

September 2011

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Coastal News

www.mapua.gen.nz

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covering Mapua & Ruby Bay
run by volunteers

Ward Proposals 'Divide and Fracture'

In submissions to the Local Government Commission on a proposed union of Nelson City and Tasman District the Mapua and Districts Community Association says the proposed Ward Boundaries, i.e. Moutere-Waimea and Motueka, physically divide and fracture a now well established and growing coastal community of interest.

"Furthermore, the proposed community board boundaries which are identical to the ward boundaries dilute effective representation of this community of interest. The conditions which will be established by these ward and community board boundaries are in direct conflict with the parameters laid down by the Commission's Background Report on Communities of Interest of 13 June 2011.

"While it is required under the Local Government Act to balance future Ward boundaries by utilizing current population statistics, this has resulted in marginalising our distinct community of interest. The Proposal's population growth statistics are very possibly flawed. They do not reflect the realities of Coastal Tasman growth. They very possibly do not reflect up-to-date population numbers."

The association recommended that a re-analysis of the proposed Ward and Community Board boundaries be undertaken.

The executive considered that the establishment of a superficial Community Board was unnecessary and ill-considered.

"No change in administrative regime is likely to succeed if it results in disenfranchisement of the very individuals it seeks to serve. The challenge is to retain the characteristics of a village or somewhat wider community of interest while resolving the regional issues that affect us all. To ignore this challenge would indeed be a missed opportunity.

"The establishment of two overarching community boards within the Coastal Tasman area dilutes effective representation of a well-established and growing community of interest. The proposed ward boundaries identical to the proposed community board boundaries physically divide and effectively fracture this community of interest.

"Community associations within the Tasman District currently provide a unique opportunity for the public to interact with Tasman District Council policy makers and to pursue their own identities as local 'communities of interest.'

"The association requests that settlements, villages and towns be given the option to be served by a community association or a community board but not both."

Under the heading of regional planning the association appreciated that there was value in the possibility of delivering common and strategic regional planning expertise by amalgamating the Tasman District and Nelson City.

"Under the present system there is no effective way to either resolve regional differences or prosecute common regional planning objectives without the political will on the part of the elected representatives of both the Tasman District Council and the Nelson City Council. No credit accrues to either council for failing to resolve this challenge and opportunity.

"The Mapua and Districts Community Association requests that the current Proposal be amended and refined where it is seen to be in conflict with effective community representation."

The submission was sent over the name of the association's secretary, Pam Stinton-Whetnell.

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

Coming to a Small Town Near You? *By Katherine Hellyer*

Mapua residents turned out to a meeting on August 22 to show their concern at a 2Degrees proposal to build a 25-metre tall cellphone tower in a residential area.

Thirty Mapua residents attended a public meeting arranged by neighbours of the proposed cellphone tower. The purpose of the meeting was to inform the community of the facts regarding this proposal and provide help for people to raise concerns in a constructive manner. Damien O'Connor, MP, Cr Brian Ensor and representatives of the Mapua & Districts Community Association attended.

2Degrees plans to erect a cellphone tower on land zoned Rural 1 Coastal at 124 Aranui Road, Mapua. The zoning of the land means that this is a "permitted activity" and the tower could be erected without any further public consultation.

This is despite the fact that the chosen site is bordered on three sides by residential homes and that a 90-section subdivision has been consented for the property immediately to the west of the site.

Given 2Degrees has a publicly stated policy of building in residential areas only as a "last resort" those in attendance were keen to know what other sites had been looked at before arriving at this "last resort". The meeting heard that the first site proposed was at the Mapua 4Square, in the heart of the residential Mapua village, and that as the subsequent site at 124 Aranui Road was also bordered by residential development, 2Degrees did not appear to be living up to its own marketing material.

As a Telecom cellphone tower is already at 149 Aranui Road (less than 400 metres from the proposed 2Degrees site) many people queried why the two companies could not co-locate and why 2Degrees had not yet fully explored that option. The view was expressed that residents believed it was unreasonable to expect any community to tolerate having two towers in such close proximity.

Residents expressed concern that the Tasman District Council had used Rural 1 Coastal zoning to prevent future unplanned development of the area but that this zoning meant 25-metre tall cellphone towers could be erected as of right.

In addition, the meeting heard that Vodafone, as part of the Governments Rural Broadband Initiative, intends to build a further separate cellphone tower in Mapua west but that to date Vodafone had declined to specify where exactly that tower might be. Given this is a taxpayer-funded initiative it was felt that the community should have input into the siting of any towers required for this.

This means a small community like Mapua (population 1878) may have three separate 25m-tall cellphone towers in its direct local area. In addition, 2Degrees plans to build further towers in the Nelson/Tasman region at as yet undisclosed sites. Which other small communities are going to find large cellphone towers being erected in their back yards?

As 2Degrees is spending \$100 million on new infrastructure and Vodafone intends to build 154 new cell towers under the Rural Broadband Initiative, this issue is more than a local one. New towers are planned for regional and rural areas of New Zealand that may be surprised to see them being constructed without any prior public consultation.

It was hoped that 2Degrees would attend this meeting, but they declined, and residents expressed their disappointment at 2Degrees stance on this.

Cell site co-ordination needed

Telecom and 2degrees need to co locate their cell site transmitters at Mapua as a sign of good will towards the community, said Labour MP Damien OConnor.

The strange anomaly has allowed 2degrees to announce that it has the legal ability to erect a 25m cell tower in the middle of residential Mapua when another site exists within 200m of the new one.

Council planning had designated a slither of rural land that means the company has almost unchallenged access to the effectively residential area. Residents were frustrated that while a garden shed in their properties required a consent, a 25m tower didn't.

"The smart thing for 2degrees to do is co locate with Telecom over the road. Otherwise the very competent residents will raise the profile of this odd situation and both companies will be forced to answer the hard questions."

At a time when the National Government was subsidising Telecom and Vodafone to extend broadband through cell phone networks in some rural areas, trampling on small communities was not a good way to spend the money, said Mr O'Connor.

"I hope a sensible commercial arrangement can be negotiated soon and Mapua residents can get on with their lives. Otherwise the companies will face some very angry and competent opponents," he said.

Damien O'Connor

Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329

Spring toxicities

Spring is in the air and the daffodils are coming up. They are beautiful flowers and wonderful to have in the garden but did you know that they are toxic to pets?

One of our nurses rang into the clinic a few Saturday mornings ago to say that her 10-week-old pup had just chewed up a daffodil bulb and asked was it toxic? Now, I vaguely remembered something about daffodils and tulips being toxic from my Vet School days but decided it best to look it up to confirm this. Over the years the clinic has accumulated a vast amount of information on toxicities including an ancient, but awesome, old book on toxic plants in New Zealand. Printed in the 1960s, it describes almost all of the listed toxicities up until that time in minute detail – down to how many animals ate what and exactly what the clinical signs and outcome was.

I have to confess though that instead of referring straight to the old tome, I jumped on the veterinary internet. We are lucky, as a profession, to have what is effectively the modern version of this book online. Vets from all over the world subscribe and can post their interesting cases online for others to see. A fantastic resource! A quick search threw up some interesting facts.

The toxic element in daffodils can be found in the bulb (which this pup had eaten), but also in all parts of the plant, and poisoning has even been reported secondary to ingestion of water in which cut daffodils have stood! The daffodil bulbs can cause

a severe gastroenteritis including vomiting and purgation. This can sometimes be accompanied by tremors and convulsions. Hypotension can occur and possibly death. One bulb has caused fatalities in small dogs. The foliage generally only causes gastrointestinal effects. Signs generally occur within an hour or so. A weird fact that I found: apparently a bunch of cows were killed during World War 2 when they were fed daffodil bulbs due to a feed shortage!

