

Mapua/Moutere a Little Britain?

By Rob Sutton

When Jaki and I moved to Mapua from Perth via Wellington we were not thinking too much about our family history, but were thrilled to find the family name down on the wharf along with many other families that formed the early immigration to New Zealand and the Nelson area in general. I knew my grandfather had lived in Nelson but that was about all. As a result of a cousin asking I started to do a bit of research and what I found amazed me.

I knew they had arrived on the *Bolton* after leaving Gravesend on 29 October, 1841, and five months (yes five months) later arrived in Nelson on 15 March 1842—incredible!

The *Bolton* was a big, heavy vessel and had served as a man-o-war before being converted to an emigrant ship. The ship had only four cabins, everyone else was down below with the stores and even animals. The ship nearly didn't make it, experiencing a serious storm in the Bay of Biscay. The masts were broken, the sails had gone and it was only with some help from a passing French ship that they were able to make repairs. On arrival in Wellington they were holed up for a further 10 days for more repairs, eventually arriving outside Nelson Haven before being ferried ashore.

And we complain if it's cold or windy!

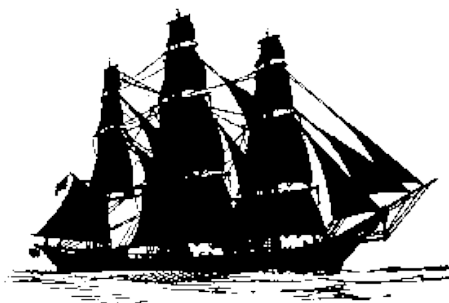
But why did they come? That took me back to my history lessons at school. That's right, I remember it was the industrial revolution. England had been suffering from acute unemployment from the closure of many factories, resulting in poverty for many families, so there was a new interest in life in the colonies. The thought of work, the possibility of owning land and security for the children were the main reason for the decision to emigrate. What did it cost? I'm not sure, maybe they were assisted like the £10 immigrants in the 1970s?

They had nine children (no TV in those days).

The family consisted of eight—parents George and Sarah and six children (plus another born on the

trip out). My main interest centred on my great-grandfather Henry who was just seven when he arrived. I'm indebted to the research done by Jean Sutton who produced a substantial history of the family and was also involved in the publishing the book, *How Richmond Grew*, available in most libraries. They originally squatted in the Maitai Valley before finally settling in Hill Street, Richmond. Some reminders of their time in Richmond are shown by Sutton Street, John Sutton Place and many graves in the Richmond cemetery.

My grandfather Leonard was the third child and after helping for many years on the family farm established a store in Collingwood on 27 April 1895. The interesting point being that he married Anne Grove in Wellington and it's not as if you could take a flight to Wellington! Interestingly the store in Collingwood burnt down in 1898 (Collingwood has a history of fires) and suddenly all my family are in the North Island! My grandfather, I remember, lived with us in Wellington until his death in 1958. Reliable sources tell me he opened stores in Lower Hutt and Kimbolton. Maybe that's where my bent for retail came from. More research



to be done?

Amazingly we now see a large number of folk arriving from the Mother Country all talking "funny like me wife" Jaki who is from Windermere in the Lake District. Many have come to the Mapua/Moutere district bringing with them a whole new feeling to the area, hence the title "Little Britain."

I think there are probably lots of reasons why folk are coming here, the good weather probably the main reason.

I know from a recent business meeting in Mapua that there was another resident whose family arrived on the *Bolton*. Maybe they would like to tell their story. Also we invite you to give your story on moving to this beautiful part of the world.

It seems so strange but very interesting to be back where it all began in Richmond, New Zealand.

Local Artist Lisa Chandler Reports from Beijing

Ni hao. I am writing from my new temporary home—a live/work space in an old industrial building in the small village of Fei Jia Cun, about 30 minutes from central Beijing. I will be here on the Red Gate Residency for two months, exploring the city and the art



scene, collecting source material and developing my painting practice. My main focus while I am here is to explore the contrasts between place and non-place in this fast-changing city.

Wandering around Fei Jia Cun village is an overwhelming sensory experience and one that is sometimes challenging. The standard of living in the village is incredibly low. However, my initial culture shock has turned into a sense of fascination. The village has its own unique sense of place, and is jammed pack full of character, of life lived on the street and of strong community. Place can be somewhere to

‘pause’ and rest, and Fei Jia Cun village certainly seems to be on ‘pause’ compared with what I have seen in the rest of Beijing so far.

I’ve travelled into the central city several times and it is here that I experience the new non-places of globalisation, the huge characterless shopping malls, the oppressive subway system and towering glass-covered skyscrapers.

The contrast between these two extremes, the village and the global city, the rich and the poor, present a quandary for me. Life in the village can be uncomfortable, but it offers character-filled streets and a sense of the unknown. I’m also making friends here. Whereas the shopping malls and western style cafes of the central business district offer known spaces of respite, but they are bland and anonymous. I guess in my privileged position, and that of most tourists, I am able to experience both of these places and spaces.

While I sincerely hope the standard of living for the inhabitants of Fei Jia Cun improves, it would be a shame for the village to be bulldozed and replaced with featureless apartment blocks. Its character and way of life is unique, and definitely ‘place’. In comparison, the new areas of Beijing already feel like any global city. I ask myself, is there a way for China to achieve higher standards of living, but at the same time retain its own sense of character and community?

You can read about my experiences in China on my blog at: www.lisachandler.co.nz/blog

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Mapua Library

Our sincere thanks to those who supported our July book sale which raised more than \$650. We will run another sale on 20 September from 10am to 3pm at the Spring Festival in the Mapua hall, featuring high quality second-hand books at very reasonable prices, so do visit our stand there.

If you would like to donate books and/or magazines to support this fund-raiser, gardening, interior design and cooking material is always very well received!

Book and Magazine Donations

Thank you so much to all of those who have already donated books and magazines to the library. We welcome donations of reading material, eg, surplus books from book group collections, 'outgrown' children's books, any books that no longer have a good home and magazines that you have finished with.

Book donations will be used in one of two ways:

- 1) Added to our collection and shelved
- 2) Added to our fund-raising stocks for resale.

Should you prefer your book be returned to you if we can't use it on the shelves, eg, if we already stock that book, please attach a note and contact details to the book(s) and we will get back you.

Donated magazines will be either placed on the shelf, sold at a fund-raiser or added to our 'sharing' basket which offers free pre-loved magazines.

Donation Appreciation

Our grateful thanks to the Mapua/Ruby Bay and District Community Trust which has again made a donation to the library. This money is to buy alphabetised shelf dividers in the children's area. The need for these became especially apparent when the area was rearranged. This local support is much appreciated.

Children and Young Adults Sections

Speaking of the rearrangement of the Children and Young Adults Sections, here are some borrowing sta-

tistics which show a major increase in the borrowing of children's picture books and teen fiction. NB Increasing the ease of access to both categories was key reason for the reorganisation.

	April	May	June	July
Children's Fiction	155	208	170	190
Children's Picture Books	173	260	191	275
Children's Non Fiction	47	53	40	48
Teen's Fiction	30	30	43	59

While it is too early to make any statistically significant observations, it is certainly a positive and pleasing trend.

Children's Holiday Programme

This library programme resulted in three very successful days, with the library hosting more than 30 children. I strongly urge you all to look out for notices of the next holiday programme and note it in the diary to take younger family members along as well as let friends and family with children know too. They will have a wonderful time there.

Display

From 1 September, Barbara Trotter will display her work in the library. Thanks so much to the talented locals who are happy to share their wonderful work – especially those in recent times who responded immediately to fill an unanticipated gap.

Lynley Worsley

Library Hours (closed Statutory Holidays)

Monday	2pm-4.30pm
Tuesday	2pm-4.30pm
Wednesday	2pm-6.30pm
Thursday	10am-12.30pm; 2pm-4.30pm
Friday	2pm-4.30pm
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BOOK REVIEW

Rocking Horse Road by Carl Nixon. Reviewed by Sue England. This book is available in the Mapua Community Library.

