranding of a car in floodwater near Canvastown. Thankfully we have missed out on a lot of this. Things have been very uneventful in the Mapua area over the last month. Long may that last.

Grant Heney, Rural Community Constable, Motueka Police. Ph 528-1226 (Direct)

Mapua Occurrences:

July: BBQ table missing from Mapua wharf

July 12: Three young Mapua men caught committing cannabis offences in a parked car. All arrested.

25-year-old male arrested for drink-driving Aporo Road

July 14: Number plates CMW195 stolen off a vehicle at Mahana

June 28: Domestic incident Aranui Road

June 24: Domestic argument Aranui Road

June 21: Youths cause minor damage at Mapua School with paint on courts

St John Youth Grateful

The St John Mapua Youth Division thanks local businesses for their help in a recent fund-raising event, helping raise funds to enable Youth members travel to the recent Nelson Marlborough Youth competitions.

Local businesses came out in force to help the youngsters attend. By providing sponsorship in the range of meal vouchers, free trailer hire and firewood, About \$500 was raised and 12 Youth members attended the competitions in Teapot Valley, Brightwater.

Mapua Youth manager Bronwyn Matthews says the local community got in behind St John and gave very welcome support to the Youth members.

“Without the support of these local businesses, it would have been difficult to find the money to help the Youth members attend the competition camp,” says Mrs Matthews.

“Competitions are a vital part of the St John Youth programme and provide an opportunity for Youth members to test their first aid knowledge and skills and compete against their counterparts from other areas. It is also a great opportunity for Youth members to make new friends and share in the camaraderie that is a significant factor of the Youth programme.”

Local businesses that supported the St John Mapua Youth Division were: Carter Holt Harvey Woodproducts – Nelson Sawmill, Nelson Suburban Club, Perry’s Auto Services, Proper Crisps, Lanegate and Foodzone.

MAPUA LIBRARY



We are more than half-way through 2012 and the winter. Where has the year gone? However, there is still good reading time before the bustle of spring and gardens calls.

Parents, would you please check in your CD players. We are missing several CDs from the children's picture books. They have the library stamp on them. It is so easy to gather up just the books when returning them, especially if you are in a hurry. We would be so pleased to get these discs back in the books.

The BEAR holiday programme was busy and happy, thanks to parents and helpers.

Congratulations to the winners of the quiz run in conjunction with Barbara Halse's Royal display in June. They were Val Hunter in the adult section and Emma Smethurst in the children's.

This month's colourful display from the Mapua Early Childhood Centre is generating a lot of interest. Do check it out.

Eileen Dobbie



Barbara Halse presenting the prize to Emma Smethurst



Barbara Halse presenting the prize to Val Hunter

Library Hours:	Thursday	10am-12.30pm, 2pm-4.30pm	
Monday	2-4.30pm		
Tuesday	2-4.30pm	Friday	2-4.30pm
Wednesday	2-6.30pm	Saturday	2-4.30pm

Fire Brigade

June 12-July 12 call-outs

June 14: Smell of burning Stafford Drive, possible heater malfunction. Advised to have an electrician look at it.

June 18: Assist with flooding in basement on Aranui Road. Better water management needed.

June 18: Assist police with car in flooding on Stafford Drive.

June 25: Garage fire Aranui Road. Hot ash in plastic bucket left next to shed

July 11: Shed fire in Motueka. Not needed on arrival. 23 calls year to date.

Safety Tip – We have attended two fires where ashes from a fireplace have been put in a bucket and left next to a combustible object that have burnt down buildings.

Ashes can take up a five days to cool. Empty fireplace ashes and ashtrays into a metal bin/bucket to get cold before disposal.

Never leave bin/bucket on carpet or within one metre of a building or combustible objects, eg, straw, firewood, paper, cardboard, etc.

Under The Bonnet with Fred

Ebay.com – Finding cheaper car parts

I have had a very busy month with things going on but I thought I could help you get car parts for a special car or project.

While in USA in my last trip the friendly taxi driver offered to get me car parts. On his smart phone he showed me how to work the Ebay car parts section. He said the most important thing to remember is keep looking even if you can't find it, because it's there, you just haven't found it yet. Each parts listing has an Ebay Item Number and using this number gives the supplier you're buying from exactly which part you want. Be sure of your vehicle year, model and engine size. Ebay.com is awash with parts for American, European, English and Japanese cars. Examples: Morris Oxford wheel cylinders are available, \$36.99. BMW bonnet emblem \$20.00. Cadillac badge \$19.99.

