

November 2010

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Coastal News

email: coastalnews@mapua.gen.nz

covering Mapua & Ruby Bay,
run by volunteers

By-pass opens ahead of schedule

The \$30 million, 10.7km Ruby Bay by-pass was opened on Friday, 22 October, after two years of work and months ahead of the original schedule. The Coastal News asked an intrepid supporter of the by-pass and fount of information on progress, to cover the opening. Here is the report by **Hugh Gordon**:

Five am, Act One, Scene One. The last act, or was it the first act? Actually it was both of these—the last act to the by-pass construction and the first act to the new road and its effect on our local area and on the wider community.



From left Chris Auchinvole, MP for Tasman-West Coast; Rev Gladys Tangihau; Nick Smith, Minister for the Environment; Joss Dangerford, CEO of NZTA; Richard Kempthorne, Mayor of Tasman District

Te Mamaku signboard. Those attending took the opportunity to make brief remarks with closing remarks by Tasman District Mayor Richard Kempthorne. A breakfast was then served at the nearby Downer EDi Works offices where chilled recipients were rewarded by hot coffee/tea and food.

Back to 5am at the Tasman end of the by-pass. A very cold, crisp dawn for the iwi blessing and dedication of the new road, which is now officially designated Te Mamaku Drive.

The sign is an attractive piece of matai timber, carved with the letters Te Mamaku Drive with Maori symbols at either end and mounted on two concrete pillars cast with Maori design. The carving was done by master carver John Mutu and carver Tim Wraight.

The ceremony, attended by nearly 50 people, began with a Mihi neke neke koutou (greetings), a Karakia Tamatanga (opening blessing), followed by a Kanranga (a call of welcome), at which time the first Taonga (sign) was unveiled, another Karakia (prayer) was said and the ceremony closed with a Wharamarama (explanations) by Barney Thomas.

After the ceremony, all those assembled drove under escort along the new road to the Dominion Road end a repetition of the blessing and unveiling of another

At 9.30am it was Act Two, Scene One.

Well over 100 people assembled on an open area adjacent to the roadway and about 500 metres south of the Tasman end of the by-pass for the ribbon-cutting ceremony. A marquee had been set-up with ample seating in an elevated position with stunning views of the Kina estuary and peninsula

The event began with a Maori traditional Karakia Timtanga (opening blessing) and greetings on behalf of local iwi, followed by a Karanga (call of welcome) by local Maori wahine.

The program then proceeded with opening remarks by the NZ Transport Agency CEO Geoff Dangerfield and by Marc Papke, project engineer for the by-pass contractor Downer EDi Works. Nick Smith, Minister of Conservation, then spoke on behalf of the Government, followed by Chris Auchinvole, MP for Tasman, who in turn was followed by Richard Kempthorne.

All assembled then proceeded to the roadway for



Planting out

the official ceremony opening of the by-pass. Nick Smith, Geoff Dangerfield and Richard Kempthorne cut the ribbon and the by-pass is now officially designated as a part of State Highway 60.

After the ribbon-cutting there was a brief interval while some magnificent antique cars and their drivers ferried a number of those attending to the Dominion Road end of the new road for another ribbon-cutting at that end.

Upon their return a morning tea was served which included a magnificent hangi provided by local iwi community. A welcome time for eating and socialising. A very pleasant conclusion to this milestone event held on a clear, cool sparkling spring day.

Final Report on the Ruby Bay By-pass

The Ruby Bay by-pass team had an extremely busy month as we made progress on the remaining drainage, landscaping and carriageway tie-in work. The weather finally started to co-operate which really helped us achieve our critical tasks as we counted down to the opening of the by-pass.

The pavement crew did a fantastic job in completing the construction works on the northern (Tasman) and Mapua tie-ins ahead of programme. Our Site Traffic Manager continued to maintain the traffic management to a high standard throughout all the recent works taking place on the existing SH60. Big thanks to all the team members who have given up their weekends to make the most of the fine weather and help push the project to completion!

The new grass is growing so high we have had to start mowing it already! We are continuing landscaping on the estuary batter opposite Trafalgar Road and on the Apple Valley East bund; once planting is complete the areas will be bark mulched.

A special thanks to everyone who has played a part in achieving the opening

of the by-pass and supported us throughout the last 2 years. We appreciate the patience and understanding from the locals and the road users as we have made changes to the road layout.

From the Ruby Bay by-pass team we hope you like the new road and ENJOY THE RIDE!

*Jo Orr, Environmental Manager, Downer
EDI Works*



(The Coastal News would like to thank Jo for her regular reports keeping us informed on the progress of the by-pass and the photographs she supplied us over the last couple of years)

Garden Notes

The feature for this month is the rhododendron. Not so easy to grow at the early stage, as they do like a cool climate really, acid soil and plenty of moisture. But with plenty of persistence they will survive and give a great deal of joy. The past wet season we have just had is everything rhododendrons enjoy.

The Coastal Garden Group has been creating a Rhododendron Dell at Aranui Park over the past five years. This season the trees are beginning to bring joy to the eye.

Daylight saving gives keen gardeners that extra hour to tend, weed and water their gardens. Constant growth at this time means there is always work to do. Summer flowering perennials will respond to a feed of general garden fertiliser. Gardenias fed with a liquid fish food will respond with greener leaves and will get larger and more fragrant flowers.

Remember overfeeding does encourage leaf growth at the expense of flowers. As a tonic one tablespoon only of Nitra-Phoskia blue pellets for each plant is enough.

Trim back to tidy all your spring flowered shrubs to shape and now is mulching time. Because of the warmer weather we are already experiencing mulching becomes very important and this can't be emphasised enough. Materials one can use are old carpet, plastic sheeting, sawdust, straw, peat, grass clippings, well rotted compost or manure, large stones or shingle. The materials need not be expensive.

The spraying season is also upon us, green fly is on the rampage so keep a sharp eye on all the nasties.

November sees the arrival of those first fresh flowers on your roses. What a joy to behold as the first is always the best.

The large flowered clematis is in full flower now. They seem to grow well in this area but do remember they can be difficult and die at a moment's notice. Clematis do like a rich soil, plenty of humus and damp feet with their heads in the sun. Bay Nurseries stock a remedy for clematis wilt.

November is the last month of spring so enjoy your gardening.

Barry Highsted

Fire Brigade



Sept-Oct call-outs

Sept 23: Smell of gas James Cross Place. Gas turned off. Left owner to ring Gas Company
Oct 3: 29 Tanker to Sandy Bay Road to help with car & scrub fire
Oct 6-7: 4WD in ditch Aporo Road near Marriages Road.
52 calls year to date

Safety Tip – A fire permit is required for open fires in open places. Phone Rural fire network for permit & information on 544-2441

During the day we sometimes only have three or four fire-fighters to respond to calls. As Upper Moutere, Motueka and Richmond are some time away two, three or more fire-fighters are needed to respond for both trucks and operate the equipment and do other jobs that need to be done. So if you think you can help and are 18 years and older see below:

If you can hear the Mapua fire siren day and night, have spare time and would like to be a fire-fighter, we would like to hear from you. If you work at home, do shift work or have a business around Mapua and can help, contact the Chief, Ian Reade, at home on 540-2238 or 0274 457 049, or call in at the fire station Thursday nights around 7.30pm.

E-mail Mapua@fire.org.nz or www.fire.org.nz

Rangers Rugby

Rangers have entered a team in the Tasman Sevens competition on Saturday, 13th November at Trafalgar Park. A training/ trial game will be at Moutere Hills Community Centre at 1pm Saturday, 6th November. Anyone interested in playing is welcome to come down.

Social touch rugby is under way on Tuesday evenings from 6pm to keep up the fitness over the summer. Anyone is welcome to come along. Gold coin donation.

The Senior team is looking for a forward coach and manager for next year. If you'd like to be involved please contact Mark on 0274 229 949.



Social touch rugby at the Moutere Hills. Andy Marr runs it up

Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329

No fleas, please!

