Mapua site gets the all-clear

By Jenny Easton, Resource Scientist, contaminants, Tasman District Council

he environmental Site Audit Report was released by the Ministry for the Environment at the end of July, and concludes that the remediated Fruitgrowers Chemical Company site at Mapua is fit for the intended future land uses, and recommends some additional monitoring.

The Tasman District Council will now take back the responsibility of the site from the Ministry for the Environment which has managed the remediation over the last five years. Old factory sites are notoriously difficult to clean up, with pockets of buried waste, sumps, drums and old pipes. The physical location of the factory next to the estuary, residential houses and shops has made the site clean-up particularly challenging.

This Site Audit comes at the culmination of a long process that the council and the Mapua community have been involved in since 1988, when the former pesticide factory was closed after decades of pressure from the locals, and the extent of contamination of the soils and adjacent estuary started to become apparent. The following 20 years consisted of an information-gathering period, researching various remedial options, securing funding, finally obtaining the consents in 2003 followed by four years of remedial action on site and the last year waiting for the soil validation and Site Audit process to be completed.

The independent Site Auditor's job was to assess whether the different parts of the site met the specified soil acceptance criteria (SACs), whether the site is now fit for purpose or any further steps necessary to achieve this. To do this they had to consider the groundwater quality, the validation results of the excavated walls and floors, as well as the validation of the soils after their treatment (if necessary) and placement back into the correct areas of the site. They have thoroughly reviewed all the relevant documents, spoken to the people involved with the work to better understand the

actual site practices, and the TDC has confidence in their 180-page report and their conclusion. The Site Audit document and the four-page executive summary are available from the TDC website (www.tasman.govt.nz).

The various intended land uses of residential, open space and commercial, and marine ecosystems for the 3.4ha of land and adjacent estuary were decided at the hearing in 2003, and site-specific SACs stipulated in the consents would enable each of those land uses.

The remediation involved excavating most of the site, and testing and stockpiling the different soil types depending on their levels of pesticide contamination. Material exceeding the commercial grade SAC was treated to reduce the concentration using a modified ball mill: the mechanochemical dehalogenation (MCD) industrial plant, owned by the NZ company EDL.

Additional monitoring

To recap, the Site Audit has determined that the site is fit for all its intended purposes, and has recommended some additional monitoring of the soil, groundwater and adjacent beaches but this will not prevent the site being used from now on. The Ministry for the Environment has committed to undertaking this additional monitoring, and have asked TDC to co-ordinate it.

- 1) Soil testing for (a) ammonia gas when buildings are being established on the waterfront park side, and (b) for the organochlorines in the residential soil on the FCC West, and this will be done by reanalysing the samples held by the laboratory to a lower detection limit.
- 2) Twelve additional groundwater monitoring bores, in addition to the existing ones, which will provide better information on the direction and rate of groundwater flow. The quality of the groundwater from the site, and into the neighbouring wells, is not suitable as a drinking water supply, but satisfactory for irrigation. The properties in that area are provided with reticulated supply.



Mapua site contd:

3) The adjacent beaches don't meet the very stringent SACs, and were instead assessed under a different Site Audit criteria; whether they had been "cleaned up to extent practical", considering the difficulty of working in the soft mud and below the water line, and the background concentration of pesticides in the wider estuary which, although low, would recontaminate the beaches. Further monitoring of the beaches is recommended by the Site Auditor to benchmark the ecosystems there, and monitor the effect of the nutrients leaching out of the site via the groundwater. The edible shellfish such as mud snails are also being monitored.

Site Management Plan

The East (mainly car park and Waterfront Park) and the Reserve triangle have a clean cap of 0.5m soil and turf over commercial grade soil, and it is necessary to ensure that the commercial grade soil does not enter the estuary and that a clean cap remains in place. The Site Auditors have approved a specific Site Management Plan (SMP) for these and some other controls including

limiting groundwater use, and this SMP will be followed for any future excavations and tree plantings etc.

What's next?

In the next few months the installation of the additional groundwater monitoring bores and marine sediment sampling will take place.

The Health Report is still expected and consequently the Labour Department report is also held up. The Ministry for the Environment is expecting the final Dilapidation Survey soon, and will be contacting affected landowners.

Development on the Waterfront Park is progressing, and the council has yet to consider the development options for the FCC West.

The Reserve triangle near Coutt Place will become the responsibility of Parks and Reserves and walking paths and a foot bridge considered at a later stage.

Police Update

Hi everyone. We are certainly in the midst of winter and it goes without saying that extra caution is needed on the roads. With all the frosty nights there aren't many people moving about at all some nights, but as usual there are always a few out to cause some form of trouble. Thank you to those who have advised me of the issues with youth gathering in Aranui Park behind the Mapua tavern. The shed out in the grassed area looks like it is becoming a meeting point where youth drink. Issues with cars getting through the trees and out into the park are being addressed by the council.

Some nights youths from the park are going out onto Aranui Road so be aware and if you hear any nonsense going on please call at the time.

Fuel is still being stolen randomly. Make sure your supplies are out of sight and locked up.

Grant Heney, Rural Community Constable, Motueka. Ph 03-528-1220

Mapua Occurrences

July 11: Mailboxes damaged on Old Coach Road-Seaton Valley Road. Several Motueka youths apprehended July 9-10: Mailbox in Iwa Street damaged. 80 stubby beer bottles stolen from car port, Higgs Road

July 1-3: Red 10-litre fuel container stolen Coutt Place July 1: Accident at Pinehill Rd-Main Road intersection, Ruby Bay

June 30: 27-year-old Ruby Bay man disqualified driving after minor accident

June 28-29: Permin Road, generator, wheelbarrow, radio stolen

June 26-27: Coastal Highway. meat, red 10-litre fuel container stolen

Postal Delivery

We can post you the Coastal News. To take advantage of this post \$10 with your name and address to Coastal News, PO Box 19, Mapua Store, 7048. Include your new postal code for rapid delivery. Existing subscribers can also send their new code in by email <u>coastalnews@mapua.gen.nz</u>or by post.

Coastal Garden Group

The theme of the July meeting was garden pests. Rather than inviting in a guest speaker, we had a panel of experienced gardeners who discussed the various aspects of garden pests, including: pests like: thrips, rust, leaf curl, and other fungus diseases and what to spray to keep them at bay. We talked about larger pests like rabbits, hares, pukekos and how to deter them by mechanical means (fences, tree guards) or by chemical warfare, using really stinky concoctions. One particular one was passed around to offend our delicate noses. Then we talked about pests specific to roses. There was lots of audience participation and a lively discussion. We concluded with a discussion on companion planting.

Our gardening quote of the month was, "What this country needs is dirtier fingers and cleaner minds".

The meeting was, as usual, well attended with 50 people. After a fantastic afternoon, (thanks to the providers of it), we had the final bloom/cluster/shrub competition of the year. Despite it being winter, we still had a gorgeous selection of entries in all categories.

Max then gave his tips for the month, concentrating on pruning roses. Here's a few of them: walk round the bush twice and look for the shape required, take out dead wood, take out the skinny stuff, take out crossovers, stake water shoots, cut at 45° above bud, looking at the direction that the bud will grow, wire brush the crown, wire brush stems of standards and spray with lime sulphur. We concluded with the lively monthly auction.

The August meeting is the AGM on Thursday 6th August. We will start with a finger food lunch before hand, at 12.30pm in the Supper room in the Mapua Village Hall. If you would like to join us, either as a visitor or a potential new member, please come along. All enquires to Max Hornblow (540-2718).

