

Ruby Coast Arts Festival a Triumph

O nce again the annual Ruby Coast Arts Festival was another triumph and sincere thanks must go to all who participated in one way or another to make the festival a great success.

The month was kicked off with the opening event where speaker Christine Boswijk was inspirational, sharing her formation and journey toward the creator she is today, and many people carried away an original piece of art from the Silent Auction.

The Open Studios weekend was very busy and we hope that everyone who went on the Studio Trail enjoyed seeing the variety of art, ceramics and sculpture on show. For those who missed out it may be helpful to know that the members' studios are open all year round and that trail maps are available from i-sites, The Naked Bun and cafés in Mapua.

The NZ Guitar Quartet captivated a full house at the Playhouse Café and Theatre. It was an amazing, flawless performance, where they played a varied repertoire from classical to modern pieces, specifically arranged for four guitars. They bought the house down...as did Lawrence Arabia and his Band, who attracted an audience of all age groups. There was sparkle, dancing, quirky lyrics, and lots of fun—all in all a humour-injected performance.

The film *Mindspaces—The Artist's Studio*, was a documentary featuring Denis O'Connor, which went behind the scenes of famous artists' studios. It gave a fascinating insight into the process of the deconstruct/reconstruct of Francis Bacon's studio transported between London and Dublin by O'Connor's daughter, Blaise. Its new location still retained the smell and authenticity of the original space, the essence of the man, as though he had just stepped out of the room. What was amazing was that they even took the floor dust!

The Coast Poems and Tunes at Jester House featured Rachel Bush, Hone Simpson, Rose Michel von Dreger, Lindsay Pope, Jessica Le Bas, Cliff Fell and Mark Raffills. The evening was well attended and

everyone had a good time. As is fitting, poet Mark Raffills penned in verse his impressions of the night:

Coast Poems & Tunes was delivered in a convivial space at Jester House on Friday 14 November as part of the month-long Ruby Coast Arts Festival showcase.

Chairs were arranged in row upon row and each had a person upon it, making their way through the wide open door, they numbered all up 25 or more.

A stage in the corner, the mic on the stand, the evening kicked off with a singer, a song, a drink and a nibble, all wrapped up with banter and giggle.

They came one by one, poets to poet their words and their rhymes, all well versed in their craft over time, they us gave plenty to enjoy and to ponder.

By the end of the night we had dined quite sublimely on six poets, two singers and line upon line of words woven together in poems so fine.

The RCA Community Art Exhibition in Mapua Hall was also well attended and a wide range of work was on show. It was great to see some emerging artists and also new work from familiar names. Congratulations must go to Peter Copp, Paul Nankivell and Anne Haswell who won the People's Choice Awards. This exhibition was made possible by a grant from the Mapua Community Trust and the Tasman Creative Communities Fund, and specific thanks go to Catherine Robinson for organising that.

A wide variety of workshops were tutored by some excellent professional artists who shared their knowledge. We hope people enjoyed attending them and that they either learned something new or honed their existing skills.

The Window Art Exhibition in Mapua continues to bring in votes for its own people's choice award,

(Continued on page 2)



The Coastal News team would like to thank all our readers, contributors and advertisers and wish you a joyful Christmas and a happy and prosperous New Year.



so if you haven't yet voted, please remember to do so. The community can continue to enjoy discovering the diverse artworks in Mapua's street-based Window Art exhibition until the end of the month. The W/A People's Choice Award will be announced at the Festival Wrap-up Party at the Playhouse on 30 November, when an Open Mic night is planned. This is open to all; singers, players, dancers and poets the stage can be yours—or just come and enjoy some free entertainment! All welcome.

All of us at RCA wish to recognise and thank all our sponsors, participants and supporters including Kina Beach Vineyard, Impressions Picture Framing and Artist's Supplies, Tasman District Creative Communities, The Mapua Community Trust, Naked Bun, Jester House, The Playhouse, Workshop tutors and RCA members.

Now it is on to planning next year's festival! We hope to see some of you at the Festival Wrap-Up Party at The Playhouse on 30 November from 7pm onwards.

Jane Smith



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Legends suggest sandflies were created by the gods to raise the dead or prevent humankind from lingering too long in beautiful places. Well, they sure are pesky enough to be capable of both, and that's just one of the reasons why local man Paul Blackham makes a DEET-free insect repellent that all his familv can use.

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Paul began making his 3B formula about six years ago for friends and family. Each year the demand increased until a year ago he began to make it commercially. In December 2013, Paul went to the Nelson market armed with a box of bottles, a pair of papier mache legs and a pocketful of hope. More than 1000 bottles later, Paul still sells at the market, but much has happened since then.

"We've got local stockists supporting us from Golden Bay to Nelson and down the coast to Te Anau too. Things are changing every week," says Paul. "I've just completed Barbican's Small Business Course run at Te Awhina Marae which was great, my wife Sarah is taking 3B around lots of festivals and we are hoping to get into a national retailer this season." It's been a big journey for a small business but shows what a little local ingenuity can do.

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Mapua Health Centre

We are delighted to have Morgana Woolhouse-Williams joining the practice as a second-year house surgeon. She will be spending three months with us as part of a new work experience programme for Nelson Hospital junior medical staff. In January, Kyle Grabowski will spend four weeks with us as a trainee intern, under the guidance of our clinical staff, to get some initial experience of general practice.

As we move into summer it could be a good time to check out some healthy options. This includes a diet with not too much meat and dairy fats but with plenty of plant foods, fruit and fish (diet sheets available at the Health Centre). Also, consider adding some regular aerobic exercise (eg, brisk 40-minute walk, 4-5/week, gym programme or swimming, riding, etc) and the chance to lose some weight for those whose Kgs are bit on the generous side.

You may want to look at getting a green prescription which is a government-funded scheme where a programme can be specifically tailored for you. Free nursing consultations are also available to help quit smoking which include free/subsidised nicotine patches, gum and lozenges which can reduce nicotine craving. For more detailed information please call our practice nurses on 540-2211.

It looks as if we could be in for some sunny weather which means that there is likely to be plenty of UV light to zap our skin and potentially lead to skin cancer if we get over-exposed. So please don't forget the Sunsmart slogan of slip under some shade, slip into some clothing, slop on some sunscreen and slap on a hat. This is especially important between 11am to 3pm, although getting some sunlight expo-

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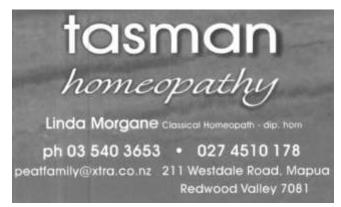
sure outside those hours can be helpful for vitamin D production.

Dr Tim Phillips is now holding regular minor surgery and skin check clinics every Wednesday. To date these have proven to be very popular and frequent pick-ups of things that could be serious or even life-threatening. The skin checks take about 30 minutes (although some checks may take longer) and will be focused on checking for any suspicious moles or lesions. This is a full comprehensive body check and will give opportunity to discuss any issues that may arise.

A reminder to younger patients and teenagers that there is a fully confidential medical service available throughout the working week and that medical costs may be covered by a special PHO fund. You can check this out by simply turning up at the practice or phoning 540-2211 or email info@mapuahealth.com. Healthline is also available for everyone. It is a free telephone health information service where calls are looked after by registered nurses using a computer programme that specifies the recommendations. The telephone triage may include symptom assessment, counselling, home treatment advice, referral, information provision, disease management and crisis intervention. To call Healthline phone 0800 611 116.

National and global health promotion events for the month include the following:

- 1 World Aids Day www.who.org 3 International Day of Disabled Persons un.org/disabilities
- 5 Safe Sleep Awareness Day changeforourchildren.co.nz
- 5 International Volunteers Day worldvolunteerweb.org
- 10 World Human Rights Day www.un.org
- 16 Term 4 ends for secondary schools
- 19 Term 4 ends for primary + intermediate schools





Book Review

An Event in Autumn by Henning Mankell. Reviewed by Penny Brown. This book is available in the Mapua Community Library.

Lagonist in 11 of Henning Mankell's novels. In this, his most recent publication, *An Event in Autumn* chronologically precedes *A Troubled Man* where Wallander slips into the fuzzy realms of dementia.

Firstly, let me say something about the author. Henning Mankell has set most of his novels in Ystad, Southern Sweden, where Wallander is the fictional detective. However, many of Mankell's novels have an African connection, including the wonderful A Treacherous Paradise. Mankell has spent six months of the year living in Mozambique for many years. He has set up a publishing house supporting books out of Africa, Asia and the Middle East; he has established a theatre supporting local playwrights and has set up an AIDS charity to make the lives of so many afflicted people in southern Africa more comfortable. So, like his protagonist, he is a man with a moral conscience. On reading his biography, one gets the impression that he, like Wallander, has had a troubled lifeabandoned by his mother at a very young age-and has difficulty with relationships. Mankell has been married several times, but claims it is because he is an optimist.

An Event in Autumn was written as a novella in 2002 as a complementary gift for those buying a book during a literary crime festival in the Netherlands.

In the novella, Wallander, dreaming of buying a house in the country to live out his life happily (with a dog and possibly human company) is invited by his colleague Martinson to view a relative's house. Wallander somewhat reluctantly agrees, likes it and makes an offer but is troubled by something he stumbles over in the back garden. In the gloomy light he is unsure what it is but on re-inspection, discovers a human hand sticking out of the mud. He is concerned that there might be a body attached and tells the colleague of his find. Thus begins the mystery.

Before starting the book I did not know the history of this publication but sadly, for me it came over as just what it was—a goody-bag at a party. As I progressed through the book (a quick read of two or three hours) I was filled with consternation—had Mankell himself slipped in to the fuzzy realm? Was it a teen fiction book? Had the translator changed? At the end my feeling was one of disappointment.

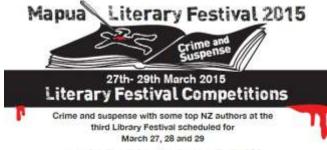
Don't get me wrong. I enjoy a good thriller as much as the next man (sic!) and am a great Mankell fan, but I found the dialogue banal, the language simplistic and the story lacking in intensity and suspense. I felt no urgency to know what was going to happen next, how the mystery was to be solved—it was a

pedestrian plod towards the solution. If you saw the 2011 BBC abridged version of this book you will probably disagree but for that episode the story was obviously fleshed out and with Kenneth Branagh in the lead role, could hardly fail to please.