Whether or not you believe in global warming our weather this winter and spring has certainly been odd. While we enjoyed a much milder winter than usual and despaired at the constant rain over spring, all the fleas out there have been jumping for joy and busily reproducing!

The adult female flea will normally lay 50 eggs a day and can live for up to a year. So 10 fleas on your pet can produce 3500 eggs in a week. The eggs drop into the environment and quickly develop into adult fleas. At this time of the year with nice warm and moist weather this whole lifecycle can take less than a month. As the weather warms up so do the fleas. They become more active and they can reproduce at a quicker rate.

Fleas inject your pets with saliva before sucking their blood. This flea saliva can cause a lot of irritation and allergies. Cats are particularly prone to flea allergy dermatitis, which often presents as multiple small scabs all over the base of the tail and sometimes over the cat's whole body. Animals with flea allergies require more frequent, year round flea control.

Prevention is the name of the game; animals need to be treated before they get infected. Once fleas are seen on your pet the environment is already

overwhelmed with juvenile fleas. Fleas have been the bane of veterinary medicine in the past with so many formulations and collars being available to aid in the control of fleas. So many have been developed because none was really effective in killing fleas and many were toxic not only to the flea but also to the pet. The most effective and safest products on the market are Frontline, Advantage and Advocate. They work by interrupting a stage in the reproductive cycle of the flea which occurs only in fleas and not mammals—hence they are more effective and much safer.

Certainly this year is shaping up to be one of the worst years for fleas that we have seen in a long time, with clients who have failed to keep up with regular flea treatments through the autumn coming in all through winter to get flea bombs for their houses! Normally the flea population gets a good knock back with the long, cold days of winter but this just did not happen this year. If you haven't been regularly treating your pet now is the time to consider it.

If your pet is going into a boarding kennel or cattery over school holidays or Christmas then it would also be wise to make sure their flea treatments are up to date.

Letters to the Editor...

Thanks to Community

Again I am reminded what a wonderful community I live in.

I have been overwhelmed by the kindness and encouragement I have received from the people of Mapua since the death of my husband Percy Roche in September. Although Percy and I have lived in the village just eight years, an incredibly large group of friends and neighbors supported us at his funeral.

I wish to thank the members of Hills Community Church for making us so welcome and helping with the refreshments, a very special thank you to neighbors and friends who continue to drop in; please go on doing so, the coffee pot will be on in an instant! Thank you for all the cards, calls and messages and beautiful flowers from your gardens.

I want to take this opportunity to say thank you to the lovely ladies from Healthcare NZ who have helped me take care of Percy over the last months, and to the wonderful (Motueka) district nurses. We could not have managed without you. And to say thank you to all the caring staff and volunteers at the Alzheimer's day care (Motueka).

Also for the skill, caring and support we have received from the Mapua Health Centre, I can't thank you enough.

Now I plan to become again involved in community activities, and thank you for making me feel so welcome.

Valerie Roche.

Epilogue on the By-Pass

Epilogue: A short section at the end of any literary work etc. You readers have been subjected to my literary efforts about the Ruby Bay by-pass for several years. Here is my epilogue (a short section) to the end my *Coastal News* by-pass letters in the form of a verse. "The dust has settled, the machines are at rest, just listen, the silence the silence, it's so quiet now. But not for long, the noise is back as the traffic arrives, with its rush and roar, the noise is back, but the road the road, just look, just look and we marvel at how".

By the time you read this, the by-pass will be open for traffic. On 22 October 22nd Nick Smith and Richard Kempthorne cut the ribbon to officially open the road. They and others will said their words. Some of those attending the opening ceremony would have marked the event with a drive on the new road for a

look-see. One thing for certain, there will be a learning curve for all users with the new access and exit lanes and the cross-over at the Seaton Valley/Gardner Valley roads. Some people are worried and critical about that bit, even before they have tried it. Human nature—that's how we are.

Also on 22 October, our local Iwi will have conducted dawn blessing ceremonies for the new roadway which will now be known as Te Mamaku Drive. Attractive signs have been put in place at each end of the by-pass.

While those who live on the old Coastal Highway will be much relieved at the reduction in the traffic numbers and the noise, there are those who will be affected in another manner. The Ruby Bay and the Tasman stores which have depended on passing traffic for much of their custom will suffer. There are other businesses along the old route that may well be affected as well. And what about the Mapua Village and Port Mapua? How much does Mapua business depend on "passing traffic"? Perhaps more on that at a later date.

As a PS to these remarks I'm going to throw a bit of confetti: Thank you, firstly to Downer EDI Works for its up-front communication policy in letting us all know what was going on. In particular, for their inclusion of the local school children in the relocation of fish and eels and, for getting on with the job so efficiently. We have our new road nearly six months ahead of the original schedule.

Secondly, thanks to the New Zealand Transport Agency for setting up the by-pass Partnering Group which has enabled all the stake-holders involved in the project to meet and communicate on a regular basis. A very productive opportunity to talk around the table. Many potential problems were overcome in this manner, not the least of which was the lighting at the Tasman access.

Question: Will I continue to write about the Ruby Bay by-pass? Probably. Some habits can be difficult to break. The by-pass will have some growing pains no doubt. Anyway, old cowboys like to stay in the saddle, throw their lasso and catch the odd wild steer.

Mapua Bits and Pieces

Community Hall: At last a decision on the fate of the hall. Hopefully the revamped Hall Committee will have the full support of the wider Mapua community. As for me, I fully support their decision to update and

Letters to the Editor...

Coastal Garden Society

refurbish the hall. A very worthy project for our community to support and retain this facility.

Dominion Flats Property: Jim Frater, TDC Property Manager, says that he and Lloyd Kennedy, TDC Community Services Manager, will meet Trevor Knowles of Land Information NZ regarding the TDC acquiring this surplus government land. The TDC agreed in principle to apply for this land under section 50 of the Public Works Act.

This land is alongside the new by-pass right-of-way and extends from the Higgs Reserve up the hill to Chaytor Road. As well as the environmental considerations, this land is a part of the route of the Tasman Regional Cycle trail. The TDC staff, Nelson Cycle Trails Trust and joint Te Tau Ihu iwi agency Tiakina to Taiao have inspected the land.

I cannot stress how important it is for the Tasman District Council to acquire this land. It is a once-only opportunity. Now is a time to contact our newly re-elected Mayor and councillors. Please help with a phone call, an email, or a letter.

Hugh Gordon

Our speaker for the month was daffodil expert Denise McQuarie. She gave us an in-depth talk on the growing, showing and judging of daffodils and the best way for transporting the flowers. She also brought along a great variety of her blooms for us to see.

Desiree Dunlop from The Shed, a new business in Warren Place, Mapua, gave us a brief overview on the products and services they have to offer.

Another excellent afternoon tea was followed by our fun auction of the biggest number of donated plants I have ever seen. Well done, members. Keep up the good work.

Ngairé Barrett, secretary

Community Association

Welcome to spring! So much going on it's a little difficult to know where to start. Regular readers of the *Coastal News* will observe that a good variety of reports and topics appear in the monthly issues covering a broad spectrum of issues and developments affecting and hopefully improving our unique environment. Many of those reports come through from dedicated members of the Community Association's sub-committees, all of which have very capable people at their helm driving some pretty serious issues through for the community.

Although the Community Association has always had a number of sub-committees under its umbrella, in more recent times these have become very much part of how the association operates in order to get things done. The seawall, the by-pass, wharf and Waterfront Park development, Mapua structure plan, a Civil Defence plan specific to our district, Waimea Estuary covering habitat, planting, walkways and reserves, Mapua domain improvements (still more to come), footpath and walkway repairs, planting in and around Mapua, causeway culverts...

