### Mapua and Ruby Bay Coastal News

Email: coastalnews@mapua.gen.nz

# **Dominion Flat Plantings Doing Well**

N ow as you drive down the highway by the Dominion Flat I hope you are all as impressed as I am to see the number of stakes, plant protectors and even the plants themselves, showing above the long grass. We have left the grass long purposefully as protection against the sun, the wind, the rabbits and pukekos and it has been very successful. The survival rate from all your plantings is really good with most of them showing new growth. The Tasman District Council has helped with spraying pest weeds such as broom and gorse.

We have been fortunate to have the DOC ranger cadets building some boardwalks with material supplied by the TDC, so now the tracks' directions are more obvious. Volunteers have been at work with weedeaters and mowers to help define the pathways. There is still a lot of track formation to do but the links are there between Mapua Drive to Dawson Road walkway, to the underpass to Dominion Road and to Chaytor Walkway, so if you wanted a stroll to the Animal Farm in Gardner Valley Road from Mapua Drive through the underpass at the Seaton Valley turn-off, it is easily achievable. More work will be done on these tracks as funding allows.

We have been lucky to be successful with grants of \$3000 from the Fonterra Grassroots Fund and \$2000 from the WWF Fund so will be able to use these towards our long list of needs when we receive the money.

On Wednesday 11 June the insurance firm Lockwood Crombie planned to have a "workday in the community," helping with planting on Dominion Flats, but the weather was not on our side so they have rescheduled for another date. We also have a group from Whenua Iti coming for a session this month so we are very grateful for all the help we are getting, and from DOC who organised these.

To make it easier to define where we have been working or need to go, we have divided the whole area into blocks using white-topped pegs with numbers, so now you know what those are for – in case you were wondering. The TDC has allowed us to use the plant protectors they have finished with on Rabbit Island so they are the protectors you see out there—recycling is good.

We welcome any help from anyone who is willing. We will be asking for help with another sizeable planting, we hope, once we have sufficient money to buy plants. In the meantime there is a releasing of plants from the surrounding grasses that needs to be done. At present we go there quite often, but could have an organised time slot if there was interest for this. Please contact me, Helen Bibby, on 540-3830.





Access bridge to Dominion Flat planting project



#### smytheslawyers



## Make A Beanie

There is still time to get your creative juices flowing this winter; the Motueka Arts Council is calling for entries for its 'make a beanie and/or dog coat competition.' As the 'Make a Beanie Competition' was so successful last year the committee has decided to introduce a new section of Make a Dog Coat. There are five classes in the beanie section ranging from most colourful, story book or film character, traditional using only wool, to one made out of recycled materials. There is also a class in the beanie section for students under 14 years.

The dog coat section comprises of three classes—most colourful, made out of recycled materials and traditional using only wool. For those that really want a challenge, there is a class for a matching beanie and dog coat.



With any technique and materials allowed, the committee is expecting to see some great entries arrive. All entries will be displayed in shop windows in the Motueka town after judging.



Entry forms are available at Potters Patch and Take Note, High Street, Motueka, or by emailing tsfrater@xtra.co.nz

Entries to be delivered to Potters Patch no later than Thursday 25 July.





# Mapua Library

#### Two events for children

C hildren are very welcome to a holiday programme to be held in the library during the July school holidays. There will be three sessions, each to be held between 10am and noon Monday 14 July for preschoolers, Wednesday 16 July for five to sevenyear-olds and Friday 18 July for eight to ten-yearolds. Each session will involve a craft activity and story-telling.

All preschoolers and caregivers are invited to a story time to be held in the library at 10am on Thursday 24 July. If there is sufficient interest it is envisaged that this will become a weekly event. If you would like further information call Denise Walker on 540-0262.

The National Library has a scheme that allows libraries to borrow audio books for the use of anyone who finds reading a hard copy book difficult. This includes people who are blind, have concentration difficulties or who are physically unable to hold a book because of a condition such as arthritis. The library is trying to discover if there is a demand for this service in Mapua. If you, or someone you know, would benefit from this scheme or you would like more information call Anne Thompson on 540-3934.

At the recent library AGM several long-standing library committee members decided not to seek reelection. Between them Eileen Dobbie, Analee and Denis Emery, Hugh Gordon, Yvonne Jardine and Heather Quinn have held every office on the committee, plus put in endless hours fund-raising, building and maintaining the book stock, arranging displays and undertaking a range of other tasks to ensure the continued success of the library. Although they will no longer be members of the library committee the library community is delighted they have all decided to continue volunteering at the library.

The library community was saddened by the recent death of Anne Harrison. Anne assisted with the processing of new books and was a dedicated helper at library book sales. She will be greatly missed.

New members are always very welcome at the library, which is open six afternoons a week from 2-4.30pm, Thursday mornings from 10-12.30pm and Wednesday evenings from 4.30pm to 6pm. There are no membership fees for local residents, no charges for overdue items or to reserve a book.

For further information about the library, the library catalogue and information about upcoming events go to the library website: mapuacommunitylibrary.co.nz

Anne Thompson

Library Hours (closed statutory holidays)

	~
2-4.30pm	
2-4.30pm	
2-6.30pm	
10am-12.30pm; 2-4.30pm	
2-4.30pm	
2-4.30pm	
	2-4.30pm 2-6.30pm 10am-12.30pm; 2-4.30pm 2-4.30pm

### BOOK REVIEW

Sycamore Row, by John Grisham. This book is available in the Mapua Community Library. Reviewed by Terry Smith.

John Grisham's first book, *A Time to Kill*, was recently reviewed in these pages and given a fairly favourable write -up. Thirty-two books later Grisham writes *Sycamore Row*, which revisits the scene of *A Time to Kill*. Does it work? Yes it does.

It is hardly a sequel as it stands perfectly well on its own. Some of the characters are carried over from the first book, such as the protagonist, the small-town lawyer Jake Brigance, (there's even a reference to Miss Twitty), and the setting is again Clanton, Mississippi with its racism and family feuds.

But this time it is not a murder trial that is the main part of the plot; it is a family dispute over a will. A will that leaves the bulk of a \$24 million estate to a black housekeeper. The provenance of a hand-written will is hotly disputed and all sorts of people come out of the woodwork but Jake has right on his side and all comes out well except for those who fought for much but got nothing. In *A Time to Kill* this reviewer complained about the long passages spent on jury selection. Fascinating to a lawyer perhaps, but not to the lay reader. In *Sycamore Row* jury selection does feature but not to the same extent. More time is spent on fleshing out the lawyers and judges, the infighting among family members and the behaviour of nurses and doctors, policemen and farmers.

In all, a good read.



### Studio Space needed

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www.lisachandler.co.nz





# INVITATION

### To all Mapua area Artists and Craftspeople.

Expressions of interest are sought to be included in a Mapua Area Arts and Crafts Trail Brochure.

Contact – Janet Marshall, David Kemp, or Betty Salter - by the 20th July. Janet@janetemarshall.co.nz Ph 0275286049

dk@davidkemp.co.nz Ph 540-3720 bettysalterart@gmail.com Ph 540-3622

### n Ph 540-3622

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# Mapua Health Centre

We are delighted to welcome Patsy to our team. Patsy will work alongside Maree, Mandy and Caroline as one of our receptionists. We would also like to welcome Kate McIntosh (a sixth-year Medical Student) to the practice. During her time with us Kate will be sitting in on consults (with the patient's consent) as well as consulting patients under the supervision of our doctors. This is a great opportunity for medical students to obtain a greater understanding of primary healthcare in the rural community.

However, it is with sadness that we say farewell to Bridget, one of our senior nurses, who will be leaving us on 17 July. It has been a privilege and a pleasure to have Bridget as part of our team and the feedback we have received from patients shows how they have greatly appreciated her care and kindness. We wish Bridget all the best for the future.

Dr Tim Phillips holds regular minor surgery and skin check clinics every Wednesday. These clinics are proving to be very popular and frequently pick up things that could be serious or even life-threatening. The skin checks take about 30 minutes and the main focus is to check for any suspicious moles or lesions. This is a full comprehensive body check and it will give you the opportunity to discuss any issues you have or that may arise. Appointments can be made with one of our receptionists on 540-2211.