Richard Bamfield, Secretary

Spring Show

Ped up with winter? Wish those warmer days and shorter nights were back? Well don't despair, the Coastal Garden Group is gearing up for their Spring Show where members will dispel the chill of winter with a spectacular display of colourful blooms. The show will be open for public viewing on Thursday 3rd September from 12pm. Look out for your next edition of the *Coastal News* for further details.

Garden Notes

There is hope this month—one can see longer days returning, snowdrops in flower, daffodils well up and the early flowering cherry, Seaview Beauty, brings joy during August. A spectacular display is always seen on the left-hand side of Pomona Road.

This is the month to lift perennials, split them and plant in other parts of the garden. The avid gardener tends to get busy this month. And on Spud Monday the first row of potatoes are planted in the Nelson region. Seed sowing begins in earnest now—lettuce, beet, carrots, celery and parsnips.

All stone fruit should be sprayed with copper spray now. Lime sulphur applied before bud-burst will benefit and ensure a healthy year's crop, especially peaches and nectarines. Lemon trees require a good feeding now as they bear heavily and need to be attended to to keep a constant supply of fruit

As spring approaches check your lawn for bare patches which may require sowing and then feeding.

August is the start of the growing season in the gardener's calendar. So much to do, so much to look forward to just around the corner.

Gardening books will be out and you can decide what to plant, what to try that is new. There is always something new to tempt us—that is what makes gardening so much of a joy.

Barry Highsted

Community Association

The deputy chair of the Mapua and Districts Community Association, Helen Bibby, reported to the July meeting on about proposals for the Higgs Reserve. Those who attended were members of the Cycle and Walkways group, Tasman District Council members, Opus and the Coastal Initiative group.

- 1) It was suggested that the parking area be moved to the other side of the road as this would allow easy access to walkways being developed up Dawsons Road, Chayter Road and around the estuary.
- 2) That an information kiosk on walkways be set up in the area.
- 3) That a median strip is put in the middle of the road for people to cross to the Higgs Reserve and the speed limit be lowered to 50km to enable safe crossing.
- 4) That the proposed planting for the Higgs Reserve be estuary restoration planting.

There was a discussion on the possibility of the council purchasing the land that NZ Transport is now using as its HQ. This land has streams with wildlife and wetlands and would be an asset for walkways.

The council acknowledged that adjoining properties would be consulted before any proposals are finalised. David Kemp added that this area would be a good spot for cyclists and cars etc to meet for events as more and more cycle events seem to be happening in the area.

Coastal Initiative Group

The naming of the area that will be cut off by the new highway was discussed. The area includes Mapua, Ruby Bay, Kina and Tasman. There was concern that the consultation on naming this area had not been wide enough and it was suggested a flyer be sent to all local groups asking for their input. Cr Trevor Norris said the name will be a generic name that will appear on the sign and will represent all the area.

Mapua Domain

David Kemp said he had been in touch with the schools, playcentres, youth and soccer club about painting a mural on the domain toilets wall and he was looking forward to responses from anyone who is interested in participating in this project. A projected timeline would be completion in October to coincide with the Spring Fling. Funding would be required for this project.

Old Mill Walkway

Cr Brian Ensor acknowledged that this had been dragging on and that communications between the landowner had been fruitless. The council had decided to build a retaining wall along the property side to prevent the pooling of water on the walkway.

Elena Ilalio said that the trees planted along the boundary of the property will prevent the sun getting into dry the ground out along the walkway.

Planting Project

Planting date on the Moreland Place reserve is Saturday 22 August, 10am to noon.

Aranui Park

A community member spoke out about the misuse by youths of Aranui Park and the old milking shed in the park, by youths. Members were aware of the issues and as this is a policing matter the police will be contacted by the association.

Discussion was held about what the community could do to prevent these happenings. Cr Ensor said that the council had put \$10,000 into a programme called HYPE which specialised in these matters and he would look into it to see if Mapua was to be in the scheme.

The next meeting of the association will be the annual general meeting, followed by the general meeting, starting at 7.30pm in the Mapua Hall on Monday 10 August. All are welcome to attend and have a say in what concerns our district.

Pam Stinton, secretary

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

Managing the beach at Ruby Bay

In September, Mapua and Ruby Bay residents will receive a survey in the mail asking for their comments and views on coastal management issues at Ruby Bay. Local residents are exposed to a number of coastal hazards, but most obvious is erosion of the beach.

The shoreline at Ruby Bay has been eroding for several years and this has put private property and public reserve land at risk of disappearing into the sea. Beachfront landowners and the Tasman District Council have responded to the threat to private property and public land by building seawalls at several locations along the length of the bay. However, building seawalls to protect the shoreline usually creates mixed feelings within local communities – some people believe they are necessary and important, but others disagree and instead favour management options such as beach nourishment (mechanically adding sand to the beach). This survey is an opportunity for Mapua and Ruby Bay residents to comment on how they think coastal management should occur and what it is important to protect.

We are also interested in the planning processes that led to this option being chosen (ie, building seawalls), and public involvement in this process. We are also interested in people's experiences of using the beach and their views of the impacts of coastal protection structures on their beach access. The survey will also canvass your views on any suggestions you might have for mitigating or offsetting any negative effects of seawalls, and how costs of coastal protection and management should be shared fairly.



Looking from the Broadsea Avenue seawall towards the Mapua channel entrance



The beach at Ruby Bay

This survey is part of a national project conducted by GNS Science and NIWA. It is part of the Hazards and Society Research Program funded by the Foundation for Research, Science and Technology (this is a central government funding agency) and is independent of local councils. However, we are working collaboratively with the Tasman District Council on the design of this survey so that the project is mutually beneficial. The overall aim of this work is to build community resilience to natural hazards, by investigating relationships between risk perception, risk acceptance and preparedness at individual, community and organisational levels.

We have also investigated case studies in coastal management in the Coromandel (at Tairua, Waihi Beach and Whangapoua) and a range of West Coast beaches such as Muriwai Beach, Mokau and Urenui. Combining information from a range of case studies will help better inform coastal management decisions nationwide.

We hope those who receive the survey will take the time to participate in this project as it is an opportunity for you to have a say about the how the shoreline is managed. In many cases, people get the chance to express their views about coastal management only at resource consent hearings or other formal forums.

For more information about this project, feel free to contact any of the following: Paula Blackett (Paula.Blackett@agresearch.co.nz). Darcel Rickard (d.rickard@niwa.co.nz), Julia Becker (j.becker@gns.cri.nz), Carol Stewart (stewart.carol@xtra.co.nz).

Mahana School



When Mahana School's team of reporters met to discuss this edition's content it was evident their enthusiasm hadn't waned over term break. They were vibrant about the topics reported on, including the cafe that was a triumphant event and a lot of fun for the school community.

The well-received Matariki hangi the week before term break was a hard act to top thanks mainly to the efforts of Rick Taikato, yet the kids managed a very successful cafe. The food was good, with a course prepared by each of the three rooms and served by the middle and senior students. The waiting staff were obliging and attention to detail was superb with placemats, table numbers, decorations and even waiters' notebooks all hand-made.

The event was patronised with excellent attendance from invited parents and family, packing the senior room and outside seating to capacity. After an initial shaky trial run, the kids came through on the day with a wellexecuted event.

On the sporting front, Mahana is looking forward to the upcoming cross-country event due to be held at the school on the last week of July. Following on in mid-August the year four and up classes will attend the interschool cross country at Rabbit Island, the start of a full series of cross country events around the district.

As for field trips the entire school will attend the NZ fossil display at the Nelson Provincial Museum in last week of July also. The media team reported that there was a surprise in store for the school yet to be disclosed, yet inside sources divulged that it would incorporate a

trip to find fossils on the outskirts of Richmond. Thanks to Principal Neal for scouting and locating the area.

