



Grant will boost maire forest planting

A welcome \$2000 Tasman District Council grant from rates will be used to help establish a significant stand of narrow-leaved maire and other maire trees at the southern end of Aranui Park.

The council grant for the Tāne's Ark project, announced in early October, will be used mainly for the narrow-leaved maire forest stand, originally proposed by Mapua School children after they learned how rare and threatened the narrow-leaved maire tree is in the Nelson-Marlborough area.

Unfortunately, El Nino weather of the past nine months have set the project back, as a total of 23 white and nine black maire trees - some two years old - died in the cold, dry winter this year. Also fatally knocked back were four titoki trees, four two-year-old akeake trees and even two normally frost-resistant manuka trees which had been planted nearby in an effort to provide shelter.

The El Nino pattern also hit many other new native plantings in the Moutere area this year, and the El Nino conditions for our region of cooler temperatures and generally lower than normal rainfall are predicted by Niwa to continue well into 2016.

Planting of the maire forest will continue in Aranui Park, but it will be at a slower pace and with

an emphasis on developing more shelter trees before planting the narrow-leaved maire trees.

Meanwhile, the Tāne's Ark team of Mapua School pupils has been advised that the first of hundreds of narrow-leaved maire seeds they harvested in late March this year have started sprouting in seed trays. It is expected to be another two years before these plants are ready for planting out. Some will be coming back to Aranui Park for planting

In the meantime, the Mapua School children have been mulching hundreds of grasses and reeds planted in July as part of the Tāne's Ark project in Aranui Park. They have also planted some kowhai trees in the school car park alongside the Old Mill walkway part of the Great Taste Trail.

The school children will be fund-raising for Tāne's Ark again this year by selling pohutukawa in pots, which have proved a popular Christmas present. However, this is likely to be the last year the children use this fund-raiser, as the project needs its precious shadehouse space to focus on its main plantings. A limited supply of the popular pohutukawa with festive pots and labels, will be on sale at Mapua School in early December.

David Mitchell

Aranui Park Proposals Supported

At its October meeting the Mapua and District Community Association approved and supported the Aranui Park Report of community recommendations for the next 10-year plan. It had been requested by TDC Parks and Reserves. The report was drawn up after consultation with key stakeholders and input from individuals who had taken up the offer to contribute.

The plan had three main considerations:

- The intent of the donors of the land for a peaceful green park that preserved New Zealand's natural heritage and did not have buildings, activities or infrastructure that would be incompatible with this;
- The constraints on the council in terms of finance and labour
- How much voluntary labour from the community could be expected.

- The plan therefore covered three areas of the park:
- The frontage along Aranui Road that already contains many exotics
- The central area of mainly open space
- Tāne's Ark wetland area adjacent to Mapua Wetland.

The plan suggested improvements to and development of these areas with a focus on restoring ponds and waterways and planting up neglected corners such as behind the old tavern.

Since the plan was drawn up there has been a proposal for a route for school children from the new Mapua Rise subdivision through the park, from the entrance roughly opposite Seaton Valley Road through to Aranui Road. This would mostly use an existing walk/cycle way. At this stage, this is just one option being considered.

Judy Mitchell



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Ness Beere – a Remarkable Life

(This the conclusion of a two-part article)

Len fancied his chances in the hills of the Crete as a better option than years in a prisoner of war camp, escaped, and made his way into the hills of western Crete. He holed up in various caves and other shelters for shepherds and ended up close to a village famed for its chestnut-growing. It was called Strovles.

There, a talkative 18-year-old girl named Eleni who was walking home chanced on Len, just as he was boiling a feed of chestnuts. Eleni Vakachy insisted that Len should come to her nearby family home for more substantial food and a warm family welcome. Thus began a remarkable two years in which the Vakachy family of Strovles, at great risk to their own lives, sheltered, fed and assisted Len. He had a few close shaves, but for two long years he managed to evade searching German soldiers. He also avoided joining other Allied soldiers like him who were on the run, reasoning that he was safest alone.

In New Zealand meanwhile, the Government advised that Len's official status was "missing, presumed dead," but Ness never gave up hope. She was comforted by friends who believed that Len's tramping skills and fitness would mean that he would survive the war. It was not until May 1943 that Len, along with 19 other Allied soldiers, was rescued from Crete, taken to Egypt and allowed to return to New Zealand on compassionate leave. Len never forgot the bravery and hospitality of the Vakachy family and the two families have stayed in regular contact since the war.

Ness and Len subsequently married, a process that had its own difficulties. The army wanted Len back to re-join the war effort and his family had to make a plea to a military tribunal for a service exemption on compassionate grounds, as his mother was seriously ill and expected to die. Fortunately, the request was granted.

However, meanwhile, Ness was also at the mercy of the Government via its "manpower office." She was forbidden to leave her work at Wellington Hospital, a restriction lifted only when she became pregnant later.

After their marriage, Ness and Len lived in a suburban Belmont house in Wellington that Len built himself. However, both found the winds and the climate unfriendly and they dreamed of settling in Nelson. Len had also been profoundly affected by his experience in Crete and he wanted to find a family farmlet like those at Strovles, where family members could look after themselves and survive the hardships of depression and war.

After Len made an exploratory cycle trip through Nelson and Golden Bay and further inquiries, Ness

subsequently negotiated the purchase of an older cob house on seven acres of land in Aranui Road, Mapua. Len called it 'Strovles' and it was to be their family's home into the future.

Ness and Len bought two milking cows, some chickens, planted fruit trees and created an extensive vegetable garden. Ness learned the skill of milking from neighbour Arnold Wells, who had earlier donated land adjoining the Beere property for the Presbyterian Church and he was also a lay preacher. In the mornings when she milked her cows, Ness could hear Arnold in his milking shed a short distance away heartily singing hymns for his cows, among them, *Nearer My God to Thee*. The Wells family, particularly Arnold and his son Bernard, proved good friends to the Beeres.

Sandra Wells recalled that after the war, some people in Mapua shunned Bernard because of his stance as a conscientious objector and for refusing to serve in the army. For his views, Bernard was imprisoned for the duration of the war in a remote camp in Taranaki, where he and other prisoners spent their days cutting gorse. He later married Dorothy Duffett, a teacher from Picton, and brought her back to the Mapua family orchard. Their eldest daughter Sandra says that the resentment in the village against Bernard was "an awful thing for a young bride to walk into."

"Nessie was one of the few who wanted to be friends with the Wells family and she and Dorothy remained best friends all of their lives."

Ness and Len enjoyed a happy, fulfilling family life in Mapua, punctuated by many picnics, outings

and periodic tramping trips. In middle age, Ness joined Len for a walk on the Heaphy Track, a route they had done earlier with the tramping club. When they reached the West Coast end, they avoided transport issues for the trip home—they simply turned around and walked the track all the way back to Golden Bay, a total distance of nearly 160km.

Len, a carpenter at the Fruitgrowers' Chemical Company until he retired, died in early 1980 aged 70.



Len and Ness's wedding

(From page 3)

Daughters Judy and Helen and their husbands subsequently moved to Mapua and Ness was a very loving grandmother for three Mitchell children raised here.

Ness continued her love of gardening as long as she could and also carried on cooking, baking and home-making into her 90s. In late August this year, two months after her 96th birthday, Ness suffered a debilitating stroke and, after a short period in hospital and then rest at her Mapua home, she died on 5 September 2015 with her family present.

Ness Beere was buried in the Moutere Hills Cemetery and a commemorative service was held on September 27 at the Hills Community Church. Ness is survived by her daughters Judy and Helen, her three grandchildren, Kate, Sonja and Jamie and her three great grandchildren, Māia, Sophia and Ariana. Ness will be forever remembered by those who knew her and loved her.

By David Mitchell and Beere-Mitchell family members, with special acknowledgement to Sonja Mitchell for use of material from her study of Ness, written when she was 15.