Other bulbs that can cause gastrointestinal upsets include tulips and certain types of crocus. Plants in the lily family are known to cause kidney failure in pets and all parts of the plants are toxic including the flowers of Easter lilies. Neither lily-of-the-valley nor the peace lily are true lilies and therefore do not have the same effects.

Of course many people fertilise their bulbs with blood and bone which is a very attractive food item to many dogs! This can cause major gastrointestinal upsets and even pancreatitis. So be careful to limit access of dogs to this product.

Now I wouldn't recommend that you go pulling all your daffodils up! Just be aware of the facts and if you notice your pet chewing on any of these plants contact us. And keep the bulbs away from inquisitive young puppies! We gave little Stella a drug to make her vomit and after vomiting a whole daffodil bulb she was fine.

MAPUA COMBINED PROBUS

The guest speaker at the August meeting was Eileen Stewart of the Motueka Ladies Probus Club. Her subject was the history of Fredrick George Moore, an early pioneer of the district of Motueka. Mr Moore was born in London in 1815. His father was an officer in the Royal Navy. During his education his father insisted that he enlisted in the Royal Naval School in London. After a dispute with another student he decided to leave the college, much to his father's disappointment. He joined the Merchant Naval College, which he found more acceptable.

During his college days he met the New Zealand explorer Charles Heaphy, who was to become his long-time friend. Fredrick became an officer on various merchant navy ships, sailing to many destinations around the world including Canada and the Mediterranean. In 1836 he met John Renwick on a boat with British immigrants sailing to Australia. During his short time in Australia he met the missionary Octavius Hadfield. They packed up their meager possessions to sail to New Zealand, landing in Petone in 1840, where he joined Charles Heaphy. His next job was an officer on the *Jewess*, a Tahitian built ship operating between Wellington and Auckland. He was promoted from first officer to that of captain. His command finished after the ship was wrecked in a storm.

Heaphy and Moore built a small house in Wellington. They had an adventurous trip across the Cook Strait to

land at West Wanganui near Paturau on the West Coast. There he met his future Maori wife Paru, during which time he became fluent in the Maori language. Much of his time was spent exploring the Golden Bay and Motueka coast line, as well as the Motueka River. Fredrick joined a Mr Cross and Mr Brown, two other local pioneers. They sailed over to the Boulder Bank and became some of the very early settlers in Nelson. Fredrick took on the job of ship's pilot and was the pilot on the *Fifeshire*, when it hit the now famous rock.

Fredrick Moore became involved in a wide range of jobs and skills during his working life, including mining in Golden Bay and the gold fields of Australia, civil engineering and surveying, and he constructed the first floating dock. He bought land close to Staples Street in Motueka. There he farmed goats and various crops.

He returned to England on the death of his father. There he met his second wife Caroline. During their marriage they had four children while living in Australia. Caroline unexpectedly died in 1859, leaving Fredrick to raise his children. He returned to Golden Bay setting up a coal mine. He lived to the age of 77, dying in 1892.

Eileen said she found Moore's life history fascinating. She considered Fredrick to be a man who was willing to be employed at a wide variety of jobs, but rarely spent a lot of time in any one. He was a character who had experienced a fair share of disasters during his life, but was not deterred to seek new challenges.

David Higgs

MAPUA LIBRARY



The library is a warm and busy place this winter. Our statistics show that borrowings are higher in the last few months and more books are being returned by the due date.

The biographies (previously shelved as 92 in the nonfiction) have been reclassified and follow through from 920 to 929 inclusive. There will be a large yellow sign above the biography section, giving information on the Dewey system, to assist you to locate your books.

At a morning tea/coffee for volunteers Ruth Moore, a young author from Upper Moutere, spoke of her books and how she published them. There was lively interest.

The display this month is of pictures done by the children of Bounce Pre-school, They are charming and refreshing,

We will be at the Spring Fair at the hall on 10 September with a good selection of good second-hand books at bargain prices. Do look for us outside by the front door if it is fine; or, if wet, in the toy library room through from the supper room.

And you have been asking! Yes we will be having a Literary Festival in 2012. A sub-committee has been set up and the date has been set—the weekend 23 to 25 March. Mark it on your calendars.

Eileen Dobbie

Library Hours: Open every afternoon

Monday:	2–4.30pm
Tuesday:	2–4.30pm
Wednesday:	2—6.30pm
Thursday:	10—12.30pm; 2–4.30pm
Friday:	2–4.30pm
Saturday	2–4.30pm

BOOK REVIEW

Barbara Mercer reviews "The Snowman" by Jay Lesbo - available at Mapua Library

Scandinavian writers are currently in vogue due in part to the phenomenal success of Steig Larsson's great "Dragon Tattoo" trilogy, and emblazoned across the front of *The Snowman* is a large sticker proclaiming the author as "THE NEW STEIG LARSSON." Hmm!

The book begins with a brief, sexually explicit chapter which appears to have no connection whatsoever to the subsequent story. It was puzzling and seemed gratuitous and unnecessary. What follows is a moderately readable crime novel as long as you can tolerate a pretty bizarre plot and a host of stereotyped characters.

The hero is a middle aged, skeletal, alcoholic, driven Oslo detective (who has had a disturbed childhood) called Harry Hole, who morphs from a second rate Jack Reacher into a superhuman at the climax of the book. He is tasked with tracking down a serial killer dubbed "The Snowman" who strikes whenever there is a fresh snowfall - which happens pretty frequently in Norway. He leaves behind a freshly built snowman (how he finds the time is a mystery) whenever he abducts his victims, all of whom are married women with children. Red herrings are scattered like confetti throughout the book, for instance all of the missing women's husbands are unsavoury and shifty characters - very suspicious - but before long Harry has nailed the killer, who incidentally has also had a disturbed childhood and some very disturbing habits. That's something of an anti climax as there's still a lot of book left to read. But wait! It seems that he isn't

the Snowman after all, as the real one is still snatching women. The pace increases and before long Harry solves the crimes for the second time and all is well. Yet again, it's the wrong man—unfortunate that the poor chap has been killed in the pursuit. It stretches credibility when Harry misinterprets the myriad of incriminating leads twice more, and Snowman number four is his female colleague, a reasonable assumption as all the clues spell out her guilt and she is behaving very oddly. The final and definitive Snowman turns out to have had a more disturbed childhood than them all and his profile which takes up a full chapter, provides the motivation for his crimes and thankfully the explanation for the first chapter.

As in all exciting crime thrillers the ending is a cliff hanger and the seemingly bionic policeman, in spite of having had no food or sleep for forty eight hours, athletically swings through an iron grille several storeys up to save his girlfriend from the fiendish Snowman, loses half his hand rescuing her from a booby trap, then pursues him to the top of a ski lift and handcuffs him, only for the rotter to leap off into space still attached to our hero. Having revealed most of the plot (hopefully it will save you from having to read the book) I shall refrain from telling you whether he survives or not, although as a clue the first chapter of the sequel, *starring Harry Hole* is an addendum at the back of the book. Yet again, the sticker proclaims that the author is "THE NEW STEIG LARSSON"

Mr Larsson must be turning in his grave.



Growing Old and Wise

“We grow old too soon, and wise too late...” so the lyrics of a current hit song go. Perhaps a pertinent picture painted to describe the gregarious gaggle that attempted to debate the ‘amalgamation’ issue at the local Community Association

monthly meeting at the Mapua Hall.