Join Ebay.com: You will have to register with Ebay. Go to Ebay.com, do not go to Ebay.co.nz as they won't let you in to the US site. Don't be afraid, they are after clear identification of all parties trading on their site to catch the scammers. I have had no trouble but only use "Top-rated Seller." These listings have a little rosette icon with "Top-rated Seller" for the supplier.

Finding the part: Most important is find out what they call it! For instance, a bonnet mascot is called a hood emblem. You find out by surfing Ebay in all the car parts categories, emblems and decals, exterior, panels. Electronics and especially cooling electronics can be listed with air-conditioning, electronics or heating. There is a lot of after-market junk on the sites so always look to the left for further categories of that page. Clicking "used" seems to eliminate a lot of junk and a good way to find what they call it. It takes time and you will have to chase around a bit. Computers are smart but not smart enough sometimes.

Shipping: The unknown with buying parts through Ebay. Read all the details on the parts listing for shipping first. Get it sent by US Postal Service, Priority Mail (air mail). It can be surprisingly cheap, eg bonnet mascot sent from LA, \$6.58 arriving four days later. The costs of shipping can blow the budget on bigger parts. Some wheels I brought cost US\$300 but after shipping, duty and GST and taking a year to get here, cost \$1000. So keep your purchases to within limits of US Postal Service parcel size limits or otherwise you might get a fright.

Payment: I have been cautious with sending my credit card details and over the last five years have changed my credit card number once a year to delete access to my account. After much caution I have joined PayPal where the money goes into my account with Paypal

and then you tell PayPal to release the money to the supplier. The supplier has no record of your credit card number. It works but they zip you 7%.

I am confident on making small purchases through Ebay. Bigger items which require shipping and handling can be done by www.kiwishipping.com but handling will cost extra. There is probably no quick way to get bigger parts except by air freight. Specialist car parts dealers in NZ may have smaller parts.

If you're making purchases through Ebay, try the supplier out with a small item first and see if it's good value. The Golden Rule, have the make, year, model and engine size and always use the Item Number when ordering and the Ebay description of the part. Use a full address, ie, Mapua 7005, South Island, New Zealand even with email communication to suppliers. Delivery time might be 14hrs on the plane but two weeks to get to Mapua. Make sure it's the right part, look at the pictures, check the specifications on the listings. My final advice is don't buy cheap parts.

I look forward to the Sunday car parade down the wharf once it warms up.

Fred Cassin

Mapua & District Cycle & Walkways Group

Robin Simpson presented a talk on "Contemporary Urban Design for Provincial NZ; the Aranui Road Case Study" at the Mapua Boat Club on 5 July. The turnout was good to hear an excellent talk by Robin, which was very timely bearing in mind the works being undertaken in Aranui Road. Refer to <http://www.robinsimpsondesign.co.nz> for further information regarding Robin's work.

Prompted by a suggestion from one of the Cycle & Walkways Group's members to consider whether we should limit ourselves to the interests of cyclists and walkers; ie, should we not also be considering other potential users of trails and paths, such as horse riders, motorcyclists, etc. The group's committee addressed this issue at a meeting on 12 July and concluded that the group would focus on walkers and cyclists and would address any issues that arise from other categories of users on a case-by-case basis.

This led to a suggestion that the group should encapsulate this focus in a "Mission Statement", which defines the purpose of a group such as ours. The draft Mission Statement will be circulated to the group's membership for comment.

MAPUA COMBINED PROBUS

The guest speaker at the club's July meeting was Ray Bolderson; his subject being his love of black and white photography. He showed us his Linho Technika 5x4 camera. He develops his own prints and frames all his work.

