

September 2010

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www.mapua.gen.nz

Coastal News

email: coastalnews@mapua.gen.nz

covering Mapua & Ruby Bay,
run by volunteers

Big Call on Mapua Health Services

Are you interested in the development of new a Health Centre and services that provide for the future needs of our area? You should be, and here's why.

Access to primary health is a core community service and more often than not a key issue for people in all areas of New Zealand; Mapua is no exception. In fact because our vibrant area is growing so quickly it is even more apparent how desperate the need is to grow the capacity for delivery.

Here are a few of the cold hard facts, albeit approximate, about our community, the primary health services available now, and what the future might hold if we don't get serious about looking at a new health centre soon.

Mapua has a population of about 1800, projected to rise to probably over 2200 in less than 10 years and almost 2500 inside 20 years. The surrounding area within the catchment of Mapua Health is hard to define but at this point the Centre has an enrolled patient list of just over 4000. How is this possible you say? Well, it's made up of a combination of Mapua residents, people from the wider Coastal, Ruby Bay, and Moutere area from Appleby right through to Tasman, with an influx of over 2000 visitors during the summer period. Many others also choose to come from further afield to see the doctors here. Demand is now being met by around 2.5 full time equivalent doctors and 10 support staff.

On an average day almost every room in our Health Centre building is being used and at times, when particular treatments coincide, unnecessary waits can occur. In less than two years we are very likely to need considerably more space. The enrolled patient numbers in 10 years from now are likely to be between 6000 and 7000, which I'm reliably informed by Dr Tim Ewer

may be a conservative estimate. Where will they go? More to the point, where will we put the extra two doctors and four or five support staff? And will the present enrolled patients still be able to actually get an appointment?

There are clear signs also that the Ministry of Health wants some services, including simple procedures, now delivered at your local hospital, to be pushed out into the community and picked up by GPs, nurses, and other health professionals. It doesn't take a rocket scientist to see the problem we have. It's likely that the Health Centre will need to be something close to twice its present size inside 10 years!

So who's taking responsibility for this? Well, the Mapua, Ruby Bay, and Moutere District Health Centre Incorporated Committee is the group looking into what the community will need and what we can do to solve this urgent requirement. The Society was the original instigator of health services in the area over 20 years ago and its hard work and support for local health practitioners has served the community well.

With demand very quickly outstripping the available space there is a need to hear what the community thinks about this important issue and to recruit capable and committed people to join the committee. Our AGM will be held on Tuesday September 21st at 7:30pm at the Health Centre. At this meeting we will give attendees a broad outline of our objectives and some possible alternatives along with seeking input and feedback from the community.

We would urge everyone interested in hearing about our development plans and those who think they could contribute by joining the committee or in any other way to please attend. This is your opportunity to have a say at an early stage and to get involved in shaping the direction of the areas health services in the future.

Chris Short, chair.

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

'Fantastic Flights' talk draws full house

It was a case of standing room only after more than 100 people filled the Mapua Boat Club rooms to hear of the 'Fantastic Flights' of migratory birds, particularly the record-breaking bar-tailed godwit.

Interest was high because of recent research which has clarified the record-breaking flights the godwits take in their journeys from New Zealand to Alaska and return.

The illustrated talk presented by David Melville of the Ornithological Society showed routes the birds take every autumn from their New Zealand summer feeding grounds in estuaries like the Waimea to Arctic to Asia and then to tundra areas in Northern Alaska.

He also showed in pictures how the bird's bodies go through a complete transformation for their trips. Before setting out, the godwit doubles its body size as it takes on enough food to fuel it for its for a non-stop journey of 11,000km to 12,000km.

The process also involves the birds simultaneously shrinking the size of their vital organs, creating room for more fat on their bodies.

On arrival at their destination in the opposite hemisphere, the godwits are normally exhausted and bedraggled from the long flight. They then have to go through a process of moulting, to create a new set of wing and body feathers before they start the process of rebuilding their bodies again in preparation for a return journey.

Although it wasn't known why the birds originally made such a long journey from Alaska to places like the Waimea Estuary and similar estuaries in New Zealand and Australia, David said that our estuaries and the warmer weather ensured an abundance of rich marine life that enabled the birds to recover and rebuild their flying capacity.

David had recently returned from his fifth visit to Alaska, where he visited two main locations as part of an ongoing effort to learn more about the birds.



An estimated 140,000 godwits are in Alaska for the northern summer, but David said he had personally seen only six nests and he believed the total number of nests seen by all ornithologists would not be more than 100. That is partly because of the vast sized of the area the birds use for their nesting stretching down much of the western coast of Alaska, and partly because of the canny

way that godwits nest, blending perfectly with the landscape and sticking firmly with the nest till their young are hatched.

As part of the trip, David flew 1000km north of the Alaskan capital of Anchorage to America's largest oilfield, and one of its most controversial, at Prudhoe Bay on Alaska's Northern Slope. From there he travelled again by air to a remote camp near a place called Nuiqsut, where he joined a team of Alaskan ornithologists involved in bird capture. This was for a programme of satellite-tracking birds fitted with radio transmitters to identify the routes they are taking.

The team managed to catch seven godwits so they could be fitted with transmitters, and their progress will be eagerly followed as they set out on their journey to Australia and New Zealand.

With the onset of the northern autumn, most godwits have flown south to their takeoff point in Alaska for the journey south, a vast estuarine shelf and feeding area at a place called the Kuskokwim Shoals.

David doubts that any of the godwits fitted with transmitters will break the long distance non-stop flight record of 11,680km set in September 2007, as all godwits departed from the same area in Alaska. The 2007 record was set by a bird known only as 'E7' in eight days of non-stop flying.

The godwits are expected to start arriving in the Nelson area and other parts of New Zealand in mid-September. Along with other members of the international team studying the godwits, David will be waiting to learn which of the tagged birds make landfall here, and where their long flight took them.

David Mitchell

Garden Notes



September is spring. After such a wet winter the sight of daffodils, blossom, and other flowers is greeted with great delight.

I notice a number of camellias are later flowering this year, which will make them a target for that dreadful fungus disease which is new to us and is recognised by the soft brown, mucky flowers which still cling to the tree and look unsightly. No known cure is available but I have sprayed with Greenguard at the bud-coloured stage and this helped slightly with the first blooms to appear but later blooms get attacked. Some varieties and certain colours escape as well but it is not nice,

Unfortunately the time has arrived to spray our fruit trees against leaf curl and brown rot. Attend to it now with a fungicide every fortnight; this should do the trick. Disease prevention is better than trying to cure later.

Vegie planting should be in full swing, and it is mainly planting, feeding, weeding and watering when needed. I have already planted my first rows of carrots mainly to beat the carrot fly. It worked last year.

My tomato plants are ready to plant out now, the ground being well prepared. I grow Moneymaker and a new one, Dynamite, but most gardeners have their favourites.

Elsewhere in the garden: Any perennials not divided in the autumn can be done now. Cuttings of carnations, chrysanthemums, dahlias and fuchsias taken now will strike well if planted in clean, sharp sand and kept out of direct sun. With carnation cuttings a grain of barley put into the split is said to hasten root formation. Herb seeds and cuttings can be taken now.

Feature flower: Flowering currant (*Ribes sanguineum*) which is an old garden favourite that I remember back in my early childhood when nearly every garden had one, and now it is making a comeback, *Ribes* has a strong scent and is easily grown from a cutting put in a glass of water until well rooted, then planted out, and it flowers from an early age.

Peony roses are and have been popular right now. They are making strong growth now so please DO NOT feed at this time as they are very prone to botrytis disease. Overcrowding by other plants can also add to this problem, then no flowers until next year.

Gardeners go and enjoy every plant, flower, scent and colour that has been created for us, all the new leaves so clean and fresh.

Barry Highsted

Welcome to the Godwits

The Motueka Arts Council invites you to take part in a celebration to welcome the return of the godwits to our estuary for the summer.

Motueka Memorial Hall

Saturday 11th & Sunday 12th September

Official opening by Hon. Kate Wilkinson, Minister of Conservation

Programme of Events

Saturday 11 September

- 10.00am: Memorial Hall open to view displays, competitions, shows
- 11.15: Karakia, official opening and speeches
- 11.50: Ukes of Hazzard, godwit song
- 11.55: Hon. Kate Wilkinson, presentation of competition prizes
- 2.00pm: Trevor James, TDC, speaking on Looking After Our Estuary.
- 4.00: Close

Sunday 12 September

- 10.00am - 4.00pm - Memorial Hall open to view displays, competitions, shows
- 1.30pm - David Melville, ornithologist, speaking on godwit research
- 3.00pm: Viewing of godwits from Motueka Quay with members of Ornithological Society
- 4.00pm: Close

For more information phone Eileen 528 4473 or Pauline 528 7257, email psamways@clear.net.nz

COASTAL GARDEN GROUP

Winter chills and tropical holidays kept a few of our members away at the August meeting, however, Barry welcomed the rest of us and introduced three new members.

