

'Spirited Year' of Issues and Accomplishments

The Mapua and Districts Community Association thanks all those who have worked for, contributed to and supported the wide range of projects and issues we have been involved with and addressed this year. Special thanks to our three Tasman District ward councillors for their regular attendance at our meetings and especially for their willingness to receive feedback and follow up many diverse queries and concerns in a very busy year.

Everyone is invited to attend our AGM on Monday, 8 August at 7pm in the Mapua Hall for a review of the past year, election of officers for the forthcoming year and a review of 2015-16 accomplishments and issues.

Projects covered this year included:

- Relocating the boat ramp
- Restoring and caring for wetlands and estuaries in our rohe
- Mapua waterfront developments including buildings, landscaping, parking, safety, the Park
- Retaining ownership of the Mapua causeway
- Subdivisions, new and planned, including impacts on neighbours
- Footpaths and roading, safety and landscaping
- Establishing and developing a website and Facebook presence

High on the list of MDCA accomplishments was the effort to halt the sale of the Mapua causeway. Implementing the keen research, writing and strategy of David Mitchell, Kate Mitchell and Gillian Pollock, the MDCA presented a united front firmly against the sale, insuring this valuable land strip remains a treasured community asset.

This has been another good year for the planting and beautification of Dominion Flats even though it was such a dry summer. The growth on the plants during the autumn and early winter has been fantastic and plantings are really showing up amongst the tall grass.

The project continues to track along the path of intensive planting for the first five years, to be followed by five years of secondary planting, with an end vision of a patch of easily accessible native bush that is a haven for birds and other fauna, with a stream meandering through and that is a peaceful sanctuary for the community.

We have been successful with grant applications again and have received another \$10,000 from Rata Foundation and another \$4500 from Pub Charities. Do you know that since this project started we have had over \$43,000 in grants from almost a dozen foundations and trusts?

A very small group go each Tuesday morning to work, mostly freeing up plants and keeping the tracks useable. Anyone is welcome to join in as it is a huge job although some of the latest grant money is specifically to help with this. We have good interaction with the TDC and get our share of money, help and advice from them, particularly from Richard Hilton who is always enthusiastic and keen to help.

Also this past February, MDCA launched its own Facebook page. Since then, the MDCA has posted dozens of messages, photos and videos on issues ranging from the Mapua causeway sale to beautifying the Mapua roundabout to the Harakeke housing development to Mapua wharf cost overruns and fencing.



Starting very modestly with post readership in just the dozens, some MDCA's post are now seen by nearly 3000 people within 48 hours. The posts haven't been without controversy though, leading the MDCA to adopt a set of Facebook management guidelines, which can be viewed at: www.facebook.com/mapuacommunityassociation.

Additionally, under John Fountain's leadership, a new MDCA website has been established. Still under construction, this site will be a permanent repository for current and past MDCA documentation, communication and issue information. Stay tuned for more news about www.ourmapua.org.

The association is also investigating how to speed up the introduction of UFB (Ultra Fast Broadband) to the community. With the high cost of bringing fibre to the home, the association has invited speakers to introduce alternative systems such as www.kiwiwifi.co.nz, a provider of low-cost, high-speed, wireless Internet services. The association has significant research remaining before it endorses any particular service or solution, but is strongly supporting the widespread need in our community for faster, more robust internet services. (Continued on page 2)

(Continued from page 1)

Road and footpaths projects and accomplishments:

- The Mapua Drive footpath from Higgs Road down to the corner of Aranui Road was completed to the former tavern site. The TDC is considering options for making the boardwalk section safer when frosty.
- The Higgs Road roundabout with a safe crossing from the Mapua Rise subdivision pathway to the Mapua Drive pathway was completed. Planting has been completed and a community group led by Graeme Stradling is working to develop "Aquarium Garden" sculptures.
- Developing a safe passage for pedestrians from the foot of Mapua Drive around to the proposed Aranui Road crossing to the Mapua School.

MDCA worked with Andrew Palmer, chair of the school board, David Mitchell, representing the Aranui Park Wetlands Group and Gary Clark of the TDC to determine whether a path through Aranui Park might offer the safest route for children.

Gary Clark rejected this and undertook to agree to a plan with the owner of the Tavern Property to develop a safe pathway around the corner to the proposed crossing.

At the time of writing this has not been achieved as the owner of that property has existing user rights. An interim solution is being sought and a bridge has just been built into Aranui Park, presumably to steer children safely around the former tavern site.

A pedestrian crossing on Aranui Road in the vicinity of the telephone exchange is budgeted for 2016 and TDC will work with the school to determine the exact location. The crossing will have a refuge island

and will be managed by the school at the beginning and end of the school day.

The path from Stafford Drive along the realigned Seaton Valley Stream to the back of the School was completed and planted.

MDCA is now working with the TDC project leader, Russell McGuigan, to develop the link between this path across the Old Mill pathway, around to the estuary and across the northern end of the 102 Aranui Road subdivision to Moreland Place. (Devin Gallagher is acting as the MDCA point of contact)

Completion of the Higgs Road footpath to Mapua Drive is now the focus for 2016-17. The TDC has given it a high priority for 2016-17 but funding is tight and it will more likely be constructed in 2017-18.

The Seaton Valley Road footpath is no longer on the TDC 10 Year Plan but the Mapua Rise developer will provide a path from the northern exit onto Seaton Valley Road to Mapua Drive

The Jessie Street – Aranui Road Pathway has become a possibility with the recent purchase of the 2.3ha Thawley property by K&H Drake. It is their intention to build on and develop the site and they would prefer to link an Aranui Road cul-de-sac to Jessie Street by a walkway/cycleway. This is strongly supported by the community.

Thank you again to all those who have been involved in these projects and all the voluntary time and thought you have given to our amazing community. Without you all we couldn't do what we do.

Elena Meredith, MDCA chair

The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancake breakfast.

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Planting Goes Well

We had a planting day on Sunday 17 July when more than 20 willing helpers turned up, armed with spades. It is always great to get a group of people together who have a common goal and this was no exception. We concentrated on area 12 to fill in gaps that had either, not been planted earlier, or where some of the plants had died, and now it looks a sea of plant protectors. We are now doing the same across the track in area 11 as we still have plants to put in, but I hope by the time you read this they will all be planted. A total of about 1500 more plants!