In his early years he studied graphic design at the Wellington Polytechnic School of Design, then worked in advertising. He joined the Newlands Fire brigade for four years before heading to the UK for three years doing mainly labouring work. This enabled him to tour Europe where he met his wife-to-be Jenn at the Munich beer festival. Later trips in a Ford Transit van took him to many countries including Sweden, and Norway. At Nord Cap above the Arctic Circle he found it hard to sleep when the sun was on the tent at 12.30am. From there he went to what was East Germany, East/West Berlin and Check Point Charlie. Dresden still showed remnants of the heavy bombing that took place there

Ray returned to Wellington and was married in 1973 and continued to work as a freelance graphic designer. Their three children were born before moving to Auckland's North Shore in 1981. Ray freelanced again before he met his friend Darryl. They set up an advertising agency called Radar Creative, being a mixture of both Christian names. In 1999 Darryl bought out his part of the business, which gave Ray and Jenn the opportunity of another trip to Europe, spending time in the UK, Spain, Turkey, and Portugal.

This was a catalyst for moving to Nelson in 2002. Looking for a change in lifestyle, he took on a job as pastry-finisher at the Naked Bun. Being a cook during his army national service in the late 60s probably helped.

Since his arrival in Mapua, Ray has been involved with the Mapua Tennis Club and the local fire brigade. He has a "P" class license and has driven for Trek Express for six years, taking trampers to most of the tracks in the region. His interest in tramping was one of the reasons for the move to Mapua, with three national parks on our doorstep.

To complete his talk Ray showed several one-metre, framed, black and white landscape photos. One interesting photo was of Bill Marris taken some years ago at the Mapua wharf. Ray enjoys working

with his 1950 German camera, but admits to owning a digital SLR camera as well.

The club's mini-speaker was long-time resident Pat Perry, who spoke of her experience as a Justice of the Peace. JPs have existed in England since ancient times, but it was not until 1361 when a statute in the reign of Edward III gave them the power of trying felonies and the title of "Justices". The duties of early justices were many and onerous and included supervising the accuracy of weights and measures and the seizing of wine sold for excessive prices. Justices had great authority over the lives and liberties of others.

The first appointment of a justice in New Zealand was in 1814 when Governor Macquarie of NSW appointed missionary Thomas Kendall of the Bay of Islands in 1840 after New Zealand had become a British colony.

The functions of modern JPs are far less onerous, not withstanding the more restricted powers it remains true that a JP is given special duties and powers under the Justice of the Peace Act of 1957. Pat considers the position of JP not so much an honor as a privilege and responsibility.

There is a ministerial practice to follow in the nomination of applicants. They are accepted initially and only through the office of the MP for the electorate where the nominee resides. They must have an adequate standard of education and a genuine desire to serve their community. In general they would not be chosen over the age of 68, but there is no minimum age. This test was of a substantial sense of responsibility rather than age. The purpose is not to bestow an honor but to serve the public. Confidential enquiries are made into the nominees personal suitability, they are then interviewed and if accepted a recommendation is made to the Governor-General and he then makes the appointment and duly signs the Warrant.

Having gone through the process of selection and understanding its requirements and responsibilities a JP must swear a Judicial Oath to the Usages and Laws of New Zealand and also an Oath of Allegiance to the Queen and to her heirs and successor and the people of New Zealand.

Pat has been a JP for 23 years and also a marriage celebrant for many of those.

David Higgs

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

Garden Notes



August has arrived, and brings hope of better days ahead. The yellow fluffy flowers of the wattles, the early flowered Prunus “Mume” narcissi in flower, other bulbs coming in quick succession heralding the approach of spring which is unique in that it is the only season with an abundance of various perfumes..

This is a very busy month for the avid gardener—feeding, spraying, sowing seeds and planting out your vege patch, once the danger of heavy frosts are past. The year is under way.

For feeding now I usually use blood and bone, which is gentle and organic, on all general beds, rose manure on roses, rhododendron manure on rhododendrons, and as this is acid I water it in to stop burning.

Those who love to sow their seeds now is the time and there is such a variety of annuals and vege seed in the shops. Still better is to sow out in trays for easy planting out later. Pansies and violas are easy and seem to like a chilling to improve their rate of germination.

Tasks for August: Divide perennials not done during autumn. Prune any roses not yet done. Plant illiums in sharp sand and peat to ensure perfect drainage. Spray

fruit trees against leaf curl. Feed all plants as they begin to grow away again. Plant a row of early potatoes and a general tidy up as required, as always.

The feature plant/shrub for August is the rhododendron. Most gardeners have one or more planted somewhere. Although this coastal area is regarded as difficult for growing them it can be done with good success. I notice growth is slower and the disease risk higher, particularly thrips, and scale. Die-back as well.