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Ice cider with **Wangapeka Blue** = both are intense and sweet.

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Senior Moments

Senior Moments meets for a social get together twice a month; on the second Wednesday and last Wednesday of the month from 10am to 12 noon at Hills Community Church Hall. All seniors in the community are very welcome to attend.

There are no age limits and no cost involved in attending but small donations, although not necessary, are always appreciated. The emphasis at the meetings is on socialising and having fun, and we also try to include activities and interests that appeal to the members. This may include sharing stories, quizzes, exercising, cooking, games, guest speakers, outings, sing-songs or just having a good natter and catch-up with friends. And of course there is always a good morning tea included and occasionally a lunch!



These group meetings can be particularly supportive and beneficial for those seniors who are new to the area, those that live alone and those who are feeling isolated. We are a friendly crowd and aim to be very welcoming to newcomers.

Our Elder Care team also aims to support elderly people in the community who are unable to attend our regular get-togethers.

If you know of someone who would love to attend but needs help with transport or if you know of someone who would benefit from a social visit at home, or assistance such as help with shopping, transport to attend medical appointments or meals, then please let us know.

Heather Hoad, Senior Moments coordinator,
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What's On at the Hall In November

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
2 9.30 Yoga with Robin 5.30pm Yoga with Robin	3 9am PANZ 1pm Beginners Tai Chi 2.30 Sit & Be Fit 3.45 Junior Music Club 6pm Cardio/Pump 6pm Yoga 7pm Pilates	4 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	5 9am Mapua Art Group 3.30pm Karate 6pm Zumba 7pm SALSA 7pm Comm. Assc. Meeting	6 9am Yoga 9:15am Aerobics 10:10am Pilates Mapua School Centenary	7 Mapua School Centenary	8 6.30pm Mapua Movie Night
9 9.30 Yoga with Robin 5.30pm Yoga with Robin 7pm Mapua & Districts Comm. Assc. Meeting	10 9am PANZ 10am Mapua Creative 1pm Beginners Tai Chi 2.30 Sit & Be Fit 3.45 Junior Music Club 6pm Cardio/Pump 6pm Yoga 7pm Pilates	11 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	12 9am Mapua Art Group 3.30pm Karate 6pm Zumba 7pm SALSA	13 9am Yoga 9:15am Aerobics 10:10am Pilates 6.30pm HCC Mapua Youth Group	14 9:15am Aerobics 10:10am Pilates 12-4pm Painting Class	15 4pm doTERRA Essential Oils Free Talk
16 9.30 Yoga with Robin 5.30pm Yoga with Robin 7pm Hall Committee Meeting	17 9am PANZ 1pm Beginners Tai Chi 2.30 Sit & Be Fit 3.45 Junior Music Club 4.30 Mapua Comm. Trust Meeting 6pm Cardio/Pump 6pm Yoga 7pm Pilates	18 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	19 9am Mapua Art Group 2pm Friendship Club 3.30pm Karate 6pm Zumba 7pm SALSA	20 9am Yoga 9:15am Aerobics 10:10am Pilates WEDDING	21 7pm Cricket Club Quiz Night	22
23 9.30 Yoga with Robin 4pm Safeguarding Children 5.30 Yoga with Robin 7pm Waterfront Meeting	24 1pm Beginners Tai Chi 2.30 Sit & Be Fit 3.45 Junior Music Club 6pm Cardio/Pump 6pm Yoga 7pm Pilates	25 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	26 9am Mapua Art Group 3.30pm Karate 6pm Zumba 7pm Exec.Meetg 7pm SALSA	27 9am Yoga 9:15am Aerobics 10:10am Pilates 2pm Frndshp Club 6.30pm Mapua Youth Group	28 9:15am Aerobics 10:10am Pilates	29 3pm CCF Christmas Party

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Mapua Health Centre

This month is promoting "5+ A Day" (www.5aday.co.nz). The key messages are:

Eat five or more handfuls of colourful fruit and vegetables every day for better health, taste and variety.

New Zealand nutrition guidelines recommend that you eat five or more servings of fresh fruit and vegetables every day. Specifically, three or more servings of vegetables and two of fruit.

A serving of fruit and vegetables is about a handful and everyone uses their own hand, so a child's serving is smaller than an adult's.

Colourful fruit and vegetables contain many of the vitamins, minerals and phytochemicals (fight-chemicals) that the body needs to maintain good health and energy.

Research conducted in 2010 shows 78% of Kiwi's are familiar with the 5+ A Day message with 41% of the population actually eating 5+ A Day. This is up from 31% in 1995. The aim now is to get over 50% of New Zealanders eating 5+ A Day fresh fruit and vegetables by 2015 for better health, taste and variety.

A family of four can purchase a week's worth of fruit and vegetables for as little as 28 cents a serving.

While on diet, the latest systematic review concluded that eating saturated fats (mostly animal and dairy fats) is not associated with all-cause mortality, cardiovascular disease, coronary heart disease (CHD), ischemic stroke, or diabetes. In contrast, however, they found a strong positive association between the intake of trans fats (formed by heating

oils or if they become rancid) and all-cause mortality, total CHD, and CHD mortality (*BMJ Aug 2015*). And some more good news for coffee drinkers from a long-term study which showed they are about half as likely to develop type 2 diabetes as those who didn't drink coffee, and researchers think an inflammation-lowering effect might be the key (*Nature Aug 2015*).

AGM

The Mapua Health Centre committee AGM will be held on Wednesday 11 November at 7:30pm at the

National and global health promotion events for the month include the following:

- | | | |
|-------|--|---|
| 1-7 | Parkinson's Society Awareness & Appeal Week | www.parkinsons.org.nz |
| 1-7 | Conservation Week | www.doc.govt.nz |
| 1-30 | Movember (prostate prevention) | http://nz.movember.com |
| 1-30 | 5+ A Day | www.5aday.co.nz |
| 1-30 | Epilepsy New Zealand "Talk about it" Month | epilepsy.org.nz |
| 10-16 | Diabetes New Zealand Awareness Week | diabetes.org.nz |
| 19 | World Day for the prevention of abuse against children | http://www.woman.ch/june09/children/1-introduction.php |
| 20 | World COPD Day | asthmafoundation.org.nz/news |
| 25 | White Ribbon Day - Eliminate Violence Against Women | www.nzfamilies.org.nz |

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Laminate is the New Black

Laminate is in, it's as hip as can be. Hipper than the Beatles when Sergeant Pepper came out. Hipper than Bryan Ferry has ever been. It's hipper than a hipster with bushy beard, man-bun, plaid shirt and Timberland boots living in a chic apartment in Auckland. In fact, our hipster would have a laminate kitchen workbench, without a doubt. Yes, laminate really is that hip.

I know this because we are going with a laminate workbench in our new home. We have been beguiled by the colours, textures and thicknesses, the flexibility of the whole product and, err, the price. Well, we all have to count the pennies, don't we? And isn't it better to have laminate rather than the wind whistling through an unfinished side of the house?

Other things that have dropped off the hip radar are the cedar fascia just below the roof, extensive cedar cladding, timber flooring around the back bedrooms, a flashy induction hob and food.

You have probably guessed our proposed dwelling near Mapua village is now at that crucial stage. Not a sod has been turned, no earthmoving equipment has moved earth and the sheep have a few months of grazing ahead of them, but we are negotiating the building contract. So everything is being nailed down on a spreadsheet long before it's nailed down for real.

One of the great talking points has been water. TDC is not taking new connections due to a capacity shortage so we have to fend for ourselves, which is nothing new for life-stylers. In our case, fending for

ourselves means a requirement to have 45,000 litres of drinking water storage. That's two of those monster tanks, the ones about three metres round and high. And we need another two, i.e. another 45,000, for fire fighting. And there's also another one to manage overflow. This is a separate tank to take the surplus when the others are full, to store this water and slowly release it after the storm has passed.