Having said all this, don't be put off. Mankell is one of the best in the genre. Each of the other of his books that I have read has been filled with twists, turns and intrigues which the tenacious, if gloomy, Wallander pursues with rigour and determination, often putting his own safety at risk. There is not one that I have not enjoyed: the characters are well developed but do not overpower, the stories tortuous but drawn together with skill and literary flair—Northern noir at its best. I urge you to read him.

An Event in Autumn has an afterword by the author explaining how the book came about (which I read with some relief) and an addendum entitled How it Started, How it Ended and What Happened in Between: Mankell on Wallander. Mankell has finished with his detective; as he says, "There will be no more Wallander. I shall not miss Wallander—it is the reader who will miss him."

How right he is.



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Competition details and entry forms available at: www.mapuafestival.wordpress.com Or contact Sue England on 03 540 2934

Closing Date for all entries: 28 February 2015











Mapua Library

Christmas/New Year Book Sale

This will be on Sunday 4 January—10am to 2pm—at the library. See you there! Come and purchase your holiday reading and support the library!

We have been generously donated sausages by the Spring Fling group so will also be running a fundraising BBQ. Bring your family, neighbours and visitors down to the library for a browse.

More donated books for the sale would be appreciated, in particular of the holiday reading genre!

Christmas Raffle

Donations and support appreciated. We will once again run our Christmas raffle. This is an important component of our local fund-raising and is always so well supported. We welcome donations for the prize hamper(s) from "anyone and everyone" in the community. There is a box in the library foyer to receive your donation.

Look out for our ticket seller outside Mapua 4 Square in the week before Christmas week. The hampers always look magnificent!

Thanks to our Book Suppliers

We have a wonderful working relationship with the bookshops that supply many of our new books, and they regularly offer a meaningful discount. Our thanks to Paper Plus Motueka, Whitcoulls Richmond and Page and Blackmore Nelson.

Visitors to Mapua

If you are visiting Mapua, you are welcome to become a temporary member of our library. We are a community library staffed and run by volunteers and it is free to join. We have free magazines to take away as well as current magazines to borrow, secondhand books to buy and a great selection of up-to-date books to borrow. We look forward to welcoming you to our library.

Lit Fest – a reminder

I do hope that you have noted the dates of our next Lit Fest -27-29 March 2015.

Thanks

We continue to receive wonderful feedback about the treasure that our community library is. There are so many people and organisations that are a part of maintaining this as an up-to-date, welcoming and special place. It is truly a COMMUNITY library. Thanks to everyone who has contributed in any way.

Our best wishes to you and your loved ones for a safe and happy holiday season – may you always find time to read a good book!

Lynley Worsley

Library Hours (closed Statutory Holidays)

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Thursday 10am-12.30pm; 2pm-4.30pm

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Martha

By Sue England

E choes of the past mingled with the lazy shush-shush of the ocean, the air filled with the scent of the lilies that she clutched in her hand. Martha let her mind empty, shedding her worries as she allowed her feet to travel their well-worn path amongst the tombstones to the special place where she could rediscover the person she once had been in a time of perfect happiness.

The marble tombstone faced out to sea. Martha stood for a while gazing with vacant eyes to the far horizon and then stooped to place her flowers gently on the plinth, and reflected on the words chosen for eternity.

Douglas Jordan Weir 23rd January 1872 – 19th October 1912 Taken by the sea Loved always, Martha and Jordan

Once a week in Wakapuaka Cemetery she talked to Doug and found, as always, that he gave her the courage to continue in a world embroiled in a madness that she failed to understand but had learnt to accept.

The newspaper lay discarded on the floor, callous headlines starkly revealing the full horror of war in Europe and triggering for Martha a distant memory. Sinking deeper into her armchair, enjoying the warmth of the fire, she shut her eyes and could see instantly Doug digging a trench on their land. It had taken several days to complete the task with Martha always on hand with hot tea and encouragement.

But who was now digging the trenches in Flanders? Was there anybody on hand with cups of steaming tea and kind words? Martha's imagination couldn't stretch far enough to comprehend the scale of trench warfare. How deep were these trenches, how long, how dry, how safe? So many unanswered questions that preyed on her mind. And gas. The report in the paper claimed that swathes of deadly mustard gas were killing hundreds of soldiers. Martha shuddered. Boys playing at men. Boys from New Zealand. Boys from Nelson, the sons of friends and neighbours. Tears pricked her eyes at the thought of all those

young men crying for their mothers as insidious gas cloaked them in its smothering blanket.

Martha's thoughts turned to her own son. Jordan. At least he wasn't in those rat-infested trenches. Wherever he was, somewhere at sea she guessed, she hoped God was watching over him. "Please keep him safe," she prayed and as an afterthought, "...and sensible." Martha sighed. So headstrong, her lovely boy, just like his father. Gone to war with all the other young men, full of righteous indignation and patriotism, fuelled by testosterone, brimming with excitement. Nelson was home now to women and children, the elderly and infirm. No more the sounds of revelry on Friday nights when the boys let off steam gambling away their spare coins on darts and cards. No muddy shorts to wash after the rough and tumble of Saturday footy in the park. The streets were quiet and thoughtful. The city waited.

On the dresser by the fireside was the last photo taken of Doug and Jordan together before the freak accident that stole her husband's life. Both so tall and handsome, her beautiful boys, and now one dead, claimed by a rogue storm while the fleet was out for the catch, and the other gone to the far side of the world. Doug's body had eventually been washed ashore and on that day, Jordan left school never to return. He joined the fishing fleet and walked in his father's footsteps. How could she stop him? Jordan replaced Douglas amongst the fisher folk sailing from the wharf, taking great pride in his fleet. Until the war. Then Martha did try to stop him. "It's not your battle," she had pleaded. "I need you here." But that wasn't true. She was ashamed of her selfish emotions but begged nonetheless. "I'm scared I'll lose you too." Jordan had laughed; the unassailable confidence of youth that nothing could ever harm him. "I'll be fine Mum, this is my duty and Dad would have wanted me to go."Yes, he would and deep in her gut Martha knew that Doug would have volunteered too. Proud Kiwis, the pair of them.

Nelson was fortunate. A place of relative abundance, fruit and vegetables, meat and fish, milk,





cheese and eggs, all still available. Stomachs were filled as hearts emptied. Martha baked her own bread, enjoying the process of kneading and rising, knocking back and waiting patiently as the dough rose for a second time. One wet Tuesday with a mound of plump dough sat in a china bowl by the fire, the comforting aroma of yeast filling the room, a letter arrived.

"Looks like it's from your lad," the postman said brightly. "Good news I hope," as he continued on his way.

Martha felt light-headed, her skin clammy. She placed the letter on the table, a time-bomb ticking, and sat down. All she could do was look at it, afraid to open it, afraid not to. Tea was an answer. With a cup of brew in her hand, she gathered some courage. With trembling fingers betraying her resolve she carefully unsealed the envelope and read the words within.

The details eluded her; all that she registered was that he was alive. Jordan was safe and well and writing letters to her. That was all that mattered. Martha wept for joy. Her tears dried in smeary trails on her cheeks as the full story was revealed. Jordan had worked his passage from Nelson to Britain, just as he said he would, and he had volunteered for the Roval Navy. Able Seaman Jordan Weir. How she wished she could see him so fine and proud in his uniform. It seemed only yesterday that her little bundle of golden curls was determined to walk before he was ready. Sturdy little legs tottering from chair to table, clutching at her skirt, never complaining when he fell. She could see him now, pulling himself up, starting again, wobbling his way to Douglas coming home from the wharf. And now before she had scarcely blinked he was a man, loyal to his comrades, true to the cause of fighting for a free world.

"...and how good is this Mum? I'm serving on a warship and she's called Cheerful. Isn't that just something? And we really are a cheerful bunch. The fellows are amazing; they come from all walks of life so some have struggled to find their sea legs. What a laugh, they should fish in the Tasman, eh? Not sure where we are headed next but I'll try to write again..."

Twice a week Martha made her way to a warehouse in Vanguard Street, a cannery before the war but now donated to the Red Cross for packing parwas filled with a deep comfort that she hadn't felt in weeks. Canned goods, toiletries, knitted hats and gloves, cigarettes—anything that would provide comfort and solace was packed into the parcels for the serving men. Slyly Martha would slip little notes amongst the goods and imagine it might be Jordan opening the box and reading, "Packed with love by New Zealand mothers." Life could have been so much worse. News from afar could take weeks to arrive. June 30th 1917 came and went with no significance to Martha's daily round until she was caught unawares by the arrival of a military telegram. Her optimism shattered in a heartbeat. "HMS Cheerful sunk by a mine off the Shetland Islands. All hands missing presumed dead " There was only one place to go. Martha fled to the cemetery; she had to talk to Doug. Kneeling on the muddy ground facing his grave with no sense of time or the chill wind keening amongst the headstones, she poured out her heart until she was empty. Drained and broken, a rudderless boat. A solitary woman staring at the sea with loathing. Shetland appeared a mere dot on the map, so far removed from New Zealand as to be virtually insignificant. Martha had no knowledge of native Shetlanders surviving their harsh landscape in crofts, earning a living by fishing. When Cheerful went

cels. Parcels redolent of home for the boys serving

abroad. A busy environment full of laughter and

spirit even more so when Martha shared her good

news amongst the packing team, women in long

aprons and headscarves, elderly men in overalls,

small cogs in the large support wheel of war. "That's

just fantastic," said her friend Annie, giving her a hug and a kiss on her cheek. More hugs and pats on the

back took Martha's breath away until she called,

"Enough everyone, lots of work to do." But Martha

water.

It was Valentine's Day 1919 when a young man with haunted eyes but dogged pride in his bearing knocked on Martha's door. Jordan Weir was a survivor.

down on Saturday 30th June, fishermen turned out

with no heed for their safety, a universal brotherhood,

and pulled 18 men alive from the freezing Atlantic





Tasman Bible Church

'Tis the Season to be...