The library leadership group have implemented the adopt-a-cushion programme. The team of their own accord initiated a plea for donations of old cushions to the school library. Over the term break parents and pupils were able to adopt a cushion to take home for refurbishment. The effort that has gone into this initiative is a credit to the contributors. The library team judge the entries and hope to award prizes.

In class the school has implemented a restorative practice programme – with a tutor from the RTLB (Resource Teacher of Learning Behaviour) coming into the senior class to teach the kids how to take ownership of their behaviour and to look out for their peers.

For further information about Mahana School and to view our children's recent activities, visit us on www.mahana.school.nz – much of the content on the site has been contributed by our pupils.

If you are considering a school in the district and would like to have a look around, please call Jenny in the office on 5432 887 to arrange an appointment. Thanks to our school reporters for this content: Briar (12), Hannah (10), Josie (9) Kate (9), Sapphira (7), Elizabeth (7) and Thomas B (5).

Tony Brown, parent, on behalf of the Board of Trustees.

Cadet Unit training offered

A youth organisation with a military flavour, the Motueka Cadet Unit offers young men and women, aged 13 to 18 years of age, the opportunity to choose to be part of our unit.

As a cadet you will learn: bushcraft, leadership, rifle training, navigation and first aid. When you join, you will find there is so much more to discover at the weekly Monday evening parade (6.30pm to 9pm).

The fees are \$30 per term, and you will be issued with a complete uniform.

Take the challenge today, and call one of the following numbers, where we will be only too pleased to answer questions from you, your parents or anyone interested to know more. Motueka Cadet Unit: 03) 528-5271, Monday evenings at parade times, or Training Officer 2nd Lt. Thomason, phone 03) 528-8713.

The Moutere Hills branch of the RSA hopes to encourage the young people of Mapua, Ruby Bay and surrounding districts to join and enjoy the benefits of the Motueka Cadet Unit.

At a recent presentation to the Senior Room at the Mapua School, 2nd Lt. George Thomason of the Cadet Unit outlined the benefits and what is involved for youngsters.

The young people at the school responded with enthusiasm, and the RSA wants to help families who wish to become involved by assisting with some part of the costs.

For further information please contact Norm Thawley, phone 540-2876

Councillor's comment Noise control and climate change

This is a reasonably simplistic view of how the Tasman District Council's noise policy works:

What obligations do noise makers have?

There is a general obligation imposed by the RMA to "adopt the best practicable option" to limit noise emission to "a reasonable level."

What is "a reasonable level" where noise is concerned?

It is arguable: what is reasonable for one person may not be for another. However, if noise is excessive, it isn't reasonable and can be controlled by the council.

What is excessive noise?

Can be defined by a number of things and must be under human control: examples—

- ♦ Machinery (ie chainsaw)
- ◆ Appliances (TV, stereo)
- Musical instruments (amplified or not)
- Anything unreasonably interfering with the peace, comfort or convenience of a person.

It is not:

- Aircraft in flight
- Vehicles being driven on the road.

And it may not be some things like machinery if the use is at a reasonable time and they are operated as quietly as is practical. For example, using a motor mower to cut the lawns at 6 o'clock in the evening is OK, but wouldn't be OK at 11pm or 6am.

Regulatory Services is the council department which deals with noise complaints and employs afterhours contractors to monitor excessive noise complaints. Generally a subjective assessment (based on personal feelings of the observer) is all that is required.

Sound level meters can be used and noise limits are prescribed in the Tasman Resource Management Plan for various zones.

What is the procedure for lodging a complaint? Report the noise when it is happening; don't wait to report it during business hours.

If it is during office hours and environmental health staff are available, they will respond to the complaint as soon as possible. After office hours, ring the main TDC number. Your complaint will be logged in and the council's noise contractor will respond to your call, in the case of Mapua, probably within 30 minutes.

If you have a technical question about noise it is best to talk to one of the council's Environmental Health officers during business hours.

Enforcement Action

The council has a number of options. Obviously, the hope is that the person or persons creating the noise

will cease or tone down the activity causing the excessive noise. Continuing excessive noise could result in seizure of equipment, a written warning, an abatement notice or a fine.

Climate change

Recently I attended the government's road show on climate change and greenhouse gas emissions. The New Zealand government along with other developed countries is developing a policy to set a greenhouse gas emission target for 2020 based on 1990 levels.

The Intergovernmental Panel on Climate Change has advised that stabilising atmospheric concentrations of greenhouse gases at less than 450ppm CO² emissions, is required to limit global average temperature increases to about 2° Celsius by the end of the century. Scientists are warning that an increase in temperature above this could have a major effect on weather patterns resulting in more droughts and floods. This, in turn, will create food shortages and displacement of populations, increasing acidity of the world's oceans and rising sea levels. The present level of carbon dioxide in the atmosphere is 380ppm.

The United Nations is calling for a 40% reduction of CO² emissions based on 1990 levels. The Hon Nick Smith, Minister for Climate Change Issues, has said, "We need an ambitious but achievable goal for 2020 that balances the environmental risks of climate change with the economic impacts on New Zealand of reducing emissions."

New Zealand differs from many other countries in that close to 50% of its greenhouse gas emissions come from agriculture, in the form of nitrous oxide and methane. What is encouraging is that New Zealand is leading the world in scientific research that looks at ways of reducing animal emissions. New Zealand also needs forward thinking policies that return confidence to the forestry sector; increased planting will play a part in offsetting carbon emissions.

The greatest greenhouse gas emitters are China with 20.3% and the USA 18.3%. The success of any global strategy to combat climate change is dependent on the developed countries showing leadership in reducing greenhouse gas emissions and working with developing countries to help raise their standard of living. An example of this is providing clean technology that can help replace coal fired industry.

On a global scale, deforestation of the world's indigenous forests contributes to about 30% of carbon emissions. Most of this is happening in poorer

Contd over

countries such as Indonesia and some South American countries. Developed countries offering financial assistance to help raise the standard of living in these countries would help in preventing the need for these countries to lay waste to vast tracts of their forest.

What particularly stood out at this meeting was the number of young people who spoke with great passion about their future. What is certain is that this is a global issue and all countries need to contribute. All of us will experience some sort of change to our lifestyles to help reach these targets.

Cr Brian Ensor

Where to for the Health Centre?

The Mapua Health Centre's board of management will hold its annual general meeting on 25 August and we hope local people interested in the future of our Health Centre will attend and perhaps make themselves available to be part of the board.

For 20 years now a team of volunteers has been looking after the functions of the Health Centre building. The land and building is owned by the Nelson Marlborough District Health Board and we have been suggesting for some time now that we would like to become an independent entity and in due course build a new health centre.

To this end a building fund has been established but to date this has very little in it. Money has had to be spent on continuing maintenance and running costs, and as the practice expands, costs keep increasing. The dream of new premises seems even further away.

So the management board has many things to consider, both in the short term and in the more distant future. Do we want our health facility to stay in our control? Do we want to hand it over to the District Health Board? Do we want to take the bull by the horns and embark on fund-raising to build new premises?

We are looking for people to join the board as committee members and we will need someone to take on the job of treasurer as Geoff Stevens has advised he will resign from that position. He is willing to help with the transfer of accounts which are all computerised and will provide ongoing assistance, if needed.

I also wish to stand down as chair after three years in the job. I am sure there is someone in the community able to lead a small team and liaise with the District Health Board to ensure that we keep our thriving and much-appreciated health service.

The annual general meeting will be held at the Health Centre, 62 Aranui Road, at 7.30pm on 25 August. All are welcome to air their views and make suggestion for the future.