Regional (the new fuzzy word for “provincial”) amalgamation and determination of the “community of interest’ is a no-brainer and *fait accompli*, and of consequence, a great opportunity remains to seriously revise the policies and functions of local government. Although amalgamation submissions have now officially closed with the Local Government Commission (LGC) other avenues are open to make recommendations, consult your local Member of Parliament. The LGC is a central Government puppet and is hamstrung by existing local government policies and protocol.

Objective policies and formulae need to be implemented into the new amalgamated provincial council that clearly can demonstrate that service costs/expenditures can be contained, and, user fees/rates are equitably charged. By the removal of the subjective and associated emotive aspects of local government administration, further cost efficiencies could be achieved. As an example, should sub-communities be able to verify that their rate charges are equitably returned to their area (‘value for money’) then they would feel less disenfranchised, and the democracy cost of running hot-air community boards/associations could be better applied into real improvements.

So is there any purpose of amalgamation if the perceived benefits don’t immediately translate into lower rates and charges, and put money back in the pocket of the resident property owners? “Probably not”, is the resounding chorus. Pundits are pushing the LGC to honour their findings of cost economies by ensuring mandatory notification is made to individual ratepayers of the reduced amount of their rates, prior to any conclusive voting on the matter. A five-year “freeze” on any increase in charges would also add credibility and inducement.

Great timing! Most property owners would have received their annual rates assessment now, and regained some consciousness to observe increases in capital valuations and rates to pay. Contrary to the realities of recessionary economics, current local government dictum maintains they have an inflationary duty to overspend (with additional borrowing/loans/debt) to stimulate the economy. Aye, there’s the rub. As an egalitarian society

do we need to follow the debt-poverty model endemic in the USA?

My personal opinions on the workings of local government are for the public record, and have always maintained there is ‘more than one way to skin a cat’ (rob the poor). Nelson Province is unique in that there exists a major disparity between the demand for high capital value properties and the relatively low incomes (sunshine wages, pensions, etc) to pay for the servicing/maintenance thereof. I feel targeted by “Targeted” rates, up \$500... it will take another year before I possibly (qualification rules may change) could claim a low income rebate, by then, I and countless others, may face further large increases.

In summation, amalgamation could give greater objectivity to the existing and flawed rating system, providing the new council is given the autonomy and creates the policy to do so. Perhaps claim a revenue stream more aligned to the health of the local economy, viz. “claw back” the 2½% of the GST increase as a “provincial tax”.

Aunty Ethel says, “We will have to see as to how the cookie crumbles, the proof is in the pudding...(and all that)”, and, “In my day councils had their meetings around a pot-hole in the footpath, not in a heat-pumped high rise or bureaucratic bungalow”.

W K Darling, Ruby Bay

Welcome donations to Hall

The hall now has a brand new “zip” thanks to the generous contribution of \$750 from the Mapua, Ruby Bay & District Community Association. A Rheem hot water system was purchased some weeks ago and has been welcomed by hall users. While the old zip was legendary, everyone is enjoying this more efficient – not to mention safer – system. Thank you to the Community Association for making this possible.

An enjoyable and successful Style evening held recently at Jester House, provided the hall with another welcome donation of \$220, this time towards the hall development. The evening was a collaboration between Jo McFarlane Design, Juggles Boutique and Indigo Style. Five dollars from each ticket sold went to the hall and Jester House donated \$40, making up the \$220 donation.

The hall committee is delighted to see the community getting behind our hall development project and we will continue to provide the *Coastal News* with regular updates.

Mary Garner, Hall secretary



Intermission

Intermission—"temporary suspension of activity, as the period between the acts of a theatrical performance." *Webster's New Dictionary*. Sounds a bit like the on again-off again of government. Or perhaps "intermittent", from the Latin "intermirare", stopping and starting at intervals. When you think about it that is what we all do. Probably a better word to describe our "Government", let's think locally as well as nationally, would be to say "indecipherable". Incapable of being deciphered. To "decipher" meaning "to interpret something obscure ambiguous or obscure. That pretty well covers the government and the politics surrounding it today.

Back to intermission then. The Nelson City/Tasman District amalgamation thing is in intermission. Submissions to the proposal have closed. Down the track these will be considered, heard, the Local Government Commission will make its decision etc. Some time next year it will be front page again and the fate of our future governance will be decided. That is to say, don't forget "intermittent", the good old stop and start syndrome to be followed by our efforts to decipher it all.

The Australian Tim Flannery, a writer, scientist and explorer, is the Panasonic Professor in Environmental Sustainability at Macquarie University. His 2010 book, "*Here on Earth*" an "*Argument for Hope*" is an eye-opener to the current status of the Earth and its human inhabitants.

Here's a sample: Helen Lear's Introduction to Rachel Carson's "*Silent Spring*" (1962) – "It is one of the great paradoxes of the human condition that, while we are almost paranoid in our vigilance in regard to taking toxins into our bodies, we are all but oblivious to the possibility of poisoning our planet." A very poignant comment on our "selective memory" when it come to facing up to "the reality is". Not much time left for a reversal of our bad habits.

Closer to home: Our local Community Association had its AGM on 8 August. As is usual there was no rush to fill the officers' slots or the executive slots either for that

matter. Volunteers for those sorts of activity are few and far between. In the end enough to meet requirements stepped forward and the matter was resolved. Again, no chairperson. Committee members will take turns on a monthly basis. After the AGM at the regular meeting there was a reasonable turn-out to discuss the Amalgamation Proposal. Our Mayor Richard Kempthorne and our three TDC councillors were in attendance. There was a fairly robust discussion followed by a motion for the executive committee to put together a submission to the Local Government Commission reflecting the general feeling of the meeting. A copy of their submission is elsewhere in this issue of the *Coastal News*.

More intermission: Plan Change 22, the Waterfront Park, Port Mapua traffic control and parking, the Sewage Pumping Station, by-pass-Mapua Drive intersection and last not least Aranui Road-Mapua Drive intersection. Intermission! Whoops! Forgot TDC major speed limit changes here and there. Intermission! No more heavy stuff. Next month I will take another look at these goings on and make a comment or two. Watch this space.

Mapua Community Hall: I'm finishing this letter with optimistic and happy news. Mark your calendars! Let the community fund-raising begin! 3 September for an evening of fun, music and dancing at the Tap and 10 September for the Mapua Community Hall "Spring Show". More about this elsewhere in this issue of *Coastal News*. These events highlight a great beginning of the opportunity for all of us to participate in the commencement of the refurbishing of our "Community Hall". Congratulations to the hall committee and all others who are joining in to help make this event a great kick-off to the refurbishment of the hall. See you there!

Hugh Gordon

Interfaith Buddhist Methodist Presentation

On Saturday morning 20 August an interfaith presentation was held between St John's Methodist Church and Chandrakirti Meditation Centre with about 35 people. This was the second gathering between the Methodists and the Buddhists. The topic was presenting each tradition's viewpoint on compassion and love.

The proceedings were introduced by Alan Carter, the western resident teacher at the centre in Sunrise Valley, Upper Moutere. In his introduction he commented: "We follow a particular approach to our life through some philosophy whether we are religious or not. Among religious traditions we may have quite different philosophies but essentially one would hope these philosophies are aiming at the same basic outcome—to become more loving and compassionate people. So we may not totally agree on philosophies but we agree on the aim of becoming better individuals. So this morning is to share our approaches to how we are inspired to practice love and compassion"

The welcome was followed by Christian prayers of approach and Buddhist prayers of motivation.

Then Alison Molineux, St John's Methodist Church minister in Nelson, gave a presentation on a Christian's perspective of love and compassion. This was supported by readings from some of her parishioners. She focused her talk on two aspects of love and compassion as taught by Jesus—forgiveness and identifying with others.