If someone says to you in the next few days, "Tis the season to be..." what will you respond with? In a predominantly "post-Christian" society, the possible responses are wide-ranging. For those not aware of the traditional response, "jolly" is what you're looking for. "Jolly" completes a line in the Christmas carol, *Deck the Halls...* whose origins and meaning are hard to trace...and fathom. The sense of confusion and search for the "reason for the season" might sum up where "we" are as we contemplate entering into that "season." For some, it's the "Silly Season!"

There's a great deal more to consider than being jolly, although that's not a bad thing. You might be aware of the national initiative to highlight the bicentenary of "Good News" being lived and offered to this fair nation. That national initiative, "Hope for All," celebrates the first Christmas message in New Zealand, by the Rev Samuel Marsden, at the invitation of his good friend, Ruatara. Marsden chose an appropriate text for that Christmas sermon in 1814 —

"Behold I bring you good news of great joy..." He then expounded the basis of the central Christmas message—the coming of the Saviour, Jesus Christ.

For Christians, the season is about the Incarnation—God taking upon himself human nature. In Jesus we discern God's specific purpose of forgiveness, cleansing and renewal from the consequences of what the Bible calls sin. Humanity needed a "Saviour"—hence the name "Jesus." That saving is specifically from the damaging and destructive results of rebellion against the God who made human beings. That saving purpose anticipates the further season Christians call Easter which in turn anticipates through the birth, life, death, and resurrection of Jesus, a culmination and ground of Christian hope—Jesus' return.

This season then begins as a season of seasons—all supplying hope. When one of the Gospel writers says, "The Word became flesh" it is a declaration of God turning up in person—enfleshed. In the person of Jesus Christ we discover exactly what God is like. The birth was and is personal and public, and is meant to elicit a similar response. The down-town Bethlehem birth is Good News indeed! It has the capacity to provide "Hope for all." Hopefully then, the season will cause you to be "jolly"—but for what reasons?

Richard Drury

Pastel Artists of New Zealand

Tuesday 21 October was a very special day for our group and for one member in particular. Secrets were afoot. Our customary coffee break was transformed into a birthday party for lovely Patricia

Hughes. And why not indeed? Tricia was 90 years old and if that didn't deserve the stickiest-ever chocolate cake and a dedicated poem then I don't know what would. It was a grand occasion with lots of hugs and giggles, though chocolate icing and pastel dust were not the best combination for works of art!



Lyn Diefenbach is a master pastel painter of international renown. She is also an excellent teacher and extremely nice person. We were delighted and honoured to have her with us for a two-day workshop focusing on the art of painting florals. Fifteen members enrolled for the workshop held at the Kina Beach venue on 28 and 29 October and some stunning work resulted. See if you can spot some of the results at our annual exhibition in the Community Hall next February.

It was all hands to the pump on Thursday 6 November as we took over the exhibition room at the Eyebright Country Store and transformed it from a large, empty space into a creditable gallery full of affordable art. We have Judy March to thank for co-

ordinating the event and keeping us all on the straight and narrow, and Peter Owen for allowing the use of the facility. Our exhibition was formally opened on the Friday evening by Glenys Della Bosca of Impressions, Richmond, and everyone enjoyed their first inspection of the artworks and, of course, the wine and nibbles! This was a great opportunity for nine days to put the name of PANZ on the wider map and to offer our work for sale.

If you want to find out more about pastels and the PANZ art group in Mapua visitors are always welcome. Just call into the Community Hall on a Tuesday morning between 9am. and 12 noon when you see the PANZ board outside. Or contact Glenys Forbes on 540-3388 for more information.

Sue England

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Bike Business and Trail Expands

Three years of hard work and determination has really started to pay off for local cycle tour company Wheelie Fantastic Cycle Tours

The company was founded in 2011 by two enthusiastic cyclists, Nicky McBride and Lisa Mann, who identified the area as a great place to both live and cycle. They had confidence in this area as a place to start a business, before the official cycle trail had made it to Mapua. They started trading at Mapua wharf with eight bikes on a trailer. The following year it was two trailers and a gazebo at Mapua wharf. The third year they upgraded again to a shed on the wharf and 40 plus bicycles.

This year is their fourth year of trading and along with their new business partner, Jo Hillis, they are looking to expand again.

"With Jo on board we are able to expand our highend tours," said Nicky. "The Tasman Great Taste Trail is really putting this area on the radar for cycling."

They have developed new tours from one-day wanders to multi-day tours and are now offering road bike tours as well. "We have carbon road bikes to allow people to explore the extensive quiet routes from coastal roads to roads with the backdrop of Kahurangi National Park," said Lisa.

Wheelie Fantastic has developed its tours by using other local businesses from accommodation providers, to wineries and restaurants. They understand the importance of everyone working together to promote tourism in the area.

"Our tours really showcase this region" said Lisa.

"Our tours really showcase this region," said Lisa. "With the trail now opened up to Kaiteriteri we can offer one-way hires to help you explore the track around Riwaka and Motueka. Our guided tours will help you discover the hidden gems of the area and take you on back roads and tracks that are less travelled."

"Great roads to cycle on and interesting places to

visit, this area has it all," said



"We want people to experience what we already know, that Nelson/Tasman is a great place to cycle. Sunshine, good food, stunning views and great bikes from Wheelie Fan-

tastic means everyone gets an awesome experience," said Nicky.

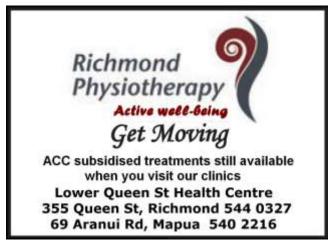
When the owners are not putting together the perfect tour for visitors to the region they are out on their own bikes. Which in short means they know it because they do it.

Next year Wheelie Fantastic will be one of the tenants in the new building at the wharf. "Having a bigger premises in the new wharf building will help facilitate further business development. We are gradually building up our business and we are looking forward to introducing some more new ideas," said Nicky.

In the meantime Jo, Lisa and Nicky will be at the Wheelie Fantastic shed daily for you to pop in and say hello or ask for advice on anything bike-related.

For further information contact: info@wheeliefantastic.co.nz or visit www.wheeliefantastic.co.nz or call 0800 2 cycle





Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20th of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

JELLYFISH CAFE AND BAR

Shed 1, Mapua Wharf Hours: 9am-late Tues - Sat 9am to 3ish Sunday & Monday

> Tuesday is curry night, takeaways available

Wednesday night GRAB 2 is back: 2 mains, 2 glasses of house wine, \$60. You must book and mention this deal Ph (03) 540 2028 www.iellyfishmapua.co.nz





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Fire Brigade



Oct 14 to Nov14 call-outs

Oct 7: Tanker to Brightwater fire, turned back.

Nov 1: Grass fire Upper Moutere school, turned back.

Nov 5: Tanker assisted with a scrub fire Marsden Valley,

Stoke, Fireworks-related.

Nov 10: Incinerator caught trees on fire in Ruby Bay. No permit. Incinerator too close to combustible materials. No hose ready.

Nov 16: Logs on fire Kina Peninsula, no-one around. Put out using tanker.

To date this year: 43 calls

Safety Tip: All fires in the open require a permit, expect backyard BBQs. Permit can be obtained from Rural Fire network free on 544-2441. You will need a clear area around fire or approved Incinerator, no long grass etc, a water supply to put fire out if needed. Look at weather forecast – no fires in high winds.

Visit us at www.mapuafire.org Or Google Mapua Fire.

MAPUA PLAYCENTRE



84 Aranui Rd, Tel: 540 2386 (We're behind the tennis courts) A staff/ parent run Early Education Centre for 0-6 yr olds.

•Individual learning plans

- Te Whariki Early Childhood Curriculum
- Many different activities, including outings, with emphasis on play.
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Under The Bonnet with Fred

More in the USA—Missouri State Fair & Dodge City



A fter crossing the Mississippi River into Missouri we continued cross-country on mostly back roads with interesting towns and buildings on route. We stopped for lunch at small a supermarket strangely in the middle of nowhere. Inside, the shop worker was a bit cautious with us arriving in a big black Chev Suburban as these vehicles are used a lot by the police. While buying some food I told one of the shop girls who was struggling to understand me that we were from New Zealand. She looked confused so I said, "Don't worry, we are tourists." Then she looked startled, because with my Kiwi accent I think she thought I said "terrorist."

We sat outside the supermarket eating our lunch on some seats and one tough shop girl came out and talk to us (I think she had been sent by the manager) and she asked us all sorts of questions. In the end Rex said we were Kiwis and there was quite a sigh of

relief. "Oh, you're from New Zealand," she said. She had worked in the casinos in Las Vegas and knew what a Kiwi was, and, thank goodness, what a tourist was.

Missouri State Fair is held in a place called Salina just south of Kansas City in a surprisingly rural town for this gathering of everything about

Missouri. We got there early and managed to park second row from the fence but were surrounded by big American utes like Chev Silverados and Dodge Rams. This was cowboy country. We weren't too out of order as our Chev Suburban hire 4x4 was a cousin of the Chev Silverado. As we walked to the gate we didn't look over the roof of these cars; we were looking at their door handles. I can see why these utes are so popular; they look good, as good as a car inside, and are comfortable and if you had to throw a dead bull on the deck, no problems. America provides parking for these vehicles too!

At the entrance to the fair we were greeted by the local police display of a line-up of four cars from different eras—all kitted out with the lights etc. One was a Dodge Charger right out of the movie *Smoky and the Bandit*. The show was big with everything country—livestock, tractors, horses, side shows, vegetable competitions and the biggest pumpkin.

Much to Rex's delight his winning pumpkin in the Club Mapua completion was bigger. The cake-decorating competition was impressive with strong contrasting colours as you would expect in the USA. The vintage tractor drive-by was almost all John Deeres with only a few Fords. One of the small Fords had a flathead petrol V8 motor fitted.

While wandering around we were invited into the seniors' tent (a wake-up call?) which turned out to be interesting—free coffee, free show bag to carry our purchases, free ride around the showground on golf carts—but they were selling retirement homes! All a bit of fun while you are on the road.