First on the programme was Max with a selection of his delightful feathered friends. He gave us a very interesting talk touching on the variety of his flock, a bit about the historical breeds then the rearing and preparing his birds for showing. With that amount of pampering, primping and preening I would think even the Miss World contestants would be envious. Meanwhile, the star of the show, his magnificent rooster, reminded us that it was he that took out the top prizes.

There was a report on the progress for the spring show and a reminder about entries and donations of plants and produce needed for the stall sales.

The show committee put up a very helpful photographic display of some varieties of blooms, and some images from the floral art class featuring footwear plant life and flowers.

Then a brief report on the floral art classes that Barry is teaching. It is amazing how much some of us who had no idea before are learning some tricks of the trade.

Joanne reminded us of the upcoming Cancer Society live floral theatre display.

The new super raffle sold out in double quick time and a very delighted winner was quick to claim her prize.

Peter Fisher gave an informative talk on growing and caring for orchids and some of the criteria for

judging these beautiful plants, followed by a slide show of prize-winning blooms, then rounded off with a demonstration on splitting the plant.

The next meeting will be on 2 September at 1pm in the supper room at the Mapua Hall for a 1.15pm start. If you'd like to join us, please call Barry Highsted, 540-3139.

Ngaira Barrett, secretary

GARDEN CLUB SPRING SHOW Sat 11 September at Mapua Hall

The hall will be open from 8am to 9:30 for exhibitors to set up, then closed for judging until 11:15 when it will open to the general public for viewing the fabulous entries. Coin donation entry.

This will be held in conjunction with Spring Stalls outside the hall in the morning. Various clubs will be there, including the Garden Club plant stall. If you want to participate with your own tables or car boots, please contact Barry Highsted on 540 3139.

The **Hall Committee** are joining the garden club and spring show as part of our fundraising effort. We are calling for any surplus goodies from you, for our "white elephant" stall.

Contact person is Jim Bryse, 540 3139

Rangers Rugby

The season has now finished and the junior teams had some very good results, including the U11s not recording a loss. U6s, U7, and the two U9s have had good numbers as well as some good results.

Rangers are having their prize-giving on Saturday 4 September. JAB prize-giving starts at midday at Moutere Hills. A social game of rugby is planned with past vs present players starting at 3pm. The senior team will then have their prize-giving at the Moutere Inn followed by a night of karaoke.

The Senior team is looking for coaching and management volunteers for 2011. If you'd like to be involved please contact Mark on 0274 229 949.

Mixed Social Touch rugby has started up on Thursday nights under lights and will continue until Daylight Saving. Anyone is welcome to come along. Gold coin donation.

Many thanks to our 2010 sponsors—Moutere Inn, Richmond Superliquor, Speights, Richmond Hire, Upper Moutere General Store, George Perry, Pro Rugby, Sunrise Engineering and Acclaim finance.

Planning for hall continues

While you didn't hear from us in the last issue of the *Coastal News*, it doesn't mean that activity has stopped.

At our AGM we announced that our committee is planning some major improvements and changes to the existing hall and we are working through the many submissions that we received during our 2008 consultation round and the ideas we heard and noted during our 2010 talks with a large number of hall user groups and community organisations. The purpose of this work is to build a comprehensive list of ideas that may be incorporated into an improved complex. Obviously we won't be able to accommodate every community wish or need but a list of ideas should emerge in the next month or two under one of three categories:

- Things we must do in any renovation or rebuild (eg. compliance issues)
- Things that our community has told us are high priority in an improved building.
- Things that would be nice to have in an improved hall but which seem to be of lower priority.

At this stage we are *not* talking about how things will be achieved. Our immediate target is the preparation of a design brief and nothing more. The debate over the new build/major renovation options and a myriad associated ideas, has been set aside for the moment as it clouds the issue. In time, common sense and affordability may well settle these arguments anyway. We plan to keep the community informed as we progress with planning so keep watching this space. Constructive community comment is always welcome.

We welcome on to our committee, four new members: Kim Bowie, Tord Kjellstrom, Andreas Niemann and Graeme Stradling. All have some very special skills that have strengthened our committee considerably and I am very grateful for the on-going support of all the previous committee. It is rare to find no-one bailing out at an AGM. I believe it is an exciting time to be on the committee even though the workload on volunteers is already formidable and about to become worse. It is especially tough on those with busy careers and/or young families.

Clearly it takes time for new committee members to get a full grasp of where we have been and where we are headed. Building a unified team doesn't happen overnight either and much of our last meeting was spent on this process.

Fund-raising has become a top priority, especially

if we are to meet a three-year target for starting work on the building. We already have the promise of substantial TDC financial support but it is essential that we begin our fund-raising effort within the community and with community involvement. The committee will make every effort to access major external funding as soon as the time is right but this will fail unless we can demonstrate that the community has already made serious efforts to back the hall project and raise money. Please help by supporting our events. We would also be pleased to hear from any person or community group with a great fund-raising idea, and positively ecstatic, to hear from anyone with both an idea and the resolve to organise and run the project on our behalf.

Our official fund-raising launch happens on Saturday 25th September with an old style dance in the hall, beginning at 8pm and running until late. Our organising committee is well advanced in preparing for this event and we really expect it to be a memorable evening. We are asking ladies to bring a plate and gentlemen to bring a bottle (or two) just as they did when dances were held in the hall years ago. Boobytrap, our band, comes with a big reputation and you can expect some old style dances (with a quick lesson if required) where partners actually touch each other, as well as some more modern stuff. "Glitz and Glitter" is our theme. Sparkly is definitely in ladies and we would also like to see everyone in masks. Don't let the mask put you off though as they are not compulsory. If you do want to wear one, a certain \$2 retail store has very good ones that are not expensive. Tickets are available at Tessa Mae's at \$20 each or from committee members. See if you can organise a party among your friends.

We do apologise for postponing this event from 14 August until September. The clash with two other major community events would probably have ruined three gatherings and we didn't want that. Those who bought tickets for August still have a valid entry document.

Don't forget the Garden Club Spring Show on 11 September. The hall committee will have a fund-raising stall and will be the recipients of the gold coin entry donation. Thank you to the Garden Club for this encouraging support.

Richard Bullock, chairman. Ph 540-2311, e-mail richbull@clear.net.nz

Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329

Kitty cat aches and pains

Over the winter and spring months we see an upsurge in stiff, old kitty cats. The cold of winter takes its toll on arthritic old joints as much in our older pets as it does in people. In dogs it is usually easy to tell that they have arthritis. They will usually be reluctant to walk as far as they used to, won't jump into the car as well and will be obviously stiff rising from a sitting position. With cats, however, it can be really difficult to tell that they are having mobility issues.

Overt lameness is uncommon in cats with arthritis and many people fail to recognise reduced activity levels as cats sleep all day anyway! Some of the more subtle signs you may see include difficulty going up or down stairs, reduced grooming, hiding, inappropriate elimination and increased reluctance to jump (in extreme cases some cats will not even jump on to the bed!)

Recent studies show a surprisingly high prevalence of osteoarthritis in cats. Radiographic evidence of osteoarthritis is present in 22% of the cat population and 65% of cats over 12 years of age. When you think about the lifestyle that cats live as youngsters, racing around and playing, jumping fences and climbing trees it probably shouldn't be so surprising that we are seeing such high incidences of arthritis in our older cats, particularly as they are living far longer lives nowadays.

In terms of treatment of arthritis in cats we try to use lifestyle changes and nutritional therapy in the first instance, reaching for the drugs only when absolutely necessary. The first thing to do is address any obesity issues. Getting excess weight off cats can be a huge challenge but can be achieved more easily using prescription diet foods. Lifestyle changes include placing food and water bowls in places where the cat does not have to jump or climb steps to reach them, providing ramps to help cats get to their favourite places (including on to your bed!) and encouraging regular exercise by playing.

Therapeutic nutrition is now playing a huge role in managing arthritis in cats. For many years I have been recommending Cat Pep, a green-lipped mussel-

based supplement, which is very effective in managing arthritis. We now have available our first ever food specifically for treating arthritis. Hills Science Diet joint diet (also known as J/D) contains omega 3 fatty acids which help nourish cartilage. As most cats taking it are older it also has controlled phosphorus levels to help protect the kidneys and high carnitine levels to help burn fat whilst maintain lean muscle mass. Clinical trials have shown very good responses within 28 days of beginning feeding with this food.