She said, "How did Jesus understand and practice compassion? Love your neighbour as you love yourself." She then went on to explore what was the meaning of "neighbour" by the Good (a later historical addition, she added) Samaritan parable which she gave as Jesus presented it and then brought it to the context of our modern times so we could gain fuller understanding of the story. Later in her talk she said, "Compassion for another, as Jesus teaches us, can only truly come when we see in the other something of ourselves".

In her discussion of forgiveness she said, "Reality is that not all people behave well and certainly they don't always behave like us. We set ourselves up for an awful lot of heartache if we pervert the Golden Rule into an expectation that others "do unto us as we would do to them... Often those of us who behave best find it hardest to forgive – and vice versa."

She continued, "Forgiveness means letting go of these unrealistic expectations. Letting people be who they are and how they are, and in doing so, maybe seeing a little clearer our own fallibilities. The other person will not change, but maybe, maybe we will, we must. We need to forgive – for ourselves, for our own health."

Then Chandrakirti's new Geshe, Jampa Tharchin (Geshe La for short) who has reached the highest attainment in study and practice within the Tibetan Buddhist Tradition, gave a Buddhist presentation.

He started with welcoming Alison and her congregation and then said, "This is an amazing thing here today! This is a hall for Buddhist study and practice and here we have a Christian tradition presenting their approach to love and compassion".

In his presentation he focused on the benefits of love and compassion. He emphasised the inner benefits to ourselves and others through practising compassion, in particular the peace of the world now and in the future.

He asked, "Is it enough for one spiritual tradition to do everything for the developing compassion and love? No, we need all traditions to engage in this way". He used an analogy of our different tastes in drinks like coffee, teas, etc. Similarly people are drawn to different traditions due to their different predispositions.

He continued: "If we are to cultivate love and compassion focused on others wishing them to be happy, we need to start thinking about our own condition. Between a person who has developed love and compassion versus one who hasn't, there is a big difference in their mind in terms of disturbances and difficulties".

"Someone who has developed love and compassion when they see others suffering and difficulties have the wish to take on that person's suffering so they can attain happiness. Also when that compassionate person experiences suffering they wish that by their experiencing of that suffering no others may have to experience suffering and as a result of this attitude the compassionate person's suffering is reduced"

After Geshe La's presentation we had an open discussion and then finished with prayers of each tradition and shared lunch together. Everyone enjoyed the day from both traditions. We are planning another interfaith in October at St John's Church and all religious traditions and non-religious people are welcome. Contact St John's for more details.



Alison Molineux and Geshe Jampa Tharchin

Mapua Health Centre

We are pleased to advise that Dr Tim Phillips is now holding regular minor surgery and skin check clinics every Wednesday. The skin checks are 15-minute consultations (although some may take longer) and focus on checking for any suspicious moles or other lesions. This is a comprehensive body check and gives the opportunity to discuss any issues that may arise. If you have any concerns about a skin lesion then please make an appointment with Dr Phillips on a Wednesday so he can review and discuss options.

We are pleased to see people continue to take up the offer of our free Cardiovascular Risk Assessments (“Be Well”). If you haven’t had an assessment and are unsure if you qualify for free one then please give us a call (there are some eligibility criteria). This is a timely reminder to the **males** in our community that your health is important to us. Unfortunately, the statistics show that the number of males attending for this free assessment is considerably lower than for women.

If you know you or your children have not received the MMR vaccine, you may wish to contact the practice to discuss vaccination options. There have been outbreaks of measles in the North Island and there is a concern that it can spread to unimmunised people throughout the rest of New Zealand.

As we start emerging from the frosts and flus of winter into the new life of spring its good to become aware of the benefits of a healthy lifestyle. The main factors that can improve our risk for heart disease (the number 1 cause of death in our society) are:

- Stress management
- Exercise
- Nutrition
- Social / Spiritual interaction
- Education (including non-smoking, etc) [Ornish, D. *et al.* (1998) JAMA, 280(23): 2001-7]

So what is happening in Mapua to help develop our common **SENSE**? You might be surprised to know that the following activities and classes are available:

Pilates	Tennis
Walking groups	Yoga
Tai chi	Meditation
Aqua aerobics – Richmond	Stop smoking

(Mapua Health Centre)

Healthy lifestyles + green prescription (Mapua Health Centre)

The practice nurses at the health centre can help you find out more about any of these. Please let us know if you are aware of other healthy lifestyle activities or groups happening in the area.

Here are some of the local and world health initiatives for September:

1-30	Cervical Screening Awareness Month	www.nsu.govt.nz/
1-30	Prostate Cancer Month	www.prostate.org.nz
1	Gamble Free Day	www.hsc.org.nz/problem-gambling.html
2	Multiple Sclerosis Day	www.msnz.org.nz
5	Stroke Foundation Awareness Day	www.stroke.org.nz
6-12	Epilepsy NZ Awareness Week	www.epilepsy.org.nz/
8	International Literacy Day	www.un.org
11-18	Conservation Week	www.doc.govt.nz/
21	International Day of Peace	www.unesco.org.nz/homepage.htm
18-24	Deaf Awareness Week	www.nfd.org.nz/
20-27	Arthritis Foundation Annual Street Appeal	www.arthritis.org.nz/
28-4/10	Save the Children Fund Appeal Week	www.savethechildren.org.nz

Mahana School

It's crunch time for the Dicer Chicks. They travel to Christchurch on the 22nd of August, and by the time this edition of the *Coastal News* goes out we will know the result. Win or not, the team are already winners in our eyes. For the final the team is making their salmon roulade and noodle baskets, but this time they are required to make truffles for desert. I have tried them and they are delicious, so I'm sure they will be a hit.

It's also important to mention the efforts of our friends and neighbours and 2010 champions Upper Moutere School. They came a close second in this year's South Island competition, and it is remarkable that kids from this region and cluster are the champions for two years in a row.

During the first half of this term we are focusing on the Science Fair. All our students are setting up their investigations and many have already begun. There is a range of experiments; from how well does foundation cover up blemishes, to electrical conductors, to the cost of supplying water to a family, to which citrus fruit is the best source of electricity. All the experiments will be on display at school before the 'best' of them goes to the Nelson Schools Science Fair from 19 to 23 September in the Stoke Memorial Hall.

MAPUA Bowling Club

The Write Bias

Our green is in excellent shape thanks to Don Sixtus and his merry men and with a hint of spring in the air, we are looking forward already to the new bowling season that will begin on Saturday 24 September. A programme of Club and Open tournaments is in place and we are extremely grateful to our existing and new sponsors for their support.

Competition is a part of lawn bowling but that is not all that Mapua Club stands for. We are a sociable bunch and enjoy friendly games on Tuesday, Thursday and Saturday afternoons plus the essential "après bowls" at the "nineteenth". Evening sessions will also be programmed to make the game of bowls more accessible to everyone.

Mapua will be supporting a national initiative on Sunday 9 October, "Have A Go Day". This is a free event and all equipment and encouragement will be provided. There will be more publicity nearer the time but for anyone interested to discover more and have a try, this is a date to put in your diaries.

Any enquiries about bowling and the club in Mapua can be made to the president, Dave England (540-934) or the secretary, Jean Daubney (543-2765).

Sue England

After the Science Fair we are learning about the world through the Rugby World Cup. A part of this is our Mahana School World Cup Rippa Rugby Day. This is a fun tournament for all ages (yes, even adults) who want to play Rippa Rugby. The date for this is Sunday 11 September. Either come along and watch, or enter a team and get involved. There will be activities for pre-schoolers run by our senior students, rippa games for school-aged children, and a tournament for anyone aged 14 and over. There will be a sausage sizzle, face-painting, and of course our fabulous school grounds will be open if you want to bring a picnic. Rippa Rugby could be a great game for everyone! If you are keen to play please email or text your team name and category (primary school or 14 and over) to principal@mahana.school.nz or 021 024 63775. Pre-school children can just turn up! Entry is free.