The thought of having five three-metre high tanks was a bit daunting, especially as the fire fighting ones have to be within a certain distance of the house and accessible by fire engine. In other words, by the driveway as you drive up to the house. There's nothing like a bank of huge water tanks to impress visitors, of course, everybody knows that.

Fortunately our nice builder has a bit of a solution—a sprinkler system in the house. This draws off the bottom of a drinking water tank when there is an inferno in the house. The heat melts a solder cap and another glass trigger and down comes the water over the area below. Toast and burning sausages won't melt it, I'm told, and I certainly hope so. I'd have to lift my cooking game, otherwise.

Aside from the eye-watering cost of the sprinkler system, it's probably a good thing. It should mean it won't be a case of the fire engine rumbling up to a charred wreck of a house that has two large, full water tanks sitting beside it.

Anyway, we are now at this stage: all has been cut from the budget that can be cut, dreams have been pared back and reality has slunk back into the picture. Who knew it would coincide with laminate becoming trendy? I've never been a big one for fashion, though, so if you happen to have a slab of black caesarstone, perhaps 3 m by 1.5m, lying around in your garage, could you give me a call?

John Bampfylde

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Mapua Community Library

(Moutere Hills RSA Memorial Library)

Thank You Tasman District Council

We are thrilled to have been granted \$1500 from the council grants scheme. Grants are a huge part of the funding of our book-purchasing programme to keep our collection current and relevant. We are always excited to receive a letter advising that our application was successful. Thanks TDC.

Book Display

In the entrance foyer you will find a themed book display – an ongoing feature of the foyer. Penny is doing a fantastic job at showing off some of the wonderful books that we have on our shelves and brings together a great collection of books based on a theme. We are often asked if these books are available for borrowing directly from the display. The answer is yes! You are very welcome to borrow them straight from the display shelf.

Art Display

Di O'Halloran's work is our current feature. Pop in and visit – you don't have to be a member to come in and enjoy the work of our wonderfully talented locals.

Library Systems

We are investigating options for undertaking a major update of our computer system which houses our collection and membership records. There is also considerable work happening behind the scenes to

fine-tune our gathering of statistics, both for our own use in planning etc and to assist in answering the increasingly specific and probing questions from grants organisations.

Special General Meeting

This was held on Monday 12 October. The reason for calling the meeting was to vary the wording of our rules to allow an independent person to review our accounts rather than require an auditor to formally audit. Provision was also made for the appointment of an independent reviewer at the AGM.

Lynley Worsley, Chairman

Library Hours (closed Statutory holidays)

Monday	2pm-4.30pm
Tuesday	2pm-4.30pm
Wednesday	2pm-4.30pm (6.30pm during Daylight Saving)
Thursday	10am-12.30pm; 2pm-4.30pm
Friday	2pm-4.30pm
Saturday	2pm-4.30pm

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www.mapuacommunitylibrary.co.nz ph 540-2545

Major Sponsors: Canterbury Community Trust; Lion Foundation; Tasman District Council; Mapua and Districts Business Association.

BOOK REVIEW

Noughts & Crosses, by Malorie Blackman. Reviewed by Katie Trickett. This book is available in the Mapua Community Library.

Despite being well into my adult years I can't deny the fact that I love to read the odd bit of teenage fiction. Tales of alternate realities (I'm thinking Hogwarts, Middle-Earth, Panem) as well as narratives of good versus evil all mixed up with some mystery and intrigue and a large measure of romance—what's not to love? Where some adult novels fail at this, teen fiction has a way of dealing with these strong themes unreservedly, all the while delivering a knock-out story and a cast of complex characters.

Noughts & Crosses ticks all of these boxes. It's set in a world where Pangaea is still intact. With no borders or barriers, the African people have gained an advantage over the Europeans and made them their slaves. At the time of the story slavery has been abolished but segregation is still prevalent. The book is written as a dual narrative, the story unravelling through the perspective of a teenage girl, Sephy and her best friend, Callum. Sephy is a Cross (meaning

she has dark skin) and Callum is a Nought (he has fair skin).

The plot focuses on the challenges the two central characters face while trying to be together in a society that says it can't be allowed. It is a modern day Romeo and Juliet story, two people from different sides of the tracks whose love for each other highlights the tragedy of prejudice and social conditioning. The book contains some heavy-hitting themes: racism, terrorism and the blurred lines between right and wrong, but at its heart it is a love story—a tale of friendship at all costs.

Where some teen-fiction can cross over into the adult sector, I found *Noughts & Crosses* to have a writing style that delivered to its target audience. However, I still found it to be an enjoyable, gripping and thought-provoking read and would highly recommend it to teenage readers. As the author states at the beginning of the book, many of the events that take place in the story are lifted directly from experiences in her own childhood and teenage years. It's fiction but based on fact, history that's important for everyone to know about.

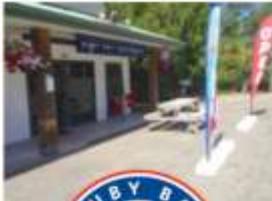


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When? 3rd Friday each month, 10:30 – 12:30pm
Contact? Lorna Martin, 03-5266868 or lornamartin43@gmail.com
Check us out @ www.tasmanbiblechurch.org.nz



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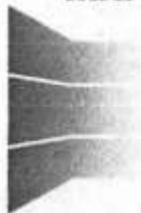
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SENIOR MOMENTS

Hills Community Church

Held on the *second Wednesday and last Wednesday*
of the month

At Hills Community Church - 122 Aranui Rd, Mapua

10 AM to 12:00



COME ALONG
AND MEET NEW
FRIENDS, HAVE
FUN AND ENJOY
MORNING TEA.

Pastel Artists of NZ

It has been a pleasure to welcome two new members, six visitors and the return of two old (not in the aged sense you understand) friends to our group. It makes PANZ Nelson the largest group in the country and does beg the question ... why? Is there an abundance of painterly folk in the Nelson Bays area? Or maybe plenty of would-be painters who need a little help to progress? Or is it just that news of our legendary affability (no excuses required for cake and party-time) has leaked? Whatever the reason, I am pleased to report that our Tuesday group is alive, kicking and extremely healthy.

Progress towards next year's *Purely Pastel Art Awards* is still on track. The whisper on the street is that the National Executive is very pleased with our imaginative programme ... yippee! One further round of fund-raising, assisted by the Sprig and Fern, Mapua will take place at the Sprig on Wednesday 18 November. Yes, the pastel artists are hosting a quiz night so please come along around 7pm to support us and the Sprig and Fern. Get your team together and join us for a fun evening of easy (maybe) questions, \$50 bar tab up for grabs with some fine raffle prizes along the way.



Marian Painter has led two informative mornings in recent weeks, still-life drawing and colour harmony. Some members were sorry to miss Marian's expert tuition at the latter session, folding leaflets and magazines and stuffing envelopes unfortunately took priority!

If you want to find out more about pastels and the PANZ art group in Mapua visitors are always welcome. Just call into the Community Hall on a Tuesday morning between 9am and 12 noon when you see the PANZ board outside. Or contact Glenys Forbes on 540-3388 for more information.

Sue England (540-2934)

Dominion Flats to be Meeting Focus

At the next Community Association meeting at 7pm on 9 November, Al Check from DOC will be present. Al Check confirmed that he would be happy to come to speak to a community association meeting to explain a number of positive initiatives supported by DOC for the Waimea Estuary. This will be a presentation not be missed and will give us opportunity to discuss the work the department is undertaking.

Restoration of a lowland swamp forest and habitat is now several years down the track and significant progress has been made through partnerships with local iwi, Tasman District Council, NZTA, Department of Conservation and many funders.