I chose to read this book because Carl Nixon is one of the authors who will be appearing at our third Literary Festival in March next year. And I'm so glad that I did; it's a powerful, thought-provoking and compelling read that I thoroughly enjoyed.

Rocking Horse Road lies on a bone-dry spit of sand between ocean and estuary in New Brighton, Christchurch. The story begins in 1980 just before Christmas when the body of a teenage girl is discovered washed up on the beach. Lucy Asher has been raped and murdered.

This event not only triggers the expected police investigation but also impacts on the many families

living on the Spit. Lucy's parents and younger sister are affected in very different and sometimes suspicious ways. Other men living on the Spit, fathers with their own daughters, organise themselves into a vigilante group and spend their evenings on patrol. But for the remainder of that particularly hot summer the story weaves around group of 15-year-old boys who pursue their own investigation in an attempt to find the killer of their friend Lucy. This act cements a bond between the boys that lasts for the rest of their lives.

1981 was the year of the controversial Springbok tour. South Africa was still subject to apartheid laws and the proposed rugby tour caused great dissension in New Brighton as well as the country as a whole. Should sport and politics be kept separate? Everyone had an opinion and the behaviour of the tour supporters shows parallels with the vigilantes seeking Lucy's killer.

The crime was the trigger but this is not just another murder mystery. It is a fascinating look at innocence ... and its loss ...; it's about the coming of age and shows how much our lives are influenced by events that happen to us when we are young.

It can be read as a story; it can be thoughtful on a number of levels; it is a very good book to be recommended. I'm now looking forward to meeting Carl and hearing him speak on Sunday 29 March – log it in your diaries!

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Mapua Health Centre

As we start emerging from the frosts and flu's of winter into the new life of spring it's good to become aware of the benefits of a healthy lifestyle. The main factors that can improve our risk for heart disease (the No. 1 cause of death in our society) are:

- Stress management
- Exercise
- Nutrition
- Social/
- Spiritual interaction
- Education (including non-smoking, etc) [Ornish, D. *et al.* (1998) JAMA, 280(23): 2001-7]

So what is happening in or around Mapua to help develop our common **SENSE**? You might be surprised to know that the following are some of the activities and classes available:

Pilates, Tennis, Walking groups, Yoga, Tai chi, Meditation, Aqua aerobics – Richmond, Stop smoking, Healthy lifestyles+green prescription, Girotonics

The practice nurses at the health centre can help you find out more about any of these. Please let us know if you are aware of other healthy lifestyle activities or groups happening in the area.

We are also moving into the high UV seasons of spring and summer and it's important to take notice of any unusual skin spots. If you have any concerns there is a full comprehensive skin check available by appointment. This is a 30-minute check-up and also gives you the opportunity to discuss any issues you have or that may arise. Appointments can be made with one of our receptionists on 540-2211.

Also, as the September health calendar includes prostate awareness, it's a good reminder for men to

consider the importance of regular prostate PSA tests if over the age of 40 and there is a family history of prostate cancer, or older than 50, but younger than 70. The most insidious thing about prostate cancer, and what makes it so dangerous, is that in its early stages it does not usually exhibit symptoms and when symptoms begin to appear then it is frequently too late for effective curative treatment. This is why regular check-ups are so important.

Some of the local & world health initiatives for September:	
1-30	Cervical Screening Awareness Month nsu.govt.nz/
1-30	Prostate Cancer Month prostate.org.nz
1-30	Save Our Sight month nzao.co.nz/
1-30	Students Against Drunk driving (SADD) sadd.org.nz
7-14	Conservation Week doc.govt.nz/
9	Fetal Alcohol Awareness Day fan.org.nz
12	Canteen - Bandana Appeal canteen.org.nz
14	Maori Language Day tetaurawhiri.govt.nz
14-21	Keep NZ Beautiful Week knzbcleanupweek.co.nz
15	World Lymphoma Day lymphomacoalition.org
21	International Day of Peace unesco.org.nz
21	World Alzheimer's Day alzheimers.org.nz
21-28	Get Ready Week (civil defence) civildefence.govt.nz
22	World Carless Day carfreemetrodc.com
22-29	Deaf Awareness Week nfd.org.nz/
26	Term 3 ends
27-3	Age Concern Awareness Week ageconcern.org.nz



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Out and About with Hugh

The first of September—**20 days and counting:**

Yes, I know what you're thinking; "Politics! He's going to talk politics!" (As if we haven't had enough of that already!) Well, I'm not. At least not in one sense of the word. On the other hand I am, as we do have to put up with 20 more days of our wide variety of political parties chasing our vote in every manner imaginable. To be truthful, that's the purpose of the bold face "20 days" at the head of this column: a reminder to cast your VOTE! on 20 September. Time to pause and think of all the places in the world where people don't have that privilege and be thankful we live in a democratic country where we do have it,

Next day on, 21 September, we will know which parties and which people will have been elected to make up the 51st New Zealand Parliament and, under our MMP political system; to form our Government for the next three years. That process will be a most interesting and challenging exercise for us to observe and absorb. No doubt the media will take this opportunity to entertain us with their opinions, speculations, hysteria and predictions of what is to come.

At present we have seven parties in Parliament with a coalition of three of them running the show with a slim majority of 61 seats to 59 seats out of the total of 120. That's not much to go on. Is there a significant change in the wind? Ha! Now, I'm speculating and entertaining you!

More About New Zealand politics: we have a plethora of political parties and this is where the fun starts. There are: 10 "registered" parties elected to Parliament in 2011; nine "registered parties" outside Parliament; 15 "unregistered parties"; 20 "historical parties" which have held seats in Parliament and 50 parties which have never held seats.

The Liberal Party, formed in 1891, is considered New Zealand's first political party and ruled until 1935. In 1909 its more conservative elements formed the Reform Party which then in 1935 combined with the Liberals to form the National Party after the Labour came to power in that year.

Metrosexual Mecca? The heading for Paul Bensemann's letter to the editor (*Nelson Mail*, 6 August), really got me going. "Metrosexual?" I love new words but had never heard or come across it in print. Metrosexual is a "neologism", which quoting Wikipedia, means a "newly coined term, word, or phrase that may be in the process of entering into common use but that has not yet been accepted into mainstream language." Derived from the Greek neo "new" and logos "speech" and first accepted in English in 1772 from the French neologisme. I've now learned that all of our most common words originally started as neologisms. If you want to go on with this go to www.forbes.com and read John McWhorter's

The Word's Tale, "How new words become new words."

A current example of how quickly a word can sometimes come to universal use is the word "blog" which first appeared in the late 1990s.

Back to metrosexual; a word coined by journalist and author Mark Simpson in 1994 in an article in *The Independent*, a London newspaper, titled, "Here Come The Mirror Men." Since 1994 the word "metrosexual" has been steadily expanding in meaning and interpretation from Simpson's original definition that a metrosexual "might be officially gay, straight or bisexual and male," to now include women. In 2002 Simpson added that "gay, straight or bisexual is now utterly immaterial because 'male' has clearly taken himself as his own love object and pleasure as his sexual preference." Clearly, this is all about narcissism and I leave it up to my readers to carry on with it. The Mapua Wharf being turned into a "Mecca for metrosexuals?" The place to be seen? Maybe Paul, maybe. Only just a maybe.

I'll end this with Beau Brummell. Remember him? The British "London dandy" of 225 years ago. There's a statue of him in London on Jermyn Street.

As for Coralie and Trevor Smith's remark criticising the Tasman District Council for "plundering" a Motueka fund for Mapua's wharf." It is my understanding from Golden Bay Cr Martine Bouillir, and I quote her; that "the insurance money was to be used from the old Takaka Library site towards the Mapua commercial build. The reason it was put towards Mapua came as a result of not being able to find a commercial use for the money in Golden Bay" See the TDC website to read the full text of her comment on the matter. "Hardly plundering, Coralie and Trevor". Wrong building. Wrong town. Enough said.

Local Bits and Pieces: The Tap still standing forlorn and empty? The owners tell me there are interested parties wanting to take up a lease. We watch and wait.

Mary Garner's Community Service Award. Congratulations Mary. You so well deserve this award after your many years of volunteer service to our community.