The fair was big enough to have its own volunteer fire brigade, with which we got a royal tour as we were New Zealanders. Nice people, just like the New Zealand fire brigade locals. I was impressed with their 2005 American La France Pumper Fire Engine

with a Hale ALFS 125-21 pumping system as pictured (left). Very smart looking machine. Surprisingly 78,000 miles it was considered old. All food available was good and I got stuck into the dessert and ice cream pie tent for a while Grandma's with pecan pie.

It's Christmas time again so in New

los Su 78 co fo go stu se pi wi pe It' ag ark Zealand tourists, camper vans and

Zealand tourists, camper vans and hire cars will be slowing in the middle of the road while trying to read the map or GPS. After our road trip to USA I have to view this behaviour with a different attitude, as just like tourist drivers here, while we were in USA we did questionable driving in the pursuit of our final destination. The people in USA tolerated us and let us get on our way to enjoy the adventure of a new country. Keep an eye out for the tourists on the road and help when you can.

Parking in Nelson City: The \$200 fines haven't gone away, it just takes one hour longer to get one. The parking is free for only one hour then you have to move your car to another park, if you can find one. Support the local retailers and shop in Motueka or Richmond. Merry Christmas and God bless the TDC for free parking.

Fred Cassin

Out and About with Hugh

December—in 31 days it will be history—the last month of the year 2014. As usual, the editors have reminded me (and all other all other contributors to the *Coastal News*) that the deadline for copy is the 20th of the preceding month. They have only a few days to organise, compose and deliver final copy to the printer for the finished edition to appear on the first of the month.

I thank and salute the editorial editor for his most essential contribution and for his patience and forbearance when I am late. Without his unheralded and selfless efforts there would be no *Coastal News* for us to read and enjoy.

The December issue will be the last until February. Ergo, I will have a month's respite. Then it's back to the task of putting together February's 2015 Out & About column. To review events and contemplate the interesting mix of community happenings and perhaps a "word" or two to stimulate your interest. In short, to write of many things—not ships or sealing wax or cabbages and kings but the many things going on in our engaging and vibrant Mapua community and its environs.

"Environs" is a noun; an interesting word going back to 1300-1350 Middle English evirounen and Old French environner. Its first known use goes back to 1665. We currently use it to define 'the surrounding area or district;" there are some synonyms in use, including "vicinage" from the USA meaning "vicinity." Leave it to the Yanks.

November the 11th, Armistice Day, marking the 96th anniversary of the signing of the armistice on November 11th, 1918 at the 11th month on the 11th day and at the 11th hour. The end of the Great War—the war to end all wars. Hello? How many wars since then? They didn't end. How many wars going on to-day?

As we all know, in New Zealand and Australia our memorials and remembrances of that war mostly occur on Anzac Day. A part of those ceremonies and observances always includes the soul-wrenching bugle call of the *Last Post* in commemoration of those who died for their country. One cannot attend those ceremonials and not be affected by the haunting bugle notes and the memories they engender.

In Iper (Ypres), Belgium, at the Menin Gate War Memorial, the *Last Post* has been played every evening at 8pm since 1928 (except the 1940-45 Nazi occupation) by buglers of the Iper Last Post Association commemorating the British Empire dead at the battle of Ypres in 1915. This ceremony has been held more than 29,500 times and will reach 30,000 times in on 9 July 2015. There were actually five battles at Ypres. The first, in 1914, on 19 October to 22 November and the last in September 1918.

The Last Post call (2nd Post) is used by the British Army to signal the end of the day. The names come from the practice of inspecting all the sentry posts around an army camp after the duty officer has returned from a tour of each post. Each post inspection was accompanied by a bugle call. Thus a 1st Post call at the start of the inspection and a Last Post call at its end.

The custom dates at least back to the 17th century, originating with British troops stationed in The Netherlands drawing on an old Dutch custom called taptoe, meaning the day was ended and time to shut the beer taps. Taptoe became Tattoo, and thus the term Military Tattoo.

In colonial times the *Last Post* was used by the British in the American colonies. Its function being taken over in the United States with a bugle call known as the *Scott Tattoo 1835* and used until 1860. In July 1862 it was adopted by both the Union and Confederate Civil War Forces, replacing a French bugle call to signal "lights out." Taps was officially recognised by the US Army in 1874.

Mapua on the move. The question is: Are we a Village? I often refer to "our Village". What exactly is a village? Wikipedia defines it as "a clustered human settlement or community, larger than a hamlet but smaller than a town; with population ranging from a few hundred to a few thousand (sometimes tens of thousands)."

Mapua was originally based on agriculture. Not any more, although there is plenty of agriculture/horticulture about and numerous life-style blocks. In Great Britain a hamlet became a village when the residents built a church. Mapua qualifies on that point. Some have referred to Mapua as a rural suburb. We've done the suburb thing before when Richmond was referred to as a suburb of Nelson. What a fuss! Mapua as a rural suburb? Maybe. While Mapua in one sense is surely a mixed-use area within commuting distance of a city, in no way is it a suburb. How about "Rurban?" A word in use since 1918 in the US. Leave it to the Yanks to come up with that to figure out.

The ongoing issues of "driveways" on Mapua Drive; the new building and revised plan for the Mapua Wharf; notified or non-notified subdivisions and the rest of it will have to wait. But just look! I haven't mentioned the Waimea Dam. You know, the damn dam or dammit it, dam it!

Please reserve 8 December for the very important Community Association meeting; 7pm at the Mapua Community Hall. Try to be there.

Hugh Gordon

Spring Fling Again A Great Success

The Mapua Domain was buzzing with a funloving crowd and sparkling weather for our twilight event. Everyone came together with community spirit. It was a fantastic opportunity to socialise, play games and enjoy a free sausage, home-made lemonade and an ice-cream. Our aim is for the community to make connections and bridge the town's generation gap. It is planned as an event for everyone regardless of age to mix and form links with other community members.

We were lucky once again to access the Tasman District Council's Way-2-Go trailer. Always a great big hit. The doors just opened and the gear flew out with the kids creating their own games. The everpopular local fire engine was on hand, with some kids coming in their togs prepared for a dousing. The field got a good watering and there were lots of happy, very wet children! For the car enthusiasts we were fortunate to have three superb classic cars to drool over.

A bit of background on the event for newcomers: The inaugural "Spring Fling" in 2007 and subsequent ones have been largely supported by donations and volunteers. This group began from work with author and educator Celia Lashlie when there were concerns expressed about disaffected youth in the community and we looked at the African proverb, "It takes a village to raise a child." For two years regular commu-





nity meetings were held using Celia's insight and experience. The Mapua Strengthening Our Village group evolved. The Spring Fling event was a product of a few people getting together and making it happen. We are now in our 8th year which is something we are very proud of.

Our great big thanks have to go to the organisations that believe in what we are doing and allow it to happen with their donations. These are Club Mapua, Mapua/RubyBay & District Community Trust, Couplands, Hamish's, Mapua Auto Centre, Talleys, and the Tasman District Council. Thank you NBS for your usual lending of the marquee and to the Cassins, Costers, and Coxs for sharing their cars with us.

Thanks everyone for making this a success.

Tina Johansson

Postal Delivery

We can post you the *Coastal News*. To take advantage of this post \$20 with your name and address to Coastal News, PO Box19, Mapua Store, 7058, or email coastalnews@mapua.gen.nz

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The Probus Club of Mapua and District

Two representatives of the Nelson branch of the Save the Children Fund, Margaret Hackston and Thelma Creighton, set up two tables of sales items from their shop in Buxton Square at the November meeting of Mapua Probus. Club members were invited to make purchases or donate to the fund.

Margaret gave an interesting talk about the Save the Children Fund, which was started in 1919 by an English woman, Eglantyne Jebb. She was very concerned about the welfare of children after the First World War. Over time the organisation developed and now functions in 120 countries.

The fund was set up in Nelson in 1963 with a small shop in Alma Lane. From there they expanded to a shop in Halifax Street, then recently they moved to their shop in Buxton Square.

Margaret spoke about some of the countries that the New Zealand fund supports in various ways. These include Fiji running 52 childhood centres, and Bangladesh, giving funding to a school of 265 children. In Nepal some poverty-stricken families were given goats to farm to provide an income to help pay for their children's education. During the earthquake crisis in Christchurch the Save the Children Fund set up group meetings to help the children to cope with the drama. The national organisation is planning to work with Barnardos in Auckland to set up camps for disadvantage children.



Margaret pointed out that supporters of the Save the Children help some of the world's most vulnerable children in numbers of ways, including through volunteers fund-raising and serving on branch committees. Some members of the public have chosen to extend their support beyond their lifespan by donating money in their will.

Margaret finished her talk with some interesting facts such as over the last three years supporters have provided 1736 children with uniforms, school bags, and stationary supplies which help them to study and improve their education. And 2176 parents have attended parenting courses to learn the importance of vacation recreation, such as playing with their young children to stimulate their learning.

The mini-speaker was club member Don Hodg-kiss. Don was born in the town of Erith, Kent, England in 1930. His father was a fishmonger with a shop in Brockley, South London, for three years. His family moved to Belvedere, running a fish and chip shop up to 1940. He had to sell that business when he enlisted in the RAF. His mother took over running another fish business for the next 10 years.

After the war their family business was sold and they bought a farm with dairy cattle, pigs and poultry at Smarden in Kent. They successfully ran that for five years. In 1955 their stock was infected with foot and mouth disease. All their stock had to be shot and buried. About a week before Christmas, they were allowed to sell their poultry. After this drama they were able to re-stock, but eventually sold the farm.

Don married and took a lease on a general store in Maidstone, Kent, and then bought a post office and general store near Shaftesbury, Dorset. He then moved to a village in Somerset where he worked for a bacon-producing firm until his retirement. In the meantime his two sons had moved to New Zealand and he decided, after many visits, to join them here.