Meanwhile, back on the ground, the community's work continues. Helen Bibby from the association reports:

"This week we have met with Richard Hilton from the TDC to view progress with the planting and weeding on Dominion Flats. It is exciting to see the growth in the plantings we have done over the last two years though at present the concern is how quickly the soil is drying out, as are all our gardens around the district. That doesn't seem to slow down the growth of weeds though and our small group go each Tuesday to free as many plants as we can from the surrounding weeds. The TDC is extremely supportive, particularly when it comes to dealing with

the heavier weed pests like gorse, blackberry and broom, and will help to eradicate as much of those pests as possible in the next wee while.

We are very proud of the information board that stands at the entrance from Mapua Drive. It shows some of the flora and fauna that can be found, or will be flourishing in the area when our trees are grown and there is more protection. There is a short resume of the restoration story for the project, and a list of those organisations who had contributed to the project up to the end of 2014. It is a good public face to show the public what it is all about.

We have recently received grants from TDC, the Greenwood Trust and Deloitte so we will be able to order some more plants for next autumn. It is a fantastic project that we would love to see you join in. Contact Helen Bibby on 540-3830 if you would like to know more."

Another related issue was raised at our October meeting. There was a discussion about the sculpture proposed for Mapua, on the edge of Dominion Stream Flats. The main area of contention being the appropriateness of another 'tower' structure like the one at Tasman, or whether an alternative structure would work better. The association decided to write a letter inviting a conversation with the Trust running the sculpture project.

Graeme Stradling



Out and About with Hugh

Date line, Melbourne, 16 October.

Te Mamaku Drive. What's in a name? Where does the name come from and in the first place, where is TeMamaku Drive?

Te Mamaku Drive is that stretch of State Highway 60 more commonly referred to as the Ruby Bay bypass. Named Te Mamaku, in honour of Hemi Topene Te Mamaku, a Maori chief in the Ngati Haua-te-rangi iwi.

At each end of Te Mamaku Drive is a handsome wooden sign with the name carved into it. If you pull off the highway and stop you can see it. At the Tasman end the sign is partially obscured by some overhanging undergrowth. Maybe someone from the iwi will take note of these remarks and take an interest in appearances.

As I went to Motueka the other day I stopped to take look at the Ruby Coast's latest object d'art that so prominently positioned at the Tasman turn-off from State Highway 60. First impression? A beautifully rendered piece of metal craft. Artistic? I am not

an artist but I do know something of genuine artistry in its own right when I see it. It's artistic in every sense.

However, a note of caution: If you drive onto the area where this shining stainless steel edifice is situated, be careful! There is no fence or railing around the viewing site. It is impossible to turn around, so backing off is the only option lest you drop off the edge into the tidal mud.

You may have noted from the "dateline" that I am writing this from Melbourne. I'm on holiday here with my wife to visit family and a grandson. On Saturday we go to Fiji to see more family and two grandchildren.

By the time you read this we will be back home in Mapua. Rested and much the wiser (Ha!) and ready to compose the final *Out & About* column for 2015.

Meanwhile, contemplate this pearl of philosophical thought. "Every day was a tomorrow, or will be yesterday, eventually." That's me for November.

Hugh Gordon

Playcentre

There is much talk at the moment about quality of education in ECE with parents and ECE teachers across the nation reviewing practices and speaking out about raising standards in the quality of care for our young children. I think here in Mapua we are very lucky to have some wonderful caring and dedicated people looking after our children, working alongside parents within a small close-knit community that together ensure the best for our tamariki.

At Playcentre we have seen quite a few new families join us this term and perhaps this stems from families still wanting to be involved first-hand with the early education of their own children, despite having so many time commitments like work. This benefits not only their own children but enhances the experience for all the children on session as we are strengthened by the variety of skills each parent brings, their influences and the special nurturing care of high parent/child ratios that ensure a safe and inspiring environment. At our Term 4 Planning and Evaluation meeting, supervisors and parents discussed how to make the most of the child's individual Profile books and aiding parents to contribute, as this relates back to the session plan and how to extend the child's learning.

Thank you to those who attended our AGM, with newly elected members of office and many pro-active parents we are looking forward to a productive year

ahead with open days, fund-raising, excursions within the community and preparations already under way for the Mapua Easter Fair! Many thanks to John Murphy for taking on our annual audit for the AGM. We appreciate your efficiency and expertise.

About Playcentre

Playcentre is Ministry of Education registered centre, the difference being parents' input into their child's learning, development and fun. At Playcentre we follow the Early Childhood Curriculum Te Whariki which is unique to New Zealand with an emphasis of child-initiated play and parent education. It's a great way to really have your hands-on day with your child, while you also get the benefit of having social interaction with other parents.

Mapua Playcentre has been a prominent place for families in the Mapua community for over 60 years. We have a qualified supervisor on each session, whose experience and knowledge is awesome. Visitors always welcome; drop in and find out what Kiwi families have been embracing for generations.

Session times Mondays and Fridays 9.30am – 12noon (School term time). We are at 84 Aranui Road, behind the tennis courts by the scout den. Any enquires please phone Anita on 021 1265 357.

We offer a free term for first time families and children under two are free!



Coastal Garden Group

Our guest speaker was Peter Glue from Ready-lawn who gave an extremely informative and lively discussion on lawns, their care and maintenance.

Peter explained where to plant a lawn. If the area was shaded or on the south side of the property it may end up being patchy so choose Fescue seed rather than Rye. Creating a lush lawn shows off a garden to its best advantage, creates a feeling of open space and vista. Preparation for new lawns should have started at least two months ago to work up the soil for seeding. Spring and autumn are the best times for sewing the lawn. It is not recommended sowing a lawn in summer as the ground dries out and needs constant watering and in winter it is too cold and wet.

Level off the area by raking. (Handy tip from Peter—get an old piece of fence paling and nail it on to the rake). Work it backwards and forwards. Continue raking, breaking up clods of earth, removing stones that have come to the surface and fill in dips and hollows with soil. Level off the whole area and finish with a layer of topsoil, usually 100 to 150ml, leaving the soil a little bit soft to allow water to soak in. For a super fine lawn just use Fescue. It will take longer to germinate or you can use Rye mixed with Fescue but that can produce red thread if there is high humidity. To remedy fertilise and cut shorter.

For sports turf use 65% Rye, 35% Fescue. Sewing rate is 25-30 grams per sq m, and the same for fertiliser. Apply the lawn seed with a spreader. Measure the area, divide the seed in half and put on one half evenly then the balance on the remaining half. (Another of Peter's handy tips was to sow the seed when it is raining heavily). Once you have applied the seed put on the fertiliser and lightly rake, giving a good watering. Check the water has gone down to a depth of 5-6cm. Peter prefers not to roll the area at

this stage but waits until germination has taken place which should be 7-10 days. Leave until 40-50ml high then give a light roll. The first cut should be when the grass is 60-70ml high. Adjust your mower to take off the top third. Make sure your blades are sharp, then take off second third. The ideal height of the lawn should be 25-35ml. Fertilise your lawn four times a year in January, April, July and October.

Problems:

Prickles (Onehunga weed): Use Turfix. Moss: Sulphate of iron. Broadleaf: Round-Up. Paspallum: Paint leaves with Round-Up. Urea also works well.

Pests:

NZ native grass grub: The grass grub adult is the brown beetle which also attacks roses and plant foliage on summer nights. They nip off the grass and take it back to their holes, leaving small piles of turds (which looks like pepper). Their life cycle is similar to Porina and the best time to control them is when they are young, in February and March. Apply Diazinon and water well in after two nights.

Porina: The adult is the fat brown moth that flaps around lights in the summer. When you see them they have probably just laid a few hundred eggs on your lawn. The best time to control the resultant caterpillars is 6 to 8 weeks after you see the moths. Porina graze nocturnally on the grass foliage and you probably do not realise you have them until winter when the grass growth slows down and it becomes apparent and their vertical tunnels become obvious. Apply Diazinon (aka Lawnguard) in late February and March. Water lightly to release chemical on to the grass; after two nights water thoroughly to wash chemical down to the root zone to get any grass grub feeding there.