Now that summer is just over the bough, the community and visitors alike will start to get out and about a bit more. The completion of the Ruby Bay by-pass will be the most visible at this point, and probably for some time to come—by the time you read this article, the new road will be open to the public and proving its worth. We believe it will also make Mapua even more of a destination and that has to be good for our local businesses and the community as a whole. The independent Coastal Initiative Group has been reporting back to the community regularly with its plans for some very exciting sculptural and interpretative signage at the entranceways to our district. The Community Association is working hard to secure the support of council and our local elected Members of Parliament for the acquisition of by-pass reserve land, specifically that which makes up the Dominion Flats area.

Kainga = village. Except we're not just a village or three; we're a large and diverse district with much to offer. The Business Association's Community Directory is about to start rolling off the printer. Take a look at the community section and see for yourself how many different groups and activities are going on

around us. There is no need to be bored when you live here.

Eventually, in the short to medium term, the Mapua Waterfront Park design will start to take on more meaning for locals and visitors once the car park area is in place. The parking area has gone out to tender, although there is now some doubt it will be completed by Christmas. If that's the case, we are hopeful that council will come to the party and organise some parking signage, albeit temporary. We need to encourage locals and visitors to park away from the wharf. Meanwhile, some of the reclaimed land will hopefully be made available for this purpose, particularly over the busy holiday period. The Association is also keen to follow through with council expansion of the Mapua Waterfront Park brief to include Mapua Wharf development and traffic management. The association has proposed that a working/partnering group be established with representatives from all interested parties. We're looking forward to a positive response from the Mayor and council staff in this regard.

Robin Simpson presented at the association's last general meeting on the lighting and furniture aspects of the Waterfront Park. Overall, the proposed lighting strategy will be designed to make good use of the architecture on the wharf area rather than put in lots of additional lights. That also means minimisation of lights shining onto the water which does affect the fish habitat. There will be great places for people to sit, picnic, relax and enjoy their surrounds. The association has given its support to the installation of a tidy recycling station for rubbish disposal within the park.

This is just a quick overview of some of the activities the Community Association is involved in. If you're interested in finding out more, our meetings are held on the second Monday of every month, starting at 7:30pm in the Mapua Hall. Each general meeting has a public forum where people can speak about anything they like so long as it doesn't take more than three minutes! If you want action on something, this may be the best place to start. Membership is just \$5 and we aim to finish by 9:30pm so it's usually a pretty action-packed meeting.

Pam Stinton, Secretary

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

Mapua Hall upgrade moving forward

After extensive consultations earlier this year, the hall committee has considered various views on how to upgrade the hall, ranging from total demolition of the present building and replacing it with a new building (cost about \$2 million), to sprucing up the present hall and adding some new spaces on land next to the hall (cost less than \$1 million). The committee appreciates the input of many individuals and associations in the community into these consultations.

The hall committee meeting on 19 October decided to proceed with the planning for the option of renovation and extension of the present building. The reasons for this decision are the finances available and the likelihood of achieving additional funding, lower level of disruption to the activities at the hall, and the heritage value of the hall as a centre for many community activities in Mapua, Ruby Bay and neighboring districts.

Our chosen option will include all essential renovations of the present building, refurbishment of the hall and supper room and the addition of new spaces facing the domain, including a new kitchen and sports club facilities. This option offers the community a much improved hall along with the convenience of some additional spaces and much-needed new kitchen

and toilets. It also makes it possible to preserve the historical link to the present building.

The Tasman District Council has put aside up to \$ 875,864 in the budget year 2011-2012 “towards the cost of a major upgrade or replacement of this community facility” (Annual Plan 2010/2011). The Hall Society will need to find a way to meet at least 20% of the final total costs, but contributions in kind (work time or materials) can be included in this community contribution. After the council has approved the renovation and extension plan, the TDC funds will be available for construction and other work during the period July 2011 to June 2012.

Over the next few months the committee aims to finalise an agreed plan for how we can best meet the needs of the Mapua community with our improved hall, taking into account the input already received from the community and the availability of funding for this important project. The committee intends to co-opt various community members during this process in order to use their skills and links to hall user groups. Concept drawings and other plan materials will be widely circulated within the community before the hall committee makes its final decision on plans early next year.

Tord Kjellstrom, Chair, Hall Society Committee

Councillor's comment

Thank you to those who supported me during the local body elections. I am pleased to be back representing the Moutere/Waimea Ward along with Tim King and Trevor Norris; we worked well as a team during the last three years.

Rate affordability and the level of debt were a couple of the major issues that surfaced during the election campaign. Both the New Zealand and world economies continue to remain in a fragile state and will take some time to recover. The next two years will be particularly challenging for local government, balancing the demands of the community, supporting an environment that stimulates economic growth and keeping rates at an affordable level.

It is always good to see projects that have been many years in the planning completed. The opening of the Old Mill Walkway Sea Wall was well attended, demonstrating just how important that stretch of coastline is to the Mapua community. The highlight for me was the Mapua School children singing me happy birthday: quite unexpected, but a memory that will last for a long time.

What is in store for the Mapua, Ruby Bay area over the next three years? There are a number of exciting projects in the planning stage; the Tasman Loop Cycle Way, the redevelopment of the Mapua Hall and plans for a new Health Centre. The latter two, in particular, will need considerable community support especially with fund-raising. Other areas in the district including Upper Moutere, Murchison and St Arnaud have built some amazing facilities using strong community support. The sense of satisfaction and community pride when a community comes together and completes these projects is immeasurable.

The Mapua Structure Plan is nearing completion, hopefully by mid-December, the Waterfront Park development is about to start and, of course, the ongoing development of the area resulting from changes that the Ruby Bay by-pass will bring.

I hope everyone is enjoying what is turning out to be a spring that every keen gardener dreams about.

Brian Ensor, councillor

Grow your own giant pumpkin

Club Mapua launched this year's Giant Pumpkin-Growing competition in late October with a function held at the Mapua Tavern, where you are now able to register and collect your plant.

Originally the brainchild of local resident Graeme Snook, the competition was first held in 2006 and attracts entries from throughout the district.

"This is a great community event and we are expecting a record number of entries. There is a lot of rivalry between some contestants and right up until the weigh-in at the end of March entrants are very guarded about their growing techniques." said Graeme.

Last year's winner was Motueka identity Jack Inglis with a huge 234kg pumpkin. The present New Zealand record was set at this year's Royal Easter Show with the heaviest specimen weighing in at 342kg, still almost 500kgs short of the world record of 821kg set in Minnesota, USA, in October this year.

"It is a great opportunity for everyone in the community to get involved in some way with several different sections in the competition from best dressed pumpkin and best pumpkin recipe to a children's section and of course the heaviest pumpkin" said Martyn Barlow of Club Mapua.

"In previous years we have had pumpkins flown in by helicopter, fantastic prizes and even fancy dress so planning is under way to make it even bigger and better for 2011. Registrations are now open at the Mapua Tavern where you can secure one of the first plants grown from seeds from last year's winning pumpkin and entry is only \$5".

For further information contact: Martyn Barlow on 021 31 41 61

(Club Mapua is a not-for-profit organisation based in Mapua. It has been established as a community social club to organise social events and functions with the aim of raising money for community projects).

Mapua School

An Exercise in reaching for the Exceptional

Taking the time to plan for the future, evaluate existing programmes and prioritise resources is not only an opportunity to consider possibilities; it also allows you to celebrate success.

The staff and Board of Trustees of Mapua School lead by principal Neil Charmers, spent time mid-October to develop next year's action plans as well as determine direction for the future of Mapua School.

Measuring the impact of programmes on students throughout the school enabled us to celebrate student achievement. The results reconfirmed the board's commitment to small class sizes and additional funding of specialised teaching, specifically those activities and tools used to enhance student's numeracy and literacy skills. Providing opportunities for students to extend themselves in and out of the classroom also rated highly in terms of extending student interest and capabilities in a variety of areas.

Sometimes we tend to think that funding is the be-all and end-all. Money helps, but it does not guarantee excellence. It takes committed professionals, who are passionate about their time with their students and the introduction of new ideas. Mapua School is fortunate to have a diverse group of talented teachers. Their individual as well as collective involvement has ensured that each child is nurtured, developed and supported to achieve to their fullest potential.