At the same time some of our recent grant monies are being used further up the reserve with area 6 now cleared and plant gaps filled and work will start soon on the track to make it a bit easier to use.

Thank you so much to those who came when we needed you and helped make this an area that will be so special for all to enjoy.

Helen Bibby



Pastel Artists NZ


Exciting news. We have been selected as the very proud recipients of 2016 Regional Commendation for Arts and Culture at this year's Trust Power Community Awards.

This is a momentous occasion for us and worth all the hard work we put in to make our National Convention and Art Awards the success they were.

We have settled down into our Tuesday mornings routine and have had some serious discussions on where we want to go from here. We have formed a working team to share the load and now look forward to some diverse Tuesdays where we could be doing anything from en plein air, in-house challenge or mini workshop, along with just doing our own thing and painting for pleasure.

We have a lot of fun amongst the learning so if you think that you may like to experience some of this, come along to the Mapua Hall on a Tuesday morning and see what we are about. You could even try your hand at painting with pastels. We have pastels and paper available just for you.

Further enquiries to Glenys Forbes, 540-3388.



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Paddle Rally Open to All

The Loyal Grossi Point Yacht Club will host its second event for the year on Sunday, 7 August. This time it is the Annual Mid-winter Paddle Rally. It is open to kayaks, canoes, paddle boards, rowing boats, waka, and any other oar or paddle-powered craft not included so far!

Club membership is not a requirement and anyone with something that floats is invited and welcome.

Meet at Grossi Point at 12 noon and plan to start paddling at 12.15. Everyone should be back by 2.30 pm.

The Mapua Boat Club will host after-event refreshments in their clubrooms on Mapua Wharf.

Once again the course will explore some of the Waimea Estuary from Grossi Point. Using the last of the incoming current, the fleet will waft towards Bronte before rounding Spoonbill Island and making for a rest stop at Hoddys Road. Here will be the opportunity to inspect the local submarine and stretch your legs. Then a leisurely paddle back to Mapua with the outgoing tide.

A paddle rally is a common destination with no race element—go as fast or as slow as you like, the course will still be there! The water will be cool though, so warm gear and keeping dry will increase the comfort level. If you bring a sit-on kayak, then taping over the drain holes may be a good plan.

An interesting sight will be two St Ayles skiffs. These 7m rowing and sailing boats are based on the traditional Shetland Islands' fishing boats developed

from the Viking longships and are part of an international recreational rowing craze that is growing quickly in New Zealand.

Moana stand-up paddleboard owner, Toby Wild, says his company will lend some paddleboards free of charge. Be among the first five to contact Toby and book a free paddle board for the rally.

Tasman Harbourmaster Dan Cairney is hoping to have his new boat *Sentinel* on display for the local community to inspect.

As this event is done for pleasure, if the weather is particularly unpleasant, it will be postponed.

Inquiries to 540-2543.

John Leydon





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Mapua Man Standing for Election to TDC

It is election time again for our local government and this time I am putting my hand up. During my last 15 years in Mapua I have become increasingly involved in how this place is run. Being in the Mapua and District Community Association and dealing with the fall-out from decisions that affect us, I feel strongly that we need a Mapua district resident as our Tasman District councillor.

Many of us have been less than satisfied over the last three years that TDC has been making the best choices around our local issues. Many voices are calling for a fresh approach and better representation. I have been ready and willing to represent these views, and now I am ready to bring the same attitudes to working constructively with other councillors to meet the wide challenges of the next term for council.

The water issue for the region and for us here in Mapua, needs careful and secure governance as we head for a solution and a sustainable future. Is it a dam? Is it conservation and limits on growth? Next year will see the Lee Valley dam proposal decision made and some hefty commitments entered into. Tasman District needs to face the challenge in a well informed and impartial way. Too many set pieces or too much irrigator influence may lead to an unhelpful squabble and financial disaster. As with any proposal of this scale, and this project is huge, we need the best governance practices and decision making we can muster.

Debt, which skyrocketed under the current administration, has been hauled in and that is the right move. However the "less for less" policy of the pre-

sent council has been unsustainable in light of infrastructure and growth needs. We need to get smarter. Staff numbers have ballooned and unsanctioned expenditure has seen resources transferred to commercial ventures and a growing bureaucracy that lacks prudent control. These are the key areas that we are weak—community relationships, sustainable management of resources, and governance—and these are the areas to which I want to focus my attention.

I've lived in the Tasman District for 35 years, an artist and community advocate. I have a degree in biochemistry and have worked previously in agricultural research, health, business corporate industry and small retail business.

My experience is quite varied: arts, corporate administration, business and community leadership. I have been involved in many creative projects, community workshops, as well as major community projects such as the Mapua Hall redevelopment and Community Association work. I have been a Nelson Arts Councillor, founder member of the Motueka Arts Council and Executive Member and Secretary of the Mapua and District Community Association.

We have been failing our communities, I believe. We need a council that addresses sustainability, better represents its communities and exhibits stronger leadership and accountability in its governance practices. I am putting myself forward because I believe I have the enthusiasm, skills and vision to improve decision making at council level.

Graeme Stradling



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Beady-eyed Rodent Proves Elusive

New Zealand has a long history of not wanting anything to do with nuclear weapons. It's a struggle to promote them as a good thing, I have to admit. But, as a child of the 1960s, I remember the Cold War and tales of massed Soviet tanks just the other side of the Iron Curtain. We worried they might wake up one morning and think "let's have lunch somewhere nice for a change!" engage first gear and invade West Germany.

To counter this threat, in the early 1980s Ronald Reagan promoted the idea of the neutron bomb, a small bomb that kills everything in the area but leaves the buildings, and presumably eateries, intact. Well, early last month I thought a neutron bomb seemed like a fine idea. I wanted a teeny weeny one: car-sized, to be precise.

Last month's article was a bit of a cliff-hanger, ending in a state of armed neutrality, a cold war if you like, between a car-loving rat and me. He (or she) had the teeth and was prepared to use them; I had the rodent trap and bait block.

As I emailed the article to the *Coastal News* I was more or less happy with our little Maginot Line, hoping the beast was never to be seen again. My Maginot Line was as effective as the real one and fell the very next day. That morning I started the car and was greeted by half a dozen warning lights and a misfiring engine. My Dunkirk was the 70km drive to the garage, worried at any moment a warning light might go from orange to red and then be followed by a dreadful silence into which a hissing noise would intrude.