Because their roots are fibrous and so near the surface they intend to dry out rather quickly. They do like damp conditions (not wet) and don't over feed, twice a year is enough. Give them a good mulch away from the trunk and perhaps have them in a dappled light but not complete shade. Some varieties do better than others. The Pearl family is good, tall and robust, with large, loose flowers and is quite showy.

Enjoy the lovely days ahead.

Barry Highsted

Mapua School

Teachers make a difference



For the next two weeks our family will enjoy the company of a young married couple spending a year in New Zealand on a working holiday. They are both teachers. Although they have been with us only for a few days, they have shared their perspectives on their roles in the classroom and their relationships with their students. They have also shared how individuals in their lives have impacted on their career choices, their belief in themselves and their responsibilities towards the children in their care.

Their working environment is a world away from Mapua – inner city, impoverished, children passing through metal detectors on their way to class. Many of these young students have responsibility for their younger siblings as well as themselves. They set alarms, make breakfast and lunches and travel by city buses to school. Some as young as 9 years of age are parent and child rolled into one.

For Alex and McKenzie, their number one priority is to create a safe, supportive learning haven. Alex greets his students each day with a handshake—personal contact, a look in the eye and a show of respect. McKenzie shares her love of mathematics and works to inspire and develop confidence in her students.

Here in Mapua, we are fortunate to live in an environment where our children are safe to walk and bike to school. They have the support of their parents as well as the wider community. They arrive at school

fed, dressed in clean clothes and eager to learn. The thought of a metal detector at our front gate is incomprehensible.

The two environments are completely different, yet the teachers at Mapua School feel the same responsibility as Alex and McKenzie—to provide a supportive place of learning, to grow the confidence of each child and to develop each student to their full potential.

We are grateful for the commitment of our staff. Our teachers spend their personal time looking for opportunities for students to develop their skills in extracurricular activities and programmes. On Friday evenings and weekends, they can be found in sporting venues coaching the mini-ball and cricket teams. After hours they are in the library gathering reading materials for literary quizzes or at PTA and Board of Trustee meetings providing their perspectives on the academic needs of the school. Most importantly, even in the quiet times, they worry, they plan and they think about how best to guide and inspire each child to Be All they Can. Our teachers are inspirational and we are proud to partner with them.

Believing in, and supporting our teachers,

Lisa Dunn, Trustee

Ruby Bay Artist Clocks up the Miles

Ruby Bay-based painter Lisa Chandler has been running up quite a few air miles lately for her art.

Early in May Lisa took a working holiday in Malaysia. She allocated several days to crowd-spotting and placed herself in busy transit zones to record the moving traffic in photographs. These images provide the basis for her distinctive layered art works, which capture the transitory nature of people in the city.

After a quick break at her home studio in Ruby Bay Lisa flew to the UK to take part in an international conference on 'Affective Landscapes'. She presented a paper on her art practice as part of a panel called 'Non-Place, Wrong Place'. There were participants, from all over the UK, Europe and America. Lisa was the only participant from New Zealand.

"I felt privileged to be invited to be part of such an interesting conference. The social science and philosophy around urban spaces was directly relevant to my Master of Fine Arts research. My artistic interpretation of the non-place fitted well with discussions on the way individuals respond and relate to the city. I found the whole experience quite daunting at first, but came away bursting with energy, new contacts and inspiration."

Lisa made the most of her time while in the UK by holding a small solo exhibition, visiting a number of galleries and artists in the Midlands and London, and taking part in two radio interviews. The BBC reporter invited listeners to suggest interesting places in Derby for Lisa to consider for future works.



Lisa Chandler taking photographs of a crowd in Kuala Lumpur

With a head full of ideas, Lisa returned to New Zealand in June, just in time for the opening of her solo exhibition at the Black Asterisk Gallery in Ponsonby, Auckland:

Lisa is delighted to be back in Ruby Bay. She has been enjoying some much-needed studio time to focus on paintings for a future exhibition as well as painting with the Thursday Mapua Art Group at the Mapua Hall.

"It's important to be adventurous and to keep stimulating my creative brain. In the past few months I have run up the 'art miles'. I've traveled to some contrasting and stimulating places. I'm learning to balance the business and networking aspects of my art practice with the artistic side. I'm also enjoying getting out and meeting people and sharing what I have observed in the international art scene."