We are looking forward to a busy term.

Justin Neal, Principal, Mahana School

What have we been learning in Kereru Class?

- I have been doing science. My group is trying to make crystals. – Athena
- I have been doing maths. We are learning about putting fractions in order. – Tiarne.
- We've been doing fractions, learning about halving numbers. We use counters to answer the question. – Christopher.

New management for Tasman Store

The Tasman Store has been sold and has new managers – Lance Draper and Anna Weeks from Tasman. Lance owns "The Grind" mobile coffee van which can be seen out and about in the area. From early September the store will reopen selling essentials such as milk, bread, cheese and veggies and will have a selection of local wines. The store will still sell real fruit ice creams and petrol will be available at competitive prices. Basic postal services will also be available.

The Tasman Store will incorporate a coffee shop where you get can awesome freshly roasted coffee to have in or takeaway, together with muffins, cakes and slices. With the weather improving the garden will be a great place to sit in the sunshine and enjoy your coffee.

So drop in and see us for great service, a friendly welcome and a chat if you have the time

Mapua School



Kiwis love their sport. Any weekend come rain or shine you will see children and adults alike competing, cheering and celebrating their chosen code. At Mapua School, students are exposed to a variety of activities which enhance their physical capabilities as well as their understanding of good sportsmanship.

Throughout the year, students participate in the school Tryathlon, Swim sports, Takaka Sports Challenge and Moutere Athletics Day. Outside of school hours, students represent Mapua in football, rugby, netball, gymnastics, swimming, cricket, running and many other outdoor pursuits.

The Board of Trustees, PTA and teaching staff have worked together to create sports fields which enhance each student's physical capabilities. For many, it was hard to believe that their school didn't have rugby posts – especially this year when New Zealand was hosting the World Cup – it was embarrassing! Last week, with huge fanfare, the student body celebrated the opening of the back field and the installation of rugby posts. With assistance from the Canterbury Community Trust, we also have a beautiful grassed pitch, free from stones,

rocks and holes, on which to play. So from the kids' point of view, life is good on the back field!

But it takes more than a great playing surface and posts to create sportsmen and sportswomen. The coaching, training and guidance provided by teachers, parents and professionals is essential. For more than five years, students at Mapua have been fortunate to be mentored by players from the Nelson Giants. This year, player Ben Wright arrives weekly to assist the Middle syndicate with their hoop and court skills. Having someone of his stature giving praise and boosting confidence is invaluable and we are fortunate that he and his team are so supportive of our school.

As this article is written, the rep teams for football and rugby are being announced. We wish all those chosen good luck and remember, we are cheering you on To Be All You Can.

Good luck Mapua and good luck New Zealand.

Lisa Dunn, Trustee

Sam's Spam

Hi everyone. Unfortunately many of my columns have been about reporting online scams and although these sorts of crime are still increasing, there is now a dedicated website to help. It is called The Orb and it is a one-stop shop where you can report online crime online! Hopefully you will never need to contact them but just for reference I have copied some information about them below:

<http://www.theorb.org.nz/>

The orb has been developed by NetSafe to offer all New Zealanders a simple and secure way to report their concerns about online incidents.

Spam messages

Spam is the term given to unwanted junk messages you may receive from individuals or companies. 'Phishing' emails can also be sent to try and trick you into revealing your bank or credit card details on fake websites.

Objectionable material

New Zealand's censorship rules ensure that publications considered to be 'objectionable' are not available to members of the public. This includes films, videos and publications.

Scams or frauds

Research by the Ministry of Consumer Affairs in 2009 found that 15% of New Zealand adults have been scammed or tricked out of money. Beware of anything that seems too good to be true or get rich quick.

Online traders

New Zealanders enjoy buying goods and services online from both local and international retailers.

The Orb allows you to report incidents where you feel a local online trader has not met standards set by the Consumer Guarantees or Fair Trading Acts.

Privacy breaches

The Privacy Act 1993 sets out 12 privacy principles that apply to almost every person, business or organisation in New Zealand, e.g. how personal information can be collected used, stored and disclosed.

Attacks on computer systems

If you are having problems with viruses, malware or the hacking of online services such as popular social networking sites then NetSafe will deal with your report .

This month's free stuff are the useful resources from Orb (see 'Links' on the Orb website)

- NetBasics. A short video episodes take you through the issues and risks faced everytime you go online
- A parent's guide to cyber safety explains the full range of activities and challenges faced by young people online.
- The Whatsit online training videos let small and medium sized businesses educate their staff about cyber safety, security risks and benefits.
- The Scam Machine. This allows you to build a personalised news story based around someone you know and learn the ways scammers target people online.

Under The Bonnet with Fred

Swapping on the Grand Scale in the USA

While on holiday in the USA I was determine to do American things—not tourist things. One of destinations was the biggest swap meeting in USA, the Pomona Swap & Car Meet near Los Angeles.

I was in a taxi at 6.30am and there by 7am, thinking I would get there early, but so did thousands of others. Big is the word with the area of the show is the size of Mapua from the Tavern to the wharf. There were people from all over the world looking for that special car. Half the area was vendors & parts and the rest cars for sale. It was a bit hotch-potch if you were looking for a certain make and model so I walked the lot in the hot summer sun on a tar-sealed pavement. Phew!

There was a lovely classic 1949 Chev two-door, painted two-tone soft brown and cream, lots of chrome and matching cream upholstery and matching brown carpets. One older gentleman had a cream-coloured 1966 Mustang, 289in motor, in original restored condition and a perfect red interior. From talking with him he was worried about USA debt and was selling the car as he didn't use it much.

Close to my heart was a 1996 Cadillac Fleetwood, one owner, kept in a garage, 80,000 miles. The owner tried hard to sell it to me, with the price dropping to

\$5000 as I walked away, as the car can't be imported to New Zealand.

If hot rods are a art form then a VW Rat Rod was a Picasso. Looked like a quirky misfit with dull black paint with rust streaks running down the panels. Body shape a slightly elongated VW Beetle shape covering a Chev Corrvette chassis, engine and running gear. Under the Beetle boot was a very chromed LT1 engine. The interior looked rough but was new with instrumentation visible only to the driver. It was a sight to behold.

The vendor or swap part of the meeting was so big that if you wanted something it was here but you probably won't find it in the confusion and numbers of vendors. I did get some chrome emblems for the Lincoln after much walking.

We live in the age of internet and cellphones. Some of the cars for sale had cellphone numbers on them and I think buying from the Internet might be more efficient despite the freighting costs.

You want to show off then the 1949 Chev custom classic is the one, the Mustang to show off muscle, the 1996 Cadillac Fleetwood if you want be the man and that the VW Rat Rod for something different.

After being stuck in six-lane freeways in LA traffic for three and a half hours we are looking forward to two-lane roads and 10 minutes to get home.

Fred Cassin

PANZ

This past month has been a relatively quiet one for us as we caught our breaths after the busy months previous.

The big highlight was a photography workshop with Adrian Barrett at the home of Ron and Fiona Oliver who live on the Kina Peninsula.

Becky Tucker of Mapua kindly modelled for a group of seven of us as we had a morning of discovery. Most of us learnt how to use things on our cameras that we didn't know were there, as well as the use of light and how to pose a model. Becky was a superb model, patiently catering for us all and with Adrian's expert knowledge and tuition, we all came away with some lovely reference photos for paintings. It was a most enjoyable morning and we all left buzzing with ideas and a lot more confidence.