The sad state of the Mapua Domain's trees at last being addressed by the TDC with some being removed and others properly trimmed and shaped.

More Words: Thomas Friedman tells us in the *New York Times*, "Four Words are Going Bye-Bye". They are: "privacy," "local," "average" and "later," and he uses this analogy, "that privacy is over, local is over, "average is over", and later is over." Prick your curiosity? More on this next time.

Hugh Gordon

NB: Don't forget to vote!

Tasman Bible Church

The same old, same old...change!



How do we respond to change? Welcome it with open arms, see it as an escape from the hum-drum realities of living, or, reluctantly recognise that change will happen like it or not? We might view change more sympathetically if we are the authors and masters of it and have that sense of control over both its nature and rate. Is it always the case that those who have grown used to things 'being as they are' are the ones who are most vehement resisters to change? The light-bulb jokes have a church version which runs, 'How many church-goers does it take to change a light-bulb?' Answer: '...change?'

The fact is that comfort zones, tendencies to disinterest, laziness, and false security are symptoms all too prevalent. One of my favourite sayings—"If things don't change they'll stay as they are!"—is simply, true.

One time, Jesus' disciples argued about who would be greatest in the Kingdom of God. His response, as always, got to the heart of the matter. Taking a child as a visual illustration he said:

"Truly I tell you, unless you change and become like little children, you will never enter the kingdom of heaven." (Matthew 18:3 NIV)

In small matters and large (and entering into the Kingdom of God is as large as it gets in Christian terms) the radical necessity for change constantly tugs at our minds and consciences. The study of change is to be found in the pre-Socratic philosophers and in modern science and yet, it is welcomed and embraced often in circumstances of reluctance or disillusionment.

Jesus' comment points to both a need for the right attitude, the trusting nature of a child, and the direction where that trust should be placed—in God's rule, through him. Perhaps that is at the heart of the inertial reaction toward change – we know it is needed, but to be initiated and directed by someone else... ah, that's different. Bob Dylan's poetic clarion call, "The times, they are a changing", argued for a need to wake up, notice, and "be the change." Jesus made the point that in order to "be the change" one needs to be the subject of (radical) change – that is not so comfortable. Perhaps, that's why we prefer the same old, same old?

Richard Drury

For more information on Tasman Bible Church go to www.tasmanbiblechurch.org.nz

Talking Mapua

Talking Mapua is a blog where your neighbour's personality and interests take centre stage. Talking Mapua is a celebration of the variety and mixture of backgrounds, nationalities, professions, and pursuits that you will find in the greater Mapua region.

The people behind Talking Mapua are Lisa Dunn and Neil Smith – of course, Lisa and Neil had to be the first subjects. Lisa interviewed everyone and Neil took the portrait images. As readers of Talking Mapua, we hope you will enjoy each image and getting to know a little bit more about the person featured. Each individual shares a bit of their wisdom, a bit of their philosophy on life as well as their thoughts on great places to take your guests and your family friends.

Visit Talking Mapua. We hope you enjoy learning something new about our people and our region. If you like the blog, you are welcome to share it with friends and on social media.

www.talkingmapua.com or
www.talkingmapua.wordpress.com

Enjoy, Lisa Dunn and Neil Smith



Letter to the Editor

New Masthead

Many thanks to you and to Ray Bolderson for the *Coastal News*' new masthead.

Ivan Wells



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A NORTHERN OUTPOST

By Sue England

It is a common misconception that a far-flung outpost of Britain occupies a box at the northern tip of Scotland, but this is the mapmaker's answer to the problem of scale. Sharing the same latitude as Bergen in Norway (and Siberia), too far north to otherwise appear on the page, more than 100 tiny islands lie where the Atlantic Ocean meets the North Sea in the realm of the Midnight Sun.

The warm currents of the Gulf Stream wash the rocky shores of the Shetland Islands, helping to maintain an even, though relatively low temperature range. But with few trees left standing, the wind whistles across the peaty moorland, often with cyclonic force, and the wind chill factor can be severe. Locals will tell you when it's summer because the snow does not settle! In fact summer time often sees the islands blanketed in cold, damp sea mist for weeks on end, isolating them further from the world beyond.

The main island is inspiringly called Mainland and is home to the capital, Lerwick, a quaint and colourful seaport. Fishing fleets and the inter-island ferry trawl in and out of the large, natural harbour, fishing being a key industry. Sheep tended by the crofters are also vital to the economy for their meat and wool and the intricate hand-knitted jumpers are renowned.

Tourism is a lesser industry but hardy visitors arrive in the islands for the amazing bird and marine life and to seek out evidence of its ancestral past. Jarlshof is an archaeologist's dream at the southern tip of Mainland, revealing the remains of successive levels of development from the Bronze Age through to

Viking times. Catch Shetland in bleakest January and you can witness Up-Helly-Aa, the fire festival with its symbolic burning of a Viking long ship and torch-lit procession through the streets of Lerwick.

There is romance in the stark and barren beauty. Names such as Gulberwick and Fladdabister, Scalloway and Spiggie Loch conjure up mystery and lead the imagination to the harsh life of the crofter cutting peat for the fire and sharing his croft with his animals. Muckle Flugga, north of the island of Unst, is the remotest point in Britain and is a collection of dangerous rocks marked by a lighthouse. Southernmost on Shetland are the dramatic and sheer cliffs of Fitful Head towering over the mighty sweep of Quendale Bay and home to colonies of nesting gannets.

In recent times the discovery of gas and oil in the North Sea led to prominence and a significant role for Shetland; it became the base for helicopters and planes journeying out to the rigs and provided considerable work for the local people.

There is an intriguing link with New Zealand in the form of the Tait family. In 1856 young Grace Tait and her father-in-law sailed from Unst to rescue two men from their upturned boat and Grace was honoured by the Royal Humane Society. Tait Street in Ruby Bay is named after descendants of that same Shetland family.

I lived in Shetland for three years just above Quendale Bay, a terrific experience and the birthplace of my youngest daughter (altogether another story). She now has an automatic claim on a peat bank and an affinity for cold weather!

WRINKLES: Something other people have, similar to my worry lines.

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Mapua Bowling Club

The Write Bias

With spring on the way, the members of the Mapua Bowling club are eagerly awaiting warmer temperatures to accelerate growth on their newly renovated green. Since the close of the bowling season at the end of

A p r i l , members of the club have worked hard on the task of removing the old green and preparing the area for the re-seeding. The green was hydroseeded in late July

by Kerry and Denise Gridley of Tasman Turf. It is the first bowling green in the Tasman/Nelson area to use this technology for embedding the cotula manioto seed.

It was a big and costly undertaking by the club, estimated to be around \$12,000 - \$15,000, but one that was much needed. Club members have volunteered many hours of labour to get the job done. Throughout the project, green keeper, Ben Whitten, has been advised by Raffie Muollo on how to best tackle the renovation.

The club was also fortunate and grateful to receive a \$300 grant from the Mapua/Ruby Bay & District Community Trust towards the cost of renovation.

So now the members are waiting for the sun to do its magic and create a lovely carpet of green before the club opens for the new season. Opening Day will depend on our luck with the weather. According to Sue England, the Mapua Bowling Club captain, Opening Day is set as Saturday 8 November, but with good growing conditions play may begin sooner.

In the meantime club members have been enjoying Friday night socials at the club, playing indoor carpet bowls, pool, table tennis and card games.

With the start of the new season we look forward to introducing beginners, new members and visitors to our club. For information, telephone Michael Busby 03 544-6325 or Jean Daubney 03 540-3281.

Barbara and Kevin Brown



No place to Hide

A quick game of musical easels would soon shift us but for now we pastel painters remain creatures of habit and park ourselves in the same spot in the Community Hall each Tuesday morning. For me, this is a remote corner of the Bill Marris Room where I should be undetected. But Glenys is too canny. One insignificant Tuesday morning we were all 'invited' to pull forward chairs, down our pastels and concentrate. It worked. A healthy discussion followed that has led to some great suggestions for future sessions and generated plenty of ideas for the National Convention that is to be hosted by our Nelson group in 2016.