Judy Sisam, secretary

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Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20th of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

Mapua Bowling Club

The Write Bias

It was a great opening to our season with lots of sunshine and good spirits on Opening Day. The green was playing well after much love and care over the winter months. Hats off to greenkeeper Ben Whitten and his band of helpers for a job well done. The day ended with a delicious afternoon tea which was enjoyed by all.

A Bowling Babies' fund-raising competition is running at the club where members are challenged to identify 20+ club members from their baby photos displayed in the club rooms. It is a lot harder than one imagines and the array of baby faces certainly has members intrigued. First prize is a voucher for a photographic portrait sitting kindly donated by Vickie Turnbull, a Richmond-based photographer, along with a 8x12 photo from the sitting. Thanks to Barbara Trotter for providing the framing of this photo.

League Bowling starts again on Monday 2 November at 6pm. These sessions are open to new and existing bowlers with both friendly and competitive play. There is no need to book; just turn up on a Monday evening and give it a go. Flat-soled shoes are essential to protect the green, but there are plenty of sets of bowls to borrow at the club and the bar is always open. Why not give it a try? Contact Rex Page on 03 543-2924 for details.

Club members will be participating in three tournaments in November. On the Wednesday 4 November there will be an all-day Open Tournament at the club in which other Nelson club members are invited to enter, along with bowlers from Mapua Bowling Club. Generous cash prizes have been sponsored by Harcourts and Lynda Mabin. The format will be triples.

On 15 November a team of four ladies from the Mapua Bowling Club have been invited to participate

in the Vera Plum Tournament. This will be held in Ngatimoti this year. Ladies from Ngatimoti and Murchison will also be playing in the tournament.

Finally, on Saturday 28 November the Mapua Bowling Club will hold a Ngatimoti Invitational afternoon tournament. Club members from both Ngatimoti and Mapua Bowling Clubs are encouraged to participate. This tournament is kindly sponsored by Marsden House.

For information about bowling, coaching or booking the clubhouse and facilities please call the president, Michael Busby, on 03 544-6325.

Barbara Brown



Nancy Coeland enjoying Open Day at Mapua Bowling Club.

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Call Outs September 15th- October 15

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- 18/9/15 Power lines down Mapua Dr. Tree cut down over lines. (If cutting trees down around contact power lines contact lines company, Network Tasman)
- 21/9/15 Alarm activation Nile Rd
- 25/9/15 Alarm activation Tasman School
- 3/10/15 BBQ fire Citrus Grove, advice on oil fire
- 7/10/15 Permitted burn Pomona Rd
- 16/10/15 Permitted fire Aporo Rd
- 17/10/15 Grass fire Williams Rd

Calls this year - 37

We Need YOU!



Mapua Volunteer Fire Brigade is actively seeking local people with a desire to make a difference in the community particularly for daytime call outs

This is a highly rewarding opportunity that equips volunteers with essential life skills and offers a great sense of achievement

The Mapua brigade is a professional but fun team ... come and see us on Thursday nights from 7.30

Police Report

Well, the long dry summer looks as though it has started. Two calls to fires by the local brigade early in October. We all need to be very careful because I think this will be the worst drought for many years. Great to be able to report there had been a "drought" on crime in the Mapua area as well over the last month. But as I keep saying it, doesn't mean that you can start leaving your cars unlocked up the driveway or you laptop or cellphone sitting on view in them.

There have been a couple of opportunist thefts in Motueka recently—people in the right place at the right time to pinch something. This can happen to all of us; we just need to remember not to make ourselves a target by being forgetful. Don't leave the kids' bikes or scooters out on the front lawn... We all know the summer period means there will be new people wandering around. Don't be a victim!

*Grant Heney, Motueka Community Constable,
ph 03) 970-5271*

Mapua Occurrences:

Sep 30: Motueka woman aged 52, drink-driving in Mapua.



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Resources: University of Maryland, Medical Centre
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Grapefruit Oil

Grapefruit was first documented in 1750 by Welshman Rev. Griffith Hughes. The name "grapefruit" is attributed to the fruits growing in clusters which resemble those of grapes. Known for its energizing and invigorating aroma, grapefruit helps uplift mood and provides a clarifying effect to the mind. Grapefruit is also renowned for its cleansing and purifying properties and is frequently used in skin care for its ability to promote the appearance of clear, healthy-looking skin. Grapefruit oil can also support a healthy metabolism.

- Add to your teenager's facial routine to improve the appearance of blemishes (avoid sun exposure).
- Diffuse while dieting or trying to lose weight to increase motivation.
- Add one to two drops to your water to support a healthy metabolism.

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The mental/emotional balancing aspects of grapefruit oil. It assists in listening to true physical needs and teaches that no amount of food can fill a hole in the heart—only love can do that.

In the Kitchen

Sweet Treat: After dinner I hunt for something sweet.

Bliss Balls

- 4 tbs coconut butter or coconut oil
- 10 Medjool dates
- 1 cup macadamia nuts (I use mixture of nuts and seeds)
- 2-3 tbs cacao powder
- 1 tsp pure vanilla essence
- 1 ½ tbs raw honey or maple syrup
- Pinch of salt
- ¼ cup shredded coconut (optional)

Place all the ingredients (excluding the coconut) in a kitchen wizz and blend until you have a sticky dough. You can then roll the mixture into small balls and cover with coconut. I prefer to press the mix into a shallow baking dish lined with baking paper and cut it into small squares. Store it in the fridge.

Jude Twin

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Mapua Boat Club members Clean Wharf Piles



Before cleaning

An enthusiastic team of Mapua Boat Club members gathered under the wharf at low tide recently, armed with sharp shovels, spades, scrapers and other implements (including an old kayak paddle) for the annual wharf pile scraping event.

The idea is that if the mussels and other attached animals can be detached regularly, this will reduce



After cleaning

the damage to the wooden piles by the teredo worm (aka naval ship worm).

Some of the team were very keen which led to one falling in the tide...of course!

Overall, it was a successful afternoon's work, helping to protect one of our village's greatest assets.

A Great Day Out Visiting Ruby Coast Gardens

We said the weather wouldn't stop us and it didn't. However, the Mapua Women's Recreation Group were feeling a little nervous when we woke to heavy rain and grey skies (for the first time in weeks!) on Sunday 18 October. This was the day of our Cancer Society fund-raising Garden Trail. By the time the All Blacks had emphatically beaten the French in their World Cup match the weather was starting to brighten and by 10.30 we knew it was going to be okay – and it turned into a beautiful sunny day in the end.

Many thanks to the garden owners at the 13 gardens that were open for the day. Their gardens looked fantastic and people seemed to really enjoy the opportunity to explore and appreciate the wonderful variety of stunning gardens, views and creativity we have in this area. We even had a bus load visit from the Suburban Garden Club in Nelson. It was great to be able to feature sculptures from Forest Fusion and Jo Heatherbell's stone carvings which added interest to our trail.

Thanks to all who came along and supported the day and thanks to all the fabulous women of the Mapua Women's Recreation Group who did all the 'behind the scenes work' – making food, selling raffle tickets and potting plants etc.

We would like to thank and acknowledge the wonderful support we received from the following businesses who contributed to this fund-raising effort: Mapua Auto Services, Tessa Mae's, Richmond Mall, Motueka Floral Studio, Frank's Trees, Appleby, Pacifica Skincare, Auckland, Chocolate Dog Studio, Country Trading Co, The Grind Coffee Roastery and Hair in Mapua.

The group will once again have a team in the Cancer Society's Relay for Life event at Saxton Field on 5 and 6 March next year. All funds raised from the Garden Trail and Relay for Life events are used by the local Nelson Cancer Society to provide support and services in our local region. For information see www.relayforlife.org.nz.