Angela Fon

Ruby Bay By-pass Progress

Bay by-pass project this past month with clear frosty days taking precedence and minimal wet days meaning work has been progressing to schedule. Work continues through the forest corridor from the Seaton Valley intersection north, also work around Dominion and Apple Valley roads is still affecting traffic on SH60 with truck-crossings in place, so continued co-operation from the public is requested. We have shifted over 880,000 cubic metres of material to date on the project and work has begun on four of the seven major culverts.

Milestones have been:

- Continued undercutting and bulkfilling in Dominion flats with fill from Apple Valley West area;
- Completed preparatory work upstream of Trafalgar Road existing culvert ready for the subcontractor to begin culvert extension work. This included constructing a flume to pass the water in the creek through the culvert but at the same time keeping the work site dry;
- •Constructed super silt fence to protect the estuary downstream of the Trafalgar Road existing culvert and began undercutting and bulk filling in preparation for culvert extension work;
- •Completed construction of Tasman 2 (Lower Field Creek) major culvert;



The new roadbed beside SH60 from Apple Valley Road looking towards the estuary.



Spreading straw mulching to control erosion in the Chaytor Road area.

- •Setting precast wing walls at Tasman pedestrian underpass completed;
- •Implementing sediment and erosion control measures in preparation for any wet weather including straw mulching to reduce erosion, hydroseeding, constructing new sediment ponds and two more flocculation sheds have been installed which add a chemical to treat the sediment-laden water to ensure no dirty water escapes off=site.

Looking forward:

Earthworks will continue along Apple Valley West with cut material being carted to fill Trafalgar Road downstream area to create access for culvert

construction work. Once Trafalgar Road fill is completed, work will continue along Higgs Reserve and Dominion Road where filling will occur to raise the level of these areas closer to final.

Work will be completed at Trafalgar culvert inlet and outlet extension before whitebait season starts in mid August. The aquadam is still to be removed from Tasman 2 culvert (Lower Field Creek) which will allow Field Creek to flow through it and out into the estuary. Earthworks will continue in Trafalgar Road and Apple Valley West Road as well as continuing through the forest corridor.

Jo Orr, Environmental Manager, Downer EDI Works

Animal Health File Dr. Paula Short Tasman Bay Vets

Winter Woes for Dogs

Wow, it has certainly been a cold winter so far. We can only hope that spring will be here soon and with it some warmer weather. Unfortunately I have not been the only one feeling the cold this winter, there have been plenty of old, arthritic dogs out there that have been suffering too.

The colder than usual winter has led to us seeing an increasing number of patients with severe arthritis. Many of these dogs are already on either natural pharmaceuticals such as green-lipped mussel or glucosamine extracts or Non Steriodal Antiinflammatories (NSAIDs) such as Rimadyl or Metacam, but the cold has still been too much for them.

This winter we have been using a lot more of a product called Pentarthron, an injection which is an advanced treatment for osteoarthritis in dogs. It contains a molecule called pentosan polysulphate which assists in relieving both pain and lameness and helps to treat the underlying causes of the disease.

Pentarthon exhibits the following effects on the body:

- Inhibition of the enzymes which break down cartilage and stimulation of the natural inhibitors of these enzymes
- Stimulation of the joint cells to produce lubricant and cartilage molecules

• Improvement in blood circulation to the affected tissue, thereby providing more nutrition to the site

69 Aranui Road, Mapua ph: 5402329

- Promotion of a normal response from the immune system
- Stimulation of the production of proteins, which inhibit free radicals and antigens which cause damage
- Anti-inflammatory action to relieve pain, stiffness and lameness

Treatment involves a course of four injections, given one week apart. This is generally followed by booster injections every three months, but may vary depending on the severity of arthritis present and the pet's response to the treatment. Eighty per cent of dogs respond well to treatment, many responding from the first injection.

In most cases we have been treating a vast improvement has been seen from just one course of four injections. Many of the dogs have improved so much that we have been able to significantly decrease the amount of NSAIDs they are on (and thus decrease the risk of side effects from these potent drugs) whilst still increasing their quality of life. Come and have a chat with us down here at 69 Aranui Road if you have any questions about arthritis or if you would like to try this product with your dog.

Exciting changes at Mapua Playcentre

Playcentre is an early childhood education organisation which is family based. It is a family co-operative where we share in providing sessions for children where they play and learn. We also share in providing support and learning opportunities for adults. The Playcentre movement recognises that children reach their full potential most successfully when their parents understand their development and take part in the learning process.

More than 20,000 New Zealand children every year choose Playcentre as their early childhood education choice. For more than 50 years this organisation has worked to meet the changing needs of families and today remains at the forefront of early childhood education. We are very lucky to have an active and vibrant Playcentre right here in Mapua.

We have recognised the needs of parents in our community and have made some changes to our centre recently. We have employed an administrator to take much of the pressure off the parents. And we have changed our sessions to being parent run, so we are actively involved with our children. If you want to

have fun with your children then come and take a look at Mapua Playcentre and see the support and friendships which develop in a parent run environment.

Our sessions are based on the philosophy of child-initiated play, We believe that infants and preschool children learn best through uninterrupted play. We provide material and conditions for play as generously as we can and then allow it to develop according to the needs of each child. This is important because learning is a result of experience and actively doing, exploring and discovering. Children learn best when they discover knowledge for themselves in an environment arranged to foster such discovery.

Our sessions are open for all children between birth and six years old on Mondays and Fridays 9.30am till 12 noon. Our fees are free for under two-year-olds or \$50 per term per family. Everyone is entitled to three free no-obligation visits. So pop down during one of our sessions or call Michal on 540-3460 if you would like any more information about what Playcentre can offer you and your family.

Letters to the Editor ...



Community Co-operation

I read the *Moutere Mail (Grapevine)* with interest and applaud the efforts of the "constructors".

As a local resident on the coastal fringe and often deprived of access to the news, I am, however, supportive of closer community co-operation, particularly over the divisive effects of the so-called Ruby Bay by-pass. This ill-conceived farce has been partly, yet successfully reviewed by the community through the reduction of the lighting at the Tasman intersection.

Consequently, can this cost-saving be re-allocated to improve other safety issues—specifically that recognition is made for a Seaton-Gardner Valley's cycle/pedestrian (and livestock?) "underpass." But what will it cost the community if safe vehicular "underpass" access is not also provided? It is the duty of the Tasman District Council to ensure that they "make it happen".

So Moutere Ward residents get on the phone (or write) TODAY and demand that your essential services (roads included) and unique environment be maintained and enhanced, and not degraded by the unnecessary wishes of non-locals and transitory users!

W K Darling (Advocate for Sustainable Rural Communities), Ruby Bay

Felling of park trees

I've been informed of the felling of a number of native trees on the hillock by the tavern in Aranui Park. I must say I am pretty shocked by this. It looks as though the Garden Club or one/some of its members did the felling. Is this organisation being monitored, please? Surely no one has a licence to cut down native trees in the park?

Please bear in mind that the park was gifted to the people of New Zealand to preserve New Zealand's natural heritage. This is the purpose of the park, so it goes without saying that all activities in, and modifications to, the park should come within this jurisdiction.

Sandra (Wells) Jacobs

(This letter was also sent to the Tasman District Council by Mrs Jacobs-Editors)

Back home again

Nine weeks in the northern hemisphere come to an end as Shona and I return to Mapua and home. The cold temperatures of winter a shock. A 24-hour layover in Hong Kong where the temperature was 40° didn't help much. Never mind, the weather is the weather—the favourite topic of day for most of us when you think about it.

Good to see the progress being made on the by-pass project despite winter conditions. Top of the list of "to do" is an on-the-spot update. I'll have more to say on that subject next month.