I am writing this submission having just returned from a pastels morning where Anne Bannock encouraged us to release the inner child with materials to stretch the imagination. From a humble piece of paper great works were created using glue, tissue paper, doilies, pipe cleaners, ink, glitter, sequins, sheet music...and pastels. Pablo Picasso, eat your heart out.

Coming up in future weeks we have a session dedicated to clouds, a 'back-to-basics' morning, a mystery challenge, an opportunity to learn more about the use of photographs, the 'big picture' and a floral workshop with Australian master pastel painter Lyn Diefenbach. And this is just the beginning! But at some of our regular Tuesday meetings we just paint ... and practise ... and help each other with advice ... and drink a coffee or two ... and welcome visitors to come in and chat ... low key, informal and very, very comfortable.

If you have painted in another medium, or have never painted at all, and would like to have a go we have plenty of friendly support and materials just waiting for your use. Just call into the Community Hall on a Tuesday morning, 9am until 12 noon, and you will find us with mucky fingers and artwork of varying standards. Or contact Glenys Forbes on 540-3388 for more information.

Sue England

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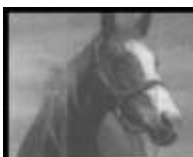
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Under The Bonnet with Fred

Road Trip USA - Coast to Coast



I and three others from Mapua are doing a road trip Coast-to-Coast starting from Savannah, Georgia, on the Atlantic coast. Why Savannah? I have never been there before. After some long fights we had a stopover in Las Vegas to see Circus du Soleil. A word of advice: don't buy tickets on the internet. There are five Circus du Soleil shows going on continuously and the price of the tickets at this venue started at \$149 and after a bit of negotiation along the lines of "we were war veterans" etc they dropped to \$114, plus it was three hours to show time so they wanted all tickets sold.

We arrived in Savannah expecting an airport like Nelson but no, this brand new airport had a classic design and would make the Wellington Airport authority cry. In the morning we woke to a lush green environment with tropical bush.

I had booked a "real" car, a Lincoln Towncar, but when we went to pick it up they didn't have one, which had me fuming. They did give us an enormous Chevrolet Suburban 4x4 with a 5.4 litre V8 which has turned to be a better car for the journey. The seats are a bit hard. The Chev 4x4 has good road height, plenty of space and good boot size for the bags and car parts I have brought on route.

We drove up the Savannah River towards Hiawassee in the Georgian Mountains for two days,



driving the back roads and talking to the people on route while hunting for a tail-light for my 1984 Cadillac. I was also searching for parts for a friend's 1972 Oldsmobile. No luck to date as the USA government was paying \$3000 to get these cars crushed a few years ago. After talking to one character a 60s or 70s USA car may worth more in USA then NZ.

We arrived at Hiawassee, a lakeside town, not sure what to expect but it was nice and as only the USA does, it is a lakeside town oozing with money going on the mansions we saw. The Hiawassee Car Cruise and Moonshine Festival was due to start in the morning so we found a nice lakeside motel and looked across the lake at all those mansions. We sat on the deck having a beer with a Georgian lineman now retired sharing his story and his situation in life.

19 August: Best meal to date, Ruby Tuesdays in Greenwood, South Carolina, but the Coca Cola Pork Sandwich at the Mormon cafeteria in Salt Lake City was very, very good. Best steak ever was a Bad Habit on Wyatt Earp Boulevard in Dodge City. Best beer is Blue Moon or Old Pilot from Steamboat in Colorado.

(To be continued next month)

Fred Cassin



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Probus Club of Mapua and District

The club's guest speaker for the August meeting was Tina Mills, the general manager of the Jack Inglis Friendship Hospital in Motueka. Tina's early career was in finance and she later moved to clinical nursing. She took up her present position three months ago. With her was Pam, the hospital's receptionist.

Tina provided a variety of literature on the services available from their 80 staff. The details given on one of their services was "Continuing Care," the provision of specialised care for the elderly giving 24-hour registered nursing care. The residents who live in the rest home at the dementia care unit have preferential entry to the wing. Other services and facilities include a dementia care unit, respite care, primary care or short-term bed facilities. Staff also provide various activities such as indoor bowls, mystery drives, picnics etc. The hospital runs a passenger van and three mobility scooters. The hospital supplies a daily activity programme for senior people, or those with a disability. This includes a hot midday meal as well as morning and afternoon tea. Another service of the hospital is the availability of overnight or short term respite care.

Tina spoke of the possible plans of the hospital with the development of a radiology department. She considered it to be an important investment for the public of Motueka and Golden Bay as it would cut the cost and travel time to Nelson Hospital. There is land available close to the Rudolph Steiner School for

this project. There are also plans to increase the existing 10-bedroom unit of the dementia wing.

The hospital can be reached by phone, 03 528-9662, or email info@friendshiphospital.co.nz or www.fomht.org.nz

The mini-speaker was John Sharman who gave an account of a trip to Fiji's Coral Coast that he and his wife Joy made.

Their flight to Nandi from Auckland was just under three hours. The resort is about mid-way between Nandi and Suva, a drive of an hour and 40 minutes. It has immaculate garden and lawns, with a 30-metre open-air swimming pool.

John and Joy took a conducted walk up a loose shingle track to a pair of television masts which provided a look-out along the coast and over the resort. Conducted walks were on offer

each morning and lasted about one and a half hours. They also had a cruise in a glass-bottomed boat to see a variety of colourful fish. A bus service was available for a two-hour drive to Suva.

They enjoyed a week of fine weather with temperatures around 28deg. They were both impressed with the service of the resort staff, who were mainly Fijians with maintenance staff being Indian. One evening the hotel guests were entertained with a fire-walking demonstration with several Fijians walking with bare feet over red hot coals.

David Higgs



Spring Market Day

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MAPUA CRICKET CLUB.

Last year a group of well-meaning lads decided it was time to put our talk over a few years into action and create a senior cricket team to compete in the Presidents Cup Competition as part of the Nelson Cricket programme. Presents Cricket is a 20/20 over format where everyone gets to bat and bowl on an otherwise lazy Saturday afternoon. In order to enter a team it was necessary to create a club, and so we did.

The inaugural season for us was a triumph with the men's team taking the honours for the competition and in doing so breaking the Riwaka Cricket Club's strangle-hold on the cup for the past 11 years! A great start for the MCC and one which we will be looking to mirror (or improve on if possible) in the coming cricket season.



The club is looking to grow the support and interest in cricket for the Mapua, Ruby Bay, Tasman and Mahana communities. We are talking with Mapua School about taking the junior teams (at present about eight teams) under our wing and structure, and in doing so improv-

ing the availability and focus for kids across the locality.

We are also exploring with Nelson Cricket and the Tasman District Council the opportunity to place a cricket wicket in the Mapua Domain, which would assist in the kids' (and men's) development and would complement well the other sports already provide for the community through the use of our great domain.

Over the next few months the club will be looking for support in various ways. It is new and the funds and support required to create a sound and sustainable platform for our kids and community cannot be underestimated. If you hear about the club or see a chance to support in some way (there is talk of a quiz night later in the year) please do take the opportunity to do so. This is a bunch of dads, supported by a bunch of mums, looking to grow and improve one small part of our kids' and our own lives and I know that in our community that improvement can actually be achieved, which is a nice feeling to have.

If you want any information on the cricket club or how to support in any way please do call or email me. Tony Jemmett, president, Mapua Cricket Club. Ph 027 489 4126, tony.jemmett@opus.co.nz

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Harakeke

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Our children, especially the group of four-year-old boys, just love playing board games at the moment – in fact it is a good way for them to get some rest and regain energy after the big body boisterous play that occupies the other half of their day at Harakeke.

We know that board games offer such valuable learning opportunities that we as educators (and you as parents/grandparents and friends) are wise to take up the opportunity when invited to join. It is so much fun too!

It seems as if I've been writing this before, and indeed I have.

Well, children learn by repetition and so do we... here is a little reminder of the importance of this type of engagement with our tamariki and keep in mind not only the 'learning' benefits but also the benefits of filling up children's emotional tank, letting them feel that we love being with them and are enjoying play time together.