Janet Taylor



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It's Inevitable – Aging

Can you be old before your time? Maybe. What is more certain is that the aging process will eventually catch up with all of us. And this, despite whatever purported elixir for life is promised in the world's market place. Aging will affect the whole of our personalities – physical, emotional, psychological, and spiritual.

When does actual 'old-age' start and how do we measure it? Most assessments are variable and often totally subjective. The oft-quoted adage of 'it doesn't matter about the years in your life but rather the life in your years' is one way of addressing positively the inevitability of aging. So far as I know, testing the hypothesis of aging results in a one hundred per cent reliability result. It seems then, that you and I cannot escape growing old(er).

How then do we accept this particular inevitability? We can long for the glory days of yester-year, the physical and mental achievements. We could grow old gracefully

or disgracefully, whatever that may look like. We could accept the fact of it seeking to keep on living both fruitfully and fully.

The Judeo-Christian tradition describes longevity as a sign of God's blessing. It is a 'given' for those characterised by a life 'full of years' (Genesis 25:8 – Abraham et al). But, even accumulating years or simply 'marking time' is not the ultimate end-game, is it? A tougher challenge asks, 'what have I done with my "given" gift of time?' What of those who have lived the so-called 'full life'? What is that exactly? Is it the capacity just to remain active, a particular achievement or, a long and successful career? Is it the accumulation of wealth and stuff or, extending the family gene pool to future generations? Perhaps aging is best measured by enduring and rich relationships?

Certainly, the New Testament points in this direction. Jesus' "I have come that they may have life and have it to the full" or the Apostle Paul's "Though outwardly we are wasting away, yet inwardly we are being renewed day by day" counsel human fragility and mortality in relational terms, not just a ticking clock.

Christian hope defines 'maturity' not as 'over-ripe and going off', but rather knowing and being known by God Himself. Divine and human relations redefine aging in terms of being formed into God's likeness. Old age is then not the goal, but rather, the product – for eternity. I wonder how our plans for the product(ion) are going?

Richard Drury

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Hills Community Church



I remember when our boys were young, about age three, that it seemed there was a never-ending stream of questions asked of us each day. We recorded some in a notebook: 'Daddy, when you go to Kenya you will see lions and will you feed them carrots? Mummy, what does life mean?' A survey from Britain worked out that a mother, through the course of a year, fields an astonishing 105,120 questions from their children. It also established that four-year-old girls are at the top of the questioning tree, reaching an average of about 390 questions a day. So with Emily having just turned two, we have a lot of questions to look forward to.

Do you still ask questions? Asking questions is very much hard-wired into us as people. The questions we ask, though, can reveal a great deal about ourselves, our assumptions, our expectations and our motives.

If you could ask any one you liked, any question you wanted, what would it be?

If you could ask God any question, what would it be?

The reality of life is that we live with many questions that actually don't have an answer. Why do people act the way they do sometimes? Why did that event happen at that time? Why me and not someone else?

Did you know that asking questions; wrestling with God, is a key part of the task of prayer. It is easy though to get stuck on some questions when the answer doesn't satisfy us. And that in essence leads to the next part of prayer – learning to let go and trusting, in a sense in the mystery of God. At times, we must ask God our questions, but we also must come to a place where we can hear these words

from the Psalms, 'Be still and know that I am God' (Psalm 46).

Blessings in Christ, Rev John Sherlock

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: 9am, Traditional service. 10:30am Contemporary service & Children's programme including crèche; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between.

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided.

Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road) on Friday mornings between 10am & noon.

We offer numerous activities throughout the week. Contact 540-3848 for more information.

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Probus Club of Mapua and District

The club's guest speaker for the October meeting was Peter O'Halloran. He talked about his working life with the car industry in New Zealand, Japan and Australia. Peter began with New Zealand Railways as an engineer in 1960. Then he moved to the Ford Company with his engineering experience. By 1974 he was engineering manager of Toyota NZ in Christchurch and spent some time in Japan working with Toyota. He was expecting Japan to be a rather backward country, but to his surprise found the Japanese lifestyle much advanced with a very fast pace of work and zero defects to their Toyota cars.

He returned to Christchurch and one day visited the Cheviot A & P show and saw a sheep-shearing competition. He realised that work tempo was the same as he had seen in Japan and tried to introduce the shearing-gang concepts into his workplace. He soon found the staff he was working with were very motivated when working as a team.

Peter later enrolled at the Christchurch Polytechnic to study the Japanese language. In 1984 Peter was sent back to Japan to learn the production skills of Toyota, alongside a number of American students from a California General Motors factory which was involved in a joint venture with Toyota. At that time the production of Toyota cars in New Zealand was of very poor quality. He was told he was in Japan was to gain the skills of teamwork and so improve the standard of quality in New Zealand. It was only two years later that the quality of cars made by Toyota in New Zealand were bettered only by Toyotas made in Japan.

Peter, his wife and two children then moved to Toyota Melbourne. They both enjoyed the lifestyle of

Melbourne, but their children were not that happy living in Australia. They returned to Christchurch with Peter taking on a job with Simpson Appliances, Christchurch, as general manager. A year later the company made a profit of more than \$1 million. Two years later Peter was appointed general manager of Simpson's Adelaide cooking production company with around 1000 employees, making over 1000 products a day. He found that by inviting a focus group of women to critique the design of their cooking products they were able to make significant improvements to the company's products, resulting in increased sales.

The mini speaker was club member Bill Hall. He was born 1926 in the North Island King Country. His parents emigrated from London to Australia, having one sister living in Queensland. His parents found the weather too hot so with their one son and two daughters they moved to Te Kuiti in the North Island.

Bill's mother died in 1938 when he was 11. At the start of the Second World War his father became involved in making army huts. After leaving school he was able to get a job as a pharmacist apprentice. When he became engaged to his future wife Margaret they decided to move. Bill applied for pharmaceutical work in Taranga or Nelson, and got position in Nelson working with Herb King, who he had met at Mount Albert Grammar School in Auckland.

From Nelson he got a pharmacist license and moved on to Wakefield in 1950, where he ran a pharmacy for about 30 years, with clients from Nelson to Dovedale and south to St. Arnaud. Bill found it to be a very friendly business. He sold 40% veterinary products and 60% pharmaceutical.

Later Drs Davies and Bassett established clinics in Wakefield, which boosted the pharmacy's business. The Wakefield pharmacy had several break-ins to the dangerous goods cabinet. They found one of their cabinets empty in the nearby Wai-iti River.

Before Social Security was brought in the average number of prescriptions was about five a day; afterwards sales increased to more than 90 a day.

David Higgs

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Holistic Health Reform

Health has become a commodity almost exclusively serving the interests of global companies and bloated administrations – for a long time now the essential health of the human being has been on the back bench.

Many people get really sick when they enter the medical system. About 70% of health damages are so-called iatrogenic illnesses, caused by medical interventions which then require further medical treatments (clever!).

<http://tinyurl.com/ok19uv2>

Moving to Mapua, an early account

Part 7 of a series of excerpts from the book, Turning Back the Clock, by the late Iola McPherson. Iola moved from Nelson to Mapua in August, 1932, at the age of nine and this is part of her story.

The War Years

On 3 September, 1939, the British Prime Minister, Neville Chamberlain, announced over the radio that 'this country is at war with Germany'. Britain's dominions of New Zealand and Australia immediately announced their support and their own declaration of war, as did France. I was 17 years old.

German armies had entered Poland, just one of their victims, on the 1st of September and destroyed any opposition within two days. The Germans had taken the Poles by surprise and the Polish air force was unable to contain the German airpower. By the 8th of September the enemy was on the outskirts of Warsaw and the Polish Government had fled to Romania. The Germans then pushed on, taking over more countries. This meant that most of Europe was soon at war.