Back to travels. Following our stay near Saint-Saturnin-les-Apts in the Luburon Valley of Provence, we journeyed 100km north to Avignon, the walled city and home of the Popes for over 100 years from the early 1400s. The "Palais des Papes" (Palace of the Popes), is an immense fortress built during this period and today is a living testimonial of the huge wealth, power and influence of the Catholic Church of that era. It is built on the back of a massive rock outcrop which overlooks the Rhone. This rock is said to be the site of an ancient Celt "oppidum" (hill fort). Walking onto that site was a humbling experience.

Two days in Avignon were not enough by any means, but it was time to board the bullet train to Paris. At speeds close to 200kmh at times it was rather too quick a trip across a big bit of France to view the countryside.. But then Paris. What more is there to say? We based ourselves in a two star hotel in the Rue de la Chapelle

Letters to the Editor ...



Contd

district. An area of great racial mix. with Sri Lankans and Bangladeshis predominating.

After some helpful tuition from the friendly locals on using the Paris Metro we travelled around the city conveniently and at very little cost. We walked a great deal as well, including the entire length of the Champs Elysees, mostly doing the thing tourists do when in Paris—the Eiffel Tower, Arc de Triomphe, the Obelisk, Notre Dame, Musee d'Orsay, Jardins de Luxembourg, the River Seine and the Louvre Museum where we viewed De Vinci's Mona Lisa.

We also moved out of the square a bit and found some good out-of-the-way places to eat, things to see and coincidentally some interesting people to talk to. Sad farewells, but on to London via the Eurostar. The "Chunnel" bit of that trip is very brief indeed. St. Pancras International Station and then 45min on the London Underground out to Heathrow Airport. We picked up a rental car and it was out and onto the M25 and the M4 headed for the Cotswolds. Beautiful rolling country.

At Cirencester Shona made contact with her cousin and her cousin's family. A happy and rewarding visit. Five days there with time to visit Stonehenge and the Roman baths at Bath. Then off to North Yorkshire where we made our base a B&B high up on the hills near and overlooking the town of Skipton and its historic Skipton Castle. A stunning panoramic view.

Strong family ties in this area for Shona where her father spent his growing up years before coming to New Zealand. Part of three days were spent at Bolton Abbey and the cemetery there where her father's ashes and many ancestral members of Shona's family are laid to rest. Not the least of her ancestors being Richard Neville Moon who was the last Prior of the Abbey. He negotiated with King Henry VIII in 1539 to preserve the priory for the local residents despite King Henry's order to destroy all the monastic houses in England in that year. Today's Priory Church and the Abbey is a "must-visit" if you go to North Yorkshire.

The Yorkshire Dales are typified by the huge number of drystone walls. Literally hundreds of miles of them criss-crossing and dividing the endless fields and paddocks. A living history of the enclosure of what was once the "common land" for farming and grazing in the historical move away from feudalism to individual ownership of the land.

We did some interesting exploring and visited an interesting site of a Roman villa which is being restored. The end of our Yorkshire adventure and we tackle the M1 run to outer London. We have a rewarding catchup visit with our ex-Ruby Bay neighbour and friend Jilly Blackman-Stevens who is a house matron at the famous Harrow School. Next we returned our car at Heathrow and caught our flight to Stockholm for five days with the Kjellstrom-Taylors from Ruby Bay. Stockholm is truly the "Venice of Scandinavia". Waterways, canals and boats, boats, boats. Over 2000 islands in the Swedish Archipelago. The city is orderly and clean. A contrast to the other cities we visited excepting Hong Kong which is filled with litter at the end of the day and magically all cleaned up in the morning. Home on July 13. A bit jet lagged and weary and ready for a pause from the daily routine of suitcase living..

Our trip? Nine weeks of new experiences and adventure and lots of fun. Thanks to my early training starting as a 16-year-old on the Los Angeles freeways, driving on the British motorways was no problem despite the dire warnings from well-meaning and concerned friends before we left New Zealand. You still just get into the inside lane and go with the flow, sometimes up to 80mph!

We were astounded by the number of people smoking in Europe. The tobacco companies must be on a roll. Filter cigarette butts in the Paris gutters were near ankle-deep in places. Of course the wall-to-wall people and bumper-to-bumper cars in the cities are to be expected. No denying that impacted on us. I guess cars and motorways are going to be with us far beyond my lifetime. There is no sign of any slacking off either there or here for that matter. Three quality-time visits with our friends—London, Provence and Stockholm the highlight of our trip. Special times to be remembered.

Air and land pollution? Signs of global warming? It's all out there waiting for us. We saw, we felt and we smelled the evidence.

Hugh Gordon

Sam's Spam

August 2009

always like to warn people if I hear of any scams but this latest "rip off" in New Zealand is a bit different. Although not technically a "scam" people are being duped into paying huge mobile phone bills when they take Online IQ and love-compatibility tests.

For example, an article in the *Waikato Times* says that Alan Chew was on a thesaurus site with his daughter Mei-Lin, aged 8, when a banner appeared offering to test their IQ. The pair did the test but to obtain their results the site asked them to enter a mobile phone number. Once he was subscribed Mr Chew started receiving text messages which he found cost him \$3.50 a pop!

Mr. Chew was not the only person caught out. Hamilton woman Dellyn Mortleman completed the IQ test link on Facebook, giving her mobile number to obtain her results. She was charged \$30 for text messages she received.

http://www.stuff.co.nz/technology/digital-living/2596221/The-latest-internet-scam-IQ-tests

Be warned—once you subscribe to these sites, it is very difficult to unsubscribe. The Commerce

Commission has received a number of complaints about text subscription services that originate from such websites and urges people to read the fine print. However, they will not be taking any action at this time against any of the websites as they have not breached the Fair Trading Act.

What is an IQ test? An IQ test (intelligence quotient) is an assessment of your ability to think and reason. The IQ score is a standardised way of comparing this ability with the majority of people the same age as you are. A score of 100 means that compared with these people in your general age group that you have basically an average intelligence.

A good way to prove your intelligence is to keep away from these types of IQ tests!

Free Stuff on the internet

After the article above it has to be a free IQ test! There are lots of these available on the internet – just put Free IQ tests in the search bar. I have put a link to one below—it takes only about 10 minutes to complete and is quite fun. Just remember to never give any personal details on the internet, including bank details or phone numbers and that way you should avoid falling for

BOOK REVIEW

Jeanette Cook reviews The Shadow of the Wind (2004) by Carlos Ruiz Zafón, available from the Mapua Library

Call me a Luddite, but I have fond memories of the days when a 'brilliant' book was something you couldn't put down? You read into the small hours then reached for it again at first light. Glued to the page waiting for the jug to boil you were lost in another world. You even carried the damn thing to the toilet! These books made you gasp in horror, laugh out loud or cry real tears. They were written by authors like Dickens, Edgar Allen Poe, Daphne du Maurier, D H Lawrence, Steinbeck, Hemingway, William Golding and John Fowles. They wrote with intelligence, sometimes humour and often a social or political message; but, above all, they were consummate storytellers.

What happened to the art of storytelling? Today I am often disappointed by the latest 'well-reviewed' title', and even the odd Montana or Booker winner, finding it at best, contrived and self-consciously clever and at worst, laboured, introverted, self-indulgent, morose, or just downright boring.