David Higgs

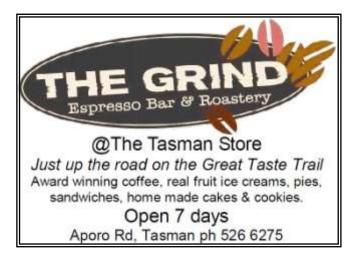


Mapua Bowling Club

The Write Bias

It was a great opening to our season on 8 November with 24 members enjoying the first games on our new turf, with a drink or two afterwards and an impressive afternoon tea. The members were certainly pleased to have the new green ready for play after spending many hours working on the green replacement over the winter months. Hats off to our green-keeper, Ben Whitten, and his band of loyal volunteer helpers for a job well done. Ben was given the honour of rolling the first bowl on the new green. (*Pictured below right*).







The club has teams involved in various Nelson area competitions. The President's Trophy matches have got off to a superb start with three good wins out of three games. The Wednesday evening interclub junior pairs team also started the season with a win. A team of four men and four women is also entered to play in the annual Town and Country completion. Go Country!

League Bowling started again on Monday 24 November at 6pm. These sessions are open to new and existing bowlers with both friendly and competitive play. There is no need to pre-book; just turn up on a Monday evening and give it a go. Flat-soled shoes are essential to protect the green, but there are plenty of sets of bowls to borrow at the club and the bar is always open. Why not give it a try?

For information about bowling, coaching or booking the clubhouse and facilities please call the secretary, Jean Daubney (543-2765) or the president, Michael Busby (544-6325).

Barbara and Kevin Brown





The Road to Wellness

The Crazy Season is nearly upon us and this is a great time to evaluate your stress levels. Last month I mentioned some of the common symptoms of stress. What about work stress? Are you still enjoying your job? Or are you just in automatic pilot each day, get up and go to work because you have to? Is there still enjoyment in your job or has stress taken over?

Sometimes people don't even realise how much stress they have with their job. If you're lacking in energy and motivation for work, avoid your clients, customers, feeling tired and can't be bothered. Then you are suffering stress. Too much stress causes performance to drop off, so whether



an employee or employer it is important to address the health and wellbeing of all. So that your workforce is operating at optimum levels.

Eustress is positive stress, we need this to keep us going. If we have no stress in our lives we will do nothing. If we have too much stress we become, at first inefficient and then dysfunctional.

If you are an employer and your workplace is overstressed or distressed, it will be costing your business lost profit in lost production through poor performance, absenteeism and staff turnover. It is worthwhile to look after your staff. They are the most valuable asset in your business. I work with companies to help improve and lower stress levels.

How can you manage your stress?





Evaluate yourself:

Know yourself

Be reasonable with your expectations Set realistic goals- short and long term. Let go of the things you can't change Say no and share your workload Work co-operatively

Accept you can only do your best.

Set boundaries

Care for yourself:

Healthy diet, Exercise
Think and act positively
Get plenty sleep and rest
Give yourself some quality time
Use stress management techniques like
hypnosis & EFT

Have fun, laugh and be joyful

Create boundaries between work and home

Treat yourself to a massage.

Have support, ie, friend, partner or family.

Recognise stress; don't get to burn-out.

Learn self-hypnosis for relaxation.

Three stages in stress management:

- 1. Prevent the stress, this can involve changing the stressors or the way you perceive them.
- 2. Having coping strategies to minimise the stressors. Which are above for caring for self.
- 3. Once you have serious symptoms of stress, you need to change. If you don't you will fall over. You may need help to change. Hypnotherapy is a powerful, empowering, non-invasive help. It can help you to get back control of your life and of you.

So while you are on a break at this crazy season of the year, tune into yourself and be aware of whether you can relax while on holiday or is the body still stressed and not able to relax?

Get help before it becomes more serious.

All the best for the last month of 2014 and we will connect again in 2015.

Lesley Evans



Time to Shoot



Photographers—new, experienced, young and old—it's time to think about your entry into the Sarau Festival's photographic competition! Sunday 1 February is the date, but it's not too early to begin shooting!

There are five categories: Life in the Moutere, Life outside the Moutere, Digitally Enhanced, Under 15, and Sarau Festivity photos from previous years.

Check the details on www.sarauestival.co.nz. Prize-winners will receive accolades and a package of Moutere goodies. And there'll be a special prize for the youngsters.

Entries may be left at Motueka's i-site or the Moutere Hills Community Centre until 3pm on 26 January. From there they will be perused by our judge, Lisa Ball, ready for display and prize-giving at the festival on Sunday 1 February 2015 at Sarau.

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New Trustees for Mapua Community Trust

The Mapua/Ruby Bay Community Trust now has nine trustees with the appointment of new members at its November meeting. As reported last month the founder and chairman of the Trust, Bill Williams, retired as chairman and trustee, as did Hugh Gordon who agreed to be chairman for a restricted period. Robin Peck and Barbara Mercer resigned from the Trust earlier in the year.

The new chairman is Neville Bibby, Andrew Earlam remains as treasurer and John Sharman has succeeded Terry Smith as secretary. Terry wished to relinquish the job but will remain as a trustee.

The full complement of trustees now is:

Neville Bibby (chair), Andrew Earlam (treasurer), John Sharman (secretary), Ali McDougall, Angela Fon, Lisa Dunn, Mark Bruce-Miller, Justin Hall and Terry Smith.

We would like to make it known that as the principal of the fund has reached the \$100,000 mark, there is an income of around \$4000 a year to grant to eligible organisations in the village and wider district. Individual grants are normally about \$500 so that we can help as many organisations as possible. We meet twice a year to approve (or decline) applications—in November and May.



Guest blackcurrant chef Steve Richards from Award winning café Jester House

- Blackcurrant Bake-off get creative!
- Photographic competition
- Moutere Artisans
- Blackcurrant health information
- Moutere History

The Upper Moutere Sarau Festival 1 February 2015!!

- · Grown in the Moutere
- Food, beer and wine, music and entertainment
- Monster book sale
- NBS Kids Adventure Zone
- Masses of stalls and activities
- · Loads to do and see!



Come along and support the community and the festival! **Keep up** with all the exciting festival news and competition details on www.saraufestival.co.nz – we can't fit it all in here!



Gifts with a Mapua flavour this Christmas!

A little forward planning will ensure you don't miss out on this opportunity to give Christmas presents with a special Mapua connection.

The Hall Committee is offering locally designed and printed tea towels this December and the design can be viewed on our website www.mapuahall.org

They are 100% cotton, and are only \$12.50 each.

We anticipate they will be very popular, and are giving you this opportunity to secure your order. These quality, functional tea towels are simply a great way to support your local community hall. Every household is sure to want at least one!

THEY MAKE GREAT CHRISTMAS PRESENTS!

To secure your order: Fill in the order form and drop it into the hall post box outside the hall office or mail to 72 Aranui Road, Mapua, 7005 Or email mapuahallsociety@gmail.com, Ph: 5402330.

Stocks are limited don't delay, action today!!

Mapua Tea Towel Order Form



(please print clearly)

Your address:.....

Your phone number:.....

email:

Quantity ordered:.....(price per item = \$12.50)

Total cost of your order:

Payment method (please circle)

Cash Cheque Internet transfer

For internet payments: Mapua Public Hall Society NBS 03-1354-0308218-00

Please write your last name in the reference.

What's On at the Hall In December

	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
1	2 2.30 Sit & Be Fit 6pm Cardio/ Strength 6pm Yoga 6.55pm Pilates	3 9.05am Aerobics 9am Yoga 10am Pilates 12.30pm Tai Chi	4 9am Mapua Art Group 3.30 Karate 7.30 Mapua Assc. Meeting	5 9am Yoga 9.05am Cardio/ strength/Aerobics 10am Pilates	6 6pm Market set up	7 Mapua Makers Market
8 7.00 Mapua Assc. Meeting	9 10am Mapua Creative Fibre 2.30 Sit & Be Fit 6pm Cardio/ Strength 6pm Yoga 6.55pm Pilates	9.05am Aerobics 9am Yoga 10am Pilates 12.30pm Tai Chi	11 3.30 Karate	9am Yoga 9.05am Cardio/ strength/Aerobics 10am Pilates	13	14
15 7pm Hall Committee Meeting	16 2.30 Sit & Be Fit 6pm Cardio/ Strength 6pm Yoga 6.55pm Pilates	17 9.05am Aerobics 9am Yoga 10am Pilates 12.30pm Tai Chi	18 2pm Friendship Club 3.30 Karate	19 9am Yoga 9.05am Cardio/ strength/Aerobics 10am Pilates	20	21
22	23	24	CHRISTMAS DAY!	BOXING DAY	8.30am Cardio/Pump 9.30 Pilates	28
29	30 2.30 Sit & Be Fit 6pm Cardio/ Strength	31				

3rd ANNUAL Fun Run Sunday 1st March

Put your fun team together soon and join us for the most spectacular low tide run/walk experience! Or take an alternative flat path route. Starts and Leaves from the Mapua Hall back decking. Registrations 10am-10:50, warm up 10:50 and start at 11am! Sausage sizzle on your return. Bring your own water bottles. Prices and more details to come in February's Coastal News.

Visiting Jester House?

If you purchase a beautiful voucher before you go then 20% of the total cost of your spend will be kindly donated by Jester House to the hall! Vouchers available at the hall office or from a committee member. They make great Christmas gifts too!

This hard covered book covers the Opening weekend of the Mapua Hall Rebuild. It is a collection of photos with a little text. If you were at the opening to the hall already. In a very short you are probably in it. If you'd like to see it, there is one at the hall office to view, or leave a message in the hall mail slot or on-line. \$40 per copy with proceeds to the hall.



'HIT THE DECK'

4TH Friday nights are starting up again at the hall. We begin with music on the deck and BYO family picnics in January and February. Watch for adverts on the hall noticeboard or website. Musicians and bands etc are welcome to contact us through the website if they are interested in being part of these social occasions.

Donations for the hall taken on the night. 5pm-7pm. We would like to hold another Pecha Kucha evening and if you would like to share your knowledge or you know of someone - please contact us.

Our Gathering Place ********* SUMMER DRIVE

A huge THANK YOU

to those who have given a 'summer donation'

time (well before this went to print) we have been given \$529.00 so far! Summer Drive funds will go towards the hall's insurance bill in March.