During the war England suffered heavily from German bombing raids. I remember listening to Britain's Prime Minister, Winston Churchill, who took over from Chamberlain, speaking on the radio after some devastating bombing raids on London. Our family had a small Philco radio set run by batteries and we had to be very quiet and listen hard because the radio reception wasn't very good and there was a lot of interference. The six o'clock

news was very important, and in those early days of the war the news was bad and we were all very concerned.

Dad joined the Home Guard and had lots of practice nights to prepare for emergencies. He used to patrol the streets making sure no lights were showing through the blackout curtains on the windows. Meanwhile Mum and I were busy knitting scarves and balaclavas in khaki wool for the Red Cross to send to the soldiers at the front.

Rationing was introduced and we all had ration books with coupons for wool, butter, meat, tea, sugar, shoes and petrol. Cocoa took the place of tea, and 'coffee' was Bushel's Essence of Coffee and Chicory which came in long, square bottles. We liked that for a change when we could afford it. Sugar rationing hurt the households most but Mum substituted with golden syrup where she could, or we just went without. Jam was a bit sour though. Many who went without sugar in their tea then never went back to it after the war.

Girl Guides

At about that time I joined the Girl Guides and also became 'Tawny Owl'—deputy leader of the local Brownie troop. Mrs Bischel was 'Brown Owl', their leader. We had our den in a little hut on Higgs Road among the pine trees where we met every Saturday. It was lots of fun as I liked dealing with children. We had lots of activities and competitions for badges. I taught the girls knot-tying, how to knit peggy squares and some sewing. I spent a lot of time picking up dropped stitches and threading needles.

One interesting project we had was gathering lycodium seeds off a fern-like creeper among some native bush on a reserve up Higgs Hill. We also collected ergot seed off the fesque grass – a very fine seed which was like soot. These were sent overseas to the Red Cross and used in the hospitals for stopping haemorrhaging in wounded soldiers. The Cawthron Institute in Nelson did the processing and packaging. It took a lot of seeds to treat the wounded but we still felt we were doing our bit to help.

One Saturday, coming home from a Girl Guide meet-

ing, I came across a big hole dug in the middle of the road at the corner of the Main Road (now Mapua Drive) and Higgs Road. It was cordoned off with a rope and there was a sign announcing 'Unexploded Bomb'. The Home Guard had been busy with their practice!

On another day, several children were given envelopes with instructions inside that were not to be opened until the air raid siren (the Chemical Works siren) went off. They then read what they had to do. Some had 'broken legs' and had to lie by the roadside, while

others had worse injuries and had to be picked up by the 'ambulance' (which was Perry's Garage truck) and taken to the 'hospital' – a packing shed up Seaton Valley Road. The instructions got a little mixed up somewhere and the casualties were taken to the garage, not the hospital where the 'nurses' were waiting for their 'patients'. All the same, it was a good day and the practice ended with a laugh and a cup of tea.

The school children were well informed about what to do in the event of an air raid. They had an air raid shelter built and every child wore an identity disc made of hardboard with the child's name, age, address and religion written on it. It was tied on a cord and worn around the neck and wasn't to be removed until hostilities ended – just like the soldiers' tags. When the siren went off during a practice run, the children made for the shelter. It was all taken very seriously.

A limited number of copies of Iola McPherson's book, Turning Back the Clock, are still available. Please ring Jeanette on 540-2769.



Inspection of Girl Guides and Brownies, Nelson c1928



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Under The Bonnet with Fred

Michelle's Sandman, or is it?



If you were around in the 70s and frequented the beach you might have seen a really cool panel van, a Sandman. This was every surfers' or boaties' dream status symbol, the 5-litre Holden Sandman panel van. The V8 engine was big enough to tow anything and it looked very cool with the back window up and surfboards sticking out.

There was a surfie tee-shirt at the time with a sunset and a silhouette for a Sandman with surf boards sticking out. Sandmans were sold in typical 70s colours of bright yellow, red, or orange which instantly defined them as not just a trade panel van.

Martin of Ruby Bay showed me around his Sandman, but there is a grey area as to who it belongs to. Martin saw the Sandman up for sale by a surf shop at Waihi Beach. He put his wife's favourite V8 Holden station wagon up for sale on Trade Me with an outrageous buy-now price, thinking no-one would pay that, and went to bed. All without consulting his wife! In the morning someone had paid the asking price. So the new Sandman bought from the sale of the station wagon belongs to his wife Michelle.

You might have seen it outside the coffee shop in Mapua. A nice strong colour called deVille Blue. It has the loud name badge "Sandman" across the tailgate to define it. Michelle's 1976 HX Holden Sandman is in lovely condition with the original paint only recently touched up. Why these cars are so collectable is because they are Monaro from the front bumper to the front doors. From the doors back is a the Holden panel van designed as a tradies' work wagon. The only thing missing is the original steering wheel which was stolen during its previous ownership.

The engine is the 308 V8 Holden motor, 5047cc putting out 179kw mated to a four-speed manual gearbox, a four-barrel Rochester carburettor, power steering and power brakes. There is plenty of room under the bonnet to work on the car. Monaro radial tuned suspension and wheels.

The interior of the Sandman has the same sports instrumentation and dash console as the Monaro. It also has the same black sports bucket seats and other upholstery as the Monaro. The nice floor change gear lever is up higher than in modern sports cars but it adds quirkiness to the car. Martin has improved the van by lining the roof and sides with a light plywood,

insulation and felt finish. All this is to make things warmer on surfing and whitebaiting adventures.

I was privileged to be able to drive the Sandman which sent my thoughts straight back to Ohope beach, sitting in our cars waiting for the tide and wind to provide a perfect wave. On starting the car there is a nice rumble from the twin exhaust system. Driving the car you know you're back in the 70s with the small-diameter steering wheel and long movements required to change gear.

As we cruised around Ruby Bay bluff and up the hill there was no need to change down to increase speed or accelerate up the hill—there was plenty of power. The steering tracked a bit but Martin joked that "it's like driving a drunk refrigerator with a steering wheel." We turned left onto the by-pass and I tried hard acceleration up the hill where we soon caught up with the other traffic before the top of the hill. We returned driving through the village wearing a grin.

After being in Aussie a few times and driving the

Great Ocean Road and watching the surfies on route, I see what a real practical vehicle this was. The distances between surfing spots and the need to have accommodation in remote spots is all provided with the Sandman. There was the advantage for the tradies of being able to slide the tools in the



back on Monday morning to make a living, all in the same vehicle.

Michelle, your Holden Sandman is a bit of Aussie history and was it the first time GM Holden made a vehicle targeted at the Aussie lifestyle. In 1976 if you wanted a vehicle to "just go and do it, the Sandman was the one.

Fred Cassin

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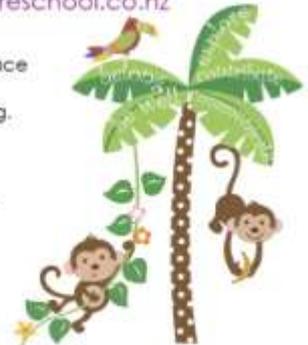
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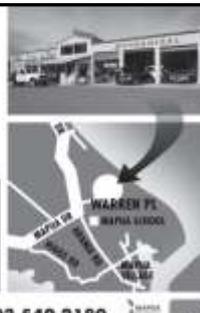
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If you have a boat, caravan or trailer with your camping gear, don't forget to have the tyres and brakes checked so they are in sound condition and their WOF is also current prior to heading away.

I'm sure you've heard the saying 'prevention is better than the cure'. This saying is very pertinent when it comes to your vehicle, especially when the cure can entail spending hundreds of dollars. Coupled with the inconvenience, stress, and missed opportunities a breakdown can cause if holiday activities and/or travel plans have to be altered as a result.