When arthritis becomes unmanageable with lifestyle and therapeutic nutrition we do have a non steroidal anti-inflammatory which is well proven to help stiff, old kitty cats. So, whilst diagnosis may remain challenging due to cat's secretive nature, the actual treatment of arthritis in cats is becoming a lot easier.

PANZ

September is now upon us and with the advent of spring and all its colours, its time for PANZ members to think about cleaning out the cobwebs and half-started paintings and putting their energy into some new work in preparation for our annual "Top of the South" pastel art exhibition in February 2011.

We have some invited guests, planned "technical" sessions and some surprises in store for everyone this month and it should all prove to be very stimulating for the artistic juices.

Lance Trollé is booked for another framing course at the end of October so if you are interested in joining us, then please put your names forward asap to secure a place.

Remember that we meet every Tuesday morning at the Mapua Hall from 9am to noon and visitors are always welcome. Further enquiries to Glenys Forbes, 540-3388.



Agree to what?

The *Nelson Mail* “floated the idea...of a bridge,” “float” being the operative word in the advent of rising sea levels.

Anyway, no contest to the necessity of a bridge, after all of nearly 200 years since the provincial surveyors provided the roading conduit...and yet we are continually financially leached by the current \$40 million partial upgrade of Old Coach Road! I remain at a loss to understand how we determine and rank our priorities to spend public monies. The consultative and democratic decision-making process appears to have failed common sense and logic. Imagine, for the moment, the bureaucracy (customs-biosecurity) individually “clearing” entry for our Alaskan visitors, the bar-tailed godwits...and they were found to be carriers of the swine-flu virus. Oh dear!

Back to the “bridge”. Yes, the TDC has grand plans on display in their foyer...work commissioned out of your rate take. Ah, but is the cycle/foot bridge adequate to support the future needs of the greater Ruby Bay coastal community? I suggest not. Mandatory provision must be made for infrastructure service lines (for example, water, sanitation, power cable, photo-optics, etc), service and tourist vehicles, and high enough to allow recreational and commercial boats to pass beneath. The structure could/should provide enhanced marina facilities and may even incorporate other features or capabilities, such as house tidal hydro-electric generating turbines.

So who pays? I’m sure I am not alone in questioning the continuous and unjustifiable TDC rate increases. In times of recession, it is imperative that in order to sustain our lifestyle we must be able to control our costs and live within our income. What I am leading to is the suggestion we need to widen community interest and invite possible commercial stakeholders into the funding of such a bridge-building project, and with the inclusion of a HEP facility, the likes of Trust Power, Contact and/or Network Tasman may see that it would be in their interest to contribute.

In the words of Martin Luther King, “I have a dream”. Then again, “dreams are free” I hear the TDC say.

W K Darling, Ruby Bay

Assurances given

Just to let you know that with the kind help of Hugh Gordon I met with the engineer for the Ruby Bay by-pass project, Andrew Adams, and Matthew Taylor of Opus, the road crossing designers, after the Mapua Ratepayers’ Association decided to ask for some clarification.

The final drawings of the Higgs Road (Mapua Drive)/SH60 intersection showed that:

1) In the direction of Richmond there will be two lanes from the intersection for about 300 metres, which means that cars going from Mapua towards Richmond can accelerate into the main highway, so hopefully cueueing will be minimal. We should monitor this closely when the road opens.

2) In the other direction, coming from Richmond, there will also be two lanes. Thus, four lanes all in all (the current road looks too narrow for this, but the drawing showed four lanes). When cars come from Richmond and turn into Mapua Drive, there will be space for five cars in the lane pocket, and an additional five cars on the painted beginning of the turning lane. (hopefully this is enough). Based on the counted traffic flow at this point, the engineers assured me that there would be enough space and that this would be safe.

I have copies of the drawings if anyone would like to look at them.

They also showed the drawing of the car park at Higgs Reserve which will be where the gravel track starts now on the landward side of Mapua Drive. This is a few hundred metres from the by-pass and hopefully means that cars going to the car park will not block the intersection.

The engineers also mentioned that they will discuss with police and others which methods can be used to make sure that cars and trucks coming down the long, steep hill from the Motueka direction will not travel faster than 100kmh.

Tord Kjellstrom



Talk proves popular

This is a thank you note and update for the many people who have supported efforts in Mapua to put a focus on the Waimea Estuary, its beauty and its values. In particular, we want to say thank you those who have helped us with publicity and other support for David Melville's talk on Sunday, the Fantastic Flights of our migratory birds, particularly the bar-tailed godwit.

We felt it was a very successful event for our community. David was in his element, talking on his favourite subject. He had an attentive audience of more than 100 people and the general response afterwards seemed very favourable. The audience was mostly older people with only a few children. It was great to have Crs Brian Ensor and Glenys Glover present representing the two councils' Waimea Management project and also co-ordinator Glen Lauder and his dad.

By the starting time of 2.00pm we had run out of chairs and space. About 10 people opted to stand at the back, while a few others saw that it was crowded and opted not to come in.

Elspeth had very effectively blacked out the windows, we had a good big screen, fortunately the data projector did not play up, and David's pictures and talk were excellent.

We had \$116 in donations by the end of the day, and with some help from the community association, there should be no cost.

Part of our inheritance from the event is a series of posters about the estuary and its birds and these will go back into the library where we earlier had them on display.

We are very appreciative of support from the school and help with the screen, sound system and extra chairs. We were also thrilled to be able to use the Boat Club as a venue and appreciate the help we had from caretaker Ken in setting up. The venue is a real community asset and its location made it the ideal place for David's talk.

Many thanks or the help and support for this venture.

*Regards, Elspeth Collier, David Mitchell, Waimea
Estuary Sub-committee,
Mapua and District Community Association*

By-pass Intersections

"To be or not to be," and, "Alas Poor Yorick, I knew him well". Both lines from Shakespeare's *Hamlet* are no doubt familiar to many. What, you might well ask, has this to do with the Ruby Bay by-pass project? Yes, that's right, they refer to death and decay. In this instance, the death and decay of the various entry and exit points on this new road we will shortly be driving and riding on.

To put it simply; what is going to be different about getting on and off State Highway 60? To answer simply, not very much from what we do now, except it will be done in only nine places instead of the nearly 50 on the present highway.

The nine locations are well illustrated in the July NZ Transport Agency publication, *Ruby Bay By-pass Project*" update issue of July. Copies of this are available at the Mapua Community Library and at either the Richmond or the Motueka offices of the Tasman District Council. It is well worth having a copy of this publication to acquaint yourself with the new intersections.

The manner of getting on or off will, in my opinion, be safer with better road width, adequate slip lanes to wait in for safe turning across oncoming traffic and adequate acceleration lanes for safe merging with through traffic.

Conditions are definitely different at the Mapua and Tasman intersections and the Seaton Valley/Gardner Valley cross-over because the through traffic will be travelling at the 100kmh speed or over. Quite different from now where turning off from SH60 to go to Mapua is in a 70kmh zone, and Tasman is also a 70kmh zone. However, the safety engineers for the NZ Transport Agency have assured us that they are well aware of this safety hazard and will address it in an appropriate manner. The police are also aware of the "speedway aspects" of the new road and say they will be on the job to enforce the speed limit.

Last week I was privileged to travel the entire length of the by-pass with one of the project engineers. To say it is impressive is an under-statement. There is very little left to be done before the road will be ready for use. The main items being the Harley Road connection and the tie-in to the existing highway at the Tasman end. If the contractors are blessed with a spell of good weather we might be driving on it ourselves well before the target date of just before Christmas.

Contd.

Fire Brigade

July-August call-outs

Jul 9: Van hit light truck Sh60 near Tasman, help with clean-up and road control.

Jul 23: Permitted burn at Kina, Tasman rural first on scene.

Jul 28: Smoke in the area of Toru St. Brazier in use, told owner not to burn rubbish in it.

Aug 14: Chimney fire at the Tap Ale House. No fire, someone had put oil on fire.

Calls for year to date: 47.

Safety Tip – Always use a fire-guard or a spark-guard with open fires.

Other Things

A thank you to Graeme Stradling for his letter to the *Coastal News* last month querying the Mapua Hall Survey method. The so-called survey was hardly a “clear mandate” from the community and Graeme put his finger right on it. Thank you again Graeme for your comments.