In case you are still wanting to make use of the flu vaccine, it is still available for free to those over 65 years or if you have a chronic medical condition such as asthma requiring regular medication, heart disease, diabetes, etc. Also, MOH guidelines recommend all adults have a tetanus booster at ages 45 and 65 years. We are in the process of updating our records. However, if you would like to





have a booster, check your status or update your records (because you have had it elsewhere) then please give us a call.

This month includes Hepatitis Awareness Day and there are some important things to know about this viral infection. In New Zealand, hepatitis B is the most common form with around 90,000 people known to be infected by it. It is also a major global health problem and the most serious type of viral hepatitis. It can cause chronic liver disease and puts people at high risk of death from cirrhosis of the liver and liver cancer. Some of the key facts are:

The virus is transmitted through contact with the blood or other body fluids of an infected person.

Two billion people worldwide have been infected with the virus and about 600 000 people die every year due to the consequences of hepatitis B.

The hepatitis B virus is 50 to 100 times more infectious than HIV.

It is an important occupational hazard for health workers.

In New Zealand, chronic hepatitis B remains the leading cause of hepatocellular carcinoma (75%), liver-related mortality (63%) and liver transplantation (32%).

Hepatitis B is preventable with the currently available vaccine which is 95% effective in preventing infection and its chronic consequences, and is the first vaccine against a major human cancer.

There are a number of important national and global events for the month, including:

1-30 Women's Refuge Awareness womensrefuge.org.nz

- 4 Term 2 ends Primary, Intermediate & Secondary.
- 11 World Population Day.un.org/en/events/populationday
- 21-27 Māori Language Week tetaurawhiri.govt.nz
- 21 Term 3 begins Primary, Intermediate & Secondary
- 28 Hepatitis Awareness Day hepfoundation.org.nz

### **Mapua Bowling Club**

#### The Write Bias

The club now has a new president, Michael Busby. His appointment was unanimously approved at the latest committee meeting held in June. He replaces the outgoing president, Dave England, who served the club well during the past three years.

With the wet winter weather settling in, the club members are enjoying the Friday night social evenings involving indoor bowls, table tennis, pool and cards which are held in the clubrooms every first and third Friday.

A special Midwinter Roast Lunch is planned for Sunday 13 July. The members are keening looking forward to this event which is sure to brighten the winter outlook.

For information about bowling, coaching or booking the clubhouse and facilities please call the secretary, Jean Daubney, on 540 3281.

### **Out and About with Hugh**

Missing: There was no "Out & About" in your June *Coastal News*. Did I miss the deadline? Was I ill? Maybe writer's cramp? How about writer's Lament. No, to all of that. So, what's going on Hugh? Where were you? The short answer: Australia. My wife and I took a break. As you will see, Out & About went along in my hip pocket. Australia, the "Lucky Country;" or is it? While outwardly there were few signs of an economic slowdown, the news papers and TV were awash with doom and gloom.

The mining boom has come to a halt. Business closures, redundancies, job losses and restructuring. A media feast of bad news. Meanwhile the Australian Parliament in Canberra was in the throes of proposed severe budget cuts mid the gung-ho cut and thrust of Australian politics. That didn't come across as very lucky to me. However, it is a busy country, and it has lots, and I do mean LOTS, in great abundance, in particular, cars and people of all sorts. But you can say that about any number of places around the planet can't you. Auckland surely qualifies on that level. Does all that sound like "village mentality?" Admittedly, it is.

We went to see family; her two boys, one wife, one partner and two grandchildren. Our first stop, Melbourne, is surrounded in every direction by suburbs which extend over an area of 37.7 km2. These suburbs are different entities in their own right. My step-son lives in Thornbury on the north-west side of Mel-

bourne. Quite a different place from the bright lights of down-town Melbourne. The contrast is startling. It reflects the huge migration from Europe and the UK over a period of 50 years. In the main, single-story bungalows dating from the 1920s up through the 1950s. Situated on narrow, tiny sections on narrow streets just three cars wide. Cars are parked on both sides. Fortunately traffic is minimal. These narrow streets run off at right angles from the occasional broad four-lane feeder roads, some with tram lines and green median strips, all connecting other suburbs and eventually leading to the city centre. Thornbury is adjacent to Brunswick with its Sydney Road commercial strip and its many period buildings which add a colourful and interesting character to that area.

While Melbourne City has an estimated resident population of 116,431 and 58,395 residential dwellings, its daytime population is 844,000 and its night time population is 387,000. That's a considerable number of people moving around on its 942km of roads. More trams and buses, or more cars? To finish this off: the "Greater Melbourne Metropolitan" area is 9990.5 km2 with an estimated residential population of 4,248,344 and 1,572,171 residential dwellings. That's about enough of numbers and Melbourne for today.

My other step-son lives in Sydney. He and his wife and daughter met us in Coffs Harbour, 540km north of Sydney on the east coast. We stayed at the Wyndham "Tree Tops" time share resort. The Wyndham Hotel and Resorts is a very successful international corporation in the time share business. Perhaps a story for Out & About another time. Our vacation bottom line? A very nice family time away and always nice to get home.

**Suburbs**: Speaking of suburbs; the word comes from Middle English (1350-1400) and is derived from the Latin "Suburbium;" sub-close to + urbs-a city + ium; a noun defined as a residential district situated on the outskirts of a city or town. So what is Mapua? Maybe a rural suburb? More likely a rural village

We're no suburb! Headline in the 12 June Tasman edition of *The Leader*. I hope you read it. In my opinion, Nelson City councillor Pete Rainey got it

right. "Richmond is essentially a suburb of Nelson." The cow-town I first knew 40 years ago has grown up to be the retail Mecca of the entire Nelson-Tasman area. Being a suburb isn't an insult, is it?

**TDC Annual Plan:** For all of us our rates are going up 1.73%. Including the targeted rates 3.09%. For Mapua; the former aquarium site may be developed if a business case can be put together that is stand-alone

with no cost to rate payers. The Commercial Sub-Committee will make its recommendation to the council on 7 August. Funding for tourism has been cut with the decision not to run the Golden Bay I-SITE and the Murchison Visitor Information Centre. A short-sighted decision. Councillors can't see the forest for the trees.

**Dominion Flat Project**: Proceeding exponentially with grants of money, purchase of more plants, walk-way improvement and better access to the highway underpass.

Hugh Gordon





**Riverside Community Thriving** 



here cannot be many local residents who are able to recall a time before the Riverside Community existed in Lower Moutere. Founded back in 1941 and still thriving, the Riverside Community is recognised as New Zealand's oldest intentional community and has gained worldwide recognition as an example of co-operative living.

Many readers will know that Riverside Community was founded by a small group of conscientious objectors to World War 2. They wanted to showthat co-operation and sustainability were practical alternatives to the competitive ways of normal society. Many of the founding men spent the war years on prison farms while their wives and children lived on the newly founded Riverside Community farm.

Today, the Community still sees its way of life as a contribution towards peace and as an opportunity to put their sustainable living ideals into practice. The 24 members, along with their 19 children of all ages, derive their income comes from the businesses within the community-the Riverside Café, Farm Milk and Livestock, Che Vincent Art Gallery, Meeting Hall and Venue Hire, Pear Orchard, Hostel, and the sale of produce from the organic gardens.

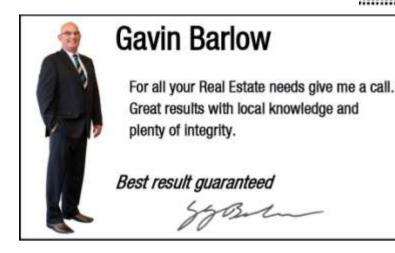
Along with their commercial ventures, Riverside Community has presented thousands of courses and workshops over the years, and hosted countless individuals who have been enthusiastic to learn more about co-operative community living. Many weddings, birthdays, births, deaths and every type of blessing in between have also been lived at Riverside by the extended community. There can be few readers therefore who have not connected in a small, or perhaps significant way, with Riverside Community over the decades.