"From early childhood board games can be beneficial in helping a child learn such basics as colour recognition, reading, spelling, vocabulary, number recognition and counting. They also teach children to think ahead, to be alert and observant and to take note of ways to win - and how not to fall prey to those who are scheming to their disadvantage. Some games also encourage children to develop their memory - and some will require them to think and respond as quickly as possible. The old card game "Snap" is of course a classic example of this. Then there is the social education children gain while playing these games. They are learning to relate to other people, to play alongside them and to just have fun through participation - regardless of who wins. It also fires them with a desire to do their best. The flip-side of this is

that they must also learn how to accept defeat graciously and be good sports."

The most favourite game at the moment is called 'Ka pai Island', a real Kiwi adventure game. It incorporates elements of environmental education (saving our native birds from extinction) and biculturalism (using both English and te reo Māori).

Music and dance is another favourite at the moment for all children. The focus on musical instruments, their names, their sounds and how to care for them led us to exploring other ways of making music too – with natural materials like sticks and stone as well as with our own bodies

and of listening and identifying the everyday sounds around us.

Do you identify the bird calls? It is something we are working on.

Ka kite, your Harakeke team



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New Tools for Playcentre

The carpentry table is an area where all our children gravitate to. Thanks to a generous grant from the Pub Charity we have replaced some older tools and bought some new tools including a mitre, rasp, and some tools to help the older children plan their projects. The kids have been delighted by these new tools and the new resources to add to their creations. Thanks again to the Pub Charity for their generous donation; we are extremely grateful for their help.

The last month has also seen the kids use different size cardboard boxes to make a fire station, dragon and a five-seat train! St John Ambulance has just had a session with the children. We will continue to build on the learning from them and a session we had with the Community Constable. We have lots of dress-ups to enable a lot of role playing of emergency personnel.

About Playcentre

Do you ever drop your child off at their day care and wonder what they get up to in their day? Have you considered coming down to your local Mapua Playcentre and spending some precious hours with your child while they play and explore what we have to offer?

Mapua Playcentre has been a prominent place for families in the Mapua community for the past 60 years. It is an undervalued resource in the centre of our community for you and your children to use in a fun social learning environment and really worth having a look at.

Playcentre is Ministry of Education-registered centre, the difference being parents' input into their child's learning, development and fun. Come and stay and meet other parents from the area. It is a great way to really have your hands-on day with your child, while you also get the benefit of having social interaction with other parents.

We are not just a playgroup. We follow the Early Childhood Curriculum Te Whariki which is unique to New Zealand. We have two supervisors on team on each session, whose experience and knowledge is awesome as you get to see first-hand what your children do in a social learning environment. For you as a parent having that input can be extremely rewarding.

Any enquires please phone Mahala on 540-3744 or Selina on 021 502 065

Or come down on our opening hours of Mondays and Fridays 9.30am – 12noon (School term time). We are on Aranui Road behind the tennis courts by the scout den.



Hi! I'm Andrew Schwass from the Mapua Ferry. Firstly, I would like to thank the local community for their support over the past two years.

You may be wondering what is happening in the former Mapua Trading Company premises. I have taken over the lease and will commence my new "Trail Journeys" business.

Trail Journeys emerged on the Otago Central Rail Trail in the year 2000, and have built in size and reputation by helping people plan cycling holidays that they remember forever. I personally saw the potential of the Great Taste Trail, and about three years ago approached former Black Cap Shayne O'Connor, who manages Trail Journeys, to come and have a look at what Nelson has to offer. Shayne and Neville Grubb, Managing Director of TJs have decided to come on board, as they also see the potential in Nelson.

Together with the Trail Journeys operation, we will also be incorporating Mapua's first bike shop, offering:

- New & ex rental bikes (Avanti & Scott brand)
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We plan to open the shop in time for the September school holidays, and will have an official launch on Sunday 28th September. Please come along and have a look at our new operation and enjoy a sausage sizzle. Present this article on the ferry on the day for a free trip, put your name on it, and enter the draw in the shop to win a **FREE bike**, which will be drawn at 2.30pm that day. The winner must be present to claim the bike.

I look forward to seeing you in our new shop.

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The Alchemy and Magic of Cooking

My love of food arose alongside my love of travel, my good fortune to have experienced wonderful hospitality around the world, and my fascination with the alchemy and magic of cooking. You don't have to buy an airline ticket or don a backpack though to experience the exotic otherness of food – the miracle is right here.

Our supermarkets now stock a fabulous range of ethnic ingredients; pomegranate molasses next to the brown sugar, a box of couscous with evocative Arabic script along from the pasta, herbs and spices from every continent. Even universal ingredients offer opportunities for discovery. Yoghurt for example, believed to have been discovered more than 7500 years

ago, is a staple of much of the eastern Mediterranean and Middle East, and is used more in savoury dishes than in sweet ones – which could be a surprise to you if your experience of yoghurt is limited to the suspiciously coloured little pots of 'strawberry'



gloop! Instead, buy a big tub of creamy, natural, yoghurt (ingredients – milk and cultures) and take yourself on a culinary adventure! As Jean Brillat-Savarin said in *The Physiology of Taste*, "The discovery of a new dish does more for human happiness than the discovery of a new star!"

Mix plain yoghurt with a little crushed garlic and/or grated cucumber; you've just made Greek tzatziki, a delicious cooling dip. Or, if you add a pinch of cayenne and some chopped walnuts, you have a Kashmiri walnut raita – perfect with an aromatic curry. Plain yoghurt is the finishing touch to layered dishes in Turkish cuisine – flatbreads wrapped around hot roast shredded lamb and yoghurt dressed salad. The contrast of temperatures and textures is delicious.

Yogurt has a wonderfully thick and creamy texture when baked – dot roast vegetables with seasoned yoghurt, or top a moussaka with yogurt mixed with an egg and a little cheese, and bake for half hour or so. Baked, yoghurt takes on a whole new character.

The creamy sourness of yoghurt is ideal with cakes and desserts, straight out of the tub. You can also strain yoghurt to make your own luxurious 'labneh'. Put thick Greek yoghurt into a square of muslin, tie up the ends and let it hang to drain for up to 24 hours; even after one hour it will have thickened into a wonderful new creation. Unwrapped, (with the muslim pattern imprinted on little white pillow inside) you have many options – slice it and drizzle with honey and chopped walnuts for dessert, or break it up serve with slow roast tomatoes and fresh bread. Or roll small labneh balls in mixed chopped herbs and add to a platter or mezze.

One of my all-time favourite yoghurt discoveries is also the simplest – put a serving of natural yoghurt into a small dish, sprinkle with soft brown sugar and leave it for 10 minutes. The sugar melts to form a toffee crust, the perfect partner for the sour pureness of the yoghurt; utterly delicious. "What glorious flavours there are in the world" said Nikolai Gogol, "Once you start eating you can hardly stop...oh sweet nectar of life!"

Jenny



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Father's Day Lunch, Sept 7th

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Founder's Week - Promoting Peace

On Sept 4th we mark the 74th anniversary of Riverside Community. Free coffee for all 74 year olds all week!
 Sat 6th Sept – A Day of Peace, with a special evening event – a shared Indian feast at 6.30pm with sitar performance, followed by a talk from Geshe Tarchin of Chandrikirti Buddhist Centre at 8pm. Book now!

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RiversideCafe&CommunityNZ



Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20th of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

Ruby Coast Arts Festival in November

With the arrival of late spring, those interested in the arts look forward to nurturing their creative side at the annual month-long Ruby Coast Arts Festival.

In this popular festival, local artists and members of Ruby Coast Arts (RCA) get together to present a series of events including the innovative Window Art exhibition in Mapua, an Open Studios Weekend, an art exhibition and a series of hands-on creative workshops, but it all starts with the Festival Launch party on Thursday 30 October.

That evening Mapua Hall will be humming with art aficionados, bidders for a silent auction, artists keen to show their wares, workshop tutors and plenty of wine and nibbles. There will also be a well-known "mystery speaker" – an inspirational working artist whose identity will be revealed in due course.