Cr Brian Ensor is on the case when it comes to local issues. The parking and traffic control issue at the port are in his sights. Here’s a partial quote from his letter to the executive committee of the Mapua & Districts Community Association: “A meeting will be organised to invite representatives of the key groups etc.” to address the issues of the parking and traffic control in the port area. Thank you Brian for your efforts. We’re waiting for that meeting. Let’s hope it happens and there is a positive result. Meanwhile maybe the TDC Engineering Dept will come up with a sensible solution to the relocation of the sewage pumping station at the port and then do it.

My personal thanks to Devin Gallagher for the three years of his leadership of the Mapua & Districts Community Association and his continuing dedication to the welfare of Mapua/Ruby Bay.

Hugh Gordon

Police Update

Greetings to you all. Great to see the days getting a bit longer and not so many frosty mornings now.

In line with it being the cooler, darker time of year it is pleasing to report that there haven’t been any major problems in the Mapua area over the last month. But it is disappointing to see that damage is being done to mailboxes and signs overnight. If you ever hear any of this nonsense going on call us immediately.

I have also been updating some of the neighbourhood support groups running in the area over the last few weeks. Thank you to all those involved.

*Grant Heney, Rural Community Constable,
Motueka. Ph: 528-1226 (direct).*

Mapua Occurrences:

Aug 14: Dealt with suicidal male in Mapua

Aug 7: Domestic argument Williams Road

Aug 3: Mapua youth prosecuted for sustained loss of traction on Old Coach Road. Vehicle impounded

Jul 31: Male forbidden to drive at Mapua. Solar lights damaged on Pomona Road.

Youths throw eggs at several businesses. Identified and being dealt with.

Jul 24: Minor accident at Ruby Bay

Jul 23: Sign damaged on Seaton Valley Road. Theft from fruit stall Old Coach Road

Mahana School

Mahana School has inspired the next generation of entrepreneurs with a focus on commerce. This involved teaching our students to count money, incorporating with mathematics and teaching the children to add, subtract and how to give change in a retail environment. This was followed by a field trip to local businesses to give some practical insight to what the kids had learned.

Students got the opportunity to visit places including the recycle centre and the National Bank. The school has banked with the National Bank for some time now, with senior students managing deposits so it was good for regular depositors to see how their money is handled once it leaves the school.

Mahana participates in interschool activity at every opportunity. As part of a small schools cluster, schools combine to hold events throughout the year that allows schools with smaller rolls to compete amongst a wider pool of children. This term included the Motueka Schools Gymnastics competition. Mahana had a sizeable contribution of A & B grade gymnasts that competed at the revamped Recreation Centre in Motueka.

Mahana School is committed to teaching about the environment and sustainability. The school has been involved in the recent Eco Fest held at the Trafalgar Centre, submitting a display of our Eco-Hut, showing the theory behind it and the steps to construct. The hut was completed earlier this year and the school was invited to submit a contribution to the event.

Fund-raising, as with every school, is essential to the funding of important things such as teacher aides, refurbishing facilities and replacing equipment. The Mahana Home and School committee is a group of dedicated parents and teaching staff who organise the school's fund-raising events.

Thank you

May I take the opportunity to thank the folks of the district – Walking Girls, Rose Society, Gardeners Club, Medical Centre, Friendship Club and others for wonderful cards etc for my 95th birthday.

Netta Perry

A proven initiative is the bi-annual Gala. Typically Mahana's Gala has been held on a Saturday morning from 10am till 2pm. This year, the school is trying something new and will be holding a twilight Gala, still on the Saturday, from 4pm till 7pm.

Two of the main attractions of the Mahana School Gala have been the plant stall and the garage sale. The school is appealing to the community for any donations for either of these. If you have any plants you'd like to donate, please call Jo on 543-2413 to arrange collection, or similarly, if you have any items suitable for the garage sale, please contact Wendy on 540-2905.

We have always been appreciative of all donations for prizes, raffles or live auction – so please phone the school if you can assist with any of these, all contributions will be gratefully received.

And, most importantly mark Saturday the 16th of October on your calendars for the gala date!

Finally, congratulations to our middle room teacher, Carloyn Scorrar and husband Toby, for the recent arrival of baby Cassie.

For further information about Mahana School and to view our children's recent activities, visit us on www.mahana.school.nz – much of the content on the site has been contributed by our pupils.

If you are considering a school in the district and would like to have a look around, please call Jenny in the office on 543-2 887 to arrange an appointment.

Tony Brown, parent, on behalf of Board of Trustees.

MAPUA COMBINED PROBUS

The guest speaker for the August meeting was Adrienne Owen, a shareholder of Eyebright at McShane Road in Richmond. Her subject was the history of Eyebright and she presented a small display of brightly coloured pots containing a colorful display of artificial flowers from their Eyebright stock.

Adrienne was born in Wellington. For various reasons her parents moved to 13 different properties around the Wellington district. During her childhood years her parents expected her to do family work around their home. She went to Onslow College and there met a music teacher who got her interested in learning music. At the age of 15 she became involved in horse riding. Because of a riding accident Adrian developed agoraphobia. It was so bad that on local train journeys she would often get off the train at each station before continuing her journey.

Adrienne gave a very confident, humorous talk. Her philosophy is “when one gets knock-backs in life there is always a way up”. She has had two marriages, and has had various set-backs financially in setting up several businesses. Adrienne met her present business partner, Peter. Their original Eyebright business started over 20 years ago at the abandoned cheese factory in Mc Shane Road. They were later able buy land from a local dairy farmer. With financial help from her parents they were able to establish the existing business. Her parents, both in their 80s, are still able to help with daily jobs in the business.

Adrienne has developed a variety of skills and interests during her life, including art and pottery, and has recently taken up pencil drawing as a hobby. She showed a drawing of one of her display flower pots. She also has an interest in animals including dogs and rabbits at Eyebright. Adrienne concluded her talk with her views on our changing society with too much “political correctness” and the over-protection of children

The club’s mini-speakers were club member’s Ann and David Evans who spoke about their recent cruise around the Baltic Sea. Their 10-day cruise started at Copenhagen on the Star Princess. They had two days there making good use of their public transport systems, with their “hop on-hop off” bus service. There they were able to get to Rosenberg and its castle museum with its good display of jewelry. Other places of interest were the Carlsberg Brewery and Hammer Island.

Stockholm was their next stop for the day. There they saw a warship that was built in 1868 on show as a museum piece. The next port of call was Helsinki with a population of 585,000. They were impressed

with the city’s beautiful architecture. From there it was sailing due east to St Petersburg visiting the Hermitage Museum with its beautiful art work. On the second day they had a canal cruise. Then on to Estonia and the port of Tallinn, a well preserved medieval city surrounded by walls.

The cruise carried on to Gdansk in Poland. The city has been restored what it was before World War Two. Many of the buildings have been returned to their original architecture.

Their final destination, before returning to Copenhagen was Oslo in Norway. There they enjoyed a morning tour of the city and some of the fiords.

David.Higgs

August Probus Outing

On 18 August members of the Mapua Probus Club visited the Nelson-Marlborough Rescue Helicopter base at Nelson Airport. We received a very warm welcome from Paula Muddle (Marketing and Communications Manager) and from Tim Douglas-Clifford (Nelson Base Manager)

The rescue service is operated by Garden City Helicopters and uses a Squirrel helicopter known as the Summit Rescue Helicopter which is named after their major sponsor (Summit Real Estate). The service responds to emergencies on a 24-hour, seven-day basis. Although Summit is the major sponsor, there are a number of others which is fortunate since the service receives no funding from ACC or other emergency services unless they return from a call-out with a live patient. As a result, the Trust responsible for the service has to find money for a significant proportion of the operating costs.

Paula described the efforts to which she has to go to attract funding to pay for maintenance of the helicopter and essential existing aviation or medical equipment. In addition, new items needed to improve the service, such as night vision gear, have to be funded locally even though it provides a vastly improved service. The acquisition of this gear requires sponsorship from businesses and individuals.

Tim indicated that the actual cost of operating the service is in the vicinity of \$1.5 million a year, much of which they have to raise. Tim is one of two paid pilots; there are medical staff and four volunteer winch operators.

The helicopter can carry one patient on a stretcher and, depending on the nature of injuries, a second patient could possibly be carried sitting. The range

contd:

Probus outing contd:

of the machine is such that it can reach Auckland if required so can effectively cover the whole country. Most of its work is in the Nelson/Marlborough area and it can more quickly reach emergencies in Marlborough than a service operating from Wellington (weather permitting). Tim described the operation of the equipment on the helicopter and the constraints placed on staff to ensure its operation in a safe and efficient manner.