As we continue our planning and prioritising for the future, we do so in the knowledge that our school has the foundations and motivation to continue on a path of excellence. Our children, our families and our community will be the richer for it.

Lisa Dunn, trustee

Cycle-walkway routes get new push

Cycle-walkways in Mapua-Ruby Bay will be given some extra push along with an agreement between the community and the council to work together on improving routes in the area.

A meeting of representatives of the Cycle Walkway Group and Community Association with Tasman District Council staff recently agreed to co-operate more on future developments.

New work agreed to was:

- To create a new cycle-walkway route between Pinehill Road East and Pinehill Road West in Ruby bay. This link of about 400 metres provides residents of the Pomona/Marriages/Awa Awa roads area with access to Ruby Bay. It also creates a route for a round-trip circuit from Pomona Road, avoiding the need to go up the Bluffs.

A contract has been let for a 2.5m wide path between the two parts of Pinehill Road which will be gravelled and fenced. The work is expected to take about a month. The Community Association and Cycle-Walkway Group have agreed to help with trackside planting, which will be spread over a four-year period.

- To upgrade an existing walkway track along the beach frontage of houses in Broadsea Avenue to cycle-walkway width and standard. This half-kilometre long route would provide an extension of the recently created cycle-walkway along the beach from the old Mill Walkway to Broadsea Avenue, which is proving popular. Work on the extension to Tait Street, which ends at a small reserve, is expected to take about a month.

Council staff also agreed to further investigation with a report back to a December meeting about two routes:

- Part of the old Mill Walkway from Warren Place to the bridge across the Seaton Valley Stream and
- A link from Toru Street near the start of the Causeway to Moreland Place Reserve.

Council staff assured the Mapua-Ruby representatives that the Seaton Valley Stream upgrading

project was on track to be done this financial year and that it was planned to include a cycle-walkway route as indicated in earlier plans.

The Seaton Valley Stream cycle-walkway route has been one of the highest priorities of the community representatives for several years. The route would go from Toru Street and follow the Seaton Valley Stream to Stafford Drive. Council staff were told that recent responses to a revised priority list supported it as a top priority, particularly if it could be extended to Seaton Valley Road and the area of proposed new sports fields. The proposed playing fields have been identified in the draft Mapua Structure Plan and are currently under investigation..

Other issues discussed and deferred till later included: signage, suitable maps, possible developments on Mapua Drive, the recently-named main route into Mapua, and parking sites for those who might wish to leave cars near the by-pass and use public transport.

The meeting followed efforts by the Mapua and District Cycle Walkway group to meet the challenge in the TDC's Connect Tasman strategy document, for an increase in cycling and walking in the community.

The council wants to set targets so that more residents are walking and cycling from their homes to shops and community facilities. The council's overall objective is to make communities like ours healthier and to help reduce greenhouse emissions.

Those at the meeting were: TDC Transport Manager Gary Clark and Transport Co-ordinator Sarah Downs, Glenn Thorn (Parks and Reserves) and Rose Biss (Planning).

The Mapua-Ruby Bay communities were represented by Community Association chairman Devin Gallagher, Cycle-Walkway Group members Neville and Helen Bibby, Janet Taylor, Gillian Pollock, and David Mitchell.

Mapua Health Centre

Just a quick reminder about healthy living, especially now that summer is pretty well here and it's time to consider shaking off some of those slothful habits of winter. This includes a diet with not too much meat and dairy fats but with plenty of plant foods, fruit and fish (diet sheets available at the Health Centre). Also, consider adding some regular aerobic exercise (eg, brisk 40-minute walk, 4-5/week, gym programme or swimming, riding, etc) and loss of weight for those who are overweight. You may also want to consider getting a green prescription which is a government-funded scheme where a programme can be specifically tailored for you. For more detailed information please contact the practice nurse on 540-2211.

There has been an increase in cases of conjunctivitis over the last few weeks. The symptoms are redness, irritation and watering of the eyes. There are various versions of conjunctivitis. In the allergic variety there is often itchiness or gritty feeling as well and it may relate to the high pollen count. The other common one, especially in children, is due to viral infections usually associated with a cold or sore throat. Bacteria can cause infection and there is often yellowish

mucopurulent discharge ('goop'). It can also be due to irritants (make-up) and chemicals. Treatment depends on the cause. For the common viral type cool compresses and artificial tears can help until it naturally disappears. There are special drops for the allergive type and occasionally antibiotic drops are needed if it could be a bacterial infection.

News from the journals:

As we're coming into high UV time in the next few months it's a good time to look at how to keep the skin healthy – in a RCT study, eating tomato paste containing lycopene provided protection against acute and potentially longer term aspects of sun damage (*Br J Dermatol*, 2010 Sept); various antioxidant vitamins, minerals, and omega 3 oils have demonstrated protective properties and maybe how the traditional Greek-style Mediterranean diet could have contributed to the low rates of melanoma in the Mediterranean region (*Nutr Rev* 2010 Feb); when it comes to cold sores honey application is safe and effective (*Med Sci Monit* 2004 Aug) and zinc may help in persistent warts (*J Coll Phys* 2010).

National and global health promotion events for the month include the following:

Month	Movember (prostate prevention)	http://nz.movember.com
1-7	Parkinson's Society Awareness & Appeal Week	www.parkinsons.org.nz
1-7	Leukaemia & Blood Foundation Awareness Week	www.leukaemia.org.nz
8-14	Sun Smart Week	www.sunsmart.org.nz/
9-15	Food Safe Week	www.foodsafe.org.nz
16-21	Diabetes New Zealand Awareness & Appeal Week	www.diabetes.org.nz
25	International Day for Elimination of Violence Against Women	www.nzfamilies.org.nz

Police Update

Hi all. Great to have daylight saving under way and warmer weather. With this comes more people out and about at night and people starting to have social gatherings and parties. Just a reminder, if you have any noise issues with neighbours you need to report these to the TDC in the first instance, 24 hours a day. They have a noise control officer based in Motueka who will come and park nearby and make an assessment of the noise level, and issue a noise abatement notice if he deems fit.

It is great that the school holidays passed without too many issues. Good to see that kids can still entertain themselves despite saying all the time, "There is nothing to do".

A reminder to you all that the spate of thefts and burglaries on 2-3 October about 5am shows that people can come to the village and wreak havoc. A person heard his garage door being opened, saw a youth crawling in and phoned 111. The police arrived about three minutes after he had got into a car parked nearby and a police dog tracked to the area of the car. Just missed catching him!

*Grant Heney, Rural Community Constable, Motueka.
Ph: 528-1226 (Direct)*

Mapua Occurrences:

Oct 10: Car accident on main road near Marriages Road

Oct 10-11: Car from above accident broken into. Green Fusion amp and sub-woofer and four 6-inch speakers stolen.

Sept 28: 11-year-old girl reported being followed up Higgs Road by a male with a beard and black jacket

Sept 27: Theft of ABD brand BMX bike from Gardner Valley Road. Black & silver

Sept 24: Two Mapua youths dealt with for smoking cannabis in a vehicle. Burglary from Mapua Drive. Antique brass 'Simplex' fire extinguisher stolen

Mapua hosts fourth annual "Spring Fling"

The fourth Spring Fling saw the best weather and the largest crowd yet. This annual event was organised for all Mapua residents by a group that previously worked with Celia Lashlie on the "Strengthening Our Community" project. This involved exploring the challenge of how to ensure that the existing Mapua lifestyle is preserved, built on and offers something for all.

Now recognised as a regular annual event to feature in the Mapua calendar, the evening saw volunteers in the NBS marquee serving free sausages, home-made lemonade and Talleys ice-cream. The tug-of-war was a big hit this year but the selection of balls and hoops from the TDC Way-to-Go trailer were also put to good use. Other children were swinging and sliding on the playground, skaters and BMX riders made maximum use of the skate park, and teams battled out games of football. Younger children enjoyed the ground parachute, hoops, cones and slalom course and other wonderful play equipment.