Carlos Ruiz Zafón's The Shadow of the Wind is a refreshing change - a contemporary novel with that engrossing, heart-in-mouth quality of the old pageturners. The novel begins in Franco's Spain in 1945, when a father takes his 10-year-old son to the 'Cemetery of Forgotten Books' in Barcelona and asks him to choose one book and take responsibility for its protection. Daniel chooses The Shadow of the Wind by Julián Carax, published in 1936. Six years later Daniel has becomes a young adult moving confidently about the old city, where he falls in love, makes intriguing new friends, and remains obsessed by his chosen book and its unknown author. One night he realises he is being shadowed by a stranger, and as the book's plot seems to overlap and imitate his own life, Daniel begins to have some very unsettling experiences.

The surprising twists of the plot reflect the meandering dark streets of the old medieval city around the Ramblas. The novel has a no-doubt intentional Dickensian quality and like Dickens, Zafón's wicked sense of humour is reflected in his comic characters. But there is a more serious note, too. In the 1930s Barcelona was the centre of a bloody conflict, and Zafón gradually exposes the shameful memories that still lie hidden below the surface of the modern city, memories of a time when brutality reigned and fear or ambition caused neighbour to betray neighbour.

Unlike food, books have no use-by date, so in these straitened economic times you might want to forgo the

MAPUA LIBRARY

Ph 540-2545

Our library is unique in that it is not controlled by the Tasman District Council, therefore it is not managed as a branch of the Richmond Library. This enables



us to provide a service with no fees, which is a great benefit to the community. However, we are very fortunate to be very well supported by the TDC which pays for all our utilities, (rates, telephone, electricity and building maintenance) and maintains the grounds to a high standard. The TDC also provides grants for book-buying; this year we have used the money to supply magazines and have purchased books on the subject of health and well-being.

To further extend our rapport with Richmond Library we recently hosted Catherine Bryham, the new Libraries Manager of Richmond, together with Ruth Lawley, Collections Librarian. They were very complimentary about the relevance and stocking of our shelves, the layout of the library and how we operate. Catherine and Ruth confirmed their continued support: not only the useful flow of ideas, but also providing us books on loan and augmenting our large print stock of books. (They've recently provided 76 new large-print titles for our shelves; so together with our own new stock it's worth a fresh look for these arrivals on our shelves.) Richmond also recently donated two storage trolleys to our library, which gives us greater mobility for shelving. We really do value this important link with Richmond.

I mentioned that the TDC provided money for magazine subscriptions. This section is constantly under review as we endeavour to provide the right mix of interests to the community. We actually have three methods of providing magazines: subscribed editions which are issued and recorded as if they were books, the rack of donated magazines which may be just taken

contd over

new crop of expensive novels and search your library's own 'cemetery of forgotten books' to revisit some 19th and 20th century favourites. However, not all "unputdownable" books are by dead writers. Some excellent contemporary storytellers are Sebastian Faulks (Birdsong), Barbara Kingsolver (The Poisonwood Bible), Ian McEwan (Atonement), Michael Ondaatje (The English Patient) and our own Elizabeth Knox (The Vintner's Luck). Or you could wait till the library gets Zafón's latest, The Angel's Game – described as a prequel to The Shadow of the Wind.

Mapua Library

(but returned, please!), and the magazines to be found in the basket near the door which may be taken and not returned.

Because most magazines cover current events, do return them promptly, so that others may read them while they are topical.

We are interested in hearing your views on the magazine selection; please let our duty librarians know your thoughts.

Dot Moriarty

Library Hours:

Tuesday, Friday & Saturday 2pm - 4.30pmWednesday 5pm - 6.50pmThursday 10am - 12.30pm

Mapua Domain mural

With alterations to the amenities (toilet) block in the Mapua Domain completed, the opportunity to enliven the outside walls has arisen, so we are asking the people who use the area—mostly children—to come with ideas and designs.

The thinking at present is that users of the activity in the area facing the wall, decorate that wall,ie—

- Skateboarders have that wall,
- The children's play area users decorate that wall
- BMX and sports field/soccer people do that wall
- ◆ Tennis people do that wall.

All local schools and many organisations which use the park have been invited to participate. So, if you have children or associate with other users, please encourage them to get busy with paper, pencils, felts, paints and come up with ideas.

Out of the mix, hopefully, suitable formats will evolve. It may be that not everyone's effort will be usable, but the important point is that the final mural will belong to the children and youth of this area, at this time.

Time Line

- July to mid August individuals and groups come up with ideas.
- Mid August to early September steering group sorted and refine ideas.
- ◆ September submit designs to the Tasman District Council
- ♦ October paint murals

A steering group has to evolve and hopefully the right mix of children and adult helpers will come forward. If interested, please contact me on ph. 540-3720 or email dk@davidkemp.co.nz

David Kemp, co-ordinator

MAPUA COMBINED PROBUS

At the July meeting of the Mapua Combined Probus Club the speaker was Brent Sturm, a local real estate agent and resident of Mapua.

He began the story of his journey through life by telling us about being brought up in Auckland in a very dysfunctional family where alcoholism and violence were the norm. He ran away from home at the age of 13½ and lived on the streets for three years. A church worker was instrumental in starting his turnaround, as was an army recruitment officer who gave him a chance despite his lack of school qualifications.

The first two years in the army were tough, but he persevered, and carried on to serve in the army for another ten years, only leaving because his wife was expecting their first child, and of his imminent posting overseas for another six months in Bosnia. The army taught him respect for himself and others.

He spent time in many countries including Bosnia, East Timor and America, a total of 17 countries all together.

After leaving the army he entered into the real estate profession, and has been very successful, having an interest in three firms in the Nelson area. Brent has four young children and seems to lead a very busy life, but finds time to help out in the community.

Our second speaker was member Frank Gibbison, who talked about the history of the local RSA as well as a project they are trying to instigate with the Motueka Cadet group which could involve some of Mapua's youths. This topic tied in nicely with what our first speaker covered.

Audrey Kitto



Display space at the Mapua Show is now at a premium with nearly all available sites already booked by local artists and artisans. This is good news for our committee who can now focus on making the weekend event a lively and attractive event.

Members of the public attending this festival of the arts can expect to see a wide representation of the range of arts and crafts being produced in our immediate region. Items will be available for sale to the public but there will also be reward for those coming just to browse. Public entry is by a gold coin.

The Mapua Show is not to be confused with the Easter show held in the open on the village domain. Our event is smaller and more specialised and has the express purpose of promoting the fine work being done by professional and semi-professional artists living and working in, or close to, Mapua.

Do keep part of the weekend of 14th and 15th of November free so you can come to this special event.

Richard Bullock, Chairman

The ShedLight Blokes

The organisers of the Shedlight Blokes arranged another evening on the 23rd June, unfortunately it was another very cold night but the visit was well worth it for the 30 blokes who arrived at Peter Murton's sheds.

Peter started his shed as a hobby but it grew into a nice, successful business building boats. He has a well set up double shed that had six boats under construction. These included a Kenosha canoe about 5 metres in length. It is being built using laminated strips of wood glued together. An estimate on the time for each canoe is about 150 hours for one person. Other boats were the designs Navigator and Whaler.

Peter has some other sheds on the property, in one of which is the old design yacht, Idle Along, which revived memories for several blokes. Also has, for want of a better word, an old launch, which has a good speed. Unfortunately the cold got the better of my fingers and my notes deteriorated badly.

Peter is building a small steam engine that when completed will turn a propeller about 200mm in diameter. The engine is basically complete and just has to have the steam boiler built. Brian gave a vote of thanks to Peter for his generosity in allowing the blokes to see another very interesting shed.

Car-pooling for Ecofest Expo

Hurrah! Tasman District and Nelson City councils have organised a special car-pooling website for Ecofest, 15 and 16 August, and everyone can use this to organise rides to and from the venue at the Trafalgar Centre in Nelson. This is a great opportunity to try out car-pooling and you can save money, save the planet, save your car and make a friend!