Once in the garage I'd like to say the tide turned. It didn't. Two hours later the garage had cleared out the rodent nest from on top of the engine (but under a cosy, warm cover) and fixed the nibbled wire. OK, back to normal. Er, no. On getting home the first thing I did was lift the bonnet of the other car. I'm not sure who was most surprised, me or the rat lounging on a leafy nest by the alternator.

We locked eyes for perhaps two seconds before it shot off under the wheel arch, leaving me to clear out the nest and admire its handiwork on a few wires. Another garage repair.

That day I bought the nuclear weapon: a bait station and bait that was the equivalent, to a rodent, of the finest haute cuisine, they said. The bait station was placed right under the engine of my car. The next morning I checked the engine. You might be able to imagine my surprise at opening the bonnet, taking off the engine cover and again meeting the gaze of the rodent sitting on its soon-to-be-nest. Then again, you might not. Off it shot into the wheel arch area, a routine now quite well practised. I reckon the rat must have used the bait station to get a leg up onto the engine.

Despair is the best word that followed this second sighting. I could see no way out of this. I had essentially trained this rat to ignore bait and traps, to plan escape routes and build nests quickly. I did the only thing possible: searched the web for what to do. And the web said "mothballs."

That day mothballs were placed around both engines and have been there since, a daily reminder of grandparents' wardrobes and Victoriana. And you know what? No sightings since. But I still check every day. I take nothing for granted.

Next month is back to the house-building, you'll be relieved to read, unless this story develops.

John Bampfylde



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Note: this term includes the September school holidays.

Back to spring start times.

Tuesday	2.30-3.15pm	Sit and be Fit (seated exercise for Seniors/rehab - gold coin) (not Tuesday 16th, my plane lands at 4pm but I plan to make the 6pm class ☺).
Tuesday	6pm-6.50pm	High Intensity Interval training, rotating with Step-based toning and Cardio/Strength training every 2nd week (no coordination required)
Tuesday	7.00pm-7.50pm	Pilates (all levels, beginner to advanced)
Wednesday	9.05am - 9.55am	Aerobics (the old-fashioned dance-around and sing-along kind)
Wednesday	10.05am - 10.55am	Pilates (all levels, beginner to advanced)
Thursday	9.05am - 9.55am	Aerobics (Wakefield) (same class as Wednesday Mapua)
Thursday	10.05am - 10.55am	Pilates (Wakefield) (all levels, beginner to advanced)
Friday	9.05 - 9.55am	High Intensity Interval training, rotating with Step-based toning and Cardio/Strength training every 2nd week (no coordination required)
Friday	10.05am - 10.55am	Pilates (all levels, beginner to advanced)

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Bone of contention: Shown above are posts intended for a fence between two businesses.

Below: Work on Aranui Road at the entrance to the wharf. Just part of the extensive makeover which includes providing more parking spaces on Aranui and Toru roads.



Change of Ownership

Jenny Marchbanks is pleased to advise that she has recently taken over ownership of the business Delicious on the Mapua Wharf.

Jenny and the team - Karmin, Lin, June and Adrianna, are excited about the future in this magic location and warmly welcome old and new customers to visit and enjoy a leisurely browse - check out all the good things we have in stock, with new arrivals in store every week. There's something for everyone - from an essential kitchen basic to that special gift, beautifully wrapped. You will find us at Coolstores 4 & 5 and we're open from 9.00am to 5.00pm every day. Contact us on 03 5402463, info@delicious.com.au or follow us on facebook where Karmin will post the latest news. We look forward to your visit.

Funds Building for Mapua Gateway Sculpture

While the Ruby Coast Initiative Trust (RCIT) works to finalise consent details for the second Gateway Sculpture, local businesses have been active in fund-raising for this project.

The RCIT is very grateful to Nic and Manu at the Playhouse for holding an 80s Quiz Night and Dance Party there on Saturday 16 July.

Clearly people's memories of the 80s are still vivid and some found original outfits tucked away in the back of their wardrobes. The outfits were amazing (as was the dancing!) and there were so many that deserved a 'best-dressed' prize.

The evening raised \$557 for the Sculpture Project. Many MDBA members supported this event by providing prizes for the quiz, raffle and best-dressed. The RCIT is appreciative of the support from our local businesses—Mapua Village Bakery, Mapua Country Store, Ruby Bay Kitchen, Jellyfish Café and Bar, Zumba Dance Fitness, Zoom Beauty, Smooch Natural Products, Mahana, Alberta's Café, Forest Fusion, Summit Real Estate, Mapua Auto Centre, Tasman Store & Grind Coffee and the Playhouse.

Plans are well under way at Mahana for their White Winter Ball, to be held on Saturday 27 August. This glamour event includes a live auction with proceeds being donated to the Mapua Gateway Sculpture.

Once again our local businesses have been very generous in supporting this event and there will be some magnificent items up for bidding. One very special piece for auction at this evening will be the original, hand-crafted maquette of the Tasman Sculpture.

For further details about the ball contact Mahana events@mahana.nz and for more information about the sculpture project visit the RCIT website www.rcit.co.nz

Janet Taylor, RCIT secretary.



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Mapua Community Library

(Moutere Hills RSA Memorial Library)

Grants Update – Lion Foundation

We are absolutely thrilled to have received \$2000 from the Lion Foundation for the purchase of new books. The library regularly receives very enthusiastic feedback about the number of recently published books we always have – especially in our fiction collection. We are able to achieve this due to grants such as this from Lion, our committed book purchasers and the dedicated folk who collate and submit the necessary information to grants organisations. Sincere thanks to all of those who make this happen.

Volunteers – Men Wanted!

It has been noted that we are very light on male volunteers. Do you know someone who needs shoulder tapping to join us? A male perspective and presence would be welcome for so many reasons and we currently have a strong female dominance!

Display

Fay Christie's alpaca garments and hangings have recently been installed in the library – very timely with the snow on the mountains! You are welcome to pop in and have a look – whether you are a member or not.

Member Database Update

The update of member details continues. If you haven't already been asked to confirm and/or update your details and you aren't going to be in the library over the next few weeks, we would appreciate you sending an email with your name, address, phone number as

well as the phone number of someone not living in your household (to contact should your contact details change – this person doesn't have to be a local). Include your library card number if you can. Our email address is mapualibrary@xtra.co.nz.