Once again, children (of all ages) had a great time fulfilling their dreams of being a fire-fighter with the local fire brigade in attendance and the highlight for many of the younger attendees was to have a shower under the fire hose. Car enthusiasts enjoyed inspecting a sample of the collection of classic cars that abound in our community

While the organisers packed up, there was comment on how once again, people were very generous with their time, what a wonderful resource the Domain is for everyone in the village, and how comfortably and easily new and old locals of all ages came together and joined in.

Mapua Strengthening Our Community Group acknowledges the generous support of Mapua Ruby Bay and Districts Community Trust, New World Motueka, Talleys, Mapua Volunteer Fire Brigade, Couplands, Mapua Auto Centre, TDC, Fred Cassin (classic car organiser), Hamish's Ice-cream Parlour and Café and NBS. Huge thanks to everyone else who was involved in any way, big or small, in making this such a successful event.

The timing of this event, usually the Thursday of the second week of the fourth school term, may be a different next year due to the changes arising from the Rugby World Cup.

Exercise as Medicine.

On 8 September Kathryn Ryan of National Radio interviewed Dr Hamish Osborne, Academic Convener of Sport and Exercise Medicine at Otago University about his research into the health benefits of regular exercise.

Everyone knows that “exercise is good for you.” Dr Osborne’s retrospective meta-analysis of many studies has led him to some amazing conclusions. The interview is available via Podcast on www.radionewzealand.co.nz/ninetonoon - here’s a summary:

Exercise is good for you!

- 1) It’s good in a preventive way (for example, women who exercise daily for an hour have a 20 – 40% decreased risk of developing breast cancer).
- 2) It’s also good in a medicinal way, in the treatment of diseases including cancers (especially bowel and breast), cardio-vascular disease, diabetes and asthma. Dr Osborne’s research suggests that longevity in people with bowel cancer increases by 50% if they do regular exercise (not *instead* of conventional treatment, but alongside it). This is not “news” - he cites a well-known study (Morris) from the 1960’s which showed that British bus conductors (who stand up and walk around) had a 50% reduced rate of heart attacks than their driver mates (who just sit and drive.)
- 3) It doesn’t have to be knacker exercise. A US government study in 2008 recommended, in a “scatter-gun” kind of way, 30 minutes a day (walking rate), some weight-bearing activity once a week, and one weekly bout to the “knackered” stage. However, a walk to the mail-box is better than nothing. Anything is better than nothing!
- 4) “Fatigue is caused by de-conditioning”. That is, being tired is THE reason to exercise, not a reason not to. Dr Osborne noted improved health outcomes for even really ill and exhausted people if they could start with even five minutes a day.
- 5) He also admitted that if “internal motivation” isn’t there, then someone saying “you ought to exercise” won’t help! You have to want to.
- 6) Just why exercise is so beneficial in preventing and treating many conditions remains unclear, but it’s most likely linked to evolutionary biology. Muscles are target organs for glucose and insulin, and also contain oestrogen receptors, which may explain the tie-up with breast cancer prevention.

Bike-riding workshops for Women

During the past few months Emma Bawtree has been running Wheel Woman mountain bike workshops. These two-hour long workshops are designed to build riding confidence in a supportive all-woman environment. The workshops have met with keen demand as cycling is becoming more and more popular. It is great to encourage women of all ages and experiences to develop their skills and gain confidence.

Emma is passionate about riding her bike; she comes from a background of racing with six years racing on the national circuit. Now a mum, she enjoys sharing skills in a gentle way to help other women feel empowered and happy on their bikes.

Workshops are designed to teach skills, have fun and for women to learn together in small groups. There is an option to cover basic maintenance and instruction on how to set your bike up. Emma runs workshops for beginners through to intermediate levels in the beautiful forests of Nelson and Kaiteriteri.

“Biking, it’s good for you and the environment.”

Contact Emma on 03) 540-2678, cell: 0276 245 368, or email: emma@nztraveldesigners.com

MAPUA Bowling Club

We are opening our green on 6 November. Any folk interested in joining in can come along at 1pm. You will need to wear flat-soled shoes but we can provide bowls and a friendly welcome. Once the green is open we will be bowling every Tuesday, Thursday and Saturday starting at 1pm, so feel free to join us.

Maurie Daubney

When we exercise, we get a “fitness effect” – basically, the body responds with a series of stress-management mechanisms. An (un-named) colleague of Dr Osborne was quoted as saying that we should all be in a “perpetual state of subtle (muscular) inflammation”. That sounds a little scary, but the bottom line is undeniable; daily exercise is good for you!

Lynda Mabin.

Sam's Spam

November 2010

As a web designer, I notice some people seem to think all websites are basically the same. However this is not so – not all websites were created equal!

There are several types of websites on the internet each specializing in a particular service or use. I thought it would be useful to define the different types

Commercial websites

The purpose of this type of site is to sell products or services. Those classed as ecommerce sites allow you to purchase products online by credit cards etc, eg, The Warehouse now have its own online store. Some large companies though just have e-commerce sites giving an overview of their product range and often have links to their latest mailers, such as Farmers and Briscoes, but you cannot buy the products directly from the site. Online “shops” may also sell services, not just tangible goods.

In New Zealand the web addresses for these often end with co.nz and international ones end with .com

Personal website

The purpose of this type of website is to provide information about an individual, organisation or group, eg, entertainers, sports groups, interest groups. Depending on where you buy the domain from, these addresses can have many different endings, such as org.nz, co.nz, .com

Government websites

The address for these ends with .govt.nz. They have lots of static information and often have downloadable information and provide contact direct links through email, eg, ird.govt.nz

Content management systems

A content management system can be part of any type of website. As the name implies, you manage the content of your information (such as writing a description of the item for selling on Trade Me) but then that is converted to the correct code for the internet by the website designers.

If a site does not have a CMS, all changes have to be made by the site designers.

Blogs

I have talked about these before in my column but these are basically websites providing an online “diary” of what has been happening, eg, often blogs are about people’s trips and adventures etc.

Social networking

There are many social networking websites out there, but Facebook and Twitter are two of the best

known. When you sign up for an account on these websites, they provide you with your own profile page which is fully managed by you.

Forums

Forum web sites promote interactions amongst the users. Most forums cater to a specific industry or shared interest for example, I enjoy looking at the forums on web design and development.

Hosting

Once a website has been designed it needs to have a ‘host’. The website host basically provides a place for the website to be stored on the internet so it can be accessed by anyone from their home computer.

So as you can see, websites are many and varied. If you are thinking of getting yourself a website, ask yourself some questions so you get the right one for you, for example:

Are you selling something? Will your site need to have commercial facilities? Do you need to set up your own site or can you link to an already existing one? Do you want to tell something of yourself or your organization? Will you need a content management system? Etc

The prices for websites vary enormously and the cheapest ones are those that do not require the sophisticated software needed for ecommerce, eg, those that take credit card sales etc.

I offer a very good value basic website design service (not e-commerce). For example, the average price for a 5-page holiday home website (eg, home page, about us, photos, information page, directions) is approximately \$300 + GST.

Free stuff

This month’s free software is a great antivirus program from Microsoft. Microsoft Security Essentials provides real-time protection for your home PC that guards against viruses, spyware, and other malicious software.

Microsoft Security Essentials is a free* download from Microsoft that is simple to install, easy to use, and always kept up to date so you can be assured your PC is protected by the latest technology. It’s easy to tell if your PC is secure — when you’re green, you’re good. It’s that simple.

To download, visit: www.microsoft.com/security_essentials/

Under The Bonnet with Fred

Brendon's 105E Anglia—a hot 1961 number

Cruising around Mapua over the last few years I have seen a nice, hot looking 1961 Ford Anglia. The 105E Anglia's were much loved by the youth of the 80s who used to hot them up and were seen in rallies or race tracks throughout New Zealand.