In early September, Riverside Community will celebrate the 73<sup>rd</sup> anniversary of their Founders Day. Riverside Café is planning to create a historic display and photo album as part of the anniversary celebrations which tells the stories of how Riverside has always been part of the wider Tasman/Motueka Community. They would be very grateful to receive any contributions from Coastal News readers that will enliven the captured history of the Community. They are keen to receive both written and verbal recounts of your Riverside experiences, as well as photos or mementos. Any precious photos can be copied and returned to you.

Please do call or email Riverside Café with your stories and/or photos, or, if you can spare the time, drop in and share your memories with them. If you feel you have some significant memories to share, do please contact them in advance so that they can make sure someone is available to receive you when you come!



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### Growing Hops—An Early Moutere Account

(In mid-June, associated with our monthly lunch outing, members of the Mapua and District Probus club were entertained by Eileen and Graham Thawley at the hop kiln on the Harvey property on George Harvey Road, Upper Moutere. The following is the text of the talk given by Eileen as she described the early times in the district and how hops impacted on her life.)

Hop plants were originally found in China and were known to have been growing in Halletau, Bavaria, in736. Hops are the female flowers or cones of the plant and have an anti-bacterial effect, also making the beer less prone to spoilage.

Documented as being used in the 11<sup>th</sup> century as a flavouring and stability agent, they were grown in Holland and were taken to England in 1400. Dutch and British farmers brought the plants to the United States in 1649.

The German and English settlers brought plants to Nelson in the 1840s and soon a lot of small holdings grew them as they were a cash crop and supplemented other farming ventures. Initially hops were grown on poles 12 to 16 feet in height and tied together at the top, not unlike what we would do for runner beans. At harvest time the poles would be lowered using a tool called a hop dog. This had serrated edges that held the pole and the pole puller had a long handle attached which levered the pole out of the ground. These were laid across the hop bins where the pickers would strip the flowers from the vines.

Early in the 1900s post and wire gardens were put in. These, too, would be up to 16 feet high. Twine was used and thrown by means of a round ring over the top wire and then secured on the ground by a long wire hook. This hook was fixed into what we called a hop hill. In other words the hop plant was covered with earth in the shape of a small hill. This was done towards the end of the winter months and in the spring the plants emerged from the ground. Usually four vines were selected and two each were trained clockwise up the string. If they were trained the wrong way they would unwind overnight.

It was always the hope the vines would reach the top wire by Christmas. All this time the gardens were continually being cultivated to keep weeds out and about three weeks before harvest in mid-February sheep were put in to graze on the lower leaves of the vines ready for the string-cutter.

George Harvey first grew hops on the property below and to the left of his old home in the 1880s and the Harvey family continued.

We had about 12 pickers here and in the early days a lot stayed on the property and lived in big tents for the three weeks. There was also one big whare and in 1944 the small one-person whare was built. In the 1950s pickers mostly were brought from Mapua. A lot of women brought their small children with them. Towards the end of the hand-picking days we used to get the pickers from Nelson every day. The pickers would stand or sometimes sit at their bin and pick the hop flowers from the vines and when each vine was nearly finished they would call "string" and the string-cutter would cut the next one down. The





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string-cutter had a reaphook on a long manuka pole called a cat and first he would cut the hops from the above the bottom wire and then from the top wire. This was laid across the bin for the picker.

At midday the hops were measured by means of a bushel measure and each picker's tally was recorded. The same happened at the day's end where the hops were put into a poke which held 12 bushels. These were loaded initially on an express wagon and then in later years onto our lorry to be carted to the hop kiln for drying. The drying floor had horsehair cloth stretched over battens so that the warm air rose through it.

During the drying process was very important to maintain the correct moisture content for the brewers. The kiln was loaded at the end of every day and the furnace lit. The fire was started with charcoal which sometimes had been made here but was mostly bought from other farmers in Upper Moutere. Coke from the Nelson gasworks was used to keep the fire going and this coke had to be shovelled on every 20 to 30 minutes all night.

The reason charcoal and coke was used was because there had to be no smoke from the fire since this could have tainted the hops. Dad stayed all night doing this, turning the hops at midnight, and then in the morning the hops had to be shovelled out on to the cooling floor so that the kiln was ready for the next day's picking. When he had done all of that he mostly had to go to our packing shed as we had apples to harvest as well. It was a very intense three weeks.

Saturday night the pickers would gather around the fire playing cards and a neighbour used to bring his button accordion and they would have a sing-song Potatoes were roasted in the ashes and it was a very social time.

GORDON WEBB NUMBER 1 2007/08/09 in SUMMIT REAL ESTATE MREINZ Tasman - Nelson - Marlborough Regions



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Gordon Webb Residential & Rural Sales & Marketing Consultant Mobile: 021 540 241 A/h: 540 2415 After cooling for two days the hops were baled and then they were sent to the brokers (Buxtons) in Nelson to be sold to the brewers

The first kiln was built here in 1913 by Will Ecoes and Geo White and was finished in time to hold 60 guests at a family wedding. Before this was built the hops had been taken by express wagon to Upper Moutere for drying.

In 1938 the hop kiln, which also housed the apple packing shed and the lorry, were all destroyed by fire. The traction engine and chaff cutter had been here all day and some of the sacks of chaff were still on the lorry when it caught fire. Harvey Bros always suspected that a spark from the big engine had started it.

Two builders from Upper Moutere, Adolph Bensemann and Crick Eggers, along with members of the community, built the present kiln which is made from West Coast rimu, and was ready for the next season. The kiln has a malthoid roof and the walls are packed with clay for insulation. In 1958 a fan was put in to draw the heat for a 14 foot square drying floor and later an oil burner was installed. This meant that other than turning the hops during the night Dad or Jim had a decent night's sleep. Hand-picking continued until 1964. It was during this season that the rain never seemed to stop and the pickers' bins had to be put on the headlands and the vines carried to them when the weather cleared. A mobile machine was brought in to pick the last of the crop and after this the hops were again taken to Upper Moutere to be picked by stationary machines. The hop quota was sold in 1982 and the gardens reverted to pasture.

Restoration of the kiln was started in 2006 and both Tasman District Council and Historic Places Trust have registered this building as one of the very few remaining original kilns.

(Those members of the Probus club who visited the kiln spent a very enjoyable couple of hours learning about a significant part of the history of the district and on behalf of those members and the Probus Club in general I extend my thanks to Eileen and Graham for the time they dedicated to our visit.)

John Sharman.





Shed 1, Mapua Wharf Winter hours: 9am-late Tues - Sat 9am to 3ish Sunday & Monday

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### Police Report

H i all. The shortest day has been and gone and no doubt there will be a few good frosty mornings to come. There haven't been many ice-related accidents so far this winter so let's keep it that way.

I'm glad to report that not much has happened on the crime front in the Mapua area in the last month. That doesn't meant that you can start leaving your cars unlocked in the driveway overnight with laptops and cellphones in them though—you just never know when some dishonest person may be wandering around.

I still try to come out to Mapua regularly and keep contact with several shop keepers and staff at licensed premises. I have been told that I will have to relieve in Nelson for seven to ten weeks a year to help out their scene of crime (fingerprint) staff, so that will alter my schedule no doubt.

Grant Heney, Community Constable, Motueka. Ph 03) 970-5271 (direct)

#### Mapua Occurrences:

May 20: Domestic incident Mapua May 24: Male drink-driving Higgs Road

### MAPUA PLAYCENTRE



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cargo bay in the back of the station wagon was stripped out and strong frame bolted to the floor and from that a post which the Abiloader operates from.