We are grateful for the welcome we received and for the time given by Paula and Tim to describe

John Sharman

Milestone for Toastmasters Club

Toastmasters is about milestones in personal achievement, and it has been a time of celebration for the Motueka Toastmasters Club. Outgoing president Roger Hynd received a citation from Toastmasters International for the number of new members he had personally signed up. The club itself, celebrating its third anniversary since being formally chartered, achieved the Toastmasters award of Select Distinguished Club. It is the first time the club has done that.

“I want to pay tribute to Roger,” said incoming president Peter Canton. “His personal drive and vision have made a major contribution to the strength of the club, which has effectively doubled in size this year. The club has never been in better heart”.

The award of Select Distinguished Club is awarded to Toastmasters Clubs that achieve 70-90% of their goals and grow their membership by a requisite amount. “We were not able to make 100% of our goals due to our small size,” Peter said. “We simply didn’t have enough members making progress through their speaking training to reach the top level – but with such a strong membership, we’re planning for 100% this year!”

Motueka Toastmasters are also celebrating the 2009-2010 achievements of outgoing educational vice-president Don Grant, who served as Toastmasters Area Governor for the Top of the South. “Don was responsible for motivating and guiding the six clubs across Marlborough, Nelson and Motueka,” said Peter, “And four of them became either Select Distinguished or President’s Distinguished clubs. It’s a fantastic achievement and a tribute to Don and to the club Presidents and executive committees.” The Top of the South has become a Select Distinguished Area.

Mapua Health Centre

There has been some H1N1 flu in the Nelson/ Marlborough area, however, we have not seen as many cases as in some other parts of New Zealand, Having said this we still advise people to be vigilant with infection hygiene (washing hands, covering mouth and nose when coughing/ sneezing),

If you do feel unwell with flu symptoms please stay at home and phone the Health Centre to discuss your symptoms with the nurse. To help alleviate symptoms rest, plenty of fluids, vitamin C and paracetamol for aches and fever will all help you on the road to recovery. If symptoms persist or get worse, or if you have any concerns please contact one of our nurses.

As we start emerging from the frosts and flus of winter into the new life of spring its good to become aware of the benefits of a healthy lifestyle. The main factors that can improve our risk for heart disease (the number 1 cause of death in our society) are:

- Stress management
 - Exercise
 - Nutrition
 - Social/Spiritual interaction
 - Education (including non-smoking, etc)
- [Ornish, D. *et al.* (1998) JAMA, 280(23): 2001-7]

So what is happening in Mapua to help develop our common **SENSE**? You might be surprised to know that the following activities and classes are available:

Pilates, Tennis, Walking groups, Yoga, Tai chi, Meditation, Aqua aerobics – Richmond, Stop smoking (Mapua Health Centre), Healthy lifestyles + green prescription (Mapua health Centre).

The practice nurses at the Health Centre can help you find out more about any of these. Please let us know if you are aware of other healthy lifestyle activities or groups happening in the area.

Cervical Screening Month - September: Women 20-69 years. If you are due for a cervical smear or have just turned 20 years old please contact the Health Centre to arrange an appointment. For the month of September all women who have a Cervical Smear will receive a FREE GIFT.

TEXT to Remind: We are currently trialling this new system with appointment reminders only and so far the feedback has been very positive. **What is it?** It is a reminder service (sent by text message) advising you of your next appointment and/or recalls for blood tests, diabetes checks mammograms, etc. If you have any concerns or would like more information regarding TEXT to Remind please speak to one of our receptionists.

Here are some of the local and world health initiatives for September;

<u>1-30</u>	Cervical Screening Awareness Month	www.nsu.govt.nz/
1	Gamble Free Day	www.hsc.org.nz/problem-gambling.html
6-12	Epilepsy NZ Awareness Week	www.epilepsy.org.nz/
6-12	Stroke Foundation Awareness Week	www.stroke.org.nz
8	International Literacy Day	www.un.org
12-19	Conservation Week	www.doc.govt.nz/
<u>14</u>	Maori Language Day	www.nzreo.org.nz/
<u>15</u>	World Lymphoma Day	www.lymphomacoalition.org/
<u>21</u>	International Day of Peace	www.unesco.org.nz/homepage.htm
21	World Alzheimers Day	www.alzheimers.org.nz/
20-26	Deaf Awareness Week	www.nfd.org.nz/
27-3/10	Arthritis Foundation Annual Street Appeal	www.arthritis.org.nz/

Mapua School pupils show their colours

Students of Mapua School are rolling their sleeves up and getting down to earth over at Tane's Ark. They are working hard to ensure that the 956 newly planted native plants get a good start to life.

Over the last five months, the school's environmental students have worked very hard, planting a variety of trees, bushes and grasses suited to a swamp forest habitat. When the team called for help to get the protection work completed before they lost the plants, the rest of the school came to the rescue. The Red, Blue, Green and Yellow House groups have agreed to take turns going over to Tane's Ark to help with whatever tasks are required.

The older students are teamed up with a younger buddy in their House so that they can work in pairs weeding, laying down weed matting and putting plastic wind protectors around the plants.

It has been great to see parents coming to join the children and lending a helping hand with the work too.

So far the Red and Blue House groups have been across to enjoy a picnic lunch in the sun before getting to work. The sound of excited chatter and laughter, as well as the knowledge that the children are creating a place of beauty, makes these sessions a wonderful experience for all concerned.



Hills Community Church

Happening @ Hills—*we are a community-based, multi-denominational church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer both traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.*

Messy Church! Twice per term we offer an all-ages, all-family event to celebrate and explore the goodness of God in a relaxed and friendly atmosphere. Join us from 5-7pm on Fridays for a simple meal followed by games, crafts and a creative sharing of God's word. No cost. Next **Messy Church:** Friday 18 September.

Sunday Worship: Traditional service 9am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

Weekly Calendar:

1st & 3rd Tuesdays: 12:15pm—NZ Prayer Book Communion service followed by intercessory prayer

Wednesdays: 10am-noon—Kidz n Koffee Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided

Drop-off For Area Food Bank – Bring your non-perishable food items to the church (122 Aranui Road) on Friday mornings between 9am & noon.

We also offer numerous home groups and youth activities. Contact 540-3848 for more information on our ministries.

Tours of St Paul's Church

It's almost a year since the launch of the 'SARAU' brochure promoting the historic village of Upper Moutere and our church history tours and we thought it would be a good idea to give you an update on how it's all been going.

We were successful with our application to the Tasman District Council who granted us \$1000 towards the costs of printing the brochure, so our grateful thanks to them. We would also like to acknowledge the generous donation of \$500 from the proceeds of A Country Occasion which took place last November. This was a great start to the fund-raising towards the church preservation fund, thanks Tim and Judy!

Our grateful thanks also to our local brochure sponsors, Himmelsfeld Vineyard, Kahurangi Estate, Moutere Inn, Moutere Gold, Moutere Motors, The Mudcastle, Owen Bartlett and Katie Gold Pottery, Peg Leg Woodwork, Upper Moutere Store and Coffee Shop, Anna Barnett Pottery, and Neudorf Hall Bed and Breakfast. Your support of these businesses would be appreciated.

Although the tours were officially shown in the brochure as operating from November to April, we do offer tours at any time of the year by arrangement.

Outside of these months we have already provided tours for several busloads and a few individuals.

Some visitors have come along because they have connections with this area, others were researching family history and some who are just interested in the German heritage of Upper Moutere. We have even provided German afternoon teas for groups and some visitors have enjoyed a picnic lunch in the hall before

the tour began. One of the tours was a little different—

the tour started at the church and then the group was walked around the village with the points of interest being shown along the way.

We are really happy with how it's progressing now that we have a few tours under our belt and we are well prepared for the forthcoming spring and summer visitors.

Do remember to tell your visitors about the tour if they have an

interest in the history of our rural character-filled village. There's plenty to browse through in the local craft and gift shops, relax with a cup of coffee at the café or a cool beer at the oldest pub in New Zealand or even enjoy a glass of wine at one of the local wineries. There is a map in the brochure identifying the points of interest as well as the location of the sponsors.

The 'SARAU' brochure is available from St Paul's and the Upper Moutere Store. It can also be seen on the Lutheran Church of New Zealand web page, www.lutheran.org.nz, click on "Find a Church" and follow the link found on Upper Moutere under Guided Church and Cemetery Tours

The tours are run by local volunteers who share an interest in our local heritage and all proceeds from the tours go towards the preservation of our historic church and cemetery.