Lisa's next exhibition based on Kuala Lumpur International Airport and called "In Transit" will be at Red Gallery in Nelson from the 8-25 September 2012. For an invitation to the opening please email: lisa@lisachandler.co.nz or phone 540-3933.

Mapua Health Centre

We are delighted to welcome Sue Lile to our team. Sue is a registered nurse who recently shifted to Mapua with her family and she will be working part-time in the treatment room.

There have been a number of viral bugs doing the circuit ranging from colds to the flu which, in addition to congestion and feeling generally unwell, tends to cause headache and aching in the back and neck. As always, we are happy to check anyone out and it is important to remain vigilant about the symptoms of meningitis – the main ones being a flu-like illness, headache, rash, stiff neck (which may be a late symptom), and photophobia (dislike of light), often with a fever, vomiting (especially in children) and feeling very unwell. The rash is usually a measles-like red or bluish rash that can sometimes look like small bruises and does not blanch when the skin is compressed by the base of an empty glass. If in doubt please seek medical attention.

We have just updated our website with a new provider which will allow us to make changes more easily and keep you better informed of what services are available and a greater range of general information. You can check it out at www.mapuahealth.com.

There is some more good research news for those who like some of the minor gustatory vices. Dark chocolate is scoring well, showing blood pressure and cholesterol-lowering effects which are beneficial in preventing cardiovascular events in a population with metabolic syndrome (*BMJ July 2012*), it may lead to lower weight (*Arch Intern Med. April 2012*), **it may give a lower risk of strokes** (*J Am Coll Cardiol, 2011*) and cocoa helps prevent heart disease (*Am J Clin Nutr March 2012*).

Coffee is definitely on the up with the latest study showing that it reduces all cause mortality (*N Engl J Med. July 2012*), it may help to ward off dementia (*J Alzheimer Dis. June 2012*), it may decrease fatty liver disease (*Hepatology Feb 2012*), it seems a few cups of coffee a day could reduce strokes (*Am. J. Epidemiol Dec 2011*) and caffeine can even improve dry eyes (*Ophthalmology Feb 2012*). And finally, it looks as if red wine in moderation could be beneficial against heart disease with the evidence suggesting that both the alcohol and the polyphenols having different beneficial effects (*Am J Clin Nutr Jan 2012*), and another study suggesting that red wine and other resveratrol sources help improve lung function (*Eur Respir J 2011*).

There are a number of important events for the month, including:

- | | | |
|-------|---|---|
| 1 | Amnesty Awareness Appeal | www.amnesty.org.nz |
| 1-7 | World Breast-feeding Week | www.unicef.org |
| 9 | <u>International Day of Indigenous People</u> | www.un.org |
| 12 | International Youth Day | http://social.un.org/index/Youth.aspx |
| 13-19 | Cystic Fibrosis Week | www.cfnz.org.nz |
| 31 | Daffodil Day – Cancer Society NZ | www.cancersociety.org.nz |

Floating wharf officially opened

Not deterred by an overcast and cold winter day, an enthusiastic and bundled-up crowd of just under 300 people of all ages crowded onto the Mapua Wharf to participate and witness the official opening of the new floating pontoon and ramp on Sunday 22 July.

The festivities were organised by the Mapua Boat Club as a celebration of the 25th anniversary of the club and neatly dovetailed with the completion and installation of the new floater and its ramp down from the wharf.

Colourful British colonial regalia and individual dress-up costumes by young and old plus the Tamaha Sea Scouts in their uniforms was a visual highlight of the day. The 'Town Crier' ringing his bell announced each part of the ceremonies. Alas, at times drowned out by the noisy, happy crowd as there was no PA. system.

Kicked off at 11am with a drifting-with-the-incoming-tide model boat/raft race from the Leisure Park, the event culminated at 12:30pm with an opening of the formalities by Annette Walker, president of the Boat Club, followed by Tasman District Council Deputy Mayor Tim King. The significant elements of his speech being his recognition of the joint efforts of local citizens, TDC councillors and TDC staff and suppliers of the material elements of the floater in all aspects of the project from its inception to its completion and dedication.