Don't forget that we meet each Tuesday morning in the Mapua Hall between 9am and noon and you are welcome to join us. Enquiries to Glenys Forbes 540-3388.

Hall Project Making Progress

The Hall project is moving along, easing from the planning stage into the fund-raising stage with a first-ever combined Spring Show and Inaugural Fund-raising Event. The starter's pistol for this phase of the community project will go off on 10 September at the hall, and to get everyone in the right mood there will be a warm-up event at The Tap on 3 September from 6pm.

Funding from the TDC is conditional upon the community raising 20% of the cost of the upgrade, and the combined Spring Show and Inaugural Fund-raising Event is the first step.

The Hall Committee has already received generous contributions towards the project, both monetary and in the form of professional services, and applications to the many organisations that support causes such as ours, are being formulated.

Way back in the 40s an enthusiastic group of village-minded folk rolled up their sleeves and moved a packing shed from Kina to Mapua for a second life as a Village Hall. Let's follow their example so that our beloved hall gets the upgrade it needs to ensure it continues to be the gathering place for the Mapua Village.

In the meantime the committee is working through the many required layers of consents and compliance requirements, both in connection with the building addition and a slight boundary change, as the new decking to the east will extend about a metre into the domain.

Mapua Community Hall Committee

Garden Notes

Spring is officially here at last... It is an exciting time as the garden gets ready for its major growing period.

This is the only season that such a variety of so many perfumes abound, and as it is a short season with daffodils, tulips and hyacinths, to name a few, coming and going so quickly we need to enjoy every moment allowed us.

This is the season of major planting, and a time to deal with general garden renovations not attended to in the autumn.

There are many tasks for spring—Planting, planting and more planting.

Most vege seeds can safely be sown now, but the tender ones like capsicums, tomatoes, and others still need the protection of being under glass. The main crop of potatoes can be planted now and herbs sown now will readily grow from seed.

In the fruit area, apples, nectarines and peaches will need a spray with a suitable spray against destructive mould diseases and a fungicide spray to combat brown rot or black spot later in the season. Green Guard is a good all-rounder.

September is not too late to plant roses, fruit trees and ornamentals. If the weather is warm always fill the prepared hole with a bucket of water to help any setback the tree might have had to endure.

Those gardeners among us who grow peonies for those large, beautiful flowers in October/November might be interested to learn, as I was, that they do not require all that heavy manure/compost, shady spot, etc.. In their natural habitat they grow quite happily in a somewhat arid state. Now I know why mine have flowers and leaves which curl up and die on me because of too much kindness, so I have removed all leaves and mulch/compost away from round them and will only give them a dressing of potato fertiliser in the early autumn. Other than that I will leave them alone. One is always learning..

The Garden Club is holding its annual Spring Show on 10 September, so please join with us in our celebration to spring. Happy gardening.

Barry Highsted

A Tribute to Dorothy Wells

Mrs Dorothy Wells, who died recently aged 92, lived in Mapua for more than half of last century and played many parts in the early community.

A schoolteacher, she married Bernard Wells of the Mt Hope orchard family. Apple pickers lived with the family and had their main hot meal, where grace was said, at midday. Tea breaks were provided out in the orchard with pots of tea and baking. It was a lot of work for her while bringing up two daughters.

Dorothy will be remembered by many of us who knew her at playcentre, at Sunday school with its annual picnics, singing soprano in the Hills Choir, starting Mapua's very first craft shop (in her girls' ex-playhouse). Her house was filled with her own rugs and carpets made from tufted wool and pulled rags.

Both Dorothy and Bernard were deeply involved with the Presbyterian Church and later the Riverside Community's Methodist Church; also with Nelson's peace group Nacia in its hurly-burly days.

Most of all Dorothy will be remembered as Mapua's librarian for many years in a tiny room behind the hall. When the book bus lumbered in to replenish stocks Dorothy knew her readers well enough to custom-choose authors.

She and Bernard gifted their cow paddocks, now Aranui Park, to the community and both put in hours planting and nurturing trees.

When Bernard died unexpectedly Dorothy, with failing eyesight, took over his role as vegetable gardener and forged on with the large property and its fruit tress and hens.

As she became infirm with age she moved out of Mapua, and for a lot of us she took a big piece of our past with her.

Helen Beere

Hills Community Church

These Boots Were Made for Walking

We are an increasingly sedentary lot. On average, we take between 3000 and 5000 steps a day. The recommended number of steps for maximum health is 10,000 so we seem to be falling a few steps behind. One particular study calculated that the men tested averaged 7192 steps a day while the women clocked in at a mere 5210 steps. Before you jump to the conclusion that women sit on their bums all day consider a woman's ability to multi-task. She may make fewer steps but possibly covers more 'ground' with them.

The other day I observed a wee chap while having lunch at Seifried's Winery. He was really clocking in the steps—at a full run. Back and forth from the play area to mum and dad's table he went. He ran with joyful abandon. He ran with focused determination. He ran for an entire hour. He was a lad on the move. But studies reveal that today's young people are quickly out-pacing the older generation in the inertia department and (three-year-olds excluded) are taking even fewer steps. Albeit they do cover quite a bit of ground through social networking!

But there are other steps that count in addition to the steps toward physical well-being. How about the steps needed to make our community stronger and safer? How about the steps we need to take to maintain emotional and spiritual well-being? Or the steps needed to nurture our relationships with others or with God? How many steps are necessary to have peace in our hearts or in our homes? Sometimes it can be a very long walk indeed to cross the bridges of reconciliation or indifference. But such steps can be life-changing and life-giving.

So, consider the steps you take each day—physical, emotional, relational and spiritual. Are they taking you where you truly need to go?

Stepping lightly, Marilyn Loken, Minister Hills Community Church

Happening @ Hills—We are a community-based, multi-denominational church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: Traditional service 9am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

Messy Church is Back! Join us for a meal and an evening of music, craft & games for all ages on Friday, 23 September from 5:30-7:30pm. "Messy Church" is a laid-back evening of engaging our minds, bodies and senses to the wonders of God in a family-friendly atmosphere. Not just for kiddies—all are welcome.

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon, Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided

Drop-off For Area Food Bank: Bring your non-perishable food items to the church (122 Aranui Rd) on Friday mornings between 9am & noon.

We offer numerous activities throughout the week. Call 540-3848 for more information on our ministries.

How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation, who say to Zion, "Your God reigns!" (Isaiah 52:7)

Cycleway/Ferry update

The cycleway has now been completed from the Rough Island bridge to the Mapua (western) end of Rabbit Island. Signage is in the process of being erected. The ferry is nearing completion with sea trials and marine certification to take place mid-September.

Sunday, 2 October is to be the official opening day for the Rabbit Island section of the trail and the start of the ferry service. The outdoor amphitheater being constructed on the old fruitgrowers site, is also due for completion at that time, so Sunday the 2nd will be a day of celebration—a new start for the wharf precinct as well as spring! It is planned to have the ferry operating all day and to encourage Nelsonians to leave their vehicles on Rabbit Island and explore the cycleway, Mapua and the surrounding district for a day, (by bike!). Mark this day on your calendar and be sure to come on down and join in the fun.

The swing bridge linking the section of cycleway from Rough Island back to Richmond is due for completion in June of next year. Until then the number of tourists using the ferry service may not be great, so it is envisaged that the ferry will run to a timetable with two crossings in the morning and possibly three in the afternoon during the summer. A concession ticket will be available to frequent users and once the Richmond link is complete. Should there be interest from commuters, crossing times could be arranged to suit these people.