Finishing on the raised floor was excellent along with matching colours and carpet. The original boot linings have been kept and can go back in if the car is sold. There is a combination of electric/hydraulic arms

that elongate out and around the side of the car to deliver the wheelchair to a point just behind the driver's door. The driver only has to lift a simple latch and the wheelchair rolls free for him to transfer to. This is not just a bolt-on-and-away-you-go machine. It has computer-controlled movements which are customised for the car and also an individual's requirements. Such as the tailgate opening on the wagon being limited to ensure it doesn't touch the tiltadoor on his garage. It is operated through the Abiloader computer and has sensors that will stop the movement if there is any obstruction. Delivery of the wheelchair starts with the tailgate door opening and a quiet warning beep and flashing light starting. It rises and slowly moves up and out of the back and then around the side of the car then extends to within reach of the driver.

An interesting side issue with having disability equipment in the car was insurance. The Abililoader is very expensive so the car insurance was increased by \$10,000. It is hoped this would cover the cost of someone running into the back of the car and damaging the loader.

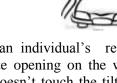
I smashed my left leg in an industrial accident in 1996 and after spending six months struggling on crutches I appreciate what a great piece of equipment this must be for Terry, or anyone else who wants complete independence.

Terry is not disabled when thinking about carshe's after a performance chip for the computer on his two-litre diesel engine. Anyone out there who has knowledge of performance computer chips for a VW could contact him at terrysmith@xtra.co.nz

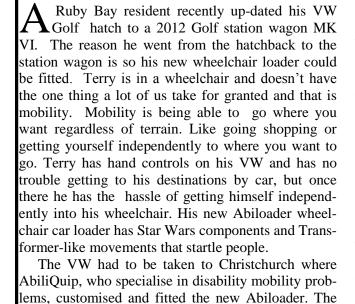
For those interested in the Abiloader the firm AbiliQuip is at 3/100 Carmen Road, Hornby, Christchurch. Its website is www.abiliquip.com

Fred Cassin

Sequence of events: Top left shows the wheelchair being lifted out of the boot. In the picture above it is being lowered to the ground and on the left it is in position for the driver to reach out and release and send the loader back into the boot. Another arm automatically opens and shuts the tailgate. Two switches in the car control the whole procedure.



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### Fire Brigade



#### May 14-June 14 call-outs

May 16: Oven fire at Mapua School, burnt biscuits. May 28: Car fire next to shed on Stafford Drive. Car burnt out, shed saved.

Covered Richmond Station for three hours while they were at Kotua Place fire. 28 calls to date this year.

#### Safety Tip: Have electric blankets tested annually, turn off before going to bed. Never fold or crease an electric blanket.

Last month we celebrated Peter Wood's (Woody) Gold Star Award. The Gold Star is awarded for being in a fire brigade for 25 years. Peter is the third member of the Mapua Fire Brigade to get this award in the 42-year history of the brigade. Ted Perry and Alby Wyatt being the other two. We all enjoyed a great night at the Mapua Hall.

The Brigade also gave out awards to other members: Katrina Atkins, Evan Shallcrass and Nelson Batt received certificates for three years' service. Nelson Batt received a silver medal for five years' service.

The following received two-year bars for their five-year medals: Mike Stephenson and Ian Goaten for 7 years, Ali Hill for 9 years, Aaron Thawley for 11 years, Ella Evans for 13 years and Greg Olsen and Grant Bessant for 17 years' service.

Visit as at www.mapuafire.org, or Google Mapua fire.



Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the  $1^{st}$  of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the  $20^{th}$  of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.



### Orphan Kids Charity (OKC) Trust

A very big "thank you" to all who were able to come along and support our launch night celebration at the Playhouse. It was great to see so many people there and your support is very encouraging! We raised \$729.40 from the evening and there have been some generous donations to the account since then. Sincere thanks! The money we raised at the launch is more than enough to support Tuoi for her coming year of study towards a degree in economics and business administration, and her goal of becoming an accountant.

Our blog is now up and running and you can find this at http://orphankidscharity.wordpress.com/ Here you will find photos from our launch night and other details. If you click on the red hexagon to the right of the screen, a menu bar will appear along the top of the page and you can explore the site further. If you click on 'follow' you will get automatic notifications of any updates on the blog—an easy way to keep in touch with developments.

So what next? The Trustees will meet in early July and (based on the bank balance) will make decisions as to how many students we can support for the com-



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ing year (the academic year in Vietnam begins in September). Fund-raising will continue so if you have any great ideas for fund-raisers please share them with us. If you would like to make a donation the ANZ bank account is 06 0453 0210529 00.

Finally, sincere thanks to all who helped make our launch night memorable. I would specifically like to acknowledge the huge contribution from Nic and Manu at the Playhouse, Trudi Wilson, our fabulous musician for the evening, and Robin and Georgi Simpson for the donation of beautiful fabrics that were auctioned. I still have some of these pieces, so if you would like to buy an authentic piece of tribal fabric (mostly silks from Laos, Burma, Thailand) then please be in touch (540-3364).

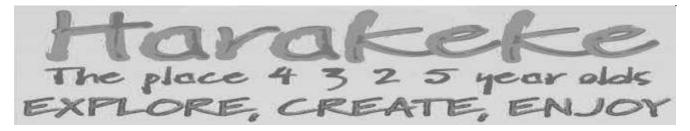
Rose Barnes was the winner of the raffle on the night. Happy picnicking Rose!

Don't forget to follow us on our blog (and you can add comments as well if you would like to!). With sincere thanks,

Janet, Chair OKC Trustees: Sarah McLeod, Brigid Ryan and Janet Taylor.

Lawyer: The youngest son, the 20-year-old, how old is he? Witness: He's 20, just like your IQ.





Kia ora koutou. A while ago we reported about our successful application for a \$500 grant from the Tasman Enviroschool Action Project Funding to help with our bush regeneration project, a regular part of Forest Tuesday.

Our children are very attached to 'their forest'; they have ownership of their base camp and notice even subtle little changes in their environment. They know how to identify weeds and spot even the tiniest young seedling. They learn to keep their eyes on the ground to protect young seedlings that are just popping up and notice how hard it is not to step on them– reason enough for us to decide to mark a path and not go bush-bashing any more.

Sometimes it is even too hard for the seedlings to survive despite all our care because the soil gets too dry. This problem was discussed in depth at base camp hui (morning group time) and a number of solutions were developed to make sure the 'baby trees' will survive and get enough water. The children certainly expressed a great deal of higher level thinking when they suggested to share the water from their drink bottles with the seedlings, or to 'do' a pump with a tap. How?

"If we had a pipe go under the ground the tap could go on the pipe, then you turn the tap on, the water goes into the tree and the tree grows!" or "We could put a long pump, put holes in the pipe and turn on the pipe and the water go onto on the pipe to make the little trees grow!" Now you know...but... big people expert advice suggested to plant more trees around the outside of our forest, a so-called shelter belt of fast-growing natives to protect the self-seeded seedlings of slow-growing trees. And that's just what we did. So far we have planted about 500 trees with lots more. We won't stop anyone who would like to bring some along...one family thought it a good idea to plant their 'NZ citizenship' kowhai at Harakeke. We felt really honoured! This kind of activity helps us save the little bush we have left in this area:

Our children love doing meaningful 'work' and unloading a trailer of compost, digging holes, planting, weeding, discussing options and possibilities, observing changes in the environment after heavy rain as well as constantly making new discoveries offers lots and lots of learning opportunities.

Soon will be the time again where the children can share their special place with families and friends when we celebrate Matariki on 4July. Every year children and their families take their beautifully made lanterns on a procession through parts of the forest to congregate around the 'climbing tree' to sing songs and have a special gathering sharing kai (food) and toasting marshmallows on the outside fire.

For those of you who are not familiar with the festival of Matariki...please read on:

#### About Matariki, the Māori New Year

Matariki is a small cluster of tiny stars, also known as the Pleiades. Towards the end of May each year, Matariki rises on the north-east horizon on the same spot as the rising sun, around half an hour before dawn.

The New Year celebrations are held on the sighting of the next new moon.

As the year moves from autumn towards the shortest day, the sunrise moves north along the eastern horizon. When the sunrise reaches Matariki, it turns around and starts moving south again. This effect can be seen everywhere on the planet and makes the Matariki stars famous world-wide.