Finally I found the owner, Brendon Hibbs, refuelling at Perry's Auto. I said he was a hard man to find. He replied, "I probably am. I work in the mines in Aussie." He works at the North Goonyella coalmine in Queensland doing face work, being a third generation West Coast coal miner. Four weeks on, one week off, no rent and air fares paid for—you can see why these jobs are so attractive to Kiwis.

Brendon remembers riding in his grandfather's 1960 Anglia and slinking down as he passed friends, too embarrassed to be seen, but his past caught up with him when he used an Anglia in a demolition derby in Greymouth and felt guilty. His first car was his grandparents' Anglia and he's had four more since but this one is a real project car with the modifications. It originated in Wellington.

The car has a thin, cheesy-smile chrome grill and nice bulging-eye headlights protruding from the front guards with the forward-hinged bonnet below the top of the guards. A chisel-back rear window gives the car its mark of distinction along with the almost American rear guard fins. The chisel-back window is a design feature to give more headroom in the back seat. Ford first used it on their 1958 Lincoln Continental then brought across to England and used it on their Consul 315 and the Anglia. It has the bonus of creating a wind-tunnel effect which keeps the rear window mostly clear when driving in the rain.

The car is painted a nice pastel green with a white top—all original colours. The interior has all the original vinyl upholstery and dash. I do like the parcel tray just under the pressed steel dash with plenty of

space. Some Ford fluffy dice hanging from the rear vision mirror indicates Brendon's passion for what he is doing.



A 1600cc GT Escort 711M motor replaces the original 997cc engine. Cross-flow head, chrome tappet cover, and a V6 Capri Weber carburetor. The cable clutch was aced with a hydraulic system and the radiator is increased in size. It still has the original four-speed gear box, and a balanced drive shaft with a 34.5 diff to finish off. Rally suspension was fitted by Autoline Christchurch and lowered by

60mm. Some very nice Superlite Performance mag wheels with 215/55/13 Yohama tyres give the car a sporty look.

We went for a drive out on to Aranui Road with positive throttle, a nice rumble from the exhaust and the tight sports suspension making us buck a little in some of the dips in the tar seal. From the give-way sign at the Tavern there was a blast of noise as the 3.912m long body flexed under the increased horsepower. It crabbed a bit as we turned, probably because of the short wheel base, but believe me we were flying. I checked my 1960, over-the-shoulder ratchet-attached seat belt but by then we blazing up the Bluff Road. We took the Marriages Road back and the car took all the hard corners with ease. It brought back flashes of standing on the banks of the Gorge at Whakatane watching the time trials in the early 70s with hotted-up Anglias flying by.

Brendon would like to mention Jamie Hovenden and Nick Stillborne who also spent hours in the shed working on modifications to the car. He also mentioned that all bolts on the car have been replaced with marine grade stainless steel bolts. Nice one Brendon. It's good to see the 105E around the village.

Fred Cassin

Hills Community Church

Aftershocks—they keep on coming

How long can a bad thing last? On September 4 the nation awoke to the startling news that Christchurch had been struck with a magnitude 7.1 earthquake. Historic buildings lay in ruins with homes and businesses destroyed. Life for so many Canterbury residents was shaken to the core—literally. And while the hard task of rebuilding has begun there has been the near constant pummeling of aftershocks. A recent report from GNS seismologist Bill Fry suggests that our friends in Canterbury can expect aftershocks for up to one year. The initial quake was bad enough and the almost daily rumblings have been unnerving to say the least—but a whole year of aftershocks? How will people cope?

Other reports reveal that some are not coping well at all. Family violence is on the up-tick as are sleeping disorders and other stress-related problems. It's been said that toddlers have been especially unsettled by the on-going effects of the earthquake. There is no doubt that everyone who experienced this earthquake will carry its effects with them for the rest of their lives—long after the physical aftershocks have subsided.

But one doesn't need a 7.1 earthquake to shake up one's life. Seismic events come in all shapes and sizes. Such tragic events can strike quite suddenly while others creep up on us over time. And these events carry with them certain 'aftershocks.'

Divorce can leave the aftershock of mistrust and an unwillingness to re-invest in new relationships not only for the couple involved but for their children as well. Chronic alcoholism and drug use during pregnancy can cause foetal alcohol syndrome and other physical, mental and emotional problems for children—aftershocks that these children often carry on to their children through substance abuse issues of their own.

But unlike the geological aftershocks of an earthquake, many human aftershocks can be prevented, minimised and even prevented through intervention, counselling, support systems and lots and lots of love. We may not be able to stop the rolling under our feet but there are things we can do to help prevent people's lives from rolling and unravelling.

Perhaps you've got skills or the heart to help people caught in the aftershocks. If so, get involved in volunteer organisations, mentoring programmes, community

action groups and local churches that offer support to persons trapped in a human earthquake. Just knowing someone is there to help can make all the difference.

Marilyn Loken, Minister, Hills Community Church

The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by. Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper. (1 Kings 19:11-12)

Happening @ Hills—we are a community-based, multi-denominational church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer both traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: Traditional service 9am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

Weekly Calendar:

1st & 3rd Tuesdays: 12:15pm—NZ Prayer Book Communion service followed by intercessory prayer
Wednesdays: 10am-noon—Kidz n Koffee Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided

Drop-off For Area Food Bank – Bring your non-perishable food items to the church (122 Aranui Rd) on Friday mornings between 9am & noon.

We also offer numerous home groups and youth activities. Contact 540 3848 for more information on our ministries.

HIGH TEA—WE DO NOT JUST

MAPUA PLAYCENTRE

There is a new dimension to the Jester House experience—High Tea. This international trend has found its way to rural Tasman.

Imagine, the terrace at Jester House is bathed in warm spring sunshine, the cherry trees are bursting with fragrant pink blossoms, the birds chirrup from the branches and the tinkling of teaspoons against fine china resonates in the still air.

This scene could not be a more perfect setting for afternoon high tea and so, from the 14th of November, the team at Jester House will be embracing the age-old English custom of ‘taking tea,’ offering a traditional high tea service from 2.30pm till 4.30pm seven days a week (reservations required).

Aromatic loose-leaf tea will be served in delicate vintage bone china teacups atop antique linen-set tables.

Fresh petite scones with home-made jam and whipped cream will accompany dainty finger sandwiches and delectable sweet treats on tiered cake-stands.

Judy and Steve, at Jester House, say that the focus of their high teas will be the nostalgic aesthetic of this afternoon tradition, with the highest quality food, tea and service being offered.

They love to see people taking the time to sit, relax and enjoy the experience of afternoon high tea in the unique Jester House environment. It will be the perfect way to celebrate special events such as birthdays, baby or bridal showers, or simply the fact that it is a glorious sunny day!

While tea drinking is necessary, the wearing of pretty frocks is of course optional.

Jester House High Tea will run in conjunction with the regular café menu, meaning that bookings with at least 24 hours notice are essential.

To make a reservation contact the café on 03 526-6742 or email lunch@jesterhouse.co.nz.

Judy and Steve

The Mapua Playcentre is open for Term Four, on Mondays and Friday from 9.30am until lunchtime.

We are planning a few trips this term, so if you are planning on visiting you may want to contact Maia on frasoon@gmail.com before popping in.

If you are just in Mapua for a short time, feel free to drop in, we have had many families from all over the world come and join us. Playcentre is set up for parents and children to come and “play”. We have fantastic resources and play areas for all ages and under 2s are free. International visitors are welcome to drop in and we offer three free visits.

Events we have planned this term are a beach day at Mackee reserve and a morning walk exploring Mapua with the obligatory ice cream and fish and chips at the docks! Yum. With the great weather we are having we have been enjoying being outside for a change. Our under 2s have been busy exploring water and messy play. In fact one wee lad was happy to sit and have his entire body painted by his older sister, including hair and eyelids...(my son...not a lot of fun to clean off, but lots of fun in the doing!)