The EVENTS & FUNDRAISING TEAM are

always keen for more help. We meet on the first Monday of the month at 6:30 at the Apple Shed. If you'd like to join us for one or more of our get togethers you are very welcome. Phone 5402661 or 5402330 to enquire or just come along and find us.

Thanks to members of the community who have some good ideas to help make the hall make a few more dollars. We appreciate your ideas although sometimes unfortunately, we do not have the numbers on our team to see them all through!

Although the hall was officially re-opened in August 2013 there are still many things we are striving to complete in order to make our hall suitable for a wide spectrum of events & groups. We can't thank the following organizations enough for the financial support they have provided in turn helping us achieve so much for the hall.

- Mapua/Ruby Bay & Districts Community Trust for their contribution of \$950 towards our hearing loop system where we were able to purchase two wireless microphones with stands and the radio transmitter.
- Tasman District Council for the Grants from Rates Scheme which gave us \$4,000 towards the carpark and front landscaping upgrade and \$1,000 towards a shade sail on the park side of the hall.
- Network Tasman Trust for \$1500 towards the final touches needed to complete the hearing loop and

We continue to apply for further grants for acoustics, block out curtains, storage & stage options & completion of our bar area.

From us

The office will be unattended from the 19th December - 12th January. However emails and the answer phone will be checked regularly. Anything urgent please contact Lynda Mabin (Chair).

The Hall Committee, Fundraising & Events Team, Megan & Colin would like to thank everyone for their support over this busy 2014. Without the support from our beautiful little Community, the hall wouldn't be blossoming into the lively & warm place it is today. Enjoy your Christmas with family & friends and we wish you a safe & happy summer. See you in 2015!

Sign up to our

monthly email newsletter

to stay informed about what's going on and coming up at the hall. You can do this via our facebook page or by email mapuahallsociety@gmail.com

www.mapuahall.org

www.facebook.com/ mapuacommunityhall



Early Childhood Centre now Oasis

hat was the Mapua Early Childhood Centre changed ownership on 1 October, 2014, and is now owned by Daniel and Lisa Haring and has a new name, Oasis Preschool Mapua. Daniel and Lisa manage the group of Oasis Preschools in Motueka which includes Granny's Place, Oasis Central Preschool and Oasis Education Centre, and are very excited to now have the Mapua Centre to provide an Oasis experience for children and families in the Mapua area.

The Preschool will continue to cater for children from six months to five years between 7:30am and 5:30pm. Team members Judith, Sam and Lauren are registered teachers who are dedicated to their group of children in the older room for two to five-year-olds. Daile, a registered teacher and Janell, who is completing her early childhood studies, are now providing a nurturing, primary caregiving environment for our little ones from six months to two years in a separate room. Anna has also joined this younger age group as a training teacher to provide extra support to the teaching team.

In the New Year we will welcome Janine Marr as a permanent teaching team leader. Janine has been at Granny's Place for the last 10 years and will bring with her a passion for quality, respectful, relationship based early childhood care and education.

Our philosophy for early childhood care and education is to provide a safe, nurturing and fun environment for children based on Christian values where the children can grow as confident individuals supported by their peers and teachers who provide a curriculum that is responsive to each child's needs.

Changes have already been happening in the Preschool, and will continue to happen while we transform the building and programme.

Already the changes that have been made have brought very positive feedback from families within the Centre who say "it feels different, it feels clean, it feels calmer." We are so appreciative of the support we have received from families over the change of ownership period and we look forward to building our relationships with existing families and welcoming new families into our Oasis Preschool Mapua family.

We are hosting a garage sale on Saturday 6 December for families to sell items that are child-related, ie, clothes, toys snd nursery items. Come along between 10am and 2pm and have a look at the items on offer and browse about the Preschool to see what we offer.

Please feel free to contact us we would love to talk to you about enrolling your child.

Contact: Lisa Haring, (03) 540-3668, mapua@oasispreschools.co.nz 2 Toru Street, Mapua



Saturday December 6th
10am-1pm
Oasis Preschool Mapua
2 Toru Street, Mapua

All Items are to be baby / child focused (ie, children's clothing, toys, nursery items)

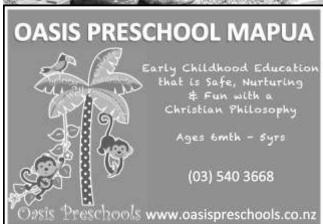
We provide the location You set up and man your own site, you take home all proceeds and unsold items. (turn unwanted/un-needed items into cash!)

Set up from 9am with no entry for buyers until 10am

Limited to 20 sites

Register for your free site today! Contact Lisa 540 3668, mapua@oasispreschools.co.nz





The place 4325 year olds EXPLORE, CREATE, ENJOY

December already, a busy time of the year with a lot of people looking forward to a well-deserved holiday and some family time—we wish you a Merry Christmas and a happy 2015, be safe and enjoy every moment of your holiday and the festive season.

At Harakeke we are so excited and preparations are in full swing for some enjoyable and relaxing time with our families, the Harakeke whānau at our by now traditional Christmas Camp at Kina Reserve. It is such a special time and makes everyone slow down.

In our vision statement we say that we will share with parents the role of nurturing and educating their children through the development of trust, security and loving relationships and this camp experience, spending two nights and days together, is a really great way of getting to know each other better and learning more about parent's aspirations for their children and how we can support them best.

Open 7 days from 3pm
And lunchtime Fri, Sat, Sun
Thai Cuisine - Tuesday to Sunday 3-8pm,
Eat here or takeaway
Monday - pizza night
Weekend lunchtime specials
Phone 540 2955

Our vision statement also talks about a happy, healthy, peaceful and sustainable environment that nurtures both people and nature. Before we can expect the new generation to begin looking after the environment, they need to fall in love with it, and camping at the beach surrounded by nature is a great way to do just that. Sharing this experience with parents and siblings, educators and sometimes even with extended family is just wonderful.

We endeavour to take our commitment to work in collaboration with parents seriously, to listen and respond to family's requests. Trying our best to provide the services they identified as needed led us to enrol a couple of 2½-year-old children towards the middle of the year. In general the decision was very positive; yet it presented us also with some challenges in order to maintain and remain true to our philosophy, our curriculum and vision for our three to five-year-old children.

As a consequence we have developed a special programme for two to three-year-old children and it is with great pleasure that we are now also welcoming this age group to Harakeke.

This programme will start in the beginning of 2015 when we reopen again on 13 January, just a month before our fifth birthday (watch this space for more on that great celebration in the next issue).

Ka kite, your Harakeke team





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www.mapuanaturalhealth.co.nz

Sometimes the questions seem complicated. Know that the answers can be simple



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years, our desire is to
help young and old
alike come to know the
God of the Bible.



AGE I

Church Service on Sundays @ 10:00 —

Mapua Natural Health Clinic

Sometimes the questions seem complicated Know that the answers can be simple

Mapua Natural Health Clinic offers a variety of therapies including BodyTalk, Counselling, Reiki, Nutritional and Supplement advice.



Jude has always been involved in health, from nursing, to managing rest homes and health stores, to running her own natural health clinic.

Her on-going health issues led her to try out many different health modalities.

This search initially led her to train in BodyTalk and then other alternative therapies.

Any bodily symptom — pain, discomfort or distress is our body's way of telling us, we are off track, out of balance or heading in the wrong direction. By using the simple, non-invasive BodyTalk techniques these symptoms are reduced or often just disappear. Maybe conventional medicine has not worked for you and you are looking to try something different.

Phone or email Jude to discuss your health concerns and how she can assist you to wellness.

Jude Twin 021 2020339
Certified BodyTalk Practitioner judetwin@gmail.com
84 Dawson Road, Mapua mapuanaturalhealth.co.nz





Dominion Flats Planting

Planting is almost done for this season, but the war between us and the pukekos and rabbits and hares goes on. We have bought more plant protectors and reused some no longer needed from other TDC sites, but even better, we have been given protectors that have been used in vineyards and are no longer needed. We are able to adapt these with a bit of "cut and paste" and a few staples. Quite a saving and we are most appreciative. Lian Polak of Treescapes has also been very generous with a load of mulch which we are gradually putting round those trees in the drier areas. Grateful thanks to these people.

We have received grant money from Pub Charities and from NetworkTasman which gives a wonderful start to the autumn planting programme and will also provide money for a sign to show the reserve and a notice board which we plan to use for information. I hope the community supports businesses who support us.

The boardwalks are progressing well and the ring of hammers and the buzz of saws can be heard on Tuesdays in the late afternoon. You and your hammer will be welcomed for a few weeks yet until the project is finished. Contact Andrew Palmer.

Ongoing is the need for weeding round the plants. After a careful look to identify the plant, which is not always very obvious, just pull the weeds adjacent to the plant and stamp on those weeds immediately surrounding it to give it a bit of space. Anyone can do it at any time and the more the better as the weeds grow apace. I hope by the time this is in your hands we will have had a decent fall of rain as the ground is starting to dry out.

It is great to see more and more people using the area as a connection, a running space or for a casual walk. It belongs to us all.

Helen Bibby

- Q: What does a retiree consider formal dress?
- A: Shoes with the laces tied.
- Q: What do retirees call a long lunch?
- A: Normal.
- Q: When is a retiree's bedtime?
- A: Three hours after he falls asleep on the couch.

Moutere Hills Photography



Mark 0274229949 www.facebook/mouterchillsphotography

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Lynn is a New Zealand REPs Registered Personal Trainer (R)

Movember Was for Men's Health

A huge high-five for all the men who grew moustaches in the fund-raising event to support men's health last month—Supporting Movember—changing the face of men's health!

New Zealanders are known for having a No. 8 fencing wire attitude, and while this has its advantages on the farm, when it comes to health and wellness of our men, it's no longer good enough to say "he'll be right."

More sensible is education about common diseases that affect the health of men and practical advice to maintain a healthy lifestyle. We need to get the message out that this is a conversation worth having.

November is "Movember"—a men's health awareness month and a timely reminder that men's health, while not as much in the headlines as women's health issues, is just as important.

Many lifestyle diseases that affect men are preventable by lifestyle choices; prostate and bowel cancer are great examples of this.