The new ferry, which is jointly owned and operated by Paul Nankivell and John Ward, will continue with the estuary cruises that the Flat Bottom Floozie used to provide. The ferry will be able to seat 50 people and carry cycles, and the flat bottom hull will draw very little water making it an ideal vessel from which to view the estuary and its wildlife, with minimal disturbance.

THE MOUTERE CYCLE-WAY

Thanks to a generous offer by local land owner, Gerard Malcolm, a new cycle-way is being proposed. The 3.5km mountain bike track, suitable for all ages, will link the new 'Tasman loop track', via Gerard's land starting at the top of Hewitson Road, to the Moutere Highway. A local group of Moutere residents have begun to formulate a 'concept plan' to promote this exciting addition to the region's cycle ways, and they extend a warm welcome to anyone wishing to join them in this venture, to attend their next meeting at the **MOUTERE INN ON THE 21ST OF SEPTEMBER AT 7PM.**

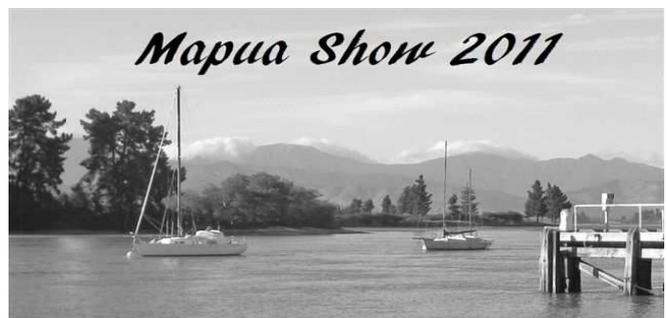
Deborah Squires.

Community Association officers

Elected to the executive committee of the Mapua & Districts Community Association AGM on 8 August were:

Helen Bibby (deputy chair), Pam Stinton (secretary), Devin Gallagher, Graeme Stradling, Richard Ewbank, Elena Meredith, Tim Hawthorne and Hugh Gordon.

Sub-committees—Waterfront Precinct: Elena Meredith, Devin Gallagher and Graeme Stradling. Waimea Estuary: Elspeth Collier, David Mitchell, Bruno Lemke and Jillian Pocock. Mapua Draft Structure Plan: Tord Kjellstrom. Roading Issues: Hugh Gordon. Mapua Domain: Pam Stinton, Nadienne Cookson and Angela Fon. Civil Defence: Helen Bibby. Coastal Initiative Group: Graeme Stradling.



Taking place on 12 and 13 November, from 10am to 4pm, the Mapua Show has expanded to become the largest showcase of arts and fine crafts ever held in the area.

In addition to the dozens of artists and craftspeople showcased in the Mapua Hall, artists in the area will also be opening their studios to the public for the first ever Mapua Art Trail.

There will also be workshops and demonstrations throughout the weekend so that visitors can participate in the creative experience.

So don't miss out - mark your calendar now for 12 and 13 November!



Getting Ready to Bounce!

Here at Bounce Early Learning Centre, our vision is “To inspire our children to be lifelong learners in an environment that is committed to the Mana Atua/wellbeing, and Mana Whenua/belonging of all”

We are passionate about following the children’s interests to in order to maximise their learning in fun ways.

In following these interests, we love to tap into the resources of our Mapua community, an important context for their continuing learning.

Recently we had a great opportunity to visit another Mapua artisan, Arthur Hawke. Arthur, a well known Mapua craftsman, kindly invited our children to see him creating a model of Hamish, Mapua’s legendary white heron. We’re all looking forward to seeing Hamish the second, when he’s finished. Thanks Arthur!

After from our successful visits to the Mapua Art Group and the Mapua Pastels Artists, our budding Bounce artists have been inspired to continue exploring their art techniques over the winter months. We’d love you to check out some samples of their recent art work now on display at the Mapua Library.

As spring approaches, our Bounce children are renewing their interest in their edible garden, with planting of garlic bulbs in mid-winter, sowing of carrot and bean seeds and spreading of the straw round the strawberries. There’s always time to dig for worms with the possibility of a dinosaur bone or two, and the sowing of flower seeds. The young flower plants are almost ready to be carefully transplanted into tiny hand-painted pots.

And soon we will be following up on several of these interests through the upcoming Spring Show. We are getting a little excited now, with our preparations for the “miniature worlds” well under way at Bounce.

There have been several whispers about fairies and dinosaurs around the Bounce environment lately! Come and see what happens at the Spring Show!

Did you know that the latest neurological research shows that a baby’s brain is only around 20% developed at birth and the rest grows during the first 3 years of life based entirely on their experiences ie: what they see, hear and feel from birth.

Ideas like that of picking up a crying baby will “spoil them” are now outdated and a respectful response to a baby’s emotional cues from a person with whom they are securely attached is proven by science to be fundamental to developing a baby’s brain to its full potential. This information is relevant to each and every one of us and anybody is welcome to attend the presentation at Mapua School on Saturday 17 September.

Waterfront Park plans

Sketch plans of the Mapua Waterfront Park are now available at the Mapua Library.

The Mapua Waterfront Precinct Committee met on 29 June and discussed the feedback received at the public open day. From these discussions Tasman District Council will meet with a designer to start the process of developing a master plan for the business precinct. The designer will use the information gained from the open day as a basis for the design work and some time in the future there will be an opportunity for consultation on the plan.

In the meantime there will be some traffic improvements made to help with traffic movement in the area. This will include painting of a roundabout and intersection markings at the intersection of Iwa Street and Aranui Road, along with signage improvements leading into the business area.

Local artists exhibit in Nelson

Ruby Bay painters Lisa Chandler and Lynette Graham, and Mapua artist Lynn Price are taking part in a group exhibition at the Mckee Gallery in Nelson's Suter Art Gallery during September

This exciting exhibition titled 'Sixth Sense' combines six female artists and showcases a diverse mix of creative expertise and expression from drawing and painting through to mixed media and sculpture. Nelson artists Larisse Hall, Sally Reynolds and Margaret Johnston complete the group.

Chandler, Graham, Price and Reynolds regularly attend the Mapua Art Group weekly sessions. They enjoy the opportunity for networking with other local artists, the exchanging of ideas and supporting each other in their creative endeavors. Sally Reynolds lives in Brightwater but is moving to Mahana so she can be closer to the creative hub of Mapua.

Lisa Chandler is studying for a Master of Fine Arts and is due to complete in January 2012. She is excited to be exhibiting a selection of smaller works that have been developed during the course. Lisa has been experimenting with innovative ways to comment on the transitory nature of global life through the medium of paint. Her works are not bound by the history or identity of the cities, but instead expose an in-between zone, where structures and people intertwine through indistinct spaces. The spaces and figures reflect this movement and evolve over time through a process of translation.

Lynette Graham was born in Nelson and moved to Wellington in 1983 with her family. Returning to Nelson in 2009, she is enjoying painting full-time. The objective of her work is to draw the viewer in; for them to see the detail and realism of the form/or object she has painted, but to leave enough room for the viewer to become part of the painting, for them to lose themselves in it, to see something different, to watch the colours change, for the painting to become alive.

Lynn Price works, mainly in fused glass, from her home gallery near Mapua. In this exhibition, Lynn is showing a series of drawings in charcoal and graphite, in which she explores ideas on the themes of migration and destiny. The drawings portray life-sized images of her own hands, in expressive gesture. The drawings also include mysterious spaces and spheres that seem to be speaking of nurture, fragility and other-worldliness, which add an enigmatic quality to the work.

Next time you are in Nelson, pop into The Suter Art Gallery to enjoy the works by our talented local artists.

Opening: Tuesday 30th August 5.30pm – all welcome

Exhibition: 30th August to 18th September 2011, daily 10.30am-4.30pm, The Suter Art Gallery, 208 Bridge Street, Nelson

Children Lead Moutere Ecological Project

Local children as young as five are to get the chance to take part in an ecological restoration project with an educational focus in Moutere.