Go to www.ecofestnelsontasman.co.nz to offer rides, and contact people to ask for rides.

In addition TDC is looking at setting up a car-pooling website for the whole district, and at the Tasman District Council's Ecofest stall there will be a car-pooling questionnaire gathering feedback on this idea, and ways to make it easy to use and successful. Please be sure to fill it in!

The Transition Town transport group presented its submission on the merits of car-pooling and argued strongly for a TDC car-pooling website, so we hope that this will happen soon.

Jenny Easton, co-ordinator for Transition Town Mapua Transport group

PANZ

The weekend of the 11th and 12th July saw 11 members industriously framing their paintings under the guidance of tutor, Lance Trolle'. It was two days of constant measuring (and measuring again), sorting out complimentary mattboards and selecting mouldings to make the frames. The concentration levels told on us by the end of the course, but we all thoroughly enjoyed the experience. The next workshop is booked for the first weekend in December. First in first served.

We have been very fortunate to have had a pastel painting by Lyn Diefenbach (Master Pastellist of Australia) sent to us to raffle in order to raise funds. You will no doubt be approached in the near future by a member selling tickets, but anyone interested can contact me direct. The painting is a beautiful rose (450mm x 450mm), well framed and the tickets are three chances for \$5. This painting would retail at \$2500. The winning ticket will be drawn by Lyn at our National Art Awards on 26th March 2010 in Dunedin. The winner will be notified by phone/email.

Tuesdays are still well attended but we are always open to more members. Call in and see what we are up to, you can even try using pastels.

Glenys Forbes, ph 540-3388

Hills Community Church

Getting to Know You

Community Church called "Get Acquainted" Sunday as a way to recognise and welcome newcomers to our church. It's a casual affair—I simply introduce the folks, share a little information about them and encourage everyone to 'get acquainted' after the service during the shared lunch. Oh, yes, our newcomers also get a little information packet about the church. We do this every 3-4 months.

Our next "Get Acquainted" Sunday is on 2nd August and I'm trying something a little different this time. Since the event hasn't actually occurred as of this writing I'm being a bit optimistic that it will go well. Fortunately the folks at Hills Church are a forgiving lot if the minister tries something really wacky—so far.

Well, here's the plan: we're dispensing with our usual seating arrangement and will gather in small groups of 5-6. I have some 'get acquainted' questions they'll answer in their groups. I've listed them below (slightly modified) with my own personal responses. As a challenge to the *Coastal News* readership, I invite you to answer the questions and send your responses to me. I'll report in September issue how many responses I actually get! Come on now, who's up for the challenge? **Question 1**: Introduce yourself. Share your name; family members; where you live and how long you've been an area resident.

Answer: Marilyn Loken. My husband, Rod, and I live on Langford Drive and have been residents for three years.

Question 2: Describe how you are currently involved in the community and/or how would you most like to be involved.

Answer: I'm the minister at Hills Community Church and active in the local Garden Club. I would also like to start or be part of a book club.

Question 3: Describe a favourite hobby, activity or personal interest.

Answer: Gardening—flowers and vegetables. I'm very proud of my raised veggie beds.

Question 4: Describe a place that is special to you and why.

Answer: Wharariki Beach. It can be wild and peaceful at the same time.

Question 5: Name something interesting or unusual about yourself that most people do not know.

Answer: I wrote my first play in primary school. It was a class project—an adaptation of the book *Treasure Island* which we had read in class. The play was performed by my classmates at a school assembly. I

also played the lead role of Jim Hawkins because none of the boys in the class would take the part. Ahoy!

Question 6: Have you ever witnessed a miracle? Answer: I see most of life as a miracle. I've witnessed people who have faced and survived incredibly difficult circumstance with amazing amounts of courage, hope and grace that has truly humbled me. I've also witnessed numerous lives transformed, renewed and rebuilt by faith—including my own.

Well, those are my responses—I look forward to hearing from you—mloken@xtra.co.nz

Glad to make your acquaintance, Rev Marilyn Loken, Minister, Hills Community Church

"O LORD, you have searched me and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways." Psalm 139:1-3

New @ Hills-Drop-off for Area Food Bank

If you would like to make a contribution to the Community Food Bank in Motueka you can bring your non-perishable food items to the church (123 Aranui Rd) on Friday mornings between 9am & noon. There is a basket marked "Food Bank" in the front entry. We deliver these items each month to the food bank.

Happening @ Hills—we are a community-based, multi-denominational church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer both traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome. For more information call: 540-3848.

Sunday Worship: Traditional service 9am, Contemporary service & "God's Garden" for Kids 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea between services. First Sunday of each month: one service @ 10:30am followed by a shared lunch.

1st & 3rd Tuesdays: 12:15pm—NZ Prayer Book Communion service followed by intercessory prayer

Wednesdays: 10am-noon—Kidz n Koffee Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided. We also offer numerous home groups and youth activities.

Mapua Health Centre

Dr Tim Ewer has returned from study leave to the USA, UK and Europe which focused mainly on nutritional and environmental medicine while attending various conferences and visiting specialised health centres. Our appreciation and thanks go to our locum doctors: Rachel Shouler, Tim Phillips, Janine Bailey and Alice Faulkner. Also thanks to Cindy de Villiers and Elizabeth Wood for working longer hours to fill the gap.

A quick update on Influenza A (H1N1) swine flu.

How does it spread?

The new influenza A (H1N1) virus spreads from person to person, in the same way that seasonal influenza viruses spread. The main form of transmission is through the coughs or sneezes of an infected person. Infected droplets are released into the air and breathed in by others. However, these droplets do not remain in the air long and generally only affect people within two metres.

It is also possible to get influenza by touching contaminated surfaces, and then touching your nose, mouth or eyes.

How infectious is it?

Because this virus is new, people have no immunity to it so it will spread more quickly and widely than the seasonal flu. The pandemic situation could mean lots of people become sick at the same time and this could have a big impact on our day-to-day lives, and place considerable pressure on the health services.

Experts aren't yet sure how long people who have the new Influenza A (H1N1) virus are infectious and able to pass the virus to others. It appears they could be infectious from a day before they experience symptoms until about seven days after they first experience them.

Children, especially younger children, may be infectious for longer periods. However early use of antiviral medicines, such as Tamiflu, can reduce this infectious period.

Be prepared

If you've got flu symptoms, stay at home until essentially well, that is not sneezing and coughing, as this is how the virus spreads. This is usually around three to four days after symptoms start, but may be up to a week.

Stop the spread of flu germs by:

- Covering coughs and sneezes
- Regularly washing your hands and drying them thoroughly
- Avoiding contact with sick people and reducing time spent in crowded settings.

If your condition worsens, seek medical advice by phoning Healthline 0800 611 116 or your healthcare provider (Mapua.Health Centre – 540-2211).

Get medical advice if you have a serious condition including respiratory disease, heart disease, liver disease, blood disorders and neurological conditions or have a suppressed immune system (including the effects of certain medications such as steroids, or known to have HIV).

Some of the important events around the country and worldwide this month are:

- 1-31 Save Our Sight Month www.nzao.co.nz
- 3-9 Amnesty International Awareness www.amnesty.org.nz
- 3-9 Cystic Fibrosis Week www.cfnz.org.nz
- 7 World Dental Day www.fdiworldental.org
- 9 Indigenous People Day www.un.org
- 2 World Youth Day www.un.org
- 13-20 Conservation Week www.doc.govt.nz/getting-involved
- 24-28 Cancer Society Awareness Week www.cancernz.org.nz
- 31-6/9 Multiple Sclerosis Awareness www.msnz.org.nz

Under The Bonnet with Fred

A Jaguar with Race Experience

When we think of Jaguar we think of sporty. A 1955 XK140 Fixed Head Coupe SE (hard top) Jag with 330,000miles (534,000km) on the clock has to be seen to believed. It's a credit to its present owners Phil Benvin & Flo Taylor of Ruby Bay for maintaining this icon of British sports car, plus time spent tracing the history and meeting past owners to find out their stories of ownership.