There are two translations for Matariki—mata riki, tiny eyes; and mata ariki, eyes of god.

Traditionally Matariki was a time for remembering the dead and the celebration of new life.

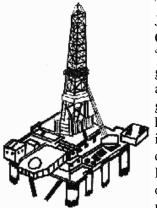
Ka kite ano, your Harakeke teaching team.



### Probus Club of Mapua and District

**P**robus is a group of retired men and woman who meet on the first Friday of each month at the Mapua Hall at 1.30pm. We have interesting guest speakers and mini speakers, (usually a club member) and enjoy a home-made afternoon tea.

Our meetings are very informal and the essence is fellowship and caring. If you would like more information please contact Stan Lawn, president, ph 540-2699, or Letty Thawley, secretary, ph 923-2269, or come along to the next meeting as our guest



The guest speaker at the June meeting was Richard Clements. His subject was "Drilling for Oil." Richard grew up in Britain, eventually gaining a degree in geology in 1971. One of his earlier jobs was working for a company in Aberdeen as a mud engineer. His work experience of over 40 years took him too many drill sites in many

parts of the world. These included the North Sea, around Canada and the Middle East to name a few. His last 10 years were spent working on oil rigs around the north-east coast of Australia.

Richard's talk was interesting and informative, covering planning submissions, drilling exploration wells, the technical features of an oil rig, and the dangers oil workers faced.

The mini speaker was club member Barbara Halse, who described the 11-day cruise she and her husband Michael took to various South Pacific islands. The cruise started and finished at Papeete in Tahiti in August last year on the cruise ship Paul Gauguin. The ship catered for 320 passengers, with a crew and staff of 215.

About 100 photos of their tour were screened. The scenery of the islands was impressive, especially the beautiful clear, blue waters of the Pacific. Other photos showed the lifestyle on board, with an incredible selection of food for breakfast, lunch and dinner, plus morning and afternoon teas.

The crew and visiting Islanders put on colourful shows and several guest speakers covered an interesting variety of subjects. One photo was of one of many couples celebrating their wedding anniversary. A wedding cake supplied by the catering staff was shared amongst all passengers who had an anniversary during the cruise.

Michael and Barbara also displayed a variety of postcards and brochures of their cruise for club members to view during the afternoon tea.



Hi! I'm Andrew Schwass from the Mapua Ferry. Firstly, I would like to thank the local community for their support over the past two years.

You may be wondering what is happening in the former Mapua Trading Company premises. I have taken over the lease and will commence my new "Trail Journeys" business.

Trail Journeys emerged on the Otago Central Rail Trail in 2000, and have built in size and reputation by helping people plan cycling holidays that they remember forever. I personally saw the potential of the Great Taste Trail, and about three years ago approached former Black Cap Shayne O'Connor, who manages Trail Journeys, to come and have a look at what Nelson has to offer. Shayne and Neville Grubb, Managing Director of TJs, have decided to come on board, as they also see the potential in Nelson.

Together with the Trail Journeys operation, we will also be incorporating Mapua's first bike shop, offering:

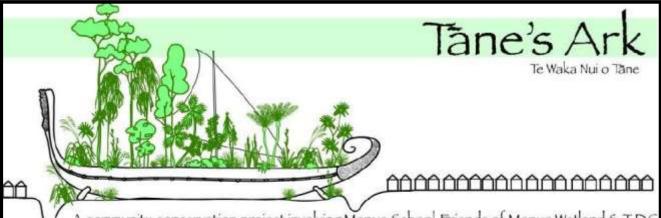
• New & ex rental bikes (Avanti & Scott brand)

- Servicing & Maintenance
- Clothing & Accessories
- Information & Bookings
- Transport

We plan to open the shop in time for the September school holidays, and will have an official launch on Sunday 28<sup>th</sup> September. Please come along and have a look at our new operation and enjoy a sausage sizzle. Present this article on the ferry on the day for a free trip, put your name on it, and enter the draw in the shop to win a **FREE bike**, which will be drawn at 2.30pm that day. The winner must be present to claim the bike.

I look forward to seeing you in our new shop.

Andrew Schwass Ph 540-3095 027 4732 888 0800 Cycle Trails (0800 292 538) andrew@trailjourneys.co.nz www.trailjourneys.co.nz



A community conservation project involving Mapua School, Friends of Mapua Wetland & TDC

#### Could you help?

Have you ventured into the back of Aranui Park recently? Have you noticed the transformation as Tane's Ark is developing into an area of local native forest? This is a shared project between the Friends of Mapua Wetland, Mapua School and TDC. If you have walked along the path you will have noticed that we continue to battle invasive pasture grass which can cover our plants and cause them to die. We would love some help with weeding and invite you to consider 'adopting' a five-metre stretch along the edge of the pathway. If you, your family, your group or friends would like to look after a patch of this special project we would love to talk with you!

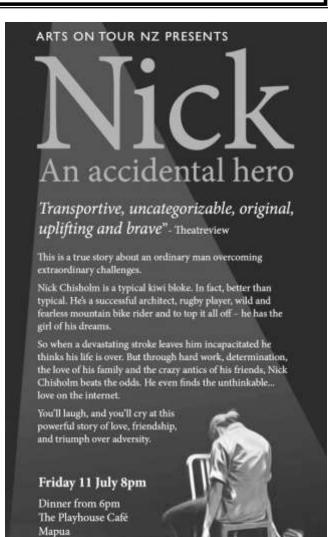
Please call Janet Taylor on 540-3364.



Mapua artist David Kemp stands beside his painting representing in pictorial form his family tree going back 170 years. He is dressed in period workman's costume made for him by another Mapua identity, Sir Greg (Greg Olsen). David was the guest speaker at a lunch in the Hills Community Church for those who wished to join in a "Senior Moment."

These are organised by Henk and Maryke Lups for people over 60 (see the back page Noticeboard), and can consist of morning or afternoon tea or lunch. Usually a speaker is part of the programme.

The June event was attended by nearly 60 people who enjoyed a meal of different soups, filled bread rolls and desert. Plus tea or coffee of course. Some of the more energetic moved on to the Mapua Hall to play indoor bowls; others went home and put their feet up. Another hard day over for the retired!



Book: The Playhouse Café

\$20

### Netta Perry at 99 Gets the Royal Treatment



Mapua's matriarch, Netta Perry, known as Nana Perry to many, celebrated her 99 years of life at the Mapua Boat Club rooms recently. The photo shows her graciously receiving a book from the hands of the "Queen" who unfortunately turned up a year early. The book was written by her granddaughter Christina and it covers Netta's life from 1915 to 2014. The gathering of family and friends enjoyed an afternoon of fun and socialising.



Reporter interviewing a 104-year-old woman: "And what do you think is the best thing about being 104?" she asked. "No peer pressure," was the response.

You don't stop laughing because you grow old. You grow old because you stop laughing.

### Mapua Pharmacy

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### Kinky Priest?

#### By Peter Francis

My name is Kenneth Key. I'm looking for employment. I used to be a Catholic missionary in Japan until I was recently summoned to Kyoto to meet the Bishop, who said, "We have received advice that some of your young people are calling you 'Kinky.'

"His Holiness has issued a decree that priests with that kind of reputation will not to be tolerated, so you will have to leave the priesthood, immediately."

I tried to explain, "But my Japanese nickname is not spelt K I N K Y." However, I was firmly told, "It is not in your interest to either question or protest His Holiness!" I think I know when it all began.

Strong perfumes of fresh cut flowers dripped from the hall air, like raindrops falling from tropical clouds.

They walked in two by two holding hands, all dressed in immaculate white gowns with crimson satin shoulder bands--Twelve little "Brides of Christ", looking like a long red and white caterpillar.

Eleven small boys followed, in snaking Indian file, wearing white shirts, red ties, and tightly creased black shorts, reminding me of a striped candy bar.

Stopping at the front of the hall, they silently formed straight, even rows, girls on the left, boys on the right, before wordlessly dropping to their knees.

An excited hush permeated the hall, without prompting the entire audience rose to their feet and commenced singing.