Window art in Mapua

During November the Window Art exhibition transforms the Mapua Village centre into a vibrant, street-based art exhibition, showcasing the innovative ways artists approach the art form, raising awareness of art within the community and making art accessible. It also brings people of all ages and abilities together, to create exciting works of art for the exhibition. As the general public goes about their daily business they will encounter the window art, which should inspire, bring a smile, or food for thought.

Open studios weekend

The Open Studios weekend allows the public to peek into the private studio spaces of the members of RCA over the weekend of Saturday 1 and Sunday 2 November. Information brochures about this weekend are available at local cafes, shops, the Richmond Library and i-SITES at Nelson and Motueka.

Artists' workshops

The public can learn something new at one of the creative workshops where local artists share their

skills. So far these include tutorials on flax weaving, stone carving, botanical painting, encaustic wax techniques, portrait painting and etching, life drawing and abstract painting. The full programme can be viewed online at

www.rubycoastarts.co.nz/workshops.



Community art exhibition

The Community Art Exhibition, held on the weekend of 15 and 16 November at Mapua Hall, gives emerging local artists the opportunity to introduce their talents to a wide audience and members of the public the chance to view an amazing range of art works.

Performing arts events

Performing Arts will also play a part in the festival, with a poetry and music night on 14 November to be held at Jester House and several events at The Playhouse including Lawrence Arabia on 7 November, New Zealand Guitar Quartet on 13 November and a Festival Wrap-Up Party on 30 November.

Keep an eye out for more details and news about these happenings in local news, the RCA Facebook page and the website www.rubycoastarts.co.nz

For more information contact Lynn Price on 021 236 4622, Jane Smith on 03 540-2007 or email info@rubycoastarts.co.nz

It's obvious that women are smarter than men.
Think about it—diamonds are a girl's best friend;
man's best friend is a dog. — Joan Rivers



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Politics at The Playhouse...a Debate

With the national elections coming up fast many are now turning their focus towards the upcoming elections to be held on Saturday 20 September. Repeating the very well-attended political debate held in the build-up to the last election, The Playhouse Cafe has rounded up the candidates for a one-off special event, providing a politic platform for the Tasman/West Coast party representatives to express their views, policies and answer a few questions.

The event entitled "Politics at the Playhouse" will take place on Thursday 4 September from 7pm with all the major candidates attending as well as some smaller parties. Damian O'Connor (Labour), Maureen Pugh (Nation), and Kevin Hague (Green) have all confirmed their attendance at the event, and an open invitation has been given to all minor parties to be part of the democratic process.

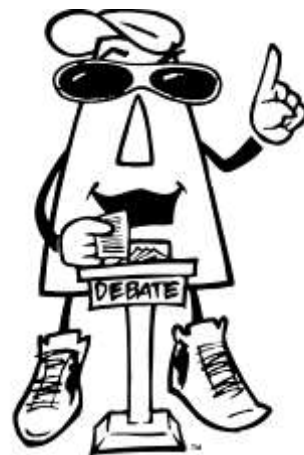
The night will consist of two parts. The first will be a live debate between all attending candidates; the second part will take shape as a "meet the candidates forum" where people can approach party members with questions and comments.

The debate will begin with each party member being given two minutes to introduce themselves and their political views. A series of questions will then be asked on a range of local topics which affect the Tasman area. The debate will be hosted by Steve Richards of the Jester House and a former West

Coast/Tasman candidate himself. If you have any questions you would like to put towards the candidates please email theplayhousecafeNZ@gmail.com for consideration.

The second part of the evening will be a more intimate affair with members of the public being able to approach candidates on a one-on-one basis to ask questions and voice opinions. Separate tables will be set up for each participating member where they will have party media set up for people to take away.

It will be a hot night of politics at The Playhouse, all are welcome with dinners available and the bar open from 5.30pm on Thursday 4 September 2014. It will be a first-in first-served event for seats so please be in early to assure that you have a spot. Call The Playhouse on 540-2985 if you would like more information about the event.



Tasman/West Coast Candidates Debate

**Thursday 4th Sept
Playhouse Cafe**

**Doors open 530pm
Debate 7pm**



all candidates invited, all major party candidates attending
In association with Mapua Community Association,
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- ❖ **MAHANA SCHOOL QUIZ THURS 25th SEPT 7pm**
Mahana School will be hosting a quiz night at the Moutere Inn to raise funds for the school. Bookings are essential so get in quick.
- ❖ **LIVE MUSIC SAT 27th SEPT 8pm "GYPSY PICKERS"**
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With 20% discount for long-term advertising (3+ months) and prompt payment.

The deadline is the 20th of each month with each issue coming out on the 1st. Email coastal-news@mapua.gen.nz for full terms and conditions.

COASTAL GARDEN GROUP

Committee and members are organising our forthcoming annual event, the "FESTIVAL OF FLOWERS," to be held on 20 September in the Mapua Hall from 10am to 3pm with amazing floral art displays, a variety of stalls, lots of plants for sale, delicious afternoon tea and monster raffles. Anyone wishing to have a stall could you please contact Ngaire on 540-3193

Our guest speaker at the August meeting was Pete Taia of West Bank Natives. He gave an interesting and informative account of his life where at an early age he did a three-year cadetship growing kiwifruit in the mid 80s. He was also a beekeeper for three years in the 90s and he visited the Antarctic four times as a deep sea observer, sailed around New Zealand, Australia and the Islands, owned a restaurant and bar and latterly set up his own nursery at West Bank Motueka where he has established seed-raising New Zealand natives.

He is growing approximately 130 species, propagating crops every year. One of his techniques is "stratification" by putting seeds in clean, damp soil in the fridge where even germination takes place in one week.

Pete is currently involved with local projects re-establishing planting along the old Motueka River bed as well as a programme with local school children planting several hundred trees in the Motueka area.

Members brought in 25 blooms for the flower table with camelias and hellebores being the most popular for the month.

We had 58 members attend our meeting and they enjoyed a lovely afternoon tea, auction and raffle.

Judy Sisam

Fire Brigade



July 7 – August 14 call-outs

July 07: House fire in Motueka, four members in breathing apparatus assisted Motueka brigade.

July 22: False alarm at Mapua Health Centre.

July 27: Car in ditch SH60 near Maisey Road. No injury.

July 28: Permitted burn Kina Peninsula. No action taken

Aug 09: Tanker to Lower Queen Street to assist Richmond brigade at gas leak.

30 calls to date this year.

Safety Tip – Don't overload power points and multi-boxes. Don't cover up chargers.

Last Month Ian Woolfe left the brigade. Ian has been with us for more than 10 years, and was involved with training. A few years ago Ian left his job a Perry's Auto and trained in Rotorua to be a permanent firefighter. He is based at Nelson Fire Station.

Tips and Hints for a Healthier Life

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Lynn is a New Zealand REPs Registered Personal Trainer




Exercise and health is not just about the latest trends, it is about developing a long-term and sustainable lifestyle that includes healthy food choices, regular and safe exercise, as well as stress and health management.

It is not just about what you achieve today, but what you achieve for the rest of your life. At every stage and fitness/exercise level, it is important to get the right advice. Each month in the *Coastal News* I intend to give you some tips and hints towards health and wellness and why we need to exercise and how hugely beneficial it is in helping to prevent and control many of today's common health conditions.

Understanding why you are exercising will keep you focused and get you underway with your chosen programme of activity.

FACT 1. Being a normal weight and exercising regularly is a cornerstone of preventing diabetes and managing both Type 1 and Type 2 diabetes. Exercise reduces the risk of developing diabetes by 58%. Yes, but why? Well the truth is we were designed to exercise and consequently the body responds accordingly. Both strength training and cardiovascular exercise develop muscle fibres that are more responsive to insulin by creating a higher capillary density and

greater blood supply. This allows insulin to work much more efficiently at regulating blood sugar levels.

Alongside a sound exercise programme you need to be aware of what you are eating. Are your daily eating habits leading you to a downhill spiral of excessive sugar intake and consequently a gradual kilogram increase in your weight that gets harder and harder to control?