In due course Annette cut the ribbon with a huge cutlass and Tim proclaimed the floater officially open, accompanied by a noisy salute from Sir Gregg's cannon and Denis Crawford's rifle.

The Sea Scouts formed up a traditional arch for the "dignitaries" to march under as they proceeded to the end of the floater where with considerable good



humour Tim pulled off the cover from a statue by Mapua sculptor Arthur Hawke of Hamish the white heron which has been installed on the top of the end pile securing the pontoon.

Cr Brian Ensor then awarded the prizes for the model boat competition. The winners 1st, 2nd and 3rd being Lilly, Joshua and the Flatman Family. Other categories included Best Dressed, Most Colourful, Tallest Boat, Most Helpful, Most Original, Miss Piggy Boat and the Cutest. The prize sponsors were thanked.

Refreshment was provided by the Tamaha sausage sizzle, cookies and cakes by the Mapua Mints Netballers, with coffee and tea by the Boat Club.

Hugh Gordon



Annette Walker addressing the crowd, flanked by the Town Crier and the drummer



Arthur Hawke's sculpture of Hamish the Heron made from horseshoes

Sam's Spam

Do you ever look out of your window and feel as if you are living in a calendar photograph? I certainly do at this time of year when I see the beautiful hills capped with snow. The recent cold snap has resulted in some stunning images, some of which I have captured with my digital camera as I am sure many of you have. We are all quick to take photos but then often we do not make the most of them. Fortunately I have found an internet article that reviewed some photo editing apps – all of them are free!

<http://www.stuff.co.nz/technology/digital-living/7269108/Free-photo-editing-apps-reviewed>

Photoscape (Windows NT/2000/XP/Vista/7) is a very easy to use image editor. It has fantastic tools included to help you correct contrast, brightness, colour, and size, and also has filters and effects that you can apply to your images.

It also features a spot-removal tool which can be used to erase blemishes on skin or marks that appear on a scanned photograph. <http://www.photoscape.org/>

RawTherapee (works with Windows, Linux, and Mac OS X), is a fantastic alternative to such

programs as Adobe Camera Raw or Lightroom. It is designed for use with raw photographs (ie, a photo that is uncompressed) so it is probably best to stay clear of this one if you're not an experienced photographer. <http://www.rawtherapee.com/>

IrfanView (Windows) is one of the most popular image viewers available. It's lightning-fast and features tools for editing and batch processing. As the website says, it's "simple for beginners but powerful for professionals."

You can make simple edits to your pictures, such as cropping, sharpening, increasing brightness, but the software also includes much more sophisticated tools like batch image conversion and support for command line. <http://www.irfanview.com/>

Free Stuff

This month's free stuff is Photoscape. After reviewing all the software mentioned in this article I have chosen Photoscape as the free program. It's very easy to use so even a computer novice could make some great corrections and edits to their photographs. It works with Windows NT/2000/XP/Vista/7. You can download it for free at <http://www.photoscape.org/>

Clothes Swap

The Clothes Swap is on again. We are aiming for a date in October now. More details will be in the next *Coastal News*. We need some more women for our organising committee so if you have enjoyed previous clothes swaps and have a little bit of spare time to help us with organizing this one then please contact Adele on 540-2693 or Paula on 526-6789.

As we will be heading into summer in October, start gathering together all those summer clothes together that no longer fit or were never quite right and put them aside for the clothes swap. It is guaranteed to be a fun night out

Mapua Boat Club

Calling All Trailer Boat Users

Do you as trailer boat users, want the boat club to continue to lobby for the right to use the boat ramp at Mapua Wharf. Or do you wish to develop the slipway at Grossi Point as the alternative?

*Please come to a meeting at the Mapua Boat Club rooms on the wharf on:
Wednesday 15 August @ 7.00pm*

The old ramp at the wharf will not close. It will continue to be open for use by the sea scouts, emergencies and wharf maintenance. However, public pedestrian use is increasing around the ramp site and safety issues are very apparent.

Please come to this meeting as I need guidelines from the boating community to take back to the council. I am hoping Steve Hainscock, the harbourmaster, will attend to answer your questions as well.

Annette K. Walker, Pres, Mapua Boat Club.