Over 600 New Zealand men die from prostate cancer each year.

One in ten New Zealand men will develop the disease in their lifetime.

Bowel cancer is one of the most common cancers among New Zealand men.

Around 1500 men are diagnosed with bowel cancer each year.

Many of these deaths could be prevented by early detection and healthy lifestyle choices such as regular exercise, and healthy food choices.

While most cases of prostate cancer occur in men aged over 65, and most bowel cancer occurs in people over 50, prevention based lifestyle habits need to be in place well before this age. This means talking about and taking care of men's health issues now, for long-term benefits well into the future.

Although Movember has come and gone, it is a timely reminder to yourself to have that medical check up or ladies to remind the men in your lives to have a medical check.

So what's the hint for this month? Early detection and healthy lifestyle! Let's do it! Have a fabulous Christmas and New Year! Love your Life!

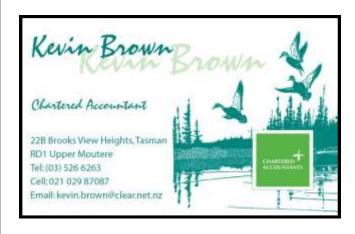
Lynn Robertson





Kenya - Kilimanjaro

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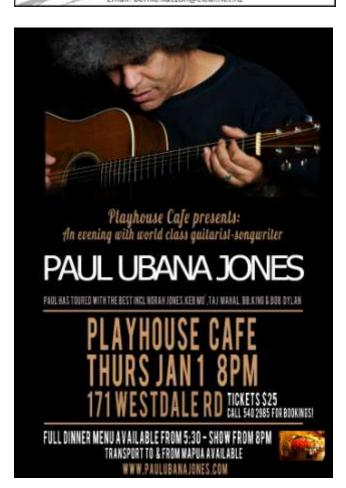
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Christmas Pudding Removal Sessions in the Mapua Hall.

3 weeks pay-as-you-go classes start Sat Dec 27th, end Sat Jan 17th. All classes 50-ish minutes long Minimum of 7 people per session for a class to go ahead.

en-trip ticket, for any of the 26 classes in 3 weeks: ive-trip ticket, for any of the 26 classes in 3 weeks;

\$75 (\$7.50 a session) \$40 (\$8.00 a session)

asual rate (pay per dass):

\$10.00 \$17.00 (\$8.50 each)

ouble-header discount (two on the same day); Tickets expire on Jan 17th

Note there's a few weird dates because of weddings etc in the Hall. ickets are transferable between family members but not outside family

Sat Dec 27		8.30am Cardio/Pump	9.25am Pilates
Tue Dec 30	2.30pm Sit and Be Fit	6pm Cardio/Strength	6.55pm Pilates
Wed Dec 31		8.30am Aerobics	9,25am Pilates
Fri Jan 2		Cardio/Strength (Step-based)	9.25am Pilates
Sat Jan 3		8.30am Cardio/Pump	9.25am Pilates
Tue Jan 6	2.30pm Sit and Be Fit	6pm Cardio/Strength	6.55pm Pilates
Wed Jan 7		8.30am Aerobics	9.25am Pilates
Thu Jan 8		8.30am Cardio/Strength	9.25am Pilates
Sun Jan 11		8.30am Cardio/Pump	9.25am Pilates
Tue Jan 13	2.30pm Sit and Be Fit	6pm Cardio/Strength	6.55pm Pilates
Wed Jan 14	Ş 3	8.30am Aerobics	9.25am Pilates
Fri Jan 16		8.30am Cardio/Pump	9.25am Pilates
Sat Jan 17	8	8.30am Cardio/Pump	9.25am Pilates

Term 1 2015 will commence after Anniversary/Waitangi day holidays, on Feb 9th Call Lynda 027 222 1491 if you want more details.

Shoes needed for all sessions except Pilates. Bring a towel to cover Pilates mat. All classes suitable for all ages & levels of fitness (choose your own weights etc.



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Hills Church



As the end of the year approaches, it is so easy to get wound up in the busyness of this season. There are end-of-year deadlines to make, things to tidy up, plans to finalise and things to organise. And in the midst of this frantic time Christmas gets added to the list of things to do.

We live in a world that can overwhelm us with its relentless pace, and a question that is worth asking is this: Where do we find a sense of peace within myself?

In the midst of the restlessness of the Christmas season, take the time to remember that Christmas is about the gift of peace to humankind, the gift of God's Son Jesus, the Prince of Peace.

Jesus says, "Peace I leave with you, my peace I give you I do not give as the world give to you as the world gives. Do not let your hearts be troubled and do not be afraid." John 14:27

Blessings for the Christmas season, Rev John Sherlock

Messy Church Christmas 5-7pm
Sunday 21st Dec
9am and 10:30am
7pm Blue Christmas - stations of
healing and hope.
Christmas Eve
9pm Candle-lit Carol Service
Christmas Day
9:30am Family Communion Service
January Services
28th Dec - Sun 1st Feb
Sunday Service at 9:30am



Seniors Get Sociable

"Senior Moments" at Hills Community Church is celebrating one year of connecting, sharing and enjoying stories, listening to guest speakers and catching up on what's new! We will finish this year of gettogethers with a Christmas lunch at Hills Church cafe on Thursday, 18 December at 12 noon with lunch to start around 12.30pm.

It has been inspiring and encouraging to see so many people enjoying each other's company and the lovely baking and food. Heartfelt thanks to all the volunteers (especially Marijke, Rachel, Roger, Averil, Katherine, Janine and all other bakers and helpers) and guest speakers for their time, efforts and support.

So if you are over 60 (even if you feel only 20+), want to connect with others, swap or listen to some great stories, relax and enjoy a "Christmassy" lunch, please ring the church office, ph 540-3848, for catering purposes.



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Tuesday 30 December

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❖ XMAS DINNER SAT 20th DEC

It's Christmas and time to get together with family and friends and enjoy a delicious Christmas dinner. There will be a set menu of roast Turkey or Lamb with roast potatoes, sprouts, swede mash, carrots, pigs in blankets, bread sauce, and cranberry sauce. For dessert either Christmas pudding or Boysenberry pavlova. 530 bookings essential.

* LIVE MUSIC 8 PM WED 31* December "The Venturies"
"The Venturies" play an eelectic mix of Blues, Psychedelic Art Rock, and Original Material. Prepare to have your minds blown.

* DON'T FORGET

Raffle every Wed 6pm with Chase the Ace. 1st Thurs Folk Night. This month 4th. 2st Thurs Quiz Night. This month 11th

Last Thurs Ribs Night. SORRY CLOSED FOR XMAS DAY

THE MOUTERE INN
THE CENTRE OF THE MOUTERE

Phone 543 2759 www.moutereinn.co.nz

Quizmaster: What was Ghandi's first name?

Contestant: Goosey?

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Xmas Evening Friday 5th December.

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Opening hours, Mon – Fri 9AM – 5:30 PM Closed Sat and Sun.

I was visiting my daughter last night when I asked if I could borrow a newspaper.

'This is the 21st century,' she said. 'We don't waste money on newspapers. Here, use my iPad'

I can tell you this, that fly never knew what hit



DECEMBER 2014 - ENTERTAINMENT CALENDAR

Fri, Dec 5 - 6:00p DAYNA SANARIVI

Sun, Dec 7 - 3:00p JOSH RENNIE-HYNES

Fri, Dec 12 - 6:00p COUP DE VILLE

Sun, Dec 14 - 3:00p MEDICINE WOMAN

Fri, Dec 19 - 6:00p LOTOS

Sun, Dec 21-3:00p ELISHA

Fri, Dec 28 - 3:00p ELISHA AND THE ENERGY MILL

Sat, Dec 29 - 3:00p TIM KEY

JANUARY 2015 – ENTERTAINMENT CALENDAR

Fri, Jan 2 – 6:00p MY BABY LOVES VOODOO

Sun, Jan 4 - 3:00p JAZZ AND BLUES FESTIVAL: LAURA COLLINS AND THE BACK PORCH BLUES BAND

Wed, Jan 7 - 6:00p TUNES OF I

Fri, Jan 9 – 6:00p MERCHANTS OF FLOW

Sun, Jan 11 - 3:00p BRIAN ERNST

Fri, Jan 16 - 6:00p GYPSY PICKERS

Sun, Jan 18 – 3:00p MARA SIMPSON

Sun, Jan 25 - 3:00p MATIU TE HUKI

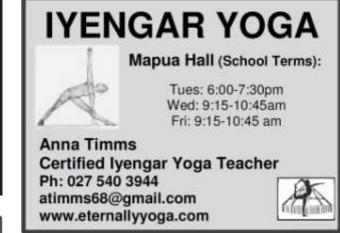
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CLOSED on WED-DEC 24, THURS-DEC 25, WED-DEC 31 and THURS-JAN 1.







"LOOKING FOR A









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MOTUEKA DISTRICT BRASS BAND

ALSO: MAPUA SCHOOL

CHILDREN'S PUPPET SHOW CHRISTMAS STAR HUNT MINCE PIES

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> FOR MORE INFO CONTACT: HILLS COMMUNITY CHURCH TEL: 540 3848

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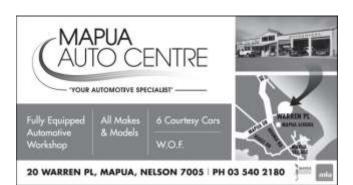


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with

Dec 2014



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We recommend a pre-holiday inspection so special attention can be given to the areas which are more likely to be put under pressure while you are away.

Those areas include the braking sytem, cooling system, shock absorbers, wheel alignment, tuning, servicing items (fluid levels, belts, hoses etc), and ensuring you have a current WOF.

If you have a boat, caravan or trailer with your camping gear, don't forget to have the tyres and brakes checked so they are in sound condition and their WOF is also current prior to heading away.

I'm sure you've heard the saying 'preventation is better than the cure'. This saying is very pertinent when it comes to your vehicle, especially when the cure can entail spending hundreds dollars. Coupled with the inconvenience, stress, and missed opportunities a breakdown can cause if holiday activities and/or travel plans have to be altered as a result.

There are definitely better ways of spending your holiday dollars and time than having your vehicle repaired.