Book Display – Bucket List Books

In the entrance foyer you will find our themed book display – an ongoing feature of the foyer. Penny is doing a fantastic job at showing off some of the wonderful books that we have on our shelves and brings together a great collection of books based on a theme. We are often asked if these books are available for borrowing directly from the display. The answer is yes. You are very welcome to borrow them straight from the display shelf.

Book Sale – Labour Weekend – Save the Date!

Advance notice – the next book sale will be Labour Weekend.

Lynley Worsley

Library Hours (closed Statutory Holidays)

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BOOK REVIEW

The Churchill Factor, by Boris Johnson. Reviewed by Terry Smith. This book is available in the Mapua Community Library.

Winston Spencer Churchill has written many books, but many more have been written about him. He died in 1965—50 years ago—but as recently as 2014 Boris Johnson thought there was more to say, and his book is in the words of one reviewer, a “stunning tour de force.”

It is coincidence that Boris Johnson should be in the news recently as a possible prime minister to succeed David Cameron as a result of Britain's decision to leave the European Union. He was Mayor of London from 2008 until this year, defeating the incumbent Ken Livingstone, and is known as a politician, popular historian, author and journalist. He is said to “purposely cultivate a semi-shambolic look.”

The description of him being a “popular historian” probably is meant to suggest he writes for the average reader, not as one writing just for academics. For that

one should go perhaps to Roy Jenkins, the well known Labour politician and president of the European Commission for four years who wrote a comprehensive and well-received biography of Churchill; or to Martin Gilbert's six-volume, seven-thousand-plus page biography.

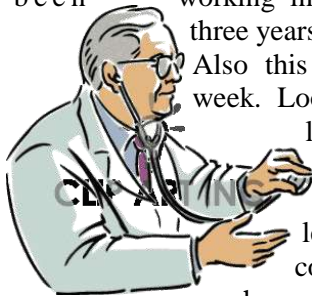
Johnson's book is “only” 356 pages, with 16 pages of photographs and another 65 pages of acknowledgements, notes and index, and is an easy read. He concludes by saying “...when history needed it, in 1940, there was only one man who possessed the Churchill Factor, and having spent quite some time now considering the question, I am firmly with those who think there has been no one remotely like him before or since.”

The sub-title on the book is “How one man made history.” It is a tribute to a great man of many parts who had many admirable traits and his share of human weaknesses. It is highly recommended.



Mapua Health Centre

This month will see a major change in our medical staff. Taisia Cech is moving to live in Nelson and we will all miss her friendly personality, excellent care and expertise. We wish her well in her new job. On the highly positive side, we are delighted to have a medical husband and wife team joining the practice in the middle of the month. Robin Barraclough and Jenny James are well qualified and enthusiastic GPs who are greatly looking forward to living here and being part of our community and a growing practice. They are originally from the UK and have been working in New Zealand for the last three years.



Also this month is heart awareness week. Looking at the latest research it looks as though not only are sugary drinks bad for the waist line but they can also lead to clogging up of the coronary arteries. The study showed that those who consumed five or more regular soft drinks a week had a 70% higher risk of increased coronary artery calcium, which is a marker of disease (*Am Heart J* 2016). However, on the positive side research suggests that regular consumption of chocolate may decrease the risk of heart events and stroke in otherwise healthy individuals.


Analysis of almost 21,000 UK adults showed that those who ate the most chocolate had an 11% lower risk of developing coronary heart disease (CHD) and a 25% lower risk of heart-related death over 12 years

of follow-up when compared with those who ate no chocolate. In addition, the highest-consumption group had a 23% lower risk of stroke (*Heart*, June 2015). However, dark (high cocoa) chocolate is probably better than milk chocolate when it comes to not furring up arteries, according to Italian research (*J Am Heart Assoc* 2014).

Also, higher fish intake is associated with lower incidence of heart failure, sudden cardiac death, stroke and myocardial infarction (*Heart Lung Circ*. April 2015). While weight loss at any age for overweight adults—even if it is not maintained—is worthwhile because it may confer long-term cardiovascular health benefits, according to 60-year epidemiological study (*Lancet Diabetes Endocrinol* May 21, 2014).

There are a number of important events for the month, including:

1-6	World Breastfeeding Week	www.unicef.org
1	Heart Awareness Month	www.heartnz.org.nz
5	Silent Leadership Challenge (deafness)	www.nfd.org.nz
9	International Day of Indigenous People	www.un.org
8-14	Parent to Parent Awareness Week	parent2parent.org.nz
15-21	Cystic Fibrosis - Bubbles Week	http://cfnz.org.nz
26	Daffodil Day - Cancer society NZ	cancersociety.org.nz
29	Multiple Sclerosis Appeal Week	www.msnz.org.nz
29	Asthma Awareness Week	http://asthmafoundation.org.nz/



The annual Daffodil Day will again be held on Friday 26th of August. We will be outside Tessa Mae's selling daffodils and having a cake stall 9am – 3pm.

Spring is on the way!

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Craft Group Copes with the Cold

As the August *Coastal News* edition appears for all to read, the Mapua Craft Group will be settling down to the coming winter term.

Thankfully the Hills Community Church supper room is a great meeting space with quality heating. What this means for our winter term is that we don't need to don at least twenty layers of clothing, woolly hats and fingerless gloves during our two hour get-togethers. It means that there are no frosticle noses in the room so less chance of an unbecoming chilblain on the konk. It means more importantly, that our limbs and fingers are not all shivery and numb so we can try our craft projects all comfy and cosy. Then there is the lovely hot coffee and tea to take any residual chill off the bones. Thank you Ella for always sorting that essential for us all.

How many of you remember the old floral padded cards? For one of our projects last term, we each made a padded card with a twist. The theme was sea

world. This involved hair gel and a small plastic bag. You placed the gel inside the bag and added a little dye or sparkles to create the effect you preferred. This created the padded effect. Behind that one placed a cut-out fish, sea horse or octopus and then assembled the whole card together for a very pleasing 3D effect. It was all rather fun and very unusual. Many thanks to Julie for sharing with us.

The shaving foam mentioned in our last article is coming out to play this coming term instead. We are also hopefully attempting to fashion creative bowls from fabric and being artsy with sea shells. One happy date on the calendar is 19 August when the Crafty Tarts of Motueka are coming to pay us a visit. It's planned that we mix and match with a double date show-and-tell.