Sue Eggers 543-2350, Joy Fowler 543-2443. For bookings contact stpaulstours@gmail.com or phone 027 779 6242



Under The Bonnet with Fred

Graeme's sky blue Mk I Zephyr

Graeme from Ruby Bay has taken 46 years to finally become the owner of a 1955 Mk I Ford Zephyr. Graeme, a semi-retired plumber, says a Mk I Zephyr has been on his wish list since he started his apprenticeship on £4/2/0 at Cambridge Plumbing in 1964 where he saw older friends earning £11/10/0 driving their Mk Is.

In the 1960s the Mk I seem to attract the 'bodgies,' a group of Elvis Presley look-alikes with greased hair who were seen hanging around milk bars listening to rock and roll. I remember Mk I Zephyrs cruising up the Strand in Whakatane full of bodgies, all smoking, hanging out of the windows and whistling to the girls. They liked the Mk I for the big engine and exhaust noise. Graeme recalls. A lot of young men of the day pushed their Mk Is too far and they became the death of them. Nowadays they are called boy racers and nothing has changed.

The car body appears compact at 4.368m long and 1.765m wide, making it a medium size car today but in its heyday it was billed as a big car. The bonnet is rolled with its signature spread-eagle bird mascot and guards raised from the bonnet and then down with a conservative roll under the door sills. The front grill is scrolled again with just a little chrome to be interesting but not loud like American cars of the 50s. The sides have a nice chrome strip mid-way with stars moulded in at the front for a little treat. The back is nice and tight with a holding-your-cheeks-together look about it and a decent sized piece of chromed number plate cover/boot opener. Hot Mk Is always had back wheel spats and the big arial on the front guard with the triangular flags. Tyres are 175/70/13 as you can no longer buy 640 x 13 cross-ply tyres. Graeme's car has a few extras for 1955—a heater, twin horns, headlight shades, sun visor, twin mirrors on the guards and chrome wheel trims, making his Zephyr a cut above the rest.

Inside this car it is roomy with plenty of leg room but three burger-eating Aucklanders would not fit across the seats. It feels spacious inside as the car is not cluttered with consoles, heater tunnels and having to provide under-dash space for all the bells and whistles. There is a nice open parcel tray right across the front under the pressed steel dash. Speedo, temperature and fuel gauges are all in a raised console right up under the thin Bakelite steering wheel. The



large diameter wheel with a half-moon horn ring and centre indicator lever is required for turning as it was a case of "Power steering What's that?" in 1955. This car has a luxury extra for 1955, a heater just below the parcel tray, and a dip switch-type on/off for the single speed wiper now upgraded from vacuum to electric. A six-cylinder, 2.6 litre Mk II engine has been fitted to the car with custom free-flow exhaust manifold with a single barrel Zenith carburettor. It achieves 0-50mph (80kmh) in 14sec, has a top speed of 130kmh and does 23.7mpg (11.9/

100).

I looked up "zephyr" in two dictionaries and found it means "mild wind". I suppose you will get mild wind so to speak if you stand on the roadside when a Mk I passes by. I Googled "Zephyr" and yes, the Ford Motor Company in 2004 revived the Zephyr as model for their luxury Lincoln cars in USA.

As a child my Dad had Ford Prefects and Consuls and one day he came home in a new Zephyr. Well, you should have seen us kids when the green and white Mk II turned up the drive. Later I learnt to drive in the Mk III when that arrived, but Dad never made it to a Zodiac. All of New Zealand will remember an occasion with a Zephyr. Wayne Coster tells me there was a Mk V designed with a V8 but never went into production after the troubles in the Mk IV.

Graeme took me for a drive. The car had good, positive acceleration in first gear and a nice lazy change into second gear to avoid clashing the synchromesh, up to 40mph before dropping in to top and there it stayed. No problems getting up the Bluff hill then a slow change to second to go round the hard left at the top and then back into top. There is no stress driving this car—everything takes a little time, giving time to talk and watch the world go by. The column change in the narrow Mk I leaves space and elbow room. I was tempted to wind the window down and hang my elbow out, but hey, I'm 59 now.

Graeme just likes to drive it when feels like it or let it sit in garage to remind him of the past. The car has been noticed in the Mapua village and we know you will look after it. The Mk I Zephyr—a nice bit of NZ working-class history when a cars were very special.

Fred Cassin

Mapua's Big Night Out Clothes Swap

Second-hand fashion fervour is mounting yet again! The second annual Mapua Big Night Out Clothes Swap is only a couple of months away. To be precise, Saturday 6 November, 7.30pm in the Mapua Hall.

Firstly, a quick reminder re what it's all about. The Mapua Big Night Out Clothes Swap, which was Nelson/Tasman's first formal clothes swapping event, is about women getting together to have a fun social event clothes swapping with friends at the same time as practicing recycling. Feedback from last year's event was overwhelmingly positive. Great pieces of clothing were swapped and a few hundred dollars were raised. Transition Town Mapua, now an incorporated society, has safeguarded this in a trust fund to put towards a community environmental project once this year's proceeds are included.

This time we're rewarding people who get in early for tickets. They'll be on sale in October from Tessa Mae's and Tasman Bay Vets. The cost is the same as last year, \$20, if you get them before the end of October. After that they're \$25. We've taken on board comments that people didn't want the event to get too big so numbers will be limited.

For your \$20 ticket, you'll not only get a great night's shopping and socialising, but you'll also score a glass of something special, some supper and a luxury chocolate to boot.

So start sorting through your clothes for those pre-loved quality items. This time we're swapping fashionable spring or summer items. Hold on to your coat hangers too as you'll need to bring hang-able clothes on them on the day.

Remember

- Clothes need to be clean, good quality spring/summer women's clothes (no kids' clothes please) in great condition with no marks, missing buttons, pills, pulls, rips, missing zips etc
- Items can include most quality clothing, scarves, bags and shoes - BUT PLEASE – no underwear, sleepwear, swimwear or jewelry.
- You can bring as many items as you would like to the clothes swap, but you can only take a maximum of 10 items away – this is so that there are enough clothes to go round.

- Even if you don't have clothes to swap, you can still take some home if you want to for an extra cost

- You don't have to swap clothes – if you want to treat your ticket purchase like a donation and come just for the social occasion, then that's just fine!

- Un-swapped clothes will be donated to charity – you can't ask for your clothes back, sorry.

- ALSO - let us know, please, if you would be willing to lend us your full-length mirror for the event - we'll need lots! We're also looking for a team of willing helpers. Contact Adele on 540-2793 or Paula on 540-3394.

If everyone brings in quality items of clothing then we all get to take home new pieces of great clothing.

This should be a really fun event for you and a group of friends. Make the most of this opportunity, and do your community a favour at the same time.

More details will follow in the October *Coastal News*.

Car-pooling time again

It's easier, now the days are getting longer and lighter, to car-pool. It's also easy if you use the link on the TDC website to Jayride's Tasman section, and then log on to "offer a ride" or "find a ride." If you don't like computers you could put a small ad in the *Coastal News* or Four Square shop notice board.

There are so many reasons to car-pool it's worth experimenting with a few arrangements to find something that suits you, and it could be just a few days a week or month. You can use the Jayride website to travel further a field in New Zealand, and you don't even need to have a car to request a ride!

Car-pooling is simply the easiest action a commuter can take to reduce their carbon footprint, and it saves lots of money, reduces your time at the wheel, reduces stress, and you make new friends. There will be less congestion on the road with fewer single-occupant cars.

There is always a lull in car-pooling over winter and it will take a while for the Jayride site to build up with offers and rides wanted, so don't give up if there is nothing for you to start with – keep checking the site and use it as often as you can.

Jenny Easton

SITUATIONS VACANT

Edenhouse

is a luxury lodge in the beautiful Orinoco Valley. We cater for overseas visitors and our busy season is from October through to May. We are seeking applicants for two positions to join our happy and highly efficient team. The positions are part time and our hourly rates reflect the high standards we require.

Evening Chef

Required for 3 or 4 nights a week for around 5 hours each night. Ability to work weekends is essential and to share the workload with our existing highly competent chef.

Housekeeper

Required for about 4 days a week for around 4 hours a day to join our existing team of housekeepers. Ability to work mornings is essential and some afternoon work is available.

Enquiries to 03-526 8174
Or info@edenhouse.co.nz

Situations Vacant

JESTER HOUSE CAFE

is looking for staff for the coming season.

*We need a full time cook/chef
and a senior front of house/barista
Also part time wait staff.*

All positions involve weekend work and experience and maturity is desirable.

Please contact steve@jesterhouse.co.nz

or Steve and Judy on
03 5266742 from 12th September

Old Mill Walkway opening

The rock wall at the northern end of the Old Mill Walkway is now complete. To celebrate, the Tasman District Council invites the Mapua community to the official opening/reopening of the Old Mill Walkway which will be held at the Chaytor Reserve on Friday 24 September. For those of you who are driving, parking will be available (signposted) at the end of Broadsea Avenue.