Here is a recipe from the Playcentre cook book for making Christmas Ornaments we are going to make with our kids, older kids love making these too!

CHRISTMAS ORNAMENTS

- 1 cup cornflour
- 2 cups of baking soda
- 1 1/2 cups of water

Place the flour and baking soda in a large pan. Add the water, stirring until smooth. Cook over a medium heat until the consistency of dry mashed potatoes. Turn onto a cool surface and cover with a damp cloth. When cool, coat hands and working surface with cornflour and knead until smooth and pliable. Roll out to 5-6cm thickness and cut into desired shapes. Use a straw to make a hole to hang a string through. Bake at 150 degrees for 20-30 minutes. Paint and decorate when cold.

“An hour playing games with a child will tell you more about them than a week of talking.”

MAPUA LIBRARY



At the library we were delighted to hear that one of our volunteers, Sue England, was runner-up in the recent national short story competition run by the Nelson Romance Writers' Group. The top prize was taken out by an Auckland writer but we were all very pleased that our local person Sue, was runner-up from many entries with her story, *Puppy Love*. Congratulations to this busy person who of course instigated and co-ordinated our very successful Literary Festival last March.

Sue and Catherine Butchard have been very busy organising a visit next March from well-known author and columnist, Joe Bennett, who will entertain us with his wit and thoughts on 4th March in the Mapua Hall. The decision has been made to hold the Literary Festival biennially; so next year we will endeavour to provide various speakers to satisfy our literary thirst and Joe will be our first guest. Details will be published in the New Year.

Another outcome from the Literary Festival is that a writers' group has been established in the district. I hear from Lorraine Powers that they meet regularly so we may also see other local names appearing in print in the future.

Lorraine has also approached the library with an idea which we have embraced wholeheartedly. Lorraine was involved with a programme in Canada called BEAR which stands for "Be Excited About Reading". The suggestion is that a summer reading programme be held in the library through the school holidays which would involve community members with children on a regular weekly basis. We are keen to provide this experience for the children and are planning for this. The programme will start the week of the 20th December, take a short break over

the Christmas/New Year holidays, then recommence from the 5th till 28th January.

Each session will last an hour, be held three times a week from 10.30am to 11.30am and of course, will be free. It is about listening to the child read to you and sharing their excitement as they develop confidence in developing these skills. Having someone outside the immediate family to read to with no expectations can be a very inspiring factor and can offer the community inter-generational contact.

We wondered if there were some 'redundant' Nanas or Grandads who may be interested in this idea; perhaps your grandchildren are older now or live away. Perhaps some teenagers may wish to be help out. In the meantime if you would like to be involved please contact Eileen Dobbie, 540-2250, who is putting together a roster of interested people. We will have more details next month and it will also be advertised through the schools' newsletters.

If you haven't been in to the library to collect your library membership card do please call in when you are passing. These are free to each family so we look forward to meeting you when you visit. We have a wonderful selection of books to suit all ages and tastes, with the latest publications available. See you soon.

Dot Moriarty

Library Hours:

Tuesday, Friday & Saturday 2pm – 4:30pm
Wednesday 5pm – 6:50pm
Thursday 10am – 12:30pm

PANZ



The Nelson area has been very active over the past six months. We meet every Tuesday morning at the Mapua Hall and during these mornings we have had a great mix of “surprise” projects to organised talks, demonstrations by some of our more experienced members and set tasks. We now have a roster system in place where one member is responsible for setting up the hall for that morning. We also have a “buddy” system in place for when a new person attends. The “buddy” is responsible for seeing that the new person is fitted out with pastels/paper, shown the basics of how to use them and answer any general questions regarding PANZ and what we do.

Glenys Della Bosca from Impressions took us “Back to Basics” with a talk on all things pastel, backed up by a good range of consumables on display and for sale at a greatly reduced price.

Demonstrations were given on Still Life/Glass (Angela Sharland), Clouds/Skies (Liz Hofmann) and Dogs/Cats – noses/eyes (Judith March). We also had two “Paint Along With” days following Tony Allain and Anne Bannock. On these two days we had to

paint stroke by stroke along with the artist and as they both paint very fast (and very differently) it was lots of fun and very loose.

Our biggest set task was “The Big Picture” organised by Marian Painter. She made two enlarged prints of a famous painting and then cut one up into 12 pieces. She then gave us all one each along with a slightly larger piece of paper and we proceeded to paint what we had been given. As each of us finished our painting it was put into position on a big board and the painting slowly came to life. It was amazing to see how well each piece fitted and how all the different styles melted into a complete picture.

Coming up we have another visit from Tony Allain, a Critique morning, a framing workshop, some more “surprises” and the end-of-year barbeque. There is also our “Xmas challenge” to set and preparations for our annual “Top of the South” members art exhibition in February when we invite Marlborough and West Coast to join us. It’s all go in Nelson.

Enquiries to Glenys Forbes, 540-3388

Mapua Big Night Out Clothes Swap

Sat 6th November, 7:30pm, Mapua Hall

The Mapua Big Night Out Clothes Swap, which was Nelson/Tasman’s first formal clothes swapping event, is about women getting together to have a fun social event clothes swapping with friends at the same time as practising recycling. Feedback from last year’s event was overwhelmingly positive. Great pieces of clothing were swapped and a few hundred dollars were raised. Transition Town Mapua, now an incorporated society, has safeguarded this in a trust fund to put towards a community environmental project once this year’s proceeds are included.

For your \$25 ticket, you’ll not only get a great night’s shopping and socialising, but you’ll also score a glass of fruity bubbly (licensed premise conditions apply) or juice, complimentary supper and a luxury handmade chocolate truffle.

So start sorting through your clothes for those pre-loved quality items. This time we’re swapping fashionable spring or summer items. Hold on to your coat hangers too as you’ll need to bring hang-able clothes on them on the day.

Remember

§ Clothes need to be clean, good quality
spring / summer women’s clothes (no kids clothes please) in great condition with no marks, missing buttons, pills, pulls, rips, missing zips etc

§ Items can include most quality
clothing, scarves, bags and shoes - BUT PLEASE – no underwear, sleepwear, swimwear or jewelry.

§ You can bring as many items as you
would like to the clothes swap, but you can only take a maximum of 10 items away – this is so that there are enough clothes to go round.

§ Even if you don’t have clothes to
swap, you can still take some home if you want to for an extra cost

§ You don’t have to swap clothes – if
you want to treat your ticket purchase like a donation and come just for the social occasion, then that’s just fine!

§ Un-swapped clothes will be donated
to charity – you can’t ask for your clothes back, sorry.

§ ALSO - let us know, please, if you
would be willing to lend us your full-length mirror for the event - we’ll need lots! We’re also looking for a team of willing helpers. Contact Adele on 5402793 or Paula on 5403394.

If everyone brings in quality items of clothing then we all get to take home new pieces of great clothing.

This should be a really fun event for you and a group of friends. Make the most of this opportunity, and do your community a favour at the same time.

Tickets available from Tessa Mae’s and Tasman Bay Vets

Invitation from Harcourts

We at Harcourts have just completed our first few weeks at our new office in Mapua and it has been so good to see so many locals popping in to wish us well and have a coffee and a chat.

The warmer weather is upon us and tends to bring out all the buyers, sellers and the holiday makers. All the gardens are blooming and looking lovely and now is the time to add a fresh coat of paint or do those jobs around the house.

We have not been idle in the initial stages. We have reinstated "Community Watch" to help keep our neighbourhood safe, particularly as the holiday season comes on and brings strangers to our village. They are not always desirable characters and as we live in a village where most of us know each other we can become a little complacent when it comes to strangers on a neighbour's property. Please call in and add your details to our data base, to be a part of this valuable safety net. We will be working with the police and will send out any warnings that may come our way by email, so you are aware when there is a problem in your area.

We are also setting up an Information Centre for tourists. If you wish to put a menu, pamphlet for accommodation, business cards or any information on your business in the area, please drop them in.