Anyone interested in joining us can find our details on the back of the *Coastal News*

Until the next newsletter then people, by which time as that prolific poet Anon once wrote, the Spring is sprung, the grass is riz and who knows where the birdies is?

Marian Bevan



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Humans Designed to Move Around

We probably all know someone who seems to eat what they want, and stay slim, even though they don't go to the gym or do any planned exercise or training sessions. Or maybe, we have a friend who works outside doing physical work and is lean and fit, even though they don't run, bike or lift weights.

It's more than likely that those seemingly lucky people actually do a lot more exercise than we realise; they're simply displaying the benefits of the energy expenditure that comes from moving their bodies a lot.

Even though they don't do a sport, or go to the gym, they probably spend little time actually sitting, or being still. The human body was not meant to spend long periods sitting on our butts! We are designed to move around. To walk, bend, lift, run, climb hills, etc and it's often those that have jobs that involve a lot of sitting, that find they start putting on the extra kilograms and losing fitness.

So, if you are one of those who does have a sedentary job, try to find some ways to move more during the day that are incidental to your normal routine. As well as your hour at the gym, see if you can walk around more, get a stand-up desk, park further away from the office, leave the phone in the other room so you have to get up to answer it. Just find any reason at all to move your body. You will feel way better for it. And, add that to your gym sessions and you will start to see and feel improvements.

Karyn Holland of Catalyst Fitness



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Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20th of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

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Who Is My Neighbour?

I have just finished reading a book titled *Neither Poverty nor Riches* by Craig Blomberg. It's not an easy read, as it seeks to work systematically through the Bible in an effort to come to a thoroughly biblical understanding of how Christians should view material possessions. While Jesus clearly warns of the inherent dangers faced by the wealthy (Luke 18:24-25), most of us sleep easy at night because we assume Jesus refers to those who are a great deal richer than we are!

The reality, of course, is all but the very poorest in our country are relatively wealthy by world standards. I have just returned from three months in the Democratic Republic of Congo, where the Gross National Income (GNI) is US\$410/yr. This compares with New Zealand's GNI figure of just under US\$40,000.

This way of measuring things is a rather blunt instrument, but no matter how you look at the data, Kiwis are comparatively wealthy. The results of this comparative wealth are seen in other statistics. 2013 UNICEF figures compare mortality rates of children under five years old (NZ: 6/1000, DRC: 119/1000), children stunted by being severely underweight at birth (NZ: 0%, DRC 44%), risk of maternal death during childbirth (NZ: 1/6600, DRC: 1/23), life expectancy (NZ: 81 years, DRC 50 years).

The glaring gap between "us and them" cannot be denied. The question then becomes, "What, if anything, should we do about it? Am I my brother's (or sister's) keeper?"

The biblical answer is rather straightforward. The rich have an obligation to the poor. Claims to great

piety in Scripture are tested by the way in which we treat the poor. The most obvious general statement from the gospels in regard to this principal of caring for those in need is the exhortation to, "love your neighbour as yourself." In context, your neighbour is anyone with a need that you can meet.

Generosity toward the poor is not something that can be forced upon us. It is something that must come from our hearts. And it will only come from our hearts if we recognise both our privileged place in the world and our obligation toward those who are not like us.

If you want to see an example of what can be done to help the poor in countries like DRC, head to kiwis-inthecongo.org.

Geoff Paynter



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Moving to Mapua, an early account

Part 15 of a series of excerpts from the book, Turning Back the Clock by the late Iola McPherson. Iola moved from Nelson to Mapua in August, 1932, at the age of nine and this is part of her story.

Mapua Public Hall

In the early days of Mapua a section of land in Toru Street was put aside by Mr Ledger, a surveyor, on which to build a future public hall. It was never used for that purpose and was later bought by John Higgs who sold the block of land for housing. In those days local community activities were held in the old coolstore hall.

When the coolstore hall was demolished in the 1940s a packing shed from Kina became available to use as a hall. This was to be moved to a section of land donated by Mr Bevan beside his tobacco field in Aranui Road. Mr Moffett, from Marriages Road, drew up a plan and the moving and building began. Mr Allan Forsyth senior was a major force behind the venture along with Mr Jackson from Bronte. All the work was done with voluntary labour and Mrs Bibberstein, who lived in the shop next to the garage, provided a billy of tea each morning and afternoon for the workers.

The end result was a spacious hall which contained a committee room, a stage with a dressing room on either side and a cloakroom at the front of the building. There were also facilities upstairs for showing films at a future date. The hall was officially opened in front of a large crowd on the 9th March, 1945. Mr Allan Forsyth was presented with a lovely model of the hall by the Hon. C. F. Skinner MP. Bill Marris presented a clock which was placed over the

one my daughter, Jeanette, saw was *White Christmas* starring Bing Crosby; this was the fifties and she was only a little girl then. The projector kept breaking down during the shows, sending the crowd into an uproar with shouting and booing, but it was always fun.

Every Saturday night was dance night and at the end of the fruit season a shipwreck ball was held. Fancy dress was most amusing. Some came with seaweed draped over their shorts. One chap dressed in an apple box with no sides in it. The Women's Institute did a wonderful job catering for supper with two coppers filled with cockles boiling in the back yard of the hall. A car would arrive filled with sausages, many loaves of bread and pots of tea. A good feast was had by all while the Doug Heinz band played on.

During the winter months table tennis or 'ping pong' as we called it then, was popular and many matches were played in the hall against visiting teams. When Albie Holmstrom from Mapua played one of the Ewers boys from the Moutere, it always proved to be a stiff match. Both were excellent players.

Mapua Fire Brigade

At a meeting of the Moutere Hills Progress League on the 19th of January, 1972, it was resolved that a fire brigade should be formed. This was a major step forward for the community. The section where the station is situated was donated to the fire brigade by Lou Baigent on the 7th of June, 1972, a grant of \$5,000 was obtained from the Fire Service and work started on the station in June, 1975.

After several years of working bees and local fund-raising the building was completed and it was officially opened by the MP for Tasman, W. (Bill) Rowling on the 8th of March, 1980. After Ralph Nuttall had travelled all over the country looking for something suitable, the Progress League purchased Mapua's first fire appliance, a second-hand Ford V8 from Westport for the sum of \$1000. The first brand new fire engine was a Hino purchased in 1975 but the old Ford V8, after being restored jointly by the Lions Club and the brigade, remains in brigade ownership.