As the song ended a handsome young priest materialised through a cloud of sweet smelling incense smoke.

The priest raised his arms; silence irradiated the packed hall.

He began speaking in a strange tongue; while waving his hands in the air, as if driving flies from the Sunday roast.

"In Nomine Patria, et Filii, et Spiritu Sancti, Ahhhhmeeeen."

The scene was stunningly theatrical and totally mesmerising.

It was 'First Communion Day.' Our whole town must have turned out.

I prayed silently, "Dear God, you know my big brother thinks he's going to be Prime Minister, but when I grow up I want to be a missionary."

After the service, the priest approached my mother, patting me on the head with one hand.

"I noticed Kenneth praying today, I'm sure he'll soon make a great altar boy, perhaps one day even the priesthood."

"My Kenneth an altar boy, a priest?"

My "solo-State house" mother blushing bright red, visually swelled with pride.

Altar boy training was held after school on Fridays in the presbytery, I soon noticed the priest sometimes wore women's clothing under his cassock.

When I told Mum, "I think the priest's kinky," she just said, "Don't be foolish Kenneth, Priests normally wear ancient garments, which probably look like women's clothing".

But I knew his clothing wasn't normal!

Next summer our headmaster asked Mum if she would allow me to attend a school in Miyazaki city, near Kyoto in Japan, as an exchange student. He said it would be a wonderful chance for me to learn to speak Japanese fluently.

Upon completing year thirteen, I joined the priesthood to begin training as a Catholic missionary.

After graduation our Bishop told me my Japanese language skills could be very useful, as with less than 2% of the Japanese population of over 110 million

belonging to the Christian faith, there was a great opportunity for Roman Catholic converts and because I was still very young, I was to start my first vocation, caring for and converting teenagers in a central Tokyo parish.

I soon formed a karaoke singing group who met each Friday night in the church hall and because my Japanese congregation

struggled to pronounce 'Father Kenneth' I became known to them as 'Ken Key San'.

My teenage followers told me that "On most weekends we like to visit the Tokyo suburb called Harajuku, where many young people gather, to compete with each other wearing the most outlandish clothing costumes, which we call "Cosplay". I decided if I was going to be able to convert them I needed to participate in their youth culture.

The next Saturday morning they escorted me to a costume rental company where they dressed me as a Pharaoh in a gold and black tunic and skirt, plus gold ankle-length strapped sandals. We all spent a hilarious day parading around Yoyogi Park, Harajuku, in our costumes. As we returned happily home on the chikatetsu (subway) one of my young flock announced: "Ken key san, you look so good dressed in gold, we should change your Japanese name to Kinki san" (which in English translates as 'Golden man').





### **Tasman Bible Church**

#### Because You're Worth It!



O ver the years and across the continents, this well -known statement has been used to entice the global female and male population to look, smell, and, be more beautiful than they consider they are. The sound-bite has worked – or so it seems – at the very least, at the level of commercial enterprise! It raises the question as to the actual worth of a human being, a subject that most might consider to be more than "skin deep".

The value or worth of a person was raised by Jesus Christ in the context of the call to follow him. He said, "What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?" (Mark 8:36-7 NIV). In this statement, Jesus compared the value of the human person as beyond all that the world could possibly offer in terms of achievement, wealth, and the like. The "exchange rate" is beyond unaided comprehension! He not only affirmed the worth of every human being but shocked the disciples by repeatedly teaching that he himself was going to demonstrate what he meant. They found it all too much to fathom and grasped its significance only after Jesus' death and resurrection. A person's worth may be valued differently depending on whether it is their employer, club, social circle, or family. How does one measure them and what for? The Christian notion that God gave himself in Jesus Christ is an expression and affirmation of the extraordinary value of people. He is saying in no uncertain terms, 'Because You're Worth It' in His own very distinct way—the way of the cross. I you have ever doubted your worth in God's sight, begin to discover it what God gave in Jesus Christ.

In a world of differing 'value systems', Christians measure the worth of a human being in terms of the value of the life deliberately offered in death and then taken up again, by Jesus Christ. Christians would then be expected to comprehend "Because you're worth it" in terms of the value that God Himself has placed upon human beings, demonstrated in Jesus' death and resurrection.

At Tasman Bible Church, we again are seeking to address further "Tough Questions". They arise out of the "Because You're Worth It" statement. Over the July holiday period, we invite folk to consider again, with us, why Jesus is considered to be "special", whether all religions are essentially the same, and, is the Bible just another religious book?

Richard Drury

For more information on Tasman Bible Church head to www.tasmanbiblechurch.org.nz

### Coastal Garden Club

D espite most of our gardens lacking colour at this time of the year, the flowers and shrubs on the display table featured vibrant colours and fresh scents. Our very knowledgeable member Margaret chatted about the treasures from members' gardens and the many patches of orange remain in my memory. Orange winter gladioli look warm and provide a superb contrast of colour in the garden, as do fritilerias. Rays of sunshine shone through some delicate autumn leaves on display. A glorious variety of pink and red camellias caught the eye of many members and early jonquils provided that wonderful reminder that spring is around the corner.

Another very successful GCG visit took place this month, this time to Neudorf Mushrooms. Thirty members were treated to a delicious mushroom soup prior to the tour. A friend who attended said it was a visit not to be missed!

Brian King has just returned from a holiday in Rarotonga and he spoke with great enthusiasm about a 2½-acre tropical garden that they visited. Put it on your list of "must do" if you enjoy gardens and are on a visit to this tropical paradise.

A popular and well-informed speaker returned to provide information about her business, and gave us advice about the growing of olives. Heather Cole from Country Trading has closed her shop at Mapua Wharf but has continued her 'core' business which is on-line trading. Her website is countrytrading.co.nz. She has a competition running at present. To enter, send in a photo of a pair of worn-out boots and be in to win a new pair! Her distribution centre is now in the former Ruby Bay dairy. Over winter she has more than 200 fruit trees for sale together with garlic and asparagus (including the Pacific Purple variety). Niwashi Tools and a good variety of hand tools are among the many products being marketed, as well as the *Mapua School Cookbook*.

Heather noted that olive trees are slow to grow and sometimes take 10 years to produce a meaningful harvest. They are relatively easy care but prone to attacks from starlings. She related many entertaining experiences regarding the making of oil and pickling of olives. Recipes are available on her website. It was interesting to learn that it requires 30kg of olives to make three litres of oil. She also mentioned a fertiliser specifically for olives. Ravensdown stocks 20kg bags and Country Trading can provide 2kg bags. Heather now contributes as a columnist to the *Gardener* magazine.

A large gathering enjoyed the afternoon tea, cuppa and catch-up. The sales table auction and raffle draw ended another happy Coastal Garden Club meeting.

Joyce Bullock

#### Lynda's Exercise Classes in the Mapua Hall

Term 3 ~ a ten week term

Tues 22 July to Friday 26 Sept

Winter term start times for day-time sessions.

#### Tuesday

Cardio	/ Strength	6.00 - 6.45pm
	(no coordination	n required)
Pilates		

(all levels, beginner to advanced)

#### Wednesday

Pilates (all levels)......10.05 - 10.55am

#### Friday

#### FOR THE TERM

Bit more than last term - Hall fees have risen and it's 10 wks<sup>©</sup>. The more you do the cheaper it gets.

1 session per week	\$80	\$8.00 per session
2 sessions per week	\$150	\$7.50 per session
3 sessions per week	\$210	\$7.00 per session
4 sessions per week	\$260	\$6.50 per session
5 sessions per week	\$300	\$6.00 per session

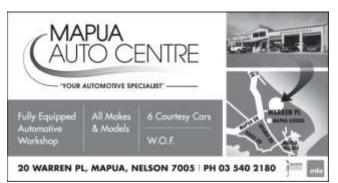
Please email lynda@hht.co.nz, or ph 5432268 or 027 222 1491 to reserve a place, minimum 15 / session, maximum 29 /session, no casuals sorry. Newcomers welcome. No special gear or talents required ©, you don't have to be "fit" to come. If you have to miss a session, you can make it up by attending another one, numbers permitting.