The celebrations will begin with a barbecue at 1.30pm prepared by members of your local community association (and kindly sponsored by Tonkin & Taylor and Taylors Contracting Ltd, the project consultants and contractors). The ribbon-cutting will take place at 2pm. Mayor Richard Kempthorne and councillors will be in attendance and the local school children will also be involved. At the conclusion of the official opening, you are invited to join the schoolchildren for a stroll along the new walkway.

Come along and celebrate the reopening of this wonderful community asset.

If you have any queries, please contact Robyn Scherer at Tasman District Council, phone 543-8524.

Green fees for September \$10 for 9 holes of golf.



Kina Cliffs home of the
NBS Tasman Golf Course

Kina Open 13th & 14th November

HSBC 9 hole challenge qualifier
to be held here on **Sunday 3rd October.**

Everyone welcome.

Registration 9.30am, tee off @ 10.30am.
Categories include golfers with or without handicaps and Grandparents or Parents with a child under 19. \$10 entry fee.

For more information Phone Kathy 03 526 6819 or email: teeup@tasmangolffclub.co.nz

Community Response Team

A sub-committee of the local community Association is working on a response strategy if we should be faced with an emergency that needs a co-ordinated response to help cope with “the happening”. This could be anything from a major bus accident in our vicinity to a major earthquake or many other scenarios. The area we will be responsible for is bounded by Mariri, and Maisey Road and inland where we blend with Upper Moutere.

We are working with the Civil Defence team from the Tasman District Council which is also responsible for the Nelson Civil Defence work, and of course the local Fire Brigade members are very involved with the planning.

This in no way replaces the survival kits and strategies we should all have in place for our own households.

We are making progress and are now at the stage of looking for willing people to help man a welfare centre where people could go for help and advice.

The Hills Community Church, which is our beautiful new church in Aranui Road, have allowed us the use of their building as a welfare centre which is very much appreciated as it will be an ideal space to use.

The skills we need are: Managers—the ability to organise a team of people efficiently.

Office skills—people who can document.

Catering—able to help with the feeding of possibly a number of people. Medical—skills to triage and deal with illness/injuries.

Accommodation—able to help find/match accommodation needs/offers. Support—ability to listen and give helpful advice.

We need enough people to make at least four complete teams (with lots of spares), as those who are willing may be unavailable because of work/family/or not being in the area at the time, so if you think you can help please contact us. Replies by 17 September please.

Helen Bibby 03) 540-3830 or n-h.bibby@actrix.co.nz

Art group seeks help

The Mapua Art Group (MAG) is hoping a creative and practical person will be able to solve a problem for them. The group has had its first exhibition this year, is hoping to hold more and be able to take their art to different venues. To do that they need portable stands to showcase their art. MAG spokesperson Lisa Chandler says they'd like to hear from anyone who can design and build stands.

“We'd like something that looked nice as well as being practical. We don't expect someone to do it entirely for free as we do have some limited funds collected from the art group members weekly fee, but we also don't have lots of cash so we'd appreciate a creative solution!”

Freestanding display boards mean the Mapua Art Group can be flexible and exhibit in a variety of spaces.

“We had our first public exhibition at The Moutere Inn earlier this year where all the art works were on the walls, but if we can have stands we can show more works and be self-sufficient and portable. The Mapua Art Group has a possibility of an exhibition in a unique space in October that has never before exhibited art, but they need the stands to make this possible.

“We've grown as a group to more than 30 members with a fantastic variety of art styles and we need our own ability to exhibit without having to borrow from other art groups.”

MAG would also like to have some easels made for members to use at the weekly meeting and have a sample design of a simple construction. If you think you can help, please contact Lisa on lisa@lisachandler.co.nz.

MAPUA PLAYCENTRE

We now own the biggest coffee pot in New Zealand, thanks to Mike Perry. He did look rather dashing inside it with his red helmet securely fitted. I assumed this was to protect his skull from any large sparrow droppings that might have occurred as he patiently posed. The pot is taller than me and can hold several small children and is a glorious bright red, although it is a work in progress. It has also achieved celebrity status by appearing in the local newspaper. Did you see it?

This term we kicked off with a Mad Hatter's Tea Party. The cup cakes were divine and we got to share our centre with the wider community, so thanks to all who came to celebrate the great wee centre we have.

Big changes have been happening at the Mapua Playcentre. One of the best is our administrator and the decision to get a cleaner and lawn-mower. We are the first playcentre in Nelson to employ an administrator and what a difference it has made. We love Miranda. She does all the boring paperwork and money-managing playcentre mums hated. However, to do this, us mums and dads have stepped up to run the day-to-day programme with the help of the lovely Carol, who is always there to guide us our if we need it, offer inspiration or just to hold the baby!

Although really it is our kids who are the teachers. They guide us in their play and the journeys we take are sometimes just plain hilarious. Today I found myself digging for worms and holding them. (I didn't even show how much I hate all creepy crawlies for the sake of not passing on my fear, quite frankly I deserve a medal, especially when it was offered to me to look at under the microscope!) Next, holes were dug, mud was flying so that the flowers could be planted in order that the fairies have somewhere to shelter in the rain.

Postal Delivery

We can post you the Coastal News. To take advantage of this post \$10 with your name and address to Coastal News, PO Box 19, Mapua Store, 7048. Include your new postal code for rapid delivery. Existing subscribers can also send their new code in by email coastalnews@mapua.gen.nz or by post.

Then leaves were sprinkled so that our "free-range" worms had something to munch on. Finally we were off to the sandpit where a big hole was dug. Well what better thing to do with a hole than to make a fire and roast marshmallows while singing rip-roaring renditions of *Twinkle Twinkle Little Star*, which of course was carried off by the smoke for the Fairy Queen to hear. These kids have such imagination.

What I love about playcentre is that anything can happen. I have the opportunity to create special memories with my kids. I'm sure many of you out there are fondly recalling the times you spent with your own kids there. Sometimes you go places with your kids and just tear your hair out, but what I appreciate here is that the play is all free choice and with over 16 areas of play there is loads to do.

I thought this was a nice reminder that our toddlers are JUST toddlers and actually we are dealing with something a little bit different!

This is from the Early Childhood Curriculum:

Toddlers are energetic and on the move.

Toddlers are gaining control of their world by checking out limits, causes and effects.

Toddlers' desires are often ahead of their language or physical abilities to achieve what they want.

Toddlers are active and curious, determined to be competent and to make sense of happenings, objects and ideas.

Toddlers' feeling are intense and unpredictable.

Toddlers thrive on opportunities and on being encouraged into exploration and creativity.

Toddlers are impulsive and can lack self control.

Toddlers focus on the here and now.

Toddlers seek social interaction and learn by imitating others.

Toddlers learn with their whole body and learn by doing rather than being told.

Playcentre offers so many opportunities to develop physical and social skills and we are so lucky in the small town of Mapua to have one. Please use it.

Kind regards, Maia from Mapua Playcentre.

BOOK REVIEW

Brooklyn by Colm Tóibín, available in the Mapua Library is reviewed this month by Barbara Mercer

Colm Tóibín's *Brooklyn* is the beautifully written and deeply moving story of a young girl who grows up in the social and religious straitjacket which is Ireland in the 1950's. Eilis lives with her widowed mother and elder sister in a small Irish town and her future appears monotonously predictable until she is offered the opportunity of a job in America. The opening has been engineered through the auspices of an Irish priest living in New York who is a family friend and in spite of her trepidation, sixteen year old Eilis feels obliged to accept due to the shortage of regular work in Ireland. Far from being an exciting adventure, the nightmare of the Atlantic crossing and her arrival in the stifling heat of the New York summer does little to relieve her homesickness, and the long hours as a sales assistant in a large department store is tiring and repetitious. Eilis lodges in the home of Mrs Kehoe from Wexford, with five other young ladies, three Irish and two American, beautifully drawn and diverse characters who help her to eventually adjust to her new life. Eilis gradually achieves stability and independence and the promise of future happiness, until a tragedy forces her to return to Ireland.

Her decision whether to stay in Ireland or return to America seems clear cut at first but as her stay is extended, for various reasons, the decision becomes more confusing and painful, the pressures from both sides more intense. It becomes more complicated than a simple choice between love and duty and Eilis struggles with it alone, giving the reader no clue as to which way she will go. The genius of the author is to heap the anguish of the decision onto the reader and the need to know what will happen next keeps the pages turning until long after lights out.