Harakeke

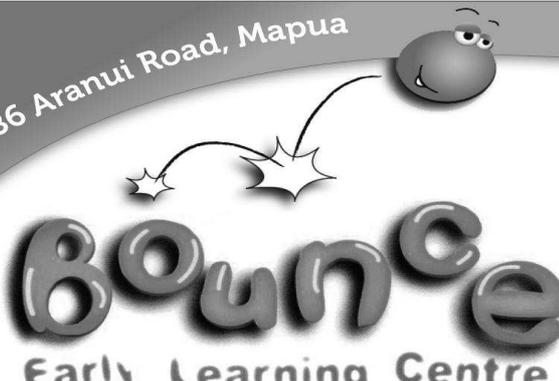
The place 4 3 2 5 year olds
EXPLORE, CREATE, ENJOY

Tçna koutou, hello to everyone,
By the time you have read this Gundula will have returned from researching the need for a Pacific version of Harakeke in Samoa! Well a tropical location complete with warm sun and less rain would be fabulous but I think we all know we have a special place here too...

Thankfully June's persistent rain took a wee holiday over Matariki and the winter solstice allowing us to enjoy a magical evening celebrating our annual Matariki festivities. The children had all enjoyed the experience of preparing a nourishing vegetable soup, enthusiastically chopping a wonderful variety of winter veges and herbs. After sharing a meal together the children's lanterns were lit and as darkness descended we set off along an enchanted path with lanterns floating on our ponds lighting our way. So many orange lanterns bobbed in the darkness and while following the beating of Johannes's drum, I could not help but reflect on how restorative it is for one's being to spend time connecting with community and cultural traditions such as Matariki and winter solstice. Giving us more opportunity to celebrate Māori culture is Māori language week beginning on July 23rd. As a centre Harakeke are looking forward to embracing this year's theme of "Arohata te Reo," which means to cherish the language. By extending our use of te reo and encouraging our tamariki through learning new waiata we can demonstrate our love and regard for the language by using it everyday.

Although the sun will be with us for a few more minutes each day the weather continues to provide the children with opportunities to explore our environment. With their senses alert children are especially keen to explore frost and ice and the experience of skating on our pond that periodically freezes over in frosty conditions. When the sun has appeared we have been planting garlic in our garden and enjoying the combination of fresh air and vitamin D! We hope you all have had a chance to enjoy the more leisurely pace over the school holidays and are ready for all the action the third term brings! Ka kite ano from the Harakeke teaching team.

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or feel free to call in to our programmes at the Mapua Community Hall or the Upper Moutere School Hall

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Cycleway Developments

The Brightwater Bridge opening on 8 July attracted well over 280 cyclists from around the region, signalling to many the increased kilometres of trail under construction. Many will have noticed the cycleway construction reaching north on Lower Queen Street - that speaks of another major opening being planned for December 2012... Nelson to Mapua.

Construction has also begun on the south side of Brightwater - heading out up Higgins Road, onto Edward Street and into Wakefield. A planned opening is also scheduled prior to Christmas. Then Belgrove 2016, through the tunnel 3-5 years, Tapawera 2017, complete 2018.

The average user of the trail is described as "55-year-old latte-sipper, from Auckland, Wellington or Christchurch, with disposable income," who will cycle roughly four hours a day. Based on the Otago Central Rail Trail statistics - they entertain 13,000 visitors in a six month period. Projections here are for 28,000 visitors generating \$20m revenue into the economy by 2016.

The Ministry of Economic Development's idea is to attract visitors to the rural regions. So the NTCTT has themed its marketing collateral toward showcasing "local, seasonal, regional" the towns around the loop are asking themselves "What can we do to attract cyclists and businesses here that support the Great Taste Trail? How will we describe the special character of our town? What will we do to celebrate the Cycleway when it arrives? Now is the time to prepare to maximise the benefits. .

Food, drink, art, shuttle arrangements, accommodation, tours, bike racks, public conveniences etc.

As part of promoting Tasman's Great Taste Trail, NTCTT has launched a map/ brochure design for a 30,000 print run, for national distribution in October 2012, regards Dun Mountain, Great Taste and urban-shared pathways and side trails. Ready for the summer tourists.