Several early volunteer firemen were from local businesses including Perry's and Woollaston's Garages, Lime & Marble and the Fruitgrowers Chemical Company.

In the first year the brigade had seven call-outs – mostly scrub and grass fires. Today it averages fifty call-outs a year.

A limited number of copies of Iola McPherson's book, Turning Back the Clock, are still available. Please ring Jeanette on 540-2769.



Opening of Mapua Hall 1945

front entrance. Later a supper room and storage room were added. The hall, being situated in the centre of the village, was used for meetings, concerts, play centre, dances, annual fruit show, Women's Institute meetings, indoor bowls, Christmas parties and many other local events.

During the fruit season when orchard workers were numerous in the district, Maurie Lark, from Motueka, showed movies in the hall every Tuesday night. Some of the films were very good. The first

Under The Bonnet with Fred

Nissan Leaf – a really smart idea



A Nissan Leaf is one of the now many totally electric cars available in the world. Car, battery and electric engine only with no back-up petrol generator included.

Why is the Nissan Leaf called a Leaf? I suppose you could say it was a clever marketing ploy to have a zero-emissions car called something that is part of the natural environment. Leaf means 'Leading, Environmentally friendly, Affordable, Family car.'

A battery-powered car in rural New Zealand always brings a warning light up in your head. As I drove up to Charlie and Audrey's house I was thinking what angle I could write about and even what to ask, but Charlie and the car itself had all the answers.

Charles and Audrey have made a very smart move. They had solar panels fitted to the house for domestic use some years ago but when the power companies wouldn't buy the excess power they brought a 2012 Nissan Leaf and use that energy and investment to charge the car totally from their solar panels. The car is used for town and around driving and you can't beat it for that.

The Leaf's interior is well set out with usual fittings and bells and whistles, with nice velour upholstery with bold stitching. The gear stick is a button/knob which has P on the top for Park. To drive forward you push the button down and forward, and down and back for reverse, but it then jumps to the P position which I found a little disorientating as for years all car selector/gear sticks' position visually told the driver the car was in gear. The steering wheel has radio and cruise control buttons on it but the star of the car was the speedo cluster and the information it gave to the driver.

A split instrument cluster has two separate areas with a needle display speedo above and a screen with the most important battery information below. This screen displays a bold number indicating how far you can go, but remember, you have to get back again so a 60km journey is really 120km. The kilometres displayed will diminish as you drive depending on battery capacity. Also the equally important battery capacity is indicated and the charge draw-down, which is a series of white circles that indicates with increasing black dots how much capacity is being drawn from the battery. Floor it and all the black dots come up and the distance you can go goes down.

There is a whirring noise as you start moving which I later read is a pedestrian warning which fades away at 30kmh. It is nice, quite motoring, much like being in a big luxury car which I found peaceful, bar a bit of wind noise. I was very conscious of watching the current draw-down with 100kmh showing three bars once up to speed. The car does have an eco button which governs the acceleration so as not to pull too much battery power but is recommend for use around town only.

It is painted a nice electric arc blue and the body is based on a Nissan Tiida with all the space and comfort to match. Under the bonnet it looks just like an east/west front-wheel-drive motor and even has a 12V battery to run accessories, which if you didn't know might catch you out!

Specifications: Motor, 80kw (110hp). Battery, 24Kw lithium-ion. Range, 132km. Weight, 1493kg, length 4.435m, width 1.770m. Acceleration 0 – 97km 9.9seconds. Based on USA information, 3.5cents a kilometre operation costs, based on USA fuel prices at 106mpg US. The 2016 Nissan Leaf has a bigger battery with a 225km range making much more user friendly.

Some questions I put to Charlie and his answers told me you have to change your thinking when you own a battery car: Can you drive to Murchison? No, you have to own another vehicle. What happens if you run out of charge? Don't go somewhere if you can't get back, or tow it. Does your wife like the car? She loves it. How long does the battery last? Nissan guarantee it for 10years. Do you have to plug it in as soon as you get home? We always plug it in as soon as we get home. Does the moving car charge the battery? Only downhill. Can it be plugged into a three-point plug? Yes, that's how you charge it. Where else can you charge it? Richmond and Nelson have fast charging stations.

The environmental issues have changed the way we perceive cars. If we want to save the planet by driving electric cars in rural New Zealand we have to accept change so maybe cars like the Nissan Leaf are part of the change. It was a very smart move by Charlie and Audrey to buy the Nissan Leaf to make use of the solar panel electricity.

Would I buy a Nissan Leaf for town and around? Yes.



Hills Community Church



Does love hurt?

"I will never be in another relationship, love hurts," one teenage girl told me. She had just come out of a relationship. Her boyfriend had just broken her heart.

If I asked you, does love hurt? I know most of you will say yes it does, like this teenage girl.

What if I told you that love does not hurt? Most of you will disagree with me.

I can confidently say love does not hurt; betrayal, rejection, indifference hurts. When someone says that they have been hurt by love, what they are inherently saying is that they have either been rejected or betrayed by someone they love. This could be in a relationship between lovers or families, with friends or work mates.

And most of the times we expect people to give us what they are incapable of. And we end up being hurt. The people we want to love us, how we want to be loved, they are not able. And we end up confusing rejection and betrayal with love. Sometimes the big question is do we love people the way they want to be loved or do we just love them how we can?

The Bible says in Romans 5:8, "But God shows his love for us in that while we were still sinners, Christ died for us."

God is the only person who has the capacity to love us the way we want. People may be willing to

care and give us love but because of our sinful and selfish nature they cannot. Have you been hurt before? Do you feel you are love-deprived? Jesus is the only person who can love you above and beyond how you want to be loved. Bring your care, insecurities, and fears to him. God's love never hurts.

Mark Waweru, youth pastor

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: 9am, Traditional service. 10:30am Contemporary service & Children's programme including crèche; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between.

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft and share a laugh! Open to all, crèche provided.

Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road) on Friday mornings between 10am & noon.

We offer numerous activities throughout the week. Contact 540-3848 for more information.