Which leads me to **FACT 2.** The less package products you consume from the supermarket the less your daily sugar intake will be. Observe yourself and look at how many times you are ripping into a packet of some sort to feed yourself. Nine times out of 10 sugar has been added to the packaged product.


Have a think about these two facts to start with. Making positive changes to your daily habits in exercise and eating will give you the best long-term results. Please feel free to call me if you want to discuss any of the above written on the journey to a more mobile healthier you. But until then I look forward to bringing you more healthy hints next month.

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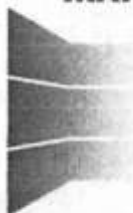


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youth

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Hills Community Church



Later this month our family will celebrate our daughter Emily's first birthday, in fact it will be the third September birthday in our house. It's a great way to celebrate spring. A first birthday is such a great milestone and it is amazing that a year ago Emily hadn't yet arrived, and now she is such a part of the family.

As I look back over the year it is also amazing to think of all the growth and learning that Emily has experienced. She has mastered the beginnings of language: mama, dada, brotha, nan, pa, and a few others. She has incredible fine motor skills so that she can pick up the smallest crumbs and bits of fluff in her fingers and put them in her mouth, and her mouth has this amazing ability to produce teeth, six at the moment. She can also move; she's not quite walking, in fact she's not quite crawling either, but she pulls herself around using one arm as a lever. It looks like incredibly hard work, but it does the job. Most amazingly is that she loves to sing and dance and clap to music.

And these are only the things I can see and hear. A one-year-old packs a lot of learning into one year.

The amazing thing about life is that we never stop learning. But by and large the greater part of our life is learning, growth and development won't be about

our physical being, but about the things unseen, beneath the surface.

The poet John Keats described the world we live in as "a vale of soul making."

This is the task of our life. Many of us, though, are greatly distracted in this. Whether it is the busyness of life, our cares and worries, or our material possessions, there is much that will blind us of the need for our souls to be nurtured, cared for, and yet at the same time challenged and stretched.

This month take some time to listen to your soul. It is your life's most important work.

Blessings in Christ, Rev John Sherlock

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: Traditional service 9am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided. Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road) on Friday mornings between 9am and noon.

We offer numerous activities throughout the week. Contact 540-3848 for more information on our ministries.



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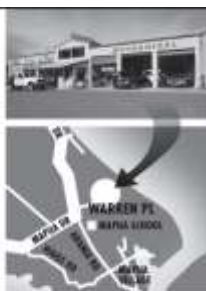
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- It is a time when the days are starting to lengthen and one starts to feel those fun filled summer days and evenings are just around the corner.
- It is a time of unpredictable weather, when one minute we are being bathed in warm sunshine, showered with rain or reaching for an extra layer to fend off the cold.



Spring is also a time when some of us may start to think about that special piece of equipment to lessen the work load of maintaining a property.

The seasonal use of mowers, chainsaws, weedeaters, hedge trimmers, quad/ATV bikes and the like makes it very easy to forget that they need to be serviced and maintained regularly.

I am sure you will agree, there is nothing worse than planning a property maintenance day only to find that your lawnmower, weedeater, hedgetrimmer, yard vac, chainsaw etc will not start, or even worse, if it breaks down halfway through the job.

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Coordinator: Janet Ph 540 3364

MEMBER PROFILE



Tasman Golf Club

Tasman Golf Club is a small and friendly 9 hole club. We welcome everyone to play our challenging but scenic course. If you are a beginner and would like to give golf a go and meet some new friends, come along on a Friday morning 9.30am and join our social group. We also have on offer many options for membership from concession books to full playing member starting at just \$67 and anyone under the age of 12 is free and students half price. Our clubhouse is a great place to come and sit after a game of golf, bring some lunch and enjoy the spectacular views across Tasman Bay or the majestic views of the Mt Arthur range.

Greenfees are \$20 for a day pass. Play as many holes as you wish. Perhaps 9 in the morning and 9 in the afternoon.

We can also offer a venue for small meetings, functions, conferences etc.

Please feel free to contact Kathy for more information.

Tasman Golf Club, 128 Cliff Road, Tasman

Phone: 03 526 6819

Email: teeup@tasmangolfclub.co.nz

Web: www.tasmangolfclub.co.nz

www.rubycostmouterehills.co.nz



Ruby Coast Sculpture Project

If you were at the Hall's very successful Pecha Kucha evening you will have seen the scale model of a 9 metre sculpture planned for Tasman. Called 'Aporo Gateway', this is the first of three planned 'gateway sculptures' into the Ruby Coast area. This ambitious project is headed by the Ruby Coast Initiative Trust in collaboration with local artists and artisans.

Fund raising is now underway and the Trust has applied to a number of funding bodies for support. Local contributions are also sought. If you are interested in making a donation or finding out more about this exciting project visit www.rcit.co.nz

MEMBER PROFILE

Kate Mander



Kate Mander has recently opened a reflexology practice at Ora Health in Mapua. Reflexology is a relaxing, nurturing therapy that is suitable for people of any age or health. Clients remain fully clothed and can be treated on a massage table or in a lazy boy chair. While it is excellent for treating health issues, it is also a great way to proactively manage your wellbeing. Reflexology combines the use of foot massage with gentle application to pressure points. Kate had previously spent a decade working as a midwife and neonatal intensive care nurse after training at Kings College in London. Now combining her two loves she has a strong emphasis in her reflexology practice on pregnant and maternity clients, but also works with anyone needing relaxation and de-stressing, or help with chronic pain, migraines, arthritis, insomnia and depression, digestive disorders and menopause.

Also working with Kate at Ora are Hajnalka Kunerth who provides Lomi Lomi massage and pregnancy massage, and Lolly Dudley-Moore who provides Biodynamic Craniosacral therapy.

Maternity packages and Senior Citizen Discounts are available.

Contact **Kate on (021) 101 9226**

or visit **Ora Health Centre**

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THE MAPUA HALL SOCIETY NEEDS YOU TO SUPPORT IT!

The Mapua Hall has undergone a fabulous rebuild thanks to various donations and a huge amount of work performed by the previous committee, both to fundraise and to coordinate the development project. This is a superb facility now and a major enhancement of the growing Mapua community. It is being used and enjoyed, however it does need to see expanded use to become and remain solvent.

WE ARE NOT CURRENTLY SOLVENT.

Currently the bank balance is around **\$25,000.00 in the red**, and the cash flow projection is for the balance to dip below \$50,000.00 in the red by March next year.

Budgetary pressure will ease slightly once the TDC development loan is paid off. There is around \$8000.00 remaining to be paid.

The only reason we can run this deficit is thanks to the **Nelson Building Society** and their willing staff at the Motueka Branch. They have extended the community an overdraft facility of \$60,000.00, interest free, and donated \$15,000.00. We are very thankful for their support and hope to see it reciprocated.

This facility can work financially and the new committee is working hard to develop fund-raising opportunities. We also have a Hall Coordinator/Manager – Megan Grove-Roberts, who is available on site 3 days a week and will be promoting and coordinating hall use.

We encourage the community to enjoy this facility, and to contribute to it in whichever manner you are able. Feel free to pop in and make yourselves aware of what is on offer. There are various sized rooms to hire, Wi Fi, heating, a sound system being installed, and a large commercial kitchen. There is also catering equipment available to hire.

There are a number of regular users who would welcome your participation. They are listed at the hall.

Please use the hall yourselves – it is ideal for parties, film evenings, bridge clubs, shows, meetings, weddings, etc. Take a look at our website for more information about the facilities www.mapuahall.org.

Do tell your friends and colleagues – it is an excellent conference venue and is central to the ever expanding facilities in and around Mapua.

This facility is a significant asset for us all and adds value to the community, literally and figuratively.

PLEASE SUPPORT IT!

ALL enquiries to: MEGAN GROVE-ROBERTS – mapuahallsociety@gmail.com OR to any committee member.