The car's history is race and rally, having been brought to New Zealand by Frank Cantwell in 1956. Note the car is 1955 as it took one year to build and ship the car to New Zealand, no roll-on roll-offs in those days. Frank Cantwell ordered SE modifications for the car to race circuits such as Wigram, Ardmore, Southbridge gravel track and the Waimate street races. Frank sold the car to David Owen in 1957 and all owners raced or rallied the car. 1995 it was entered in the Targa Rally as a classic competitor.

I wonder, did the car chose its owners to make it do what it liked doing? Phil, chosen to look after in its later years, nice garage and outings to keep its sprit up. Phil and Flo called on Betty Cantwell, the wife of the original owner, and she remembered the car well and gave them the photo of Frank & Betty at Ardmore about 1957.

Under the long pastel blue bonnet (hood) is a 3.4 litre twin-cam six-cylinder in-line engine with all the polished castings embossed with Jaguar logos. The car is a model SE with race modifications options, 2in sand-cast SU carburettors, 'Ç' type cylinder head, lightened flywheel, and close ratio gearbox with electric overdrive.

Specifications: 3442cc, 6 cylinder, 0-60mph 9.5 seconds, top speed 130mph (209kmh), 190bhp, weight 1,442kg. Power-to-weight ratio similar to modern cars.

The body is the most expressiove part of the car with rolled front guards, long bonnet and aviation-like cockpit roof shape, a bit short of chrome for me but nice. Those tail lights looked familiar. I'm sure I have seen them on a 1960 Morris Minor.

Sitting inside the car with instrumentation close by it was like a cockpit of a WW2 fighter. It was clever 1955 marketing as most of the potential buyers would have been in the war. Inside, walnut wood grain dash, leather seats and door panels, key on and button start.



(I'm sure I have seen the light switch on a Morris Oxford), nice big four-spoke steering wheel with the Jaguar logo looking right at you, but the speedo and the rev counter rotate in opposite directions, which I found out later was a bit disorientating. I did like the old push-out ventilation down beside the pedals, right were you need it, and it works instantly.

Going for a drive in a XK140 is very cockpit-like as we rumbled down Crusader Drive, turning left on to Stafford Drive we were quickly up to the speed limit passing the Ruby Bay store. As we cleared the 70kmh area Phil dropped it down to second and then third with the close-ratio gear box working well with the engine. The first right-hand bend approaching and I was thinking "Hey, man!" but the car lurched a little and we were around the corner going for the lazy left-turn by the water. I was hanging on as the 1955 suspension worked the bumps in the road, down to third again and up the bluff at XXX mph, a few tyre squeals as we rounded the hard left at the top and we cruised on to the Motueka roundabout for the return journey. Half-way back the smell of the hot engine combined with smell of leather and all the interaction, especially the speedo and rev counter rotating in different directions, made this a classic British sports experience.

In 1960 at my home town of Whakatane the neighbours' son called every Sunday in his big white Jaguar sports car. Thanks to Phil, I finally got a ride in an XK140.

Thanks to Phil Benvin & Flo Taylor for looking after the Cantwell Jaguar XK140.

Fred Cassin

Naticeboard

Wanted - House to rent. Local, well known family looking for a house to rent from around Oct/Nov onwards. Ideally would be looking for a long-term rental in Mapua. Excellent references and local links. Please contact Jenny & Marv on 03 540 2223 (leave a message if we are out). Thank you.

Harakeke/flax weaving weekend: for beginners, and intermediate level. To be held in Mapua towards the end of August, date to be confirmed. Start 9.30am to 4 pm. To enrol and further information please phone Carol 540 2287.

Taoist Tai Chi - Improve your flexibility, mobility and balance, and learn to relax. Suitable for all ages. New class starts Thursday 3 September, 6pm at Mapua Hall. All welcome, no booking required. For information contact Christine Weir 543 2204 (evenings).

Mapua Health Centre Board of Management AGM at the Health Centre, 62 Aranui Road, 7.30pm Tuesday 25 August. All welcome. Nomination forms available at the centre. Secretary, ph 540-3203.

Country Occasion at Neudorf, Sunday Nov 29, 10am until 4pm. 70 stalls under the trees at Neudorf. All proceeds to Child Cancer and the Moutere Community Centre. To enquire about a stall email judy@neudorf.co.nz

Friendship Club meets 3rd Thursdays, supper room at the Hall. Indoor bowls, Euchre & Crib, etc, afternoon tea (please bring a plate). \$1 donation and 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers!) We welcome old and new members. Val Roche 540 3685

Need technical help? Can't connect your DVD player? Don't know how to download photos from your digital camera? Computer running slowly? Local help is at hand! Average job price only \$20! Basic web design also available - pages start from just \$35. Call Sam on 03 540 2804. – sambennett@live.jp

Skye Harvest Extra Virgin Olive Oil available fresh from the producer. Ph 540 2698. Orders delivered, or call in 113 Seaton Valley Rd Mapua.

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. For more info Lynley 540 2292. Genealogy Computer Discussion Group: This year our bimonthly meetings will be 1.30pm on Saturdays on the following dates: Aug 8, Oct 10, and Dec 12. For information: Val 540 3931 or Peter 540 2686.

Mapua Art Group: Painting/Drawing mornings every Thursday 9am-12.30pm, Supper Room, Mapua Hall. A group of like-minded artists get together to paint and help each other in a fun and social environment. All levels and media most welcome. \$4 session includes

morning tea. Tables and chairs provided. Lisa Chandler, 540 3933.

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome. Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Barry Highsted 540 3139.

Kidz'n'Koffee Playgroup, every Wednesday (in school term), 10am-noon at Hills Community Church. Ages 0-5yrs. All parents & caregivers are welcome to attend, no cost, donation for morning tea. Come & relax & meet some neighbours. Lisa Gant 543 2530, Tressa Waynan 540 2632.

Toy Library: check out our extensive selection of toys, puzzles & videos for children 0-5yrs. Located behind the Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Kerri 540 3386 or Gill 543 2195 about membership or casual hire.

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. Rosalie Wattereus, 03 582 9486, Secr. Margaret Butchart 5402686

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com

Fullpower and Kidpower

Gives you the opportunity to find your own, innate powers, to develop strategies for personal safety in a variety of situations and to feel capable & confident when faced with challenges.

Tailor-made workshops in Mapua - organise a training for *your* group!

Instructor Training and Position (part time). We are seeking local men and women who want to make a real difference. Our commitment is to provide full training and support to our instructors. FULLPOWER Personal Safety for Women and Teenage Girls. Positive safety skills and confidence for everyday and emergency situations. Practical, hands-on, life-changing. 20 & 24 September 9.30am – 4:30pm. Nelson. Flexible fee.

KIDPOWER Parent/Child Workshop for 4-7 year olds. Have fun with your child(ren). Gain positive, non-frightening tools for effective safety education in your family. Saturday 26 September. Tahunanui. Flexible fee.

For more information or to register you interest, please Ph. (03) 543-2669 or e-mail newzealand@kidpower.org or go to www.kidpower.org.

This document was created with Win2PDF available at http://www.win2pdf.com. The unregistered version of Win2PDF is for evaluation or non-commercial use only. This page will not be added after purchasing Win2PDF.