#### Eileen Searle

eileen.searle@xtra.co.nz 03 540 2428

#### 28 Dawson Road RD1 Upper Moutere



### Motoring

with July 2014

ALITO CENTRE

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#### Tyre Performance in the Wet

The second and final stage of the new Warrant of Fitness (WoF) inspection frequency structure change came into effect on the 1<sup>st</sup> July 2014.

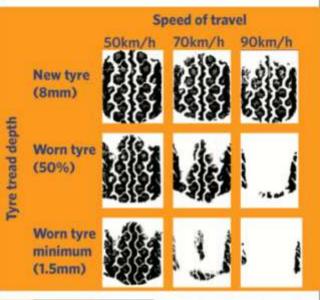
This now means all vehicles registered on or after the 1<sup>st</sup> January 2000 move from six monthly WoF inspection intervals to 12 monthly.

This change means all motorists are required to take more interest and initiative in regularly checking their vehicle to ensure they are safe for the road at all times between WoF inspections.

One of the many compromises to vehicle safety as a result of these changes is tyre condition.

Incorrect tyre pressure, inadequate tread depth and cracks, bulges and other imperfections all affect your tyres ability to grip the road.

The chart below indicates the level of contact your tyre has with the road when only 1mm of surface water is present on the road.





Happy & safe motoring from the team at

Basic Tread Depth Guide: Insert a 20c coin near the middle of the tyre. If you can see the whole of the number your tyres are near 1.5mm, indicating it is time to think about replacing them.

If you have any doubts, please contact us and we can check them for you.





### Hills Community Church



"How did it get so late so soon? It's night before it's afternoon. December is here before it's June. My goodness how the time has flewn. How did it get so late so soon?"

So Dr Seuss wrote, and it seems that every year life feels a little more like this. It is amazing to think back to when you were a child and to remember how long one year seemed. A year seemed like an age. We are now past the shortest day and it really seems a moment ago that the year began. "How did it get so late so soon?"

The strange thing is that "time" doesn't really change during our lives, but our perception and experience of it certainly does. It's relatively easy to notice the importance of our perception when it comes to time, but less easy to appreciate it with other aspects of life. Take our perception and understanding of God. As we grow there will be times when we struggle to understand God and the way he works in the world. In fact our picture of God might well be shattered and we might be tempted to throw away the whole concept. But it is in these times that we find our opportunity to learn a vital step in the maturing of our faith; that we need to be open to accepting that perhaps our perspective on God needs to grow. The Apostle Paul prayed this prayer for the Church in Ephesus:

"...I pray that you, being rooted and established in love, may have power... to grasp how wide and long and high and deep is the love of Christ, and to know this love



#### **Postal Delivery**

We can post you the *Coastal News*. To take advantage of this post \$20 with your name and address to Coastal News, PO Box19, Mapua Store, 7058, or email coastalnews@mapua.gen.nz that surpasses knowledge – that you may be filled to the measure of all the fullness of God. (Ephesians 3:17-19)

May we be open to that prayer.

Blessings in Christ, Rev John Sherlock, revsherlock.hcc@gmail.com

**Hills Community Church** is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

**Sunday Worship:** Traditional service 9am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

#### Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided. Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road) on Friday mornings between 9am and noon.



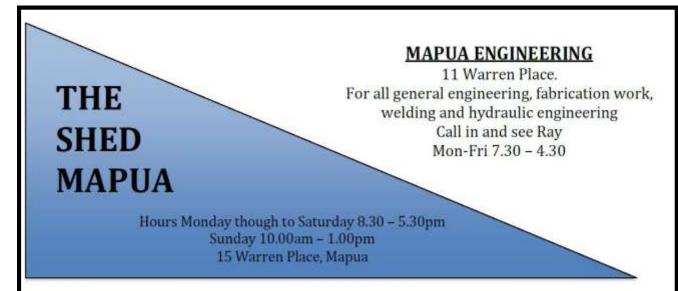
178c Old Coach Rd, Mahana 540-3911



Cash bars & eftpos available

Have fun! If you wish ... bring table lights/flowers etc to enhance your tables! White table cloths & minimum table decoration is provided!





NEEDING A NEW FENCE OR EXCAVATOR WORK DONE. THE TEAM AT 'THE SHED' IS ABLE TO HELP. WE ALSO DO READY LAWN, RETAINING WALLS, DRIVEWAYS AND PAVING SO GIVE US A CALL 540 2898. FOR A NO OBLIGATION FREE QUOTE



#### WHATS NEW AT "THE SHED"

We are selling WoodWick candles

The candle with a wooden wick that crackles as it burns.

Shuzi (pronounced Shoo-zee) utilizes a proprietary Chip from United States, which is programmed to resonate with your cells' natural frequencies.

No battery/energy





Crystals and Rocks We have a great range of rocks and crystals



MEMBER PROFILE

#### SHANTI MASSAGE THERAPY AND MYOFASCIAL RELEASE

Kim Saunders Stevenson, Certified Massage Therapist

The body has an amazing ability to heal itself. My goals as a therapist are to support and encourage self-healing and promote wellness. During my 17 years as a massage therapist I have explored many different types of bodywork. Most recently I have been training in the John Barnes' Method of Myofascial Release (MFR).

MFR therapy is a type of bodywork that addresses the connective tissue known as fascia. The fascia is a continuous web of tissue that surrounds every organ, muscle, bone, nerve and blood vessel in the body. Restrictions and adhesions in the fascia have many repercussions including pain and limited mobility. Fascial restrictions can result from trauma, both physical and emotional. Physical traumas include a single major event such as a car accident, sports injury or difficult birth and ongoing micro-trauma such as repetitive actions or compromised posture.

Because the fascia is a whole-body web, symptoms in one place may be the result of fascial restrictions elsewhere in the body. John Barnes' MFR treats the whole person directly on the skin without oil using techniques ranging from light holds and gentle, slow stretching of the tissue to deep fascial stripping and specific point work.

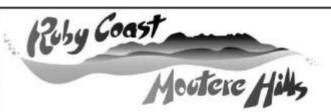
Bookings available at my Mahana studio Tuesday through Saturday. For more information or to book an appointment please

contact me.

Kim Stevenson Shanti Massage Therapy Old Coach Road, Mahana 540-3911 021 161-8167 shantimassage.weebly.com



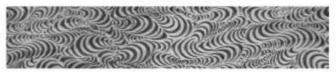
www.rubycoastmouterehills.co.nz



We're planning for the next **Ruby Coast Moutere Hills Community Directory** and we need your help to keep the Directory information current.

To ensure the residential listings (white pages) are kept up to date in our local Directory we rely on residents to advise us of additions, deletions and alterations to this information. If you would like to make changes please complete the form on the last page of the current directory and send to MDBA, PO Box 8, Mapua 7048 or email changes to: directory@rcmh.co.nz

#### Member Profile Mahana Woodworks Andrew Stevenson



We moved to Mahana from Christchurch in 2002 and I took this change of location as an opportunity to also change my work focus. I have always liked native timber and my current business – Mahana Woodworks, began after I bought a lot of rimu timber on Trade Me. The plan was to use this to build our house, however twelve years later there is still no new house, but the pile of timber has been reducing as I've used it in my business.

I use a 600mm router to create larger signs and other products in wood and metal. I am able to do 3-D relief work with the router. I also do laser cutting and can engrave and etch onto wood as well as glass, acrylic and metals. The laser allows me to do very fine and detailed work.

No job is too big or small and I can cut any shape required. Whether it is a timber sign, etching on a mirror, decorative panelling, ornamental or scroll work, dog

tags, key rings, small wooden gifts or unique gifts for special occasions.