The project is part of a new programme being run by charitable trust Whenua Iti Outdoors that teaches children about the local environment, with 'hands-on' learning opportunities surrounding the restoration of the previously modified landscape. School groups will spend between two and four hours inside the extensive grounds at Whenua Iti, on the Moutere Highway. The future aim will be to create camp sites nestled within native bush catering for up to 30 children a visit.

Whenua Iti Development and Communications Manager Catharine Wood says Whenua Iti surveyed a number of local schools before going ahead with the concept to see what support there was.

"We were very pleased by the positive comments and we had 100% support from the schools surveyed. Mapua and Lower Moutere Schools will be helping launch the project with junior classes visiting in August and September.

The project is open to all schools in the Nelson/Tasman district as part of a Ministry of Education funded Learning Experiences outside the Classroom (LEOTC) contract.

Catharine Wood says the primary goal of the project is to recreate representative habitats of the Moutere area while at the same time creating opportunities for young people to actively contribute to a local restoration project.



Whenua Iti team staff Charlie Martin and Catharine Wood with plants ready for planting.

The inaugural group of students from Mapua and Lower Moutere Schools will participate in adventure based learning games with an emphasis on the natural world, followed by an exploration of the Whenua Iti grounds, learning about the species that inhabit the area as well as celebrating the planting of the first trees to launch the beginning of the restoration project.

"The students will get more than just an out of classroom learning experience, we hope it will also give them a sense of pride in their region and also an opportunity to engage in a meaningful way with their local environment. The practical nature of the programme means they get to see how they can individually and as a group transform the local environment for the better."

Schools are able to choose whether they book a programme at the picturesque Whenua Iti grounds and become involved in the restoration project there, or they can book a programme in one of the three national parks on our doorstep.

This will be the 6th year that Whenua Iti Outdoors has been funded to provide a service to school students in Nelson and Tasman. There will be options for all ages including children as young as new entrants.

"Whenua Iti is all about "Journeys of Discovery" and while many people think of us as providing adventures and physical and mental challenges, we also have this other educational role which we value extremely highly and is also a journey of discovery about our past and our future generations," says Catharine Wood.

Schools can also book a traditional Whenua Iti programme based around teamwork and leadership and combine this with activities that engage students in their local environment.

"The main objective is to provide programmes that cannot be easily replicated within the school environment, but that build on and extend the learning in the classroom," says Catharine.

Harakeke

The place 4 3 2 5 year olds
EXPLORE, CREATE, ENJOY

Kia ora koutou. What a busy month we have had! I don't even know where to begin.

Well, our Harakeke whānau has been growing rapidly over the past few weeks. We have a full roll now, which is fantastic. Welcome, welcome to all our new families and children.

Growing respectful and loving relationships for all has therefore been 'on top of the list', high priority for the Harakeke teaching team. The relationship we build with our children is the most important part of our work. When a child feels known, appreciated and secure in their relationship here with us, he/she is "emotionally satisfied." Only then is a child ready to engage in quality play, which results in quality learning.

Welcome also to our two student teachers who joined us for their teaching practicum of five weeks. They bring a lot of enthusiasm, ideas and skills; for example the exposure to rich story-telling and guitar/ukulele-supported singing.

Fairy play has initiated a wide variety of activities. The children created a fairy house with stars and glitter in the willow lodge, then went on gathering 'fairy garden' materials found in nature on our weekly bush excursion (could an almost decomposed shell mobile found on the ground have been a special fairy swing before it fell down and actually grew roots?). Supported by a lot of stories read and told this developed into the creation of 'FAIRYLAND' in the foyer, complemented by scenes relating to the prehistoric dinosaur era, volcanic eruptions and lots more. Children's high-level thinking, making sense of the world around them and expressing themselves creatively can be observed at all times – we love it!



Then there is gardening...all hands are on deck to get the garden ready for spring planting...the last carrots are harvested, garlic has been planted, a new strawberry and raspberry patch is in progress and the first lettuce and rocket leaves accompany our morning teas....yes, we also enjoyed the ice and snow! What an excitement!

Sadly we also had to say good-bye to some of our first 'founding' children who moved on to school, a celebration that carries emotional significance, looking back and looking ahead, appreciating the opportunity to be part of those children's life for a while. All the best for the next stretch on their learning journey.

*Ka kite, Jodi, Leah, Michaela and Gundula, the
Harakeke teaching team*

Noticeboard

Ruby Coast Newcomers Coffee Group: If you are new to the area – or even if you have been here a while - and would like to meet new people and make new friends, please join our Ruby Coast Newcomers Group. We meet on the last Friday of every month at Jester House Café, Aporo Rd, Tasman at 10am. Info: Fiona 526 6840, fiona.oliver@xtra.co.nz or just turn up. Everyone is very welcome.

Understanding the Mind: 6-7.30pm Tuesdays, Sept 6, 13, 20, 27, Oct 4. Mapua Hall Supper Room. In this series of presentations we will explore the interesting world of our mind and then look at techniques to maximise one's mental well-being. We will explore what is mind, what is the full potential of our mind; how to transform problematic states of mind such as anger, attachment and ignorance. Also we will look at ways to enhance positive states of mind such as compassion. These classes include meditation. You are welcome to join the group on any day. Koha Ph 5432021 or just drop in

Run/Walk buddy sought. Prefer female aged 40-60. Contact Wendy 021 101 8405

Skye Harvest Extra Virgin Olive Oil 2011 harvest available fresh from the producer. 750ml \$20. Ph 540 2698, email mcleodsarah@xtra.co.nz. Orders delivered or call in 113 Seaton Valley Rd Mapua.

Coastal Connections Social Group: The next lunch-time gathering is at Toad Hall, 502 High Street South, Motueka on 8 September. Looking forward to sampling the victuals of our new venue. Julie Haliday, 540 3533

Zoom Salon Winter Hours: Tues, Wed, Fri: 9am-5pm; Thur: 9am- late; Sat 9am-4pm. 540 2333

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540 2292.

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388.

Mapua Art Group: Painting/Drawing Thursdays 9-12.30, Supper Room, Mapua Hall. Like-minded artists get together to paint and help each other in a fun, social environment. All levels & media welcome. \$4 session includes morning tea. Tables, chairs provided. Lisa Chandler, 540 3933

Need technical help? Can't connect your DVD player? Don't know how to download photos from your digital camera? Computer running slowly? Local help is at hand! Average job price only \$20! Basic web design also available - pages start from just \$35. Call Sam, 540 2804. – sambennett@live.jp

Friendship Club meets third Thursdays 2pm, Supper room at the Hall. Indoor bowls followed by afternoon tea (please bring a plate). \$2 door charge and 20¢ raffle. We are a group of friendly people who enjoy a good laugh (some of us are not good bowlers). We welcome new members. Val Roche 540-3685

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Behind Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544 8733, about membership or casual hire.

RSA Meetings: RSA room, Mapua Library, 2pm, second Mondays, refreshments served at the close.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Anja, 544 8733

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at the Smokehouse to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Probus Club meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. Anne Evans; 540 3070, Secr. Margaret Butchart 5402686

Massage for Health (Ruby Bay): 03 970 0960 (local call) or 02102 55 65 25, amanda.stevens824@gmail.com NZQA Qualified

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome. Barry Highsted 540 3139.

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Genealogy Computer Discussion Group: This year our bimonthly meeting will be 1.30pm on Saturdays, on the following dates: 8 Oct and 10 Dec. Info: Val 540 3931 or Peter 540 2686.

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com

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