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Freshly Baked Croissants filled with brie and strawberries	\$9.50
Deep Fried Anchovy Beignets, with dill aioli and Riverside salad	\$13.50
Sunshine Fritters with Wild Pork Chorizo & Riverside Salad	\$19.50
Wild Goat Curry, with basmati rice, broccoli and walnut raita	\$26.50
Wild Pork Burger w/ smoked cheese & appletstroop on ciabatta	\$23.50
Classic Ratatouille, with rosemary focaccia & Riverside Salad	\$22.50
Shredded Lamb Tortilla, with salsa, coleslaw and salad	\$23.50
Madeira Braised Beef Short Ribs, with potato Rosti & Salad	\$32.50
Vodka Cured Salmon, with sushi rice, salad & accompaniments	\$26.50

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RiversideCafe&CommunityNZ



The Playhouse Cafe What's On Guide

December 2014

Mon Closed, Tues and Wed 11am til 4pm Thurs - Sun 11am til late

Call us on 5402985 for bookings, Free Transport to and from Mapua

Function in the evening	We Con	d, Thur, Fri nedy parody at for the who \$20, g	4 bbey Murd nights from 8p of the BBC hit sho ble family, work g group discounts a 11 Paul Madse Thur, Fri, Sat ni The Bee Gees, Ab	om, Dinner 6p ow Downton Ab proup or social convailable 12 en's Super	m for oby. Wedding lub. 13 Star Show	7 Open 11am till 4pm Closed for Private fuction in evening 14 Open
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			Guaranteed da	oba, Queen, Bor incing and fun f oup discounts a	or your group	Closed for Private fuctio in evening
15	16	17	18	19	20	21
Coming Up Paul Madse The BEEGEI EAGLES and	en Presen ES Fri Jan	ts 16th	YOUR PRIVATE FUNCTION	Burleso Veron returns	Vunderlan Jue Show Ica Vega from OZ Dinner 6pm	Id The Deep End Xmas Special \$15,730pm
22	Open 11am till 4pm	Open 11am till 4pm	25 Christma: Day Lunch Buffet \$70, \$25 kids U14 kids under 5 fre lassive 3 Course Bu	Cricket Comp 4. Starts 1pm Teams of 5	Train \$15, 8pm Best Blues in	28 Miho Wada and Friends \$10 presale 15 on door, 8pm Amazing Jazz
29 2014 Quiz Quiz from 730pm Wrap up of 2014 Free to all cookings prefered	Gary McCormick Hammond Gamble \$30,8pm	31 Family F NYE Bring the kid Bouncy Castle 4pm kick o	ds Jones	Jazz Fest Concert Mike Feild Jazz Quintet FREE	Jazz Fest Concert Flaming Mud Cat Blues Band FREE	11am
Open Mic Monday 7pm start	Open 11am till late	7 Quiz Night	8 Balkinista Gypsy Jazz	9 The Johnnys	10	

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Moutere Hills

Season's Greetings

As the summer season approaches, the Business Association would like to extend a warm welcome to holiday makers and visitors. We trust you will enjoy all that our scenic region has to offer, from the Ruby Coast to the Moutere Hills. We are sure you will enjoy discovering the wide range of unique local businesses that add vibrancy to our area, making it a great destination. Pick up one of our Ruby Coast Moutere Hills Maps, relax and enjoy exploring our region.

To MDBA members and the wider community – we wish you a happy and relaxing summer and thank you for your continued support. **Happy Festive Season!**

MEMBER PROFILE



WOOLLASTON BE MAHANA

Woollaston at Mahana is a family owned, award-winning vineyard and winery. The Mahana Cellar Door is a striking modern tasting room, adjacent to the Mahana Art gallery, lawn and courtyard. There is spacious indoor seating, opening out to famous views over the Mahana Vineyard. Outside seating enjoys panoramic views across the vineyard to Tasman Bay and the Mount Arthur range, and the tussock roof of the winery behind, making it the perfect venue for your wedding day. With the arrival of new chef, Jason Innes, a selection of fresh, seasonal cuisine is designed to enhance the award-winning wines and experience. We now offer an extended food menu, reflecting locally sourced produce. changing regularly. Inside the gallery, visitors will find one of eight shows a year, featuring selected works from the Schaeffer's art collection exhibited with artworks in all media, from Kiwi and American artists both private and for sale.

We have beautiful gift packs for purchase and gift ideas from books to delicious Moutere Artisan inspired creations. Our staff will coordinate shipping Woollaston & Mahana wines to your door. With so much to see and experience, you have more reasons to visit and enjoy the summer sunshine with us.

We are open seven days a week 11am till 4.30pm, with occasional earlier closures due to private functions. Please see our website www.woollaston.co.nz for further details. Wishing you all a very happy festive season and look forward to welcoming you soon to Woollaston at Mahana.

Mention this write up at the time of your booking to receive a complimentary glass of Woollaston Sauvignon Blanc.

The destination fuses the cultural themes of wine, food, and art.



www.rubycoastmouterehills.co.nz

MEMBER PROFILE

- 100% COTTON FABRICS
- PATTERNS
- KITSETS
- HABERDASHERY
- MAIL ORDER
- JANOME
- CLASSES
- BOOKS

Have you seen what has been happening at 136 Aranui Road, the large building with the orb? I'm Cushla Stevenson - owner of Cushla's Village Fabrics, a group of stores located in Devonport, Auckland, Waihi and here in Mapua.

My business started 23 years ago when I first opened the Devonport store. Over the next five years I developed the business with our first website, making kit sets using our products, and offering classes. From 1994 I travelled yearly to the International Quilt Market in the United States to be up with the latest trends. We opened the Waihi Store in the Bay of Plenty 4 years ago. It was 2 years into opening Waihi that Ray and I decided to make the migration to the top of the South. The new store opened here in Mapua in January 2014.

Currently haberdashery stands are just being bought into the store, so this together with our extensive fabric selection and supporting equipment makes Cushla's a very interesting store to visit. We hold regular workshops and you can add your name to a mailing list at the counter.

If you are interested at all in sewing related crafts it is a must to pay us a visit; we would love to see you. We have customers all over NZ and the world who hunt us out so come and have a look - you may be surprised what's at your door step!

Cushla's Village Fabrics – 136 Aranui Road, 540 2011



Supporting local businesses since 1992

Noticeboard

Mapua & Districts Community Association: December Meeting & Christmas Party Monday 8 December 7pm Mapua Hall. Important Topic Discussion: Mapua Development. Followed by our Annual Christmas Party. Everyone Welcome!

WANTED

For Mapua Library's Book Fair in January

Popular adult books for holiday reading and children's books.

Please hand in or deliver to the library by mid-December.

Motueka Social Dance Group is holding a Xmas dance 20 December at Mapua Hall starting at 7:30pm. Admission is \$6 plus a supper plate. There will be live music & dance prizes as well as raffles. All are welcome. Phone Lloyd 03 528-0617 or Gary 03 528-5363

Mapua Social Cycling Group: "Wheels 2 Meals". Approx 20 – 30 km ride with coffee break at halfway point and no racing! Departing from outside the Golden Bear, Mapua wharf. When? Each fine Thursday @ 9:30 am. Anyone interested - just turn up with your bike, "Hi Vis" top and coffee money or contact me by email wheels2meals @gmail.com

STOLEN, Flagpole rigging and USA flag about 3 Nov. Please return to 209 Stafford Drive, or advise NZ Police ref. 141104/8398

Ruby Coast Walking Group meets every Wednesday morning at 9.30am outside Tasman Store, Aporo Road, Tasman. We walk for about 1½ hours around the area and then enjoy a coffee and muffin back at the Store. Walk according to your ability and speed. Newcomers to the area and everyone (including couples) are very welcome. Just turn up or contact Fiona - 526-6840 or fiona.oliver @xtra.co.nz

Notices here are free for Clubs and Groups, a gold coin donation for others. Email coastalnews@mapua.gen.nz

Ruby Coast Run Club meets Monday 6pm, Tues 9am, Sat 2pm at the Mapua School Car park. For all level of runners. Contact Debbi 027 327 4055 / DLBamfield @gmail.com or Kristin 027 598 2424 / info @kristin-harrison.com.

Spinners, Knitters, Weavers – Creative Fibre Group meet Mapua Hall, 2nd Tuesdays 10am. All welcome. **Joie de Vivre** Vintage Art and Craft Studio. Alterations and Sewing Repairs. Ph: Marijke Lups 03 540-3498

Moutere Hills Rose Society. A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

Toy Library: extensive selection of toys, puzzles &

videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make 1some new friends. Info: Bridget, 540-2572.

Daytime Book Group: Meets first Tuesdays at 9.45am. New members welcome. Phone Mary 540-2450 or Anne 540-3934

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at Hamish Café to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Qi-gong, Yuan Gong form. weekly in Mapua. Info: Marianne, 546-8584 or bmtc @xtra.co.nz

Ruby Coast Newcomers Social Group: meet new people, make new friends. We have coffee at 10am last Friday of each month at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters @xtra.co.nz, or just turn up.

Coastal Garden Group meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Ngaire, 540-3193

Probus Club meets first Fridays. All retirees most welcome. Enquiries to Pres. Stan Lawn, 540-2699.

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Ashtanga Yoga, Upper Moutere, Tuesdays 6pm. www.angepalmer.com Ph 5530353

Spanish Tuition: Starting classes for adults and children in Mapua. Small group or private. Reasonable prices. Experienced native speaker. Jairo: 0224 139 802, marlocoliwi @gmail.com

Mapua Art Group meets in Bill Marris Room, Mapua Hall Thursday mornings, 9 to noon. Likeminded artists get together to paint, draw, help each other in a fun, social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Lisa Chandler 540-3933.

Mapua Friendship Club meets at Mapua Hall on the 3rd Thursdays, for a game of indoor bowls and bring-a-plate afternoon tea. New members are enthusiastically welcomed, no prior bowling experience needed. Our game is non-competitive, just a lot of laughs. \$3 door fee and 20¢ raffle. Contact: Val 540-3685. Our January 15th meeting will be a New Year lunch, place TBA. Contact Valerie for information.