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M T W T F S S

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					30 Open 11am till 4pm Closed for Private function evening	31 Closed For WEDDING	1 Open 11am till 4pm
2 Closed	3 Open 11am till 4pm	4 Open 11am till 4pm	5 Open 11am till 4pm	6 The Deep End Improvised comedy \$15, \$12 kids Show 730pm Food all night	7 Closed For WEDDING	8 Open 11am till late	
9 Closed	10 Open 11am till 4pm	11 Open 11am till 4pm	12 Open 11am till 4pm	13 MIHO WADAS Jazz Orchestra Presented by Arts on Tour \$20, 8pm Renowned Japanese Jazz	14 Closed For WEDDING	15 Open 11am till late	
16 Closed	17 Open 11am till 4pm	18 Closed	19 Closed	20 A Variety Show Extravaganza 19th, 20th, 21st, 22nd \$15, \$10 for under 15, 8pm start (Sunday 4pm Matinee) Dinner available from 6pm. Disco DJ after show till late. A comedy variety show for all ages flavours and tastes. Expect magic, song, dance, comedy and fun! (group discounts available)	21 Closed	22 Closed	
23 Closed	24 Open 11am till 4pm	25 Closed	26 Down with Mondays Presents A Murder Mystery Show 26th, 27th, 28th, 29th \$20, 8pm start, Dinner available from 6pm. Disco DJ after show. A classic who done it with a comedy and fun twist. Watch carefully as the mystery unfolds around you. You may be picked to be a character, who knows you may have even done it! 1920's theme. Prizes for best dressed and best detectives. (group discounts available)	27 Closed	28 Closed	29 Closed	
30 Closed							

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Coordinator: Janet Ph 540 3364

Andreas Niemann - Furniture Gallery Update



I thought it was about time to write a few words about what is going on at my furniture gallery Rare Creations, situated in the old Wells apple packing shed at 152 Mapua Drive. It has been quite a journey to refurbish the old shed to where it is now, and there's still plenty more to do.

My vision has changed over time and the gallery is more than just furniture and lighting. I want to create an interactive space where visitors can feel free to explore, play and activate wooden solar toys. To focus on bringing back 'hands on' creativity to our children through the assembly of kit set toys to stimulate creative thinking and cognitive learning. Something they will enjoy and will give time away from their tablets and ipads.

I have finally managed to get my globe sculpture transferred to my new location, a kinetic sphere made from laminated Macrocarpa that is illuminated at night. A Rare Creations landmark!

And, yes! There has been a rumour going around that I am building a coffee cart to be on site. The rumour is correct, but in addition to coffee we will also be offering gelato ice-cream, sushi and more!

So, the next time you drive past, drop in and check us out!

Phone: 5402225

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www.rubycoastmouterehills.co.nz

Ruby Coast Moutere Hills



The Ruby Coast's new Aporo Sculpture, located at the entrance to Tasman Village, creates a significant landmark and gateway into our coastal area.

Congratulations to **everyone** who has contributed to this project!

Oasis Preschool Mapua

Hello, we are Daniel and Lisa Haring and we are the owners/managers of Oasis Preschool Mapua at 2 Toru Street. Providing families with quality childcare in homelike, nurturing environments has been our passion since we opened Granny's Place in Mouteka 10 years ago. Today we manage the Oasis Preschools group which includes; Granny's Place, Oasis Central and Oasis Education Centre in Motueka and Oasis Preschool here in Mapua.

Since taking over the Mapua preschool that was formally Mapua Early Childhood Centre in October last year we have been busy getting to know the families and children as well as planning and making a start on revamping the preschool. We've already had a massive cleanup, a fresh coat of paint and purchased new equipment and resources to provide what children need to enable them to develop, challenge and learn at their own pace.

Our philosophy is focused on building strong trusting relationships with the children in our care and their families so that we can work in partnership to ensure each child's learning is just right for them. We encourage the children to be as independent as they are capable of, supported by our team of registered Early Childhood Teachers that can identify and anticipate when and how to offer support and extend learning opportunities. We also have a very specialised calm and quiet environment for infants and toddlers.

We would love you to see our changes and talk to us about all we have to offer. Please feel free to pop in and have a look around and find us on facebook.

Office: (03) 528 8039

www.oasispreschools.co.nz



Supporting local businesses since 1992

Noticeboard

doTERRA Essential Oil: free talk & sharing at Mapua Hall 4-5.30pm Sunday 15 Nov. Free oil giveaways and free Zyto Compass Bio-Scan readings. Learn to empower you and your family with Natural Plant Extracted Medicine of a high Certified Pure Therapeutic Grade, assisting many ailments toward health and well-being. Enquiries ph/txt: 021-136 8439

Skye Harvest Extra Virgin Olive Oil 2015 Frantoio, available fresh from the producer. 750ml \$20. Ph 540-2698, email mcleodsarah @xtra.co.nz. Orders delivered or call in 113 Seaton Valley Rd Mapua.

Probus Club meets at Mapua Hall, 1.30 pm, first Friday of each month. Guest speaker at each meeting for about an hour's talk on various subjects. After afternoon tea a club member will give a short talk of their interest. Now in its 15th year, new members always welcome. President: Janice Higgs, 03 528-8883, Secretary: Rita Mitchell, 03 528-8097

Motueka SeniorNet: Get tech savvy and share more family experiences. Community computer support for 50+. Training courses for iPads, Phones, Tablets, PC and Mac. Members meeting 10am first Monday of month. 42 Pah Street, Motueka. www.seniornetmotueka.org.nz

Spinners, Knitters, Weavers – Creative Fibre Group meet Mapua Hall, 2nd Tuesdays 10am. All welcome.

Moutere Hills Rose Society. A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Bridget, 540-2572.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

Qi-gong, Yuan Gong form, weekly in Mapua. Info: Marianne, 546-8584 or bmtc @xtra.co.nz

Fair Exchange: A small group meets at Applished restaurant under the outdoor covered area at 9am on 2nd & 4th Wednesdays of the month to exchange home grown and home made produce & goods. We welcome everyone! Even if you have something as small as a bunch of parsley, come along. You will leave with something that you need. It's the sharing

that counts. Info: Judith Holmes 021 072 8924 / 544-0890.

Ruby Coast Newcomers Social Group: meet new people, make new friends. We have coffee at 10am last Friday of each month at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters @xtra.co.nz, or just turn up.

Coastal Garden Group meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Judy Sisam, 547-7292, 142doubleview @gmail.com

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Mapua Art Group meets in Bill Marris Room, Mapua Hall Thursday mornings, 9 to noon. Like-minded artists get together to paint, draw, help each other in a fun, social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528-6548.

Mapua Friendship Club meets twice a month, 3rd Thursdays & last Fridays, at Mapua Hall for a game of indoor bowls and bring-a-plate afternoon tea. New members are enthusiastically welcomed, no prior bowling experience needed, our game is non-competitive, just a lot of laughs. \$3 door fee and 20¢ raffle. Contact: Val 540-3685.

Mapua Social Cycling Group: "Wheels 2 Meals". Approx 20 – 30 km ride with coffee break at half-way point and no racing! Departing from Mapua Wharf each fine Thursday @ 9:30 am. Anyone interested - just turn up with your bike, "Hi Vis" top and coffee money, or email me wheels2meals @gmail.com

Ruby Coast Walking Group meets every Wednesday morning at 9.30am outside Tasman Store, Aporo Road, Tasman. We walk for about 1½ hours around the area and then enjoy a coffee and muffin back at the Store. Walk according to your ability and speed. Newcomers to the area and everyone (including couples) are very welcome. Just turn up or contact Fiona - 526-6840 or fiona.oliver @xtra.co.nz

Technical problems solved! - Don't know how to use your electronic devices? Can't set up something new you've bought? Need computer tuition? Local help is at hand! Average job price just \$35. Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.