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**What's On at the Hall
In AUGUST**

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
1 9.30 Zumba GOLD 3.30 FUNK BUSTA 6pm Zumba	2 9am PANZ 6pm Yoga 6.15pm Pilates	3 9am Yoga 12.30pm Tai Chi	4 9am Mapua Art Group 9.30 Zumba GOLD 3.30pm Karate	5 9am Yoga 1pm Probus 6.30pm Mapua Youth Group	6 9.15pm Pilates 12-4pm Painting Class	7
8 9.30 Zumba GOLD 3.30 FUNK BUSTA 6pm Zumba 7pm Comm. Assc. Meeting	9 9am PANZ 10am Mapua Creative 6pm Yoga 6.15pm Pilates	10 9am Yoga 12.30pm Tai Chi	11 9am Mapua Art Group 9.30 Zumba GOLD 3.30pm Karate 6pm Zumba	12 9am Yoga 6.30pm Mapua Youth Group	13 9.15pm Pilates	14 6.30pm Mapua Movie Night
15 8am-4pm Mapua Creative Fibre 9.30 Zumba GOLD 3.30 FUNK BUSTA 6pm Zumba 6.30pm Hall Comm. Meeting	16 9am PANZ 2.30pm Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	17 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi 7pm Tasman Comm. Pool Fundraiser Quiz	18 9am Mapua Art Group 9.30 Zumba GOLD 2pm Friendship Club 3.30pm Karate 6pm Zumba	19 9am Yoga 9:05am Aerobics 10:05am Pilates 7pm Mapua School Quiz Night	20 7.30pm Motueka Social Dance Group	21
22 9.30 Zumba GOLD 12pm Stoke Seniors Lunch. 3.30 FUNK BUSTA 6pm Zumba	23 9am PANZ 2.30pm Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	24 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi	25 9am Mapua Art Group 9.30 Zumba GOLD 3.30pm Karate 6pm Zumba 7pm Comm. Assc. Meeting	26 9am Yoga 9:05am Aerobics 10:05am Pilates 2pm Friendship Club 6.30pm Mapua Youth Group	27	28
29 9.30 Zumba GOLD 3.30 FUNK BUSTA 6pm Zumba	30 9am PANZ 2.30pm Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	31 9am Yoga 9:05am Aerobics 10:05am Pilates 12.30pm Tai Chi	 Like us on facebook www.facebook.com/mapuacommunityhall			

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Learn How to Use Your Fire Blanket

Fire blankets are essential fire safety tools that can save lives and property in the event of a fire. Fire blankets are nonflammable and work in temperatures up to 900 degrees. They work by smothering small fires and suffocating the oxygen needed by the fire. Due to their simplicity, a fire blanket may be more useful for someone inexperienced with fire extinguishers.

Choose the right type of fire blanket for the situation. Small fire blankets are generally made of fire-treated synthetic materials, are best for home and small office use. Larger fire blankets are mostly made of fire retardant wool and are often used in industrial situations.

Review fire blanket instructions before you need to use it for fire safety reasons.

Make sure the fire blanket is stored in an easily accessible place or a quick-release container. Always store a fire blanket in the kitchen, as this is where most home fires start.

Protect your hands and body by wrapping them in the top edge of the blanket as you calmly place the blanket over the fire. Another option

for protecting hands is to wear fire-resistant gloves if available.

Use the nonflammable blanket as a shield as you approach the fire.

Place the fire blanket over the fire. Do not THROW it. The chances are high that you will miss the fire and spread the liquids.

Turn off the power and heat source.

Often you will see smoke seeping through the blanket. This is normal.

Leave the blanket in place. DO NOT remove it for at least two hours. Removing the blanket will allow oxygen to feed the fuel and it can instantly burst back into flame.

If the fire blanket is unsuccessful in putting out the fire, leave the building immediately and call 111.

A fire blanket can be used as a fire shield should you have to move through a burning room. Stay low. Stay safe.

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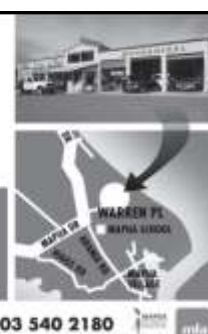
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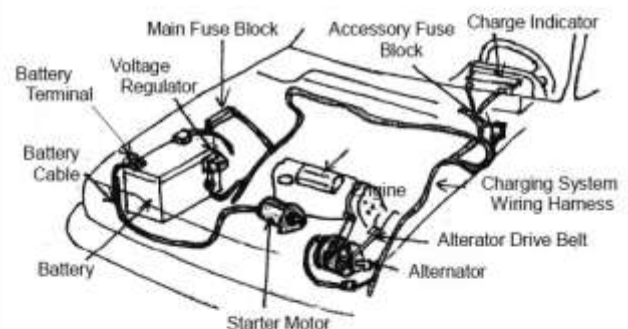
All components within the starting/charging system are connected. A problem with one component can sometimes seem like a problem with another. All components must be in good working order to start your vehicle and make it run properly.

The charging system consists of -

- The **battery**, via a combination of chemical reactions, provides the power to start your vehicle. The battery also accepts the excess power, which is generated when the engine is running by reversing the chemical reaction used in start up.
- The **starter motor** is responsible for cranking the engine into life and is activated when the ignition key is turned.
- The **alternator** has two important functions to perform. It recharges the battery while the engine is running keeping it at peak starting power, as well as working with the battery to operate all electrical components eg. headlights, radio, windows etc.

A fault with any one of these items can cause:

- electrical components to operate erratically
- the engine to stop suddenly
- not allow your vehicle to start.



Starting and charging system faults can occur for many reasons, with a repair varying from cleaning electrical connections to component replacement.

If you suspect your vehicle has a starting or charging problem, contact your automotive technician to check it out and avoid the inconvenience of getting stranded somewhere.

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MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Coordinator: Janet Taylor
P: 540 3364 or
M: 027 230 2943

Mapua and Districts Business Association

The MDBA has been active in our local Ruby Coast and Moutere Hills region since 1992. Membership is open to any business person who operates a business in the area or lives locally and has a business outside the area. The Association's membership is interesting because of its diversity - there are those with businesses that are visible but there are also many owner-operators who do a wide range of interesting work that goes beyond our local region to the wider Nelson Tasman district and also nationally and internationally.