If you are contemplating listing in the future we have some valuable advice sheets to help you to prepare your property for sale. You are welcome any time to come and get one of these from the office. We are open 9am – 5pm Monday to Friday and look forward to seeing you there.

Keep well and safe.

Gavin, Wendy and Angela

Ruby Coast Interpretative Signage Project

Stage one of this very exciting project is nearing completion – the concept and detailed design work is ready for the first interpretative sign at the Tasman Gateway.

The Coastal Initiative Group (CIG) is now calling for 'expressions of interest' for the construction and installation of this first information sign.

If you are interested in finding out more about this next stage of the project please contact

Paul Nankivell, 540 3237, or via e-mail
nankivell@mapua.gen.nz

*Please note that in order for your proposal to be considered, it must be received by Paul no later than **10 November 2010**.*

Business Association's new website

Over the last few months the Mapua and Districts Business Association (MDBA) have been working hard on developing a new website. Several months ago the project was put out to tender with a combined tender from David Letsche from Making Websites Work and Jane Smith from Chocolate Dog being selected as the successful web developers.

Initially the website was intended to promote the Ruby Coast and Moutere Hills areas to help mitigate the effects of the Ruby Bay by-pass, but it soon became apparent that we could use the website for more than just promotion of our region. Thus the project has morphed into something far bigger!

We are developing a community tab on the website which will provide information on local community groups and clubs. There will also be a comprehensive event calendar with regularly updated listings of community events. This should be a great resource as there is always so much happening in our region. We are also hoping to be able to post updates and photos once some of these events have happened.

The website will also include information on the MDBA and our member businesses, with comprehensive business listings for local businesses. This will be formatted in a similar layout to the annual Community Directory which you will be receiving in your letterboxes soon courtesy of our very hard working Directory Subcommittee.

The website www.rubycoastmouterehills.co.nz is due to go live at the end of November just in time for the summer tourist season. We hope that you will help us by promoting our website as the place to go for any friends and family looking at holidaying in our area and also make use of the features we have made available for locals such as the community events calendar and our local business listings.

Mapua Waterfront Park update

Progress

- Tender Documents for car park construction completed and issued
- Shortlist of tenderers selected. Tenders due 3 November
- Intention for construction to start 2010

Current Design Work

- Design team completing documentation on Waterfront Amphitheatre precinct
- Tender documents due for completion end November 2010
- Intended call for tenders on completion of documentation
- Amphitheatre precinct scope reduced to enable construction independent of any unresolved issues
- Intention for construction to start as early as possible on award of tender avoiding busy summer period

Issues being addressed by TDC

- Suitability of solar-powered lighting in precinct
- Finalising sewage pumping upgrade requirements and location
- Interface with Aranui Road and Wharf precinct

Current Design Developments

- Investigation into materials and techniques for telling stories of the site to incorporate into entry elements
- Liaison with community members to identify material for interpretive elements to incorporate into entry elements
- Liaison with Community Library to select text for environmental interpretive piece on the amphitheatre seating

Robin Simpson, Project Landscape Architect

The Big Beach Clean-up Busy month for TDC

The Department of Conservation is co-ordinating a community clean-up of the coastline between Abel Tasman National Park and Delaware Bay on Saturday, 20 November.

The coast has been divided into 50 areas which have all been allocated to various community groups.

Tamaha Sea Scouts and the Mapua Boat Club have each got areas close to home – the Sea Scouts start at the causeway to the Leisure Park and go to the tip of Bronte Peninsula and the Mapua Boat Club starts at the tip of Bronte Peninsula and goes to Manuka Island which is close to the causeway to Rough Island.

All the rubbish which is collected will be taken to the transfer station at Mariri between 12noon and 4pm, where it will be weighed and documented and all the happy gatherers will be treated to sausages off the barbeque.

If you would like to help please contact Sue Pryde 540-2655 (Mapua Boat Club) or Roger Waddell 540-2793 (Tamaha Sea Scouts).

Cancellation day if the weather is wet will be Sunday 21 November.

September/October was a busy time for Tasman District Council councillors and staff working on Mapua issues.

Highlights have been the opening of the new seawall and Old Mill walkway on 24 September and the opening of the Ruby Bay by-pass on 22 October. The former State Highway route now passes to council ownership.

Engineering and property staff are continuing negotiations with landowners along Seaton Valley Stream to enable completion of the stream upgrading project.

A contract has been let by the Community Services Department for the completion of a walkway between Pinehill Road and Pinehill Road West at Ruby Bay.

Tenders have been called for the formation of a landscaped car park with access from Tahi Street as part of the waterfront park development.

Work is still progressing well on a plan change for Mapua/Ruby Bay, integrating some of the ideas from the 52 responses received on the draft plan change.

Rose Biss,

Noticeboard

Home swap wanted with Rotorua for summer holiday. Modern Executive & Contemporary 4bdrm Home with Lake & City Views of Rotorua, looking for an equal/compatible swap in Nelson area over the Xmas 2010 Holiday Break. Please phone Vaughan (07)345-4518 or (027)234-3613

Coastal Connections Social Group. Next luncheon is to be held at Jester House, Tasman, Thursday 11th November. Look forward to seeing you all. Julie Haliday, 540 3533.

Junior Tennis Coaching: starting Term 4, Fridays at Mapua Tennis Courts. **Adult Coaching:** group sessions Fridays. **Cardio Tennis:** heart pumping fitness which burns fat, increases stamina while having a whole lot of fun - no ability required. Classes Mon & Tues 9.30-10.30am. Contact Vanessa 5432 332 or claybrookestate@xtra.co.nz

Skye Harvest Extra Virgin Olive Oil 2010 harvest available. 750ml bottle \$20. Ph 540 2698. email slmcleod@xtra.co.nz. Orders delivered, or call in 113 Seaton Valley Rd Mapua.

Friendship Club meets third Thursdays 2pm, Supper room at the Hall. Indoor bowls followed by afternoon tea (please bring a plate). \$2 door charge & 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers). We welcome new members. Val Roche 540-3685

Genealogy Computer Discussion Group: This year our bimonthly meetings will be 1.30pm on Saturdays on these dates: Dec 11th. Info: Val 540 3931 or Peter 540 2686.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Behind Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Emma 03 929 5123 or Gill 543 2195 about membership or casual hire.

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540 2292.

Mapua Village Quilters meet each Wednesday evening. We are a small group, anyone interested to join us, please contact Linda, 540 2840

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome.

Kidz'n'Koffee Playgroup, Wednesdays (in school term), 10am-noon at Hills Community Church. Ages 0-5yrs. All parents & caregivers are welcome to attend, no cost, donation for morning tea. Come & relax & meet some neighbours. Lisa Gant 543 2530, Tressa Waynan 540 2632.

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at the Smokehouse to exchange homemade or homegrown items. Info: Debby, 540-2942 or DLBamfield@gmail.com.

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. Ray Kitto, 03 520 2622, Secr. Margaret Butchart 5402686

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Barry Highsted 540 3139.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

Mapua Art Group: Painting/Drawing Thursdays 9-12.30, Supper Room, Mapua Hall. Like-minded artists get together to paint and help each other in a fun, social environment. All levels & media welcome. \$4 session includes morning tea. Tables, chairs provided. Lisa Chandler, 540 3933

RSA Meetings: RSA room, Mapua Library, 2.00pm, second Mondays, and refreshments are served at the close.

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Children's Gymnastics: 1-9yrs. improves a child's strength, balance, coordination, spatial awareness & eye tracking using hand apparatus, songs, and gym equipment. Thursdays @ Mapua. Fridays @ Upper Moutere. Ring Sam, 5432512

Need technical help? Can't connect your DVD player? Don't know how to download photos from your digital camera? Computer running slowly? Local help is at hand! Average job price only \$20! Basic web design also available - pages start from just \$35. Call Sam, 540 2804. – sambennett@live.jp

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com



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