LIKE US ON FACEBOOK! [Facebook.com/mapuacommunityhall](https://www.facebook.com/mapuacommunityhall)

Ben Castle - Treasurer

What's On at the Hall In September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun-
1 9.30 Zumba 7.30 Fundraising & events meeting	2 9am Mapua Art Group 9am PANZ 6pm Cardio/Strength 6pm Yoga 7.45pm Pilates	3 9.15am Aerobics 9am Yoga 1pm Tai Chi	4 Nelson Principals Association Annual Conference	5 9am Yoga 9.15am Cardio/strength/Aerobics 1pm Probuss	6	7
8 9.30am Zumba 7pm Mapua Assc.	9 9am PANZ 10am Mapua Creative Fibre 6pm Cardio/Strength 6pm Yoga 7.45pm Pilates	10 9.15am Aerobics 9am Yoga 1pm Tai Chi	11 9am Mapua Art Group 9.30 Zumba 7.30 Community Assc. Meeting	12 9am Yoga 9.15am Cardio/strength/Aerobics	13 11am 7th Birthday Party	14
15 9.30am Zumba 7.30 Hall Committee Meeting	16 9am PANZ 6pm Cardio/Strength 6pm Yoga 7.45pm Pilates	17 9.15am Aerobics 9am Yoga 1pm Tai Chi	18 9am Mapua Art Group 9.30 Zumba 1pm Friendship Club	19 9am Yoga 9.15am Cardio/strength/Aerobics 11am FESTIVAL OF FLOWERS	20 FESTIVAL OF FLOWERS 7.30pm Motueka Dance Group	21
22 9.30am Zumba	23 9am PANZ	24 1pm Tai Chi	25 9am Mapua Art Group 9.30 Zumba	26	27	28
29 9.30am Zumba	30 9am PANZ					



The Playhouse Cafe

What's On Guide

September 2014

Thurs to Sat 11am til late,
Sun 11am til 4pm

Call us on 5402985 for bookings, Free Transport to and from Mapua

M	T	W	T	F	S	S
1 Don't be late booking your groups Christmas Party for 2014...they always book up quick!!!	2	3 NCG Music night Full Menu from 5pm Music from 630pm	4 Political Debate Full menu from 530 Debate 7pm All major parties represented	5 FREE FOR YOUR PRIVATE FUNCTION NO VENUE HIRE	6 Moulin Rouge Burlesque Variety Show Pole, Hoops, Belly dancing Presales \$20 Show 8pm, Dinner 6pm	7 Open 11am till 4pm
8 Coming up FILM CAMP 2014 Oct 6th to 10th For kids aged 9 to 15 \$350 for the week includes all meals.	9	10 Waimea College Nights Wed and Thurs Food from 530pm Music from 630pm	11	12 Open 11am till 4pm Private Function evening	13 Mel Parsons and James Nokise Beauty and the Bro Comedy and music Arts on Tour, \$20 Dinner 6pm Show 8pm	14 The Nukes NZs best uke band \$15, 7pm
15	16 Nayland College Nights Tues and Wed Food from 530pm Music from 630pm	17	18 Garin College Film night Food from 530pm Screening from 630pm	19 FREE FOR YOUR PRIVATE FUNCTION NO VENUE HIRE	20 The Boogie Train Nelson's Best Blues \$15, Show 8pm Dinner from 6pm	21 Open 11am till 4pm
22	23	24 Private Function evening	25 Open 11am till late	26 Paul Madsen UK Invasion The Beatles, Queen and many more \$25, show 8pm \$35 2 course buffet from 6pm	27 The Deep End Improvised Comedy \$15, \$12 kids 730 show time Family friendly show	28 Open 11am till 4pm

Coming up:

Oct 11th: Sam Hunt

Oct 16th: Nelson Arts fest presents Orchestra of Spheres

Nov 4th, 5th : Andre Vegas Magician

Nov 7th: Lawerce Arabia (part of the Ruby Coast Arts Fest)

Nov 13th: NZ Guitar Quartet (part of the Ruby Coast Arts Fest)

Nov 27th, 28th, Dec 3rd, 4th, 5th: Upton Abby Murder Mystery

Dec 12th, 13th: Paul Madsens Super Star show

WWW.PLAYHOUSECAFE.CO.NZ or call 5402985

Noticeboard

Community Association: Mapua & Districts, General Meeting, Mapua Hall, Monday 8 September at 7pm. The meeting will kick off with a public forum so everyone welcome to have their say.

Connect Café: Sunday 7 Sept 6.30pm, The Old Church, Aranui Road, Hills Community Church. Come and join the discussion on 'Habits of Emotionally Healthy People'

Ruby Coast Run Club meets Monday 6pm, Tues 9am, Sat 2pm at the Mapua School Car park. For all level of runners. Contact Debbi 027 327 4055 / DLBamfield@gmail.com or Kristin 027 598 2424 / info@kristin-harrison.com.

Social Cycling Group: "Wheels 2 Meals" Approx 20-30km ride with coffee break at halfway point and no racing! Departing from outside the Golden Bear, Mapua wharf. When? Each fine Thursday @10am. Anyone interested - just turn up with your bike, hi-vis jacket & coffee money or contact me pohalloran@paradise.net.nz

Ruby Bay Pest Control Group. New team members wanted to join the community initiative to improve our coastal ecology. Let's get rid of the rats, stoats and possums. Phone Graeme Stradling 540-2050 for more information.

Wanted: Fit person to mow lawns in Korepo Road on regular basis. Phone 540-3034

Senior Moments: Want to "connect"? Mapua Wednesday 17 September at Hills Church Cafe from 12 noon. A light Lunch will be served at 12.30pm. So if you are over 60 (even if you feel only 20+), want to connect with others, swap stories, relax, enjoy nice company and a nice lunch, please ring Henk or Maryke on 540-3498 for catering purposes. Oh, and you don't have to do the dishes!

Hardfill required, Mapua Leisure Park, 33 Toru Street, 540-2666

For Sale: Honda Civic 2002, 105,000km. Well maintained, new cam belt etc. \$5000 ono. Ph 540-2698

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at Hamish Café to exchange homemade or home-grown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Qi-gong, Yuan Gong form. weekly in Mapua. Info: Marianne, 546-8584 or bmtc@xtra.co.nz

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Ashtanga Yoga, Upper Moutere, Tuesdays 6pm. www.angepalmer.com Ph 5530353

Spanish Tuition: Starting classes for adults and children in Mapua. Small group or private. Reasonable

prices. Experienced native speaker. Jairo: 0224 139 802, marlocoliwi@gmail.com

Mapua Art Group meets in the Bill Marris Room at Mapua Hall every Thursday morning from 9 to noon. Like-minded artists get together to paint, draw and help each other in a fun and social environment. All levels and media welcome. \$5 a session includes morning tea. Tables, chairs and easels provided. Lisa Chandler 540-3933.

Mapua Friendship Club meets at Mapua Hall on the 3rd Thursdays, for a game of indoor bowls and bring a plate afternoon tea. New members are enthusiastically welcomed, no prior bowling experience needed, our game is non-competitive, just a lot of laughs. \$3 door fee and 20¢ raffle. Contact: Val 540-3685.

Spinners, Knitters, Weavers – Creative Fibre Group meet at Mapua Hall, second Tuesdays 10am. All welcome.

Joie de Vivre Vintage Art and Craft Studio. Alterations and Sewing Repairs. Ph: Marijke Lups 03 540-3498

Ruby Coast Newcomers' Social Group: meet new people, make new friends. We have coffee at 10am last Friday of each month at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard at 526-6707, email Viv at vpeters@xtra.co.nz, or just turn up.

Coastal Garden Group meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Ngairé, 540-3193

Probus Club meets first Fridays. All retirees most welcome. Enquiries to Pres. Stan Lawn, 540-2699.

Moutere Hills Rose Society. A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Debbie, 543-2915

Daytime Book Group: Meets first Tuesdays at 9.45am. New members welcome. Phone Mary 540-2450 or Anne 540-3934

Need technical help? Bought a new smartphone / tablet / computer and can't set it up? Can't connect your Blu-Ray player? Don't know how to transfer photos from your camera? Local help is at hand! Average job price only \$30! Basic web design also available - pages start from just \$35. Call Sam, 544-0737.– sam@sambennett.co.nz