If you would like to know more about what I can create for you, please call me on 021 540035 or 543-2131.

check out my facebook page: www.facebook.com// Mahana-Woodworks

Email: mahanawood@yahoo.com



Supporting local businesses since 1992

#### **Upcoming Events**

Friday 25 July Pecha Kucha Evening



(www.pechakucha.org/cities/nelson) It will entail a variety of topics with six minutes per speaker. We have some great speakers but if you have a subject you are knowledgeable or passionate about and would like to take part please contact: Margaret Cotter 540 2195 or rmcotter@tasman.net

#### Saturday 23 August Anniversary Ball

Tickets now on sale at Forest Fushion & Perrys Auto. Nelson Big Band, 7.30pm, \$35pp Tables of 8, Please bring savoury or sweet plate for shared supper. Cash bar & eftpos available Have fun! If you wish bring table lights/flowers etc to enhance your tables!

#### Results for the Mapua Community Hall Raffle

Restaurant Voucher: Letty Thawley Firewood: Katherine Hellyer Jewellery: Jane Smith

We are very grateful to <u>Liz Lock</u> for providing & splitting the firewood, <u>Viv at the Appleshed</u> & <u>Andreas at Rare Creations</u> for providing our raffle prizes. A very big **THANK YOU** for supporting your Community Hall. Margaret Cotter & the fundraising team!

#### Your New Hall Committee Members:

We had a great turn out at the hall's AGM which resulted in a complete changeover of the hall committee. The new hall committee for 2014/15 is: Chair: Lynda Mabin

Vice Chair: Elena Meredith

Minutes Secretary: Bridget Castle (other secretarial duties to be shared by committee members)

<u>Treasurer shared Role:</u> Jan Lord Ralfe & Ben Castle

<u>Members:</u> John Ralfe, Ruth O'Neill, Ally Roach-Wilson & Hillary Gregory

### What's On at the Hall In July

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 9am - PANZ 3.30pm - Rat a tat tat 6pm—Cardio/Strength 6pm—Yoga 7.45pm - Pilates	2 9.15am - Aerobics 9am - Yoga 1pm - Tai Chi	3 9am - MAG Art 9.30 - Zumba	4 9am - Yoga 9.15am - Cardio/ strength/Aerobics 1pm - Probus	5	6
7 9.30am -Zumba 7pm - Rose Society 3.30pm– Dance Classes	8 9am - PANZ 10am - Mapua Creative Fibre 3.30pm - Rat a tat tat 6pm—Cardio/Strength 6pm—Yoga 7.45pm - Pilates	9 9.15am - Aerobics 9am - Yoga 1pm - Tai Chi 7.30pm - Stella a Capella	9.30 - Zumba	11 9am - Yoga 9.15am - Cardio/ strength/Aerobics	12	13
Assc.	15 9am - PANZ 10am - Mapua Creative Fibre 3.30pm - Rat a tat tat 6pm—Cardio/Strength 6pm—Yoga 7.45pm - Pilates	16 9.15am - Aerobics 9am - Yoga 1pm - Tai Chi	17 9am - MAG Art 9.30 - Zumba 1pm - Friendship Club	18 9am - Yoga 9.15am - Cardio/ strength/Aerobics	19	20
	3.30pm - Rat a tat tat 6pm—Cardio/Strength	23 9.15am - Aerobics 9am - Yoga 1pm - Tai Chi 7.30pm - Stella a Capella	24 9am - MAG Art 9.30 - Zumba	25 9am - Yoga 9.15am -Cardio/ strength/Aerobics Pecha Kucha Evening	26	27
	3.30pm - Rat a tat tat 6pm—Cardio/Strength	30 9.15am - Aerobics 9am - Yoga 1pm - Tai Chi	31 9am - MAG Art 9.30 - Zumba			



# The Playhouse Cafe JULY 2014 What's On Guide Thurs to Sat 11am til late, Sun 11am til 4pm

Call us on 5402985 for bookings, Free Transport to and from Mapua



# WWW.PLAYHOUSECAFE.CO.NZ or call 5402985

# Noticeboard

**Poetry-writing workshop:** Riemke Ensing, well known New Zealand poet, is visiting Motueka in July to deliver a poetry-writing workshop as part of the Motueka Arts Council's Winter Workshop series. Well regarded in poetry circles and with many years' experience tutoring in writing. This workshop is for anyone interested in writing or poetry. Wednesday 9 July & Thursday 10 July, 10am-1pm. Cost: \$50. Pania: 03 528-4115, manysmalldots @gmail.com to register or for information.

Activekidz Swim School Courses at Mapua Chalets. July Holiday 5 day Intensive 14-18 July. Term 3 Courses begin 28 July. Email – swimschool @mapuachalets.co.nz

Ashtanga Yoga, Upper Moutere, Tuesdays 6pm. www.angepalmer.com Ph 5530353

**For Rent**: Stylish furnished house in Upper Moutere avail 24 July for approx 3 mths. 2 dble rooms, warm, cosy, easy care, stunning views, close to amenities, no pets or smokers. Karen 021 2929 294 karendeannz @gmail.com

**For Sale:** Wooden Cake Boxes. 24x24cm \$35, 20x20cm \$25. Locally made of untreated pine. Orders to: dodson5@xtra.co.nz - 03 544-1419

**Spanish Tuition:** Starting classes for adults and children in Mapua. Small group or private. Reasonable prices. Experienced native speaker. Jairo: 0224 139 802, marlocoliwi @gmail.com

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

**Kidz 'n' Koffee playgroup:** 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Debbie, 543-2915

**Daytime Book Group**: Meets first Tuesdays at 9.45am. New members welcome. Phone Mary 540-2450 or Anne 540-3934

**Mapua Art Group** meets in the Bill Marris Room at Mapua Hall every Thursday morning from 9 to noon. Like-minded artists get together to paint, draw and help each other in a fun and social environment. All levels and media welcome. \$5 a session includes morning tea. Tables, chairs and easels provided. Lisa Chandler 540-3933.

**Mapua Friendship Club** meets at Mapua Hall on the 3rd Thursdays, for a game of indoor bowls and bringa-plate afternoon tea. New members are enthusiastically welcomed, no prior bowling experience needed, our game is non-competitive, just a lot of laughs. \$3 door fee and 20¢ raffle. Contact: Val 540-3685. **Spinners, Knitters, Weavers** – Wool Gatherers meet at Mapua Hall, second Tuesdays 10am. All welcome. **Joie de Vivre** Vintage Art and Craft Studio. Alterations and Sewing Repairs. Ph: Marijke Lups 03 540-3498

**Olive oil.** Delicious Leccino 2013, \$20 750ml. Ph 526-6288 fulford.kina @xtra.co.nz. Kina Olives.. We will deliver.

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. We have coffee at 10am last Friday of each month at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/ Richard at 526-6707, email Viv at vpeters@xtra.co.nz, or just turn up.

**Community Association:** Mapua & Districts, General Meeting, Mapua Hall, Monday 14 July at 7pm. The meeting will kick off with a public forum so everyone welcome to have their say.

**Coastal Garden Group** meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Ngaire, 540-3193

**Probus Club** meets first Fridays. All retirees most welcome. Enquiries to Pres. Stan Lawn, 540-2699.

**Moutere Hills Rose Society.** Are you a gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

**Fair Exchange:** We meet the second & fourth Wednesdays of the month. 9am at Hamish Café to exchange homemade or home-grown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

**Qi-gong**, Yuan Gong form. weekly in Mapua. For information contact Marianne, 546-8584 or bmtc @xtra.co.nz

**Tuesday jam** / open mic night: Ron Valente [Gypsy Pickers] hosts and performs every Tuesday from 7.30pm at The Tap Alehouse & Restaurant, Mapua.

**Women's Recreation Group** - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

**Recycling:** Printer & Photocopier cartridges can be left at Tasman Bay Vets, 69 Aranui Rd, 8-11am & 3.30-6pm. Consider reducing landfill and support fundraising. Managed by MDBA with thanks to Tasman Bay Vets.

**Need technical help?** Bought a new smartphone / tablet /computer and can't set it up? Can't connect your Blu-Ray player? Don't know how to transfer photos from your camera? Local help is at hand! Average job price only \$30! Basic web design also available - pages start from just \$35. Call Sam, 544-0737.– sam@sambennett.co.nz