This document's objective is to assist travellers coming to the region to book their "bed, bike and bus" prior to their arrival, so in the main it is for accommodation, cycle and travel businesses

Subsequent to that are the food, beverage, art and tourism businesses no less than two kilometres off the trail. (or businesses partnered with a shuttle arrangement)

Fourteen coastal businesses have taken up advertisements in the map, but space is still available

for a few more. Contact Fiona Newey 03 539-0266. or exec@heartofbiking.org.nz ASAP.

Focus on Nelson, Nelson - Wakefield and Nelson - Mapua. And Motueka.

The cycle trails map will invite cyclists beyond that on quiet country roads, with appropriate dates, cautions and advise.

With a further \$800,000 is needed to achieve a trail of New Zealand Great Ride standard, the Mapua District Business Association is helping with a fundraiser at the Playhouse on Friday 10 August. Or to assist please buy your Virtual Trail from Perry's Auto Motors Mapua.

Businesses planning to maximise off the cycle trail economy please consider attending our official partners' meeting to explore tour packages and product collaboration The meeting is for cycle, travel, food and beverage and accommodation businesses. 2-4pm Thursday 9 August: in the Sports Tasman House. Saxton Field, Richmond. Open to all.

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Noticeboard

Dancing at Mapua Hall, Saturday 18 August, 7.30 to 11pm. All welcome \$6 and a plate. Always a good night, excellent music. Motueka Social Dance Group. Contact 5402242.

Tae Kwon Do (martial art good for self defence). Now at Mapua Hall (supper room) every Monday and Wednesday 6-7pm for kids and till 7.30pm for adults and senior belts. First 2 lessons FREE (\$5 per class or \$20 per month) contact Norma on 035266228 or just come along and give it a go.

Coastal Connections Social Group: venue for the August lunch-time gathering is the PLAYHOUSE, 171 Westdale Road. The date has been set down for 9 August. Look forward to seeing you all. Julie Haliday, 540 3533

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. John Sharman; 540 3642, Secr. Margaret Butchart 5402686

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

RSA Meetings: RSA room, Mapua Library, 2pm, second Mondays, refreshments served at the close.

Ruby Coast Newcomers Coffee Group: come and meet new people and make new friends. 10am last Friday of month, Tasman Store. Info: Fiona, 526 6840, fiona.oliver@xtra.co.nz or just turn up. Everyone is very welcome.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Debbie, 5432915

Sewing: Don't put it in the clothing bin yet! Sewing repairs & alterations. Phone Marijke Lups: 03 5403498, 5 Perry Way, Mapua

Mapua Art Group: Painting/Drawing Thursdays 9-12.30, Supper Room, Mapua Hall. Like-minded artists get together to paint and help each other in a fun, social environment. All levels & media welcome. \$4 session includes morning tea. Tables, chairs provided. Lisa Chandler, 540 3933

Need technical help? Can't connect your DVD player? Don't know how to download photos from your digital camera? Computer running slowly? Local help is at hand! Average job price only \$20! Basic web design also available - pages start from just \$35. Call Sam, 544 0737. – sambennett@live.jp

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at the Smokehouse to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Barry Highsted 540 3139.

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540 2292.

Children's Gymnastics: improves a child's strength, balance, coordination, spatial awareness & eye tracking using hand apparatus, songs, and gym equipment. Thursdays @ Mapua. Mondays @ Upper Moutere. Ring Sam, 5432512

Zoom Salon hours: Mon through Sat, late nights Tue & Thur. www.zoomhair.co.nz 540 2333

Recycling: Printer & Photocopier cartridges can be left at Tasman Bay Vets, 69 Aranui Rd, 8am-noon & 3-6pm. Consider reducing landfill and support fundraising. Managed by the MDBA with thanks to Tasman Bay Vets for their support.

The Great Taste Trail. Show your support - you can 'virtually own' a piece of the MDBA's 1km of cycle trail. \$40 will purchase 2mtrs of 'virtual trail'. We have a 1000m for sale! Call into Perry's Auto Services or call Janet on 540 3364 for more information.

Friendship Club meets third Thursdays 2pm, Supper room at the Hall. Indoor bowls followed by afternoon tea (please bring a plate). \$2 door charge and 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers). We welcome new members. Val Roche 540-3685

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Behind Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544 8733, about membership or casual hire.

Zhineng-Qigong: an effective system for self-healing, now in Mapua. For obligation free introduction session and further information phone Marianne 540 3058

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com

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