The narrative is written in a clear and unpretentious style and quite captivating in the way it flows with not a word wasted. Don't miss this one.

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MAPUA LIBRARY



Our library volunteers enjoyed a special lunch at the Mapua Boat Club last month which was in celebration of the busy time and successes we have experienced this year. It was most enjoyable to be able to spend time sitting and chatting after all the hours that had been given so generously to the library. The lunch also marked the day that our computer system 'Koha' went live so now we are fully functional with a contemporary world-class system. This gives us the platform to develop the kind of functionality provided by the Tasman and Motueka libraries.

Now we are thinking about what we can offer our members and community for the rest of the year. In conjunction with the Garden Club Spring Show we will be holding our annual book stall outside the Mapua Hall on 11 September beginning at 9.30am. If you have surplus books and would like to donate them to the library we will be pleased to accept them for our stall. Or, if you are looking for some great reading, do come along and peruse our stall. There are always great bargains to be had; if you are travelling overseas this is a great way to stock up on reading material to take with you.

The other immediate planned event is for children in the school holidays. On Wednesday 29 September we will have a craft morning, suitable for primary children at the library from 10am to noon. This will be advertised around the village and in the schools' newsletters nearer the time; places can be reserved by phoning Catherine Butchard on 540-2010.

We do have an interesting calendar ahead with some notable speakers agreeing to visit our area. More details on these when we have finalised dates but we are finding after the success of the Literary Festival, that some writers are keen to visit.

Our volunteers would like to acknowledge the recent generosity of the Mapua Health Centre who, having upgraded their photocopier, were kind enough to donate the obsolete copier for our use. A very kind and most appreciated act from our near neighbour.

Dot Moriarty

Library Hours:

Tuesday, Friday & Saturday 2pm – 4:30pm

Wednesday 5pm – 6:50pm

Thursday 10am – 12:30pm

Mapua Spring Fling BBQ

Work is well under way for the forth Spring Fling. After three successful years it just had to keep on keeping on.

This event grew from working with Celia Lashlie to address concerns in our community. It resulted in the acknowledgement of the importance of community and partnerships to support the belief that “It takes a village to raise a child”. The “Mapua Strengthening Our Community” group was formed.

The “Spring Fling BBQ” exemplifies this and is a proactive action to develop a greater sense of community as a core value of where we live to ensure everyone is included, valued and supported. It’s about making connections in the community we live in.

Once again we have enlisted volunteers so there will be lots of fun things to do during the fling and the atmosphere just buzzes. All the participants in these activities create the success. The past years have been well supported and we know this year will surpass previous years. It is wonderful to see members of the community sharing their tea time together enjoying a sausage sizzle, ice cream in a cone and home-made lemonade. We have always been lucky to have donations that help this event to happen.

We encourage all members of our community to come along, enjoy and make connections with others. You can be single, no children, on the gold card, a family—it doesn’t matter. Just come along.

Put it on your calendar now and keep free Thursday 21 October between 5pm and 7pm.

For more information or you want to help in any way please contact: Tina Johansson, tina.john@clear.net.nz, ph 540-3377, or Rose Barnes, barnes126@xtra.co.nz, ph 540-3600

Mapua & Districts Soccer Club



Midgets

The Midgets (Cool Dudes and Magic) have finished for the season and both teams remained undefeated. There was a great deal of improvement with the players and the younger ones certainly gained heaps of experience by playing and learning from the older players. The level of enthusiasm was incredible with smiling faces turning up to practices and games—a pleasure to coach. The new goals have been a great success and it is fantastic to see how many ‘impromptu’ games start up at the Domain when a few kids get together to kick a ball around.

The Midgets have one last kick out on Sunday where they have a two-hour skills training session with George Campbell. Let’s hope it doesn’t rain!

Fund-raising

Saturday 14 August the club held a fund-raiser at The Tap in Mapua in honour of the late Gary Breakspeare. A great evening was had by all with entertainment by local band Boogie Train.

Many thanks to the following businesses for their support with raffle prizes: Mapua Chemist, Tessa Mae’s, Mapua Trading Co, Touch the Sea, Fusion.

Also thank you to The Tap for donating a percentage of the evening’s takings and to Boogie Train for donating their fee.

The money raised will be used to help kids that can’t genuinely afford to travel to rep games, helping families that can’t afford to pay fees etc, sponsoring players that are going on football academy trips, and any other general activities that genuinely help kids progress and love their football.

If you are interested in making a donation to this fund we would love to hear from you. Please contact Sian on the number below for further information.

Mapua and Districts Football Club, PO Box 38, Mapua. President, Sian Potts 540-2248; Treasurer, Phil Jones. Toby Wild (Senior Men’s co-ordinator) 540-2030; Bridget Wild (Senior Women’s co-ordinator) 540-2030. E-mail sianpotts@xtra.co.nz



TAMAHA CUBS & SEA SCOUTS 2010

QUIZ NIGHT

Supper & Bar, Auction
Raffle & prizes

Friday 17th September 2010

7.30pm Mapua Village Hall

Tickets \$10 per head.

Phone Karen 540 3316 for bookings.

Get a team of 8 together & book a table, or simply purchase individual tickets and we’ll allocate you to a team.

A fun fundraising activity to support your local cub & scout group.

Noticeboard

NOTICE OF AGM for Mapua Ruby Bay and Moutere District Health Centre Inc. 7:30pm Tuesday 21 September, at the Health Centre, Aranui Road, Mapua. Hear an update of where the Society is up to in its planning for the development of a new Health Centre for the area.

Pain Relief Free Talk at 69 Aranui Road on Wednesday 15 September, 7:00pm to discuss a medical treatment that stimulates natural healing. Contact Dr. Mitchell Bloom 526-7725.

Skye Harvest Extra Virgin Olive Oil 2010 harvest available. 750ml bottle \$20. Ph 540 2698. email slmcleod@xtra.co.nz. Orders delivered, or call in 113 Seaton Valley Rd Mapua.

Children's Gymnastics: 1-9yrs. Designed to improve a child's strength, balance, coordination, spatial awareness & eye tracking using hand apparatus, songs, and gym equipment in a fun, positive learning environment. Thursdays @ the Old Hills Community Church Hall, Mapua. Fridays @ Moutere Hills Community Centre, Upper Moutere. Ring Sam, 5432512

Tennis Coaching: If you would like to learn how to play tennis or simply brush up on your skills, please email Vanessa claybrookestate@xtra.co.nz . Group sessions run on Fridays at the Mapua Tennis Courts. A great way to get fit and meet new people in a fun, social environment.

Cardio Tennis: heart pumping fitness which burns fat, increases stamina while having a whole lot of fun. The ultimate workout with no ability required. Classes on Mon & Tues 9.30-10.30am at Mapua Tennis Courts. Contact Vanessa 5432 332 or claybrookestate@xtra.co.nz

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at the Smokehouse to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Coastal Connections Social Group. Next luncheon is at the Stoneridge Café, cnr Malling Rd and Moutere Hwy, Thursday 9 September. Look forward to seeing you all. Julie Haliday, 540 3533

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. Ray Kitto, 03 520 2622, Secr. Margaret Butchart 5402686

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Barry Highsted 540 3139.

RSA Meetings are held in the RSA room at the Mapua Library at 2.00pm, second Monday of each month and refreshments are served at the close.

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540 2292.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

Mapua Art Group: Painting/Drawing mornings Thursdays 9-12.30, Supper Room, Mapua Hall. A group of like-minded artists get together to paint and help each other in a fun and social environment. All levels & media most welcome. \$4 session includes morning tea. Tables and chairs provided. Lisa Chandler, 540 3933.

Mapua Village Quilters meet each Wednesday evening. We are a small group, anyone interested to join us, please contact Linda, 540 2840

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome.

Kidz'n'Koffee Playgroup, Wednesdays (in school term), 10am-noon at Hills Community Church. Ages 0-5yrs. All parents & caregivers are welcome to attend, no cost, donation for morning tea. Come & relax & meet some neighbours. Lisa Gant 543 2530, Tressa Waynan 540 2632.

Friendship Club meets third Thursdays 2pm, Supper room at the Hall. We have a game of indoor bowls followed by afternoon tea (please bring a plate). \$2 door charge and 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers). We welcome new members. Val Roche 540-3685

Genealogy Computer Discussion Group: This year our bimonthly meetings will be 1.30pm on Saturdays on these dates: Oct 9th; Dec 11th. Info: Val 540 3931 or Peter 540 2686.

Toy Library: check out our extensive selection of toys, puzzles & videos for children 0-5yrs. Located behind Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Emma 03 929 5123 or Gill 543 2195 about membership or casual hire.

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