The MDBA offers its members:

- A variety of member meetings and networking events,
- Business development seminars, workshops and courses,
- Promotion of local businesses and the Ruby Coast and Moutere Hills region. This includes the production of a visitor map each year (11,000 were printed this year and we'll be printing more for the next season),
- Opportunities for businesses to promote themselves to the wider community,
- An extensive website offering visitor and community information and free business listings for members,
- Production of the annual Community Directory which is delivered free to all households in the area,
- Member only advertising opportunities in the Directory,
- Support to community initiatives and events such as the Unicycle Fun Day, the Sarau Festival, the Great Taste Cycle Trail, the Gateway Sculpture Project and the Welcome Bag Project (see above for more information).

Currently the annual membership fee is a very reasonable \$75 (in GST). If you are interested in finding out more about becoming a member, please feel free to contact Janet, our part-time coordinator, whose details are above or email her via the website below.

www.rubycoastmouterehills.co.nz



Welcoming New Residents

With a funding grant from the TDC, the MDBA has created a 'welcome bag' for new arrivals into the area. This is a locally branded bag that will be useful for local shopping and trips to the library etc. The bag is made from Recycled PET which is manufactured from used water bottles making this an environmentally friendly choice. The bag contains a Community Directory, local maps and community information. If you've got new neighbours, and would like to welcome them with one of these bags you can collect one from the Hall, Hills Community Church or contact Janet.

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Hi there, I'm Corrin the owner of Smoooch Natural Products. I started making these products because I suffered from dermatitis and couldn't use any shampoos or find any products that helped my skin. Our skin is our largest organ, so I use natural ingredients that are beneficial and healing. We use no chemicals or artificial ingredients, in fact we make it a point to put nothing in there you can't eat! As a result we don't use any parabens, sulphates, petrochemicals or stabilisers as these often dry your skin. Smoooch Natural Products are designed for all skin types and help improve the skins condition by helping to nourish, heal, balance and protect your skin.

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- ♦ Sensual Massage Oil



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Pam wrote: "It really helps. My husband uses it and loves it. (for psoriasis)"

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Noticeboard

Motueka Social Dance Group's next dance: 7:30pm 20 August Mapua Hall. Admission \$6 per person plus a supper plate. Live music, dance prizes & raffles. All welcome, contact Gary 03 528-5363.

Nanny wanted: We are looking for an energetic nanny for our twin boys (19 months), based in Tasman. Suitable candidate would work 15-20 hours per week. Prefer experience & drivers licence. Small car available with the position. Starting mid-August 2016. We will consider a live in option but are hoping for live out. Text/call Mary 027 527 6211.

Hard Fill wanted: Mapua Leisure Park, 33 Toru Street. No Green Waste. Please Call 03 540 2666

Packing boxes (Pack & Send) good quality, 27 @ 45 x 60 cm \$5 each, and 4 smaller ones, \$3 each, 45 x 33 cm. Phone Barbara 027 443 1121.

Work Wanted: Mother looking for work, 15hr per week during school term. Job share. Accounting and office management experience. Anything considered. Larina 022 0788 015

Probus Club meets Mapua Hall, 1.30 pm, first Fridays. Guest speakers talk for about an hour, and club member will also give a short talk. Now in its 15th year, new members always welcome. Pres: Bill Hall, 540-2522, Secr: Rita Mitchell, 03 528-8097

Motueka SeniorNet: Get tech savvy and share more family experiences. Community computer support for 50+. Training courses for iPads, Phones, Tablets, PC and Mac. Members meeting 10am first Mondays. 42 Pah Street, Motueka. seniornetmotueka.org.nz

Spinners, Knitters, Weavers – Creative Fibre Group, Mapua Hall, 2nd Tuesdays 10am. All welcome.

Mapua Community Youth club. Year 9 -13 youth. 6.30-8.30 most Fridays at Mapua Hall. Contact: Andy Price 540 3316, Marv Edwards 027 312 6435. A community-based youth project for Mapua and district, funded and co-ordinated by Hills Community Church in partnership with the wider local community.

Mapua Craft Group meet Fridays 10-noon, supper room, Hills Community Church. Simple craft work including: paper craft & card making, sewing, knitting, cooking, small upcycling projects. Occasional guest speakers, demos & outings. A social, some fun and a chat, some easy craft along the way. Info: Julie Cox 540-3602, juliecox@xtra.co.nz and facebook.

Coastal Garden Group meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Judy Sisam, 547-7292, 142doubleview@gmail.com

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Mapua Art Group meets Bill Marris Room Mapua Hall Thursday mornings, 9-noon. Like-minded artists get together to paint, draw, help each other in a social

environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528 6548.

Mapua Friendship Club meets twice a month, 3rd Thursdays & last Fridays at Mapua Hall for indoor bowls and bring-a-plate afternoon tea. New members enthusiastically welcomed, no prior bowling experience needed - non-competitive, lots of laughs. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

Mapua Social Cycling Group: "Wheels 2 Meals". Approx 30 km ride, coffee break halfway, no racing! Depart Mapua Wharf each fine Thursday @ 9:30 am. Just turn up with your bike, HiVis top & coffee money, or email wheels2meals@gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays outside Tasman Store. We walk for about 1½ hours, then enjoy coffee & muffin back at the Store. Walk according to your ability and speed. All welcome. Just turn up. Fiona 526-6840, fiona.oliver@xtra.co.nz

Kidz 'n' Koffee playgroup: 10-noon, Wednesdays in school term at Old Church Hall, Aranui Rd. All parents & caregivers welcome, we cater for 0-6 yrs. Koha for morning tea. Make some new friends. Info: Bridget, 540-2572.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

Fair Exchange: A small group meets at Appleshed restaurant 9am 2nd & 4th Wednesdays to exchange home grown and home made produce & goods. We welcome everyone! It's the sharing that counts. Info: Judith Holmes 021 072 8924 / 544-0890.

Ruby Coast Newcomers Social Group: meet new people, make new friends. We have coffee at 10am last Fridays at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters@xtra.co.nz, or just turn up.

Moutere Hills Rose Society. A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544 -8733, about membership or casual hire.

Ruby Coast Run Club meets 9am Mondays at Mapua School parking lot. Info: Debby 027 327 4055.

Java Hut Knit Group: 10am Tuesdays at Java Hut. Bring your knitting or crochet project. Info: Debby 027 327 4055

Qi-gong practice weekly in Mapua, YUAN GONG form. Info: Marianne, 